

1 - 1.ª Sess o

12/11/2021 - 19:15

Prova 1	Femin., 4 x 50m Livres					Absolutos
12/11/2021 - 19:15						Resultados
Recorde Regional Absoluto	1:51.07	Clube Desportivo Nacional	CDN	Funchal		09/07/2015
Recorde Regional Sen	1:53.28	Clube Naval do Funchal	CNF	Guarda		10/12/2010
Recorde Regional Jun	1:52.88	Clube Desportivo Nacional	CDN	Porto		11/12/2015
TAC Estafeta Nacional Jun: 1:52.38; Sen: 1:51.27						

Pontos: FINA 2021

Lugar					Tempo final	Pts	
<b>Absoluto - 14 e mais velhos</b>							
1. Naval do Funchal 1	Naval do Funchal				<b>1:57.14</b>	492	
JARDIM, Lara Filipa	06	+0,68	28.63	CAMACHO, Laura Fernandes	04	0.00	29.66
ARAUJO, Maria Clara	05	+0,27	29.72	SOUSA, Joana Francisca	04	+0,19	29.13

Prova 2	Masc., 4 x 50m Livres					Absolutos
12/11/2021 - 19:17						Resultados
Recorde Regional Absoluto	1:33.79	Clube Naval do Funchal	CNF	Felgueiras		22/11/2002
Recorde Regional Sen	1:33.79	Clube Naval do Funchal	CNF	Felgueiras		22/11/2002
Recorde Regional Jun	1:37.45	Clube Naval do Funchal	CNF	Felgueiras		20/12/2003
TAC Estafeta Nacional Jun: 1:39.93; Sen: 1:38.94						

Pontos: FINA 2021

Lugar					Tempo final	Pts	
<b>Absoluto - 15 e mais velhos</b>							
1. Naval do Funchal 1	Naval do Funchal				<b>1:41.12</b>	529	
FERNANDES, Diogo Henrique	04	+0,66	24.40	GARANITO, Simao Silva	06	+0,22	26.07
RODRIGUES, Joao Luis	05	+0,24	24.61	PAULOS, Joao Afonso	06	+0,11	26.04
2. CD Sao Roque 1	CD Sao Roque				<b>1:41.90</b>	517	
MARQUES, Gustavo Pires	04	+0,63	24.02	RODRIGUES, Rodrigo Reis	04	+0,32	25.08
RODRIGUES, Pedro Reis	02	+0,32	25.61	VIEIRA, Emanuel Eloi	03	+0,57	27.19

Prova 3 Femin., 200m Estilos Absoluto  
12/11/2021 - 19:19 Resultados

Recorde Regional Absoluto	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Sen	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Jun17	2:25.85	ROSA, Beatriz Jong	CDWT	Funchal	06/05/2017
Recorde Regional Jun16	2:26.86	ROSA, Beatriz Jong	CDN	Funchal	13/05/2016
Recorde Regional Juv A	2:28.06	ROSA, Beatriz Jong	CDN	Funchal	09/05/2015
Recorde Regional Juv B	2:30.06	COSTA, Maria Jardim	CDN	Funchal	08/03/2020
Recorde Regional Inf A	2:31.77	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	2:38.90	LOPES, Joana Cristina	CNF	Funchal	01/01/1992

TAC Nacional - PL (Março) Juv B: 2:36.40; Juv A: 2:32.89; Jun16: 2:28.04; Jun17: 2:25.27; Sen: 2:23.38 / TAC Zonais Inf B: 3:12.87; Inf A: 3:02.80; Juv B: 2:43.70; Juv A: 2:39.11 / TAC Nacional Inf B: 3:08.87; Inf A: 2:58.80; Juv B: 2:36.40; Juv A: 2:32.60; Jun16: 2:28.85; Jun17: 2:28.11; Sen18: 2:25.29; 19+: 2:24.57

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Infantil B - 12 anos

1. LEITAO, Isabel Gouveia	10	Naval do Funchal	<b>3:16.79</b>	237	42.07	51.77	1:00.69	42.26
2. RIBEIRO, Guida Drumond	10	Naval do Funchal	<b>3:17.92</b>	233	43.57	53.72	57.03	43.60
3. TEIXEIRA, Maria Leonor	10	Naval do Funchal	<b>3:22.10</b>	219	44.88	53.39	1:01.17	42.66
4. ROSA, Clara Sofia	10	CD Nacional	<b>3:23.03</b>	216	46.52	53.16	58.27	45.08
5. ALVES, Ana Carolina	10	CD Nacional	<b>3:31.36</b>	191	46.78	51.19	1:03.20	50.19
6. MEDEIROS, C.	10	Naval do Funchal	<b>3:53.01</b>	143	51.50	56.73	1:08.95	55.83
DSQ BRITO, Madalena Pinto	10	Naval do Funchal						
<i>102 - Não completou a prova - SW 10.2</i>								
DSQ QUADRADO, Teresa Gorr	10	Juventude AC						
<i>102 - Não completou a prova - SW 10.2</i>								

Infantil A - 13 anos

1. SA, Vanessa Fernandes	09	Naval do Funchal	<b>2:56.73</b>	327	40.51	46.81	49.66	39.75
<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>								
2. MELIM, Sara Beatriz	09	CD Nacional	<b>2:58.95</b>	315	39.61	48.84	49.87	40.63
<i>Mínimos Zonal - A definir local (25/03 a 27/03)</i>								
3. MATEUS, Eleine Vieira	09	CD Nacional	<b>3:06.91</b>	277	39.59	48.01	54.87	44.44
4. FREITAS, Francisca Leonor	09	Naval do Funchal	<b>3:08.42</b>	270	43.51	48.68	52.18	44.05
5. TEMTEM, Madalena Barbo	09	CD Nacional	<b>3:17.95</b>	233	45.84	50.52	55.33	46.26
6. SILVA, Maria Korina	09	CD Nacional	<b>3:23.98</b>	213	47.56	50.64	1:00.12	45.66
7. ROMAO, Laura Beatriz	09	Naval do Funchal	<b>3:47.11</b>	154	47.34	55.74	1:09.61	54.42

Juvenil B - 14 anos

1. ANDRADE, Matilde Sousa	08	Naval do Funchal	<b>2:41.22</b>	431	33.74	41.23	48.74	37.51
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>								
2. GOMES, Sofia Vega	08	Naval do Funchal	<b>2:46.97</b>	388	36.34	40.88	50.86	38.89
3. ALVES, Juliana Rodrigues	08	CD Nacional	<b>2:52.10</b>	355	37.05	44.93	50.19	39.93
4. BAPTISTA, Ines Sande	08	CD Nacional	<b>2:54.66</b>	339	38.50	43.78	50.73	41.65
5. SOARES, Leonor Silva	08	CD Nacional	<b>3:01.72</b>	301	40.76	47.71	50.30	42.95

Juvenil A - 15 anos

1. RODRIGUES, Laura Sofia	07	Juventude AC	<b>2:35.19</b>	484	34.39	38.94	44.01	37.85
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>								
2. RINCU, Alexandra	07	Naval do Funchal	<b>3:25.36</b>	208	47.39	51.72	58.94	47.31

Prova 3, Femin., 200m Estilos

Juniores - 16, 17 anos

1. SEQUEIRA, Beatriz Meneç06	Naval do Funchal	<b>2:39.37</b>	447	33.56	41.09	46.84	37.88
2. SILVA, Silvana Suamade 06	CD Sao Roque	<b>2:43.38</b>	414	34.64	42.46	47.81	38.47
3. CARICHAS, Joana Medeir06	Juventude AC	<b>2:48.29</b>	379	35.91	41.14	52.29	38.95
4. CARDOSO, Isabel Maria 05	CS Maritimo	<b>3:17.42</b>	235	42.03	51.01	58.54	45.84
5. VIEIRA, Sara Patricia 05	CS Maritimo	<b>3:29.03</b>	198	44.57	55.28	1:03.46	45.72

Seniores - 18 e mais velhos

1. FERREIRA, Maria Leonor 04	CD Nacional	<b>2:34.23</b>	493	32.73	38.05	46.32	37.13
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Prova 4

Masc., 200m Estilos

Absoluto

12/11/2021 - 19:31

Resultados

Recorde Regional Absoluto	2:05.46	SILVA, Tomas Antonio	CNF	Leiria	14/12/2019
Recorde Regional Sen	2:05.46	SILVA, Tomas Antonio	CNF	Leiria	14/12/2019
Recorde Regional Jun18	2:05.78	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Jun17	2:08.03	ALVES, Paulo Rodrigues	CDN	Funchal	10/07/2021
Recorde Regional Juv A	2:10.57	GOUVEIA, Luis Galvao	CDN	Funchal	17/07/2021
Recorde Regional Juv B	2:11.24	ALVES, Paulo Rodrigues	CDN	Funchal	17/05/2019
Recorde Regional Inf A	2:13.38	FREITAS, Tomas Miguel	CDN	Funchal	17/07/2004
Recorde Regional Inf B	2:20.56	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Nacional - PL (Março) Juv B: 2:21.88; Juv A: 2:18.24; Jun17: 2:11.70; Jun18: 2:09.63; Sen: 2:07.68 / TAC Zonais Inf B: 2:58.00; Inf A: 2:49.22; Juv B: 2:30.83; Juv A: 2:28.06 / TAC Nacional Inf B: 2:54.00; Inf A: 2:45.22; Juv B: 2:21.88; Juv A: 2:18.24; Jun17: 2:12.79; Jun18: 2:12.13; Sen19: 2:09.62; 20 + : 2:08.98

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Infantil B - 13 anos

1. ANDRADE, Salvador Freit09	Naval do Funchal	<b>2:49.82</b>	269	36.99	44.90	49.10	38.83
<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>							
2. GONCALVES, Joao Guilh09	Naval do Funchal	<b>3:01.61</b>	219	40.40	49.28	51.16	40.77
3. FARIA, Afonso Cunha 09	CD Sao Roque	<b>3:07.92</b>	198	39.24	47.41	58.61	42.66
4. SOUSA, Eduardo Afonsec09	CD Nacional	<b>3:12.89</b>	183	45.71	49.85	54.83	42.50
5. SILVA, Joao Bernardo 09	CD Nacional	<b>3:13.11</b>	182	41.41	48.12	58.18	45.40
6. VELOZA, Tomas Ramos 09	CD Nacional	<b>3:14.67</b>	178	46.03	47.48	1:00.23	40.93
7. GOMES, Joao Abreu 09	Naval do Funchal	<b>3:23.10</b>	157	43.85	53.67	57.35	48.23
8. RODRIGUES, Goncalo R09	Juventude AC	<b>3:24.31</b>	154	47.55	52.85	57.68	46.23
9. MARTINHO, Joao Miguel 09	CD Nacional	<b>3:28.58</b>	145	50.72	58.10	53.96	45.80
10. ALVES, Francisco Manuel 09	CD Nacional	<b>3:29.67</b>	142	46.04	53.49	1:04.76	45.38
11. CRESPO, Joao Jesus 09	CD Nacional	<b>3:36.01</b>	130	49.27	57.14	1:03.70	45.90
12. MARTINS, Antonio Freitas 09	CD Nacional	<b>3:36.41</b>	130	50.28	52.70	1:10.96	42.47
DSQ JARDIM, Joao Tomas 09	CD Nacional						
<i>724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 150 m - SW 7.6</i>							
DSQ PESTANA, Andre Pinto 09	Naval do Funchal						
<i>609 - Não terminou percurso de costas na posição dorsal - SW 6.5</i>							
DSQ CAMACHO, S. 09	Juventude AC						
<i>812 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 25 m - SW 8.4</i>							

Infantil A - 14 anos

1. MIRANDA, F. 08	Naval do Funchal	<b>2:41.85</b>	310	34.58	41.65	48.04	37.58
<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>							
2. RODRIGUES, G. 08	CD Sao Roque	<b>2:50.02</b>	268	34.37	46.85	51.10	37.70
3. JESUS, Vasco Franca 08	Naval do Funchal	<b>2:51.57</b>	260	36.63	42.78	52.89	39.27
4. JARDIM, Rodrigo Vieira 08	Naval do Funchal	<b>2:52.09</b>	258	35.92	43.35	50.84	41.98
5. MEDEIROS, Joao Francis08	Juventude AC	<b>2:52.78</b>	255	37.63	45.50	50.48	39.17
6. CASTRO, Marco Antonio 08	Naval do Funchal	<b>2:53.17</b>	253	37.00	43.78	55.40	36.99

Prova 4, Masc., 200m Estilos, Infantil A - 14 anos

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
7.	JARDIM, Lourenco Almeida	08	CD Nacional	<b>2:56.95</b>	237	37.72	46.13	51.17	41.93
8.	NOBREGA, Matias Sargo	08	Naval do Funchal	<b>2:58.67</b>	231	38.22	47.05	54.13	39.27
9.	FERNANDEZ, H.	08	Juventude AC	<b>3:19.69</b>	165	45.84	54.13	58.17	41.55
10.	BARATA, Joao Tomas	08	Juventude AC	<b>3:24.73</b>	153	47.54	52.56	1:00.91	43.72
DSQ	GOMES, Guilherme Silva	08	AD Galomar						
	<i>723 - Na chegada tocou com uma mão - SW 7.6</i>								

Juvenil B - 15 anos

1.	ALMEIDA, Joao Francisco	07	Naval do Funchal	<b>2:28.17</b>	405	30.41	38.73	44.18	34.85
	<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>								
2.	COSTA, Guilherme Corte	07	CD Nacional	<b>2:32.12</b>	374	32.30	38.12	46.40	35.30
3.	SMIRNOV, Dmytro	07	CD Sao Roque	<b>2:43.37</b>	302	33.76	42.58	48.43	38.60
4.	JESUS, David Martins	07	CD Sao Roque	<b>2:44.66</b>	295	35.20	42.62	49.43	37.41
5.	ALVES, Diogo Basilio	07	Juventude AC	<b>2:46.11</b>	287	36.22	42.33	51.37	36.19
6.	PENSO, Miguel Reigada	07	Escola O Liceu	<b>2:52.92</b>	254	39.04	43.08	52.92	37.88
7.	GOUVEIA, Martim Jose	07	CD Sao Roque	<b>2:59.89</b>	226	36.15	46.64	56.23	40.87
8.	SOUSA, Simao Henrique	07	CD Nacional	<b>3:03.30</b>	213	39.22	50.15	48.39	45.54
9.	CARVALHO, J.	07	Naval do Funchal	<b>3:10.73</b>	189	46.74	49.41	53.18	41.40
10.	FRANCISCO, David Rebo	07	CS Maritimo	<b>3:20.88</b>	162	39.12	54.47	1:00.53	46.76
11.	VIEIRA, Luis Henrique	07	CD Nacional	<b>3:28.60</b>	145	42.21	54.94	1:05.28	46.17
DSQ	MARTINS, Tomas Rodrigc	07	CD Nacional						
	<i>724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 150 m - SW 7.6</i>								

Juvenil A - 16 anos

1.	SILVA, Joao Luis	06	Escola O Liceu	<b>2:28.75</b>	400	30.46	38.24	45.15	34.90
2.	OLIVEIRA, Bernardo Antor	06	Naval do Funchal	<b>3:02.65</b>	216	33.92	47.83	59.04	41.86

Juniores - 17, 18 anos

1.	MARQUES, Gustavo Pires	04	CD Sao Roque	<b>2:08.56</b>	620	26.30	32.25	39.80	30.21
	<i>Mínimos Nacional - Coimbra (30/03 a 03/04), Mínimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>								
2.	RODRIGUES, Rodrigo Re	04	CD Sao Roque	<b>2:13.08</b>	559	28.94	35.14	38.92	30.08
3.	ALVES, Paulo Rodrigues	04	CD Nacional	<b>2:13.28</b>	556	27.23	34.55	39.23	32.27
4.	OLIVEIRA, Diogo Alexandr	05	Naval do Funchal	<b>2:13.87</b>	549	28.49	34.69	40.06	30.63
5.	GOUVEIA, Luis Galvao	05	CD Nacional	<b>2:14.62</b>	540	27.74	34.90	40.52	31.46
6.	DIAS, Andre Vicente	05	CD Nacional	<b>2:21.79</b>	462	28.47	34.96	44.07	34.29

Prova 5 Femin., 50m Costas Absolutos  
12/11/2021 - 19:51 Resultados

Recorde Regional Absoluto	30.46	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Sen	30.46	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Jun17	31.07	AGUILAR, Vera Ines	CDN	Funchal	10/12/2016
Recorde Regional Jun16	30.71	AGUILAR, Vera Ines	CDN	Funchal	18/12/2015
Recorde Regional Juv A	31.50	AGUILAR, Vera Ines	CDN	Funchal	18/10/2014
Recorde Regional Juv B	31.80	AGUILAR, Vera Ines	CDN	Funchal	13/03/2014

TAC Nacional - PL (Mar o) Juv B: 32.65; Juv A: 32.17; Jun16: 31.69; Jun17: 31.25; Sen: 30.93 / TAC Zonais Juv B: 33.14; Juv A: 32.65 / TAC Nacional Juv B: 32.65; Juv A: 32.17; Jun16: 32.29; Jun17: 32.13; Sen18: 31.37; 19 +: 31.21

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts
<b>Juvenil A - 15 anos</b>				
1.	07	NETO, Leonor Rodrigues <i>M�nimos Zonal - A definir local (17/12 a 19/12)</i>	<b>32.55</b>	486

**Juniores - 16, 17 anos**

1.	06	JARDIM, Lara Filipa <i>M�nimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>	<b>32.18</b>	503
2.	06	DIAS, Julia Alves	<b>33.35</b>	452
3.	06	PEREIRA, Joana Marques	<b>37.34</b>	322
4.	05	NOBREGA, Maria Trindade	<b>42.82</b>	213
5.	05	ANDRADE, Maria Beatriz	<b>45.75</b>	175
6.	06	JESUS, Veronica Martins	<b>45.87</b>	173

**Seniores - 18 e mais velhos**

1.	04	CAMACHO, Laura Fernandes	<b>33.51</b>	445
2.	96	MARGARIDO, Ines Tomas	<b>33.57</b>	443
3.	00	LUIS, Jessica Santos	<b>35.43</b>	377
4.	04	BLANDY, Mischa Blue	<b>45.15</b>	182
DSQ	02	SILVA, Gabriela Suamade <i>608 - N�o chegou na posi�o dorsal - SW 6.5</i>		

Prova 6 Masc., 50m Costas Absolutos  
12/11/2021 - 19:54 Resultados

Recorde Regional Absoluto	26.31	FERNANDES, Joao Manuel	CNF	Leiria	15/12/2019
Recorde Regional Sen	26.31	FERNANDES, Joao Manuel	CNF	Leiria	15/12/2019
Recorde Regional Jun18	26.38	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	26.83	FERNANDES, Rui Afonso	CDN	Funchal	18/07/2020
Recorde Regional Juv A	27.26	CASTRO, Joao Cruz	CDSR	Funchal	17/06/2016
Recorde Regional Juv B	28.67	FERNANDES, Rui Afonso	CDN	Funchal	26/03/2018

TAC Nacional - PL (Mar o) Juv B: 29.41; Juv A: 28.98; Jun17: 28.55; Jun18: 27.22; Sen: 26.62 / TAC Zonais Juv B: 29.85; Juv A: 29.41 / TAC Nacional Juv B: 29.41; Juv A: 28.98; Jun17: 28.55; Jun18: 28.09; Sen19: 27.34; 20 +: 27.70

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts
<b>Juvenil B - 15 anos</b>				
1.	07	NEVES, Tiago Brazao	<b>30.59</b>	383
2.	07	NUNES, Henrique Dias	<b>38.61</b>	190

**Juvenil A - 16 anos**

1.	06	PITA, Pedro Miguel <i>M�nimos Zonal - A definir local (17/12 a 19/12)</i>	<b>29.23</b>	439
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Prova 6, Masc., 50m Costas

Juniores - 17, 18 anos

1. TELES, Artur Corte 04 Juventude AC **28.40** 478

Seniores - 19 e mais velhos

1. RODRIGUES, Pedro Reis 02 CD Sao Roque **29.93** 409

Prova 7

Femin., 200m Bruços

Absoluto

12/11/2021 - 20:05

Resultados

Recorde Regional Absoluto	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Sen	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Jun17	2:40.38	MARQUES, Mariana Sousa	CNF	Funchal	16/07/2005
Recorde Regional Jun16	2:38.79	ABREU, Laura Catarina	CDN	Funchal	08/07/2016
Recorde Regional Juv A	2:41.54	ABREU, Laura Catarina	CDN	Funchal	11/07/2015
Recorde Regional Juv B	2:43.10	ABREU, Laura Catarina	CDN	Tomar	14/12/2013
Recorde Regional Inf A	2:47.89	ABREU, Laura Catarina	CDN	Funchal	06/04/2003
Recorde Regional Inf B	2:56.77	RODRIGUES, Laura Sofia	JACL	Funchal	08/06/2019

TAC Nacional - PL (Março) Juv B: 2:55.01; Juv A: 2:50.82; Jun16: 2:46.07; Jun17: 2:43.46; Sen: 2:40.92 / TAC Zonais Inf B: 3:34.01; Inf A: 3:21.83; Juv B: 3:02.55; Juv A: 2:59.14 / TAC Nacional Inf B: 3:30.01; Inf A: 3:17.83; Juv B: 2:57.14; Juv A: 2:54.45; Jun16: 2:49.43; Jun17: 2:48.59; Sen18: 2:43.50; 19 +: 2:42.69

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
<b>Infantil B - 12 anos</b>								
1. ROSA, Clara Sofia	10	CD Nacional	<b>3:53.05</b>	192	52.45	59.23	1:00.59	1:00.78
<b>Infantil A - 13 anos</b>								
1. TEMTEM, Madalena Barbro	09	CD Nacional	<b>3:38.08</b>	234	49.47	56.18	57.18	55.25
<b>Juvenil B - 14 anos</b>								
1. PEREIRA, Julia Freitas	08	Naval do Funchal	<b>3:01.06</b>	410	38.57	44.22	48.48	49.79
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>								
2. PEREIRA, Maria Clara	08	Juventude AC	<b>3:10.83</b>	350	42.51	48.64	51.67	48.01
3. BAPTISTA, Ines Sande	08	CD Nacional	<b>3:16.65</b>	320	45.16	49.27	51.15	51.07
<b>Juvenil A - 15 anos</b>								
1. GONCALVES, Valentina Jo	07	CD Nacional	<b>2:47.51</b>	518	37.77	41.87	43.53	44.34
<i>Mínimos Nacional - Coimbra (30/03 a 03/04), Mínimos Zonal - A definir local (17/12 a 19/12), Mínimos Nacional - OPEN PORTUGAL (Jamos, 28/07 a 3</i>								
2. MATEUS, Clarisse Vieira	07	CD Nacional	<b>3:00.59</b>	413	41.23	46.76	45.55	47.05
<b>Juniores - 16, 17 anos</b>								
1. DEUS, Ines Portugal	06	Naval do Funchal	<b>2:54.41</b>	459	38.91	43.58	45.14	46.78

Prova 8 Masc., 200m Bru os Absoluto  
12/11/2021 - 20:09 Resultados

Recorde Regional Absoluto	2:17.57	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Sen	2:19.23	FIGUEIRA, Andre Temtem	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:17.57	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Jun17	2:21.49	ALVES, Paulo Rodrigues	CDN	Funchal	17/07/2021
Recorde Regional Juv A	2:23.49	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	2:23.33	ALVES, Paulo Rodrigues	CDN	Funchal	13/07/2019
Recorde Regional Inf A	2:29.20	ALVES, Paulo Rodrigues	CDN	Funchal	01/08/2018
Recorde Regional Inf B	2:37.57	FREITAS, Tomas Miguel	CDN	Funchal	13/07/2003

TAC Nacional - PL (Mar o) Juv B: 2:42.20; Juv A: 2:35.28; Jun17: 2:28.72; Jun18: 2:24.78; Sen: 2:21.84 / TAC Zonais Inf B: 3:15.96; Inf A: 3:07.00; Juv B: 2:44.27; Juv A: 2:41.26 / TAC Nacional Inf B: 3:11.96; Inf A: 3:03.00; Juv B: 2:42.26; Juv A: 2:38.44; Jun17: 2:30.02; Jun18: 2:29.27; Sen19: 2:25.15; 20 +: 2:24.42

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
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Infantil B - 13 anos

1.	SOUSA, Eduardo Afonsec	09	CD Nacional	<b>3:32.57</b>	180	48.93	55.34	54.81	53.49
2.	JARDIM, Joao Tomas	09	CD Nacional	<b>3:37.29</b>	169	48.30	55.75	57.53	55.71
3.	MARTINHO, Joao Miguel	09	CD Nacional	<b>3:50.33</b>	141	51.43	59.05	1:01.21	58.64
4.	CRESPO, Joao Jesus	09	CD Nacional	<b>3:51.86</b>	139	50.94	1:02.18	1:00.91	57.83

Juvenil B - 15 anos

1.	ARAUJO, Joao Caldeira	07	Naval do Funchal	<b>2:59.29</b>	301	39.79	45.92	47.24	46.34
2.	NUNES, Henrique Dias	07	CD Nacional	<b>3:12.95</b>	241	43.25	50.69	49.86	49.15

Juniores - 17, 18 anos

1.	FERNANDES, Martim Pes04	04	Naval do Funchal	<b>2:25.65</b>	561	32.12	38.06	38.19	37.28
<i>M�nimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>									
2.	ALVES, Paulo Rodrigues	04	CD Nacional	<b>2:32.28</b>	491	33.30	38.23	40.30	40.45
3.	SILVA, Tony Stefano	05	CD Nacional	<b>2:32.47</b>	489	32.25	38.21	41.03	40.98
4.	RODRIGUES, Rodrigo Re04	04	CD Sao Roque	<b>2:35.07</b>	465	35.95	38.93	40.65	39.54
5.	ALVES, Andre Camara	05	CD Nacional	<b>2:55.70</b>	319	37.21	43.38	47.87	47.24

Seniores - 19 e mais velhos

1.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	<b>2:45.85</b>	380	35.85	40.78	43.89	45.33
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Prova 9 Femin., 100m Livres Absoluto  
12/11/2021 - 20:18 Resultados

Recorde Regional Absoluto	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun17	59.96	AGUILAR, Vera Ines	CDN	Funchal	09/12/2016
Recorde Regional Jun16	59.93	ABREU, Laura Catarina	CDN	Funchal	19/12/2015
Recorde Regional Juv A	59.90	ABREU, Laura Catarina	CDN	Funchal	10/07/2015
Recorde Regional Juv B	1:01.04	AGUILAR, Vera Ines	CDN	Funchal	12/04/2014
Recorde Regional Inf A	1:02.04	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	1:05.20	LOPES, Joana Cristina	CNF	Funchal	10/05/1992

TAC Nacional - PL (Março) Juv B: 1:04.37; Juv A: 1:02.57; Jun16: 1:00.36; Jun17: 59.41; Sen: 58.64 / TAC Zonais Inf B: 1:19.88; Inf A: 1:15.03; Juv B: 1:06.98; Juv A: 1:05.10 / TAC Nacional Inf B: 1:17.88; Inf A: 1:13.03; Juv B: 1:04.37; Juv A: 1:02.41; Jun16: 1:00.73; Jun17: 1:00.43; Sen18: 59.48; 19+: 59.19

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts	50m	100m
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Infantil B - 12 anos

1.	TEIXEIRA, Maria Leonor	10	Naval do Funchal	<b>1:20.79</b>	240	37.66	43.13
2.	RIBEIRO, Guida Drumond	10	Naval do Funchal	<b>1:20.99</b>	238	37.67	43.32
3.	LEITAO, Isabel Gouveia	10	Naval do Funchal	<b>1:23.67</b>	216	39.68	43.99
4.	ALVES, Ana Carolina	10	CD Nacional	<b>1:30.08</b>	173	42.42	47.66
5.	BRITO, Madalena Pinto	10	Naval do Funchal	<b>1:30.34</b>	172	42.14	48.20
6.	GOMES, Alice Silva	10	Naval do Funchal	<b>1:30.99</b>	168	42.37	48.62
7.	SILVA, Maria Luis	10	Naval do Funchal	<b>1:35.58</b>	145	43.58	52.00
	TEIXEIRA, Lara Felix	10	Naval do Funchal	<b>1:35.58</b>	145	44.60	50.98
9.	MEDEIROS, Constanca Sousa	10	Naval do Funchal	<b>1:48.53</b>	99	52.00	56.53

Infantil A - 13 anos

1.	GONCALVES, Vera Andrade	09	Juventude AC	<b>1:04.83</b>	465	31.20	33.63
	<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>						
2.	MARGARIDO, Paula Aguiar	09	Juventude AC	<b>1:12.13</b>	338	34.32	37.81
	<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>						
3.	SA, Vanessa Fernandes	09	Naval do Funchal	<b>1:13.37</b>	321	34.92	38.45
	<i>Mínimos Zonal - A definir local (25/03 a 27/03)</i>						
4.	FREITAS, Francisca Leonor	09	Naval do Funchal	<b>1:20.53</b>	242	38.96	41.57
5.	ALVES, Francisca Pereira	09	Juventude AC	<b>1:24.70</b>	208	40.74	43.96
6.	GONCALVES, Ashlee Teixeira	09	CS Marítimo	<b>1:30.22</b>	172	40.99	49.23
7.	PASSOS, Carolina Goncalves	09	Naval do Funchal	<b>1:35.10</b>	147	43.94	51.16
8.	ROMAO, Laura Beatriz	09	Naval do Funchal	<b>1:38.12</b>	134	46.39	51.73
9.	SILVA, Mariana Ponte	09	Naval do Funchal	<b>1:42.04</b>	119	45.85	56.19
10.	FREITAS, Madalena Silva	09	Naval do Funchal	<b>1:43.37</b>	114	47.83	55.54
11.	MACEDO, Eva Maria	09	Naval do Funchal	<b>1:45.37</b>	108	45.22	1:00.15

Juvenil B - 14 anos

1.	ANDRADE, Matilde Sousa	08	Naval do Funchal	<b>1:07.26</b>	417	32.39	34.87
2.	ALVES, Juliana Rodrigues	08	CD Nacional	<b>1:10.65</b>	359	33.85	36.80
3.	SILVA, Carolina Pestana	08	Naval do Funchal	<b>1:14.26</b>	309	35.55	38.71
4.	JESUS, Ligia Maria	08	Escola O Liceu	<b>1:19.20</b>	255	37.61	41.59
5.	NOBREGA, Sara Francisca	08	CD Sao Roque	<b>1:19.86</b>	249	37.64	42.22
6.	ALVES, Margarida Jesus	08	CD Nacional	<b>1:25.48</b>	203	39.30	46.18
7.	MARQUES, Beatriz Paixao	08	Naval do Funchal	<b>1:42.64</b>	117	47.52	55.12

Juvenil A - 15 anos

1.	RODRIGUES, Laura Sofia	07	Juventude AC	<b>1:06.42</b>	433	31.20	35.22
2.	NETO, Leonor Rodrigues	07	Naval do Funchal	<b>1:07.32</b>	415	32.06	35.26
3.	FRANCA, Ines Matos	07	Juventude AC	<b>1:08.73</b>	390	32.39	36.34
4.	FIGUEIRA, Madalena Leonor	07	Naval do Funchal	<b>1:10.93</b>	355	34.27	36.66
5.	FREITAS, Maria Raquel	07	Naval do Funchal	<b>1:13.81</b>	315	34.75	39.06
6.	RINCU, Alexandra	07	Naval do Funchal	<b>1:24.30</b>	211	40.49	43.81

Prova 9, Femin., 100m Livres, Juvenil A - 15 anos

Lugar	Ano	Tempo final	Pts	50m	100m
7. RODRIGUES, Ines Costa	07 CD Nacional	<b>1:32.23</b>	161	42.68	49.55
8. RONDON, Maria Victoria	07 CS Maritimo	<b>1:32.31</b>	161	42.81	49.50

Juniores - 16, 17 anos

1. JARDIM, Lara Filipa	06 Naval do Funchal	<b>1:04.26</b>	478	30.49	33.77
2. ARAUJO, Maria Clara	05 Naval do Funchal	<b>1:04.90</b>	464	30.77	34.13
3. CARICHAS, Joana Medeiros	06 Juventude AC	<b>1:06.46</b>	432	32.26	34.20
4. FREITAS, Margarida Ramos	06 CD Nacional	<b>1:06.97</b>	422	31.99	34.98
5. FERRO, Maria Leonor	06 Naval do Funchal	<b>1:07.31</b>	416	32.42	34.89
6. DIAS, Julia Alves	06 CD Nacional	<b>1:08.26</b>	398	32.08	36.18
7. FREITAS, Beatriz Rodrigues	06 Naval do Funchal	<b>1:08.98</b>	386	32.91	36.07
8. GOMES, Madalena Sousa	05 Naval do Funchal	<b>1:10.35</b>	364	33.63	36.72
9. BAPTISTA, Constanca Ornelas	06 Naval do Funchal	<b>1:10.68</b>	359	33.67	37.01
10. NOBREGA, Maria Trindade	05 CD Nacional	<b>1:18.84</b>	258	37.06	41.78
11. JESUS, Veronica Martins	06 CD Sao Roque	<b>1:29.79</b>	175	41.60	48.19
12. FIGUEIRA, Ana Nunes	06 Naval do Funchal	<b>1:32.81</b>	158	43.24	49.57
13. ABREU, Adriana Monteiro	06 CS Maritimo	<b>1:41.01</b>	123	43.13	57.88

Seniores - 18 e mais velhos

1. OLIM, Carlota Freitas	93 Naval do Funchal	<b>1:02.89</b>	510	30.14	32.75
2. GOMES, Susana Clara	77 Naval do Funchal	<b>1:02.98</b>	507	30.02	32.96
3. SOUSA, Joana Francisca	04 Naval do Funchal	<b>1:04.27</b>	477	30.52	33.75
4. MARGARIDO, Ines Tomas	96 Naval do Funchal	<b>1:06.30</b>	435	31.39	34.91
5. FERREIRA, Maria Leonor	04 CD Nacional	<b>1:06.37</b>	434	31.59	34.78
6. LUIS, Jessica Santos	00 CD Sao Roque	<b>1:09.47</b>	378	33.53	35.94
7. SILVA, Gabriela Suamade	02 CD Sao Roque	<b>1:16.44</b>	284	36.33	40.11
8. BLANDY, Mischa Blue	04 Juventude AC	<b>1:24.40</b>	211	39.03	45.37

Prova 10

Masc., 100m Livres

Absoluto

12/11/2021 - 20:29

Resultados

Recorde Regional Absoluto	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	51.05	CASTRO, Joao Cruz	CDSR	Porto	08/12/2017
Recorde Regional Jun17	51.79	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2017
Recorde Regional Juv A	52.66	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	52.96	CASTRO, Joao Cruz	CDSR	Funchal	12/07/2015
Recorde Regional Inf A	54.93	CASTRO, Joao Cruz	CSM	Funchal	12/04/2014
Recorde Regional Inf B	58.44	CASTRO, Joao Cruz	CSM	Funchal	23/07/2013

TAC Nacional - PL (Março) Juv B: 57.93; Juv A: 56.12; Jun17: 53.68; Jun18: 51.77; Sen: 50.97 / TAC Zonais Inf B: 1:13.39; Inf A: 1:09.14; Juv B: 1:00.07; Juv A: 58.97 / TAC Nacional Inf B: 1:11.39; Inf A: 1:07.14; Juv B: 57.29; Juv A: 56.12; Jun17: 53.68; Jun18: 53.21; Sen19: 52.54; 20 +: 52.28

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts	50m	100m
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Infantil B - 13 anos

1. GONCALVES, Pedro Martim	09 Juventude AC	<b>1:09.58</b>	269	32.34	37.24
<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>					
2. GONCALVES, Joao Guilherme	09 Naval do Funchal	<b>1:11.23</b>	251	33.93	37.30
<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>					
3. PESTANA, Pedro Correia	09 AD Galomar	<b>1:15.57</b>	210	35.71	39.86
4. FARIA, Afonso Cunha	09 CD Sao Roque	<b>1:16.42</b>	203	36.60	39.82
5. ROCHA, Joao Henrique	09 AD Galomar	<b>1:18.68</b>	186	38.64	40.04
6. PESTANA, Andre Pinto	09 Naval do Funchal	<b>1:22.68</b>	160	38.95	43.73
7. ABREU, Afonso Henrique	09 Naval do Funchal	<b>1:26.60</b>	139	40.85	45.75
8. RODRIGUES, Goncalo Reis	09 Juventude AC	<b>1:26.96</b>	138	39.12	47.84
9. CAMACHO, Santiago Bettencol	09 Juventude AC	<b>1:36.00</b>	102	45.40	50.60

Prova 10, Masc., 100m Livres

Infantil A - 14 anos

1.	MIRANDA, Francisco Guilherm	08	Naval do Funchal	<b>1:08.12</b>	287	32.79	35.33
	<i>Mínimos Zonal - A definir local (25/03 a 27/03)</i>						
2.	MEDEIROS, Joao Francisco	08	Juventude AC	<b>1:09.02</b>	276	32.70	36.32
	<i>Mínimos Zonal - A definir local (25/03 a 27/03)</i>						
3.	GOMES, Guilherme Silva	08	AD Galomar	<b>1:10.99</b>	253	33.34	37.65
4.	JESUS, Vasco Franca	08	Naval do Funchal	<b>1:11.20</b>	251	33.09	38.11
5.	JARDIM, Rodrigo Vieira	08	Naval do Funchal	<b>1:12.40</b>	239	33.85	38.55
6.	NOBREGA, Matias Sargo	08	Naval do Funchal	<b>1:15.54</b>	210	35.36	40.18
7.	FERNANDEZ, Henrique Justin	08	Juventude AC	<b>1:16.99</b>	198	36.84	40.15
8.	SILVA, Bruno Correia	08	Naval do Funchal	<b>1:18.24</b>	189	36.43	41.81
9.	ANTUNES, Frederico Luis	08	Juventude AC	<b>1:24.61</b>	149	40.58	44.03
10.	CORREIA, Joao Luis	08	Juventude AC	<b>1:26.25</b>	141	38.30	47.95
11.	SILVA, Francisco Pita	08	Juventude AC	<b>1:32.64</b>	114	45.77	46.87
DSQ	CASTRO, Marco Antonio	08	Naval do Funchal				
	<i>403 - Falsa partida - SW 4.4</i>						

Juvenil B - 15 anos

1.	PEREIRA, Lucas Santos	07	Naval do Funchal	<b>58.68</b>	449	28.47	30.21
	<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>						
2.	ALMEIDA, Joao Francisco	07	Naval do Funchal	<b>59.18</b>	437	28.35	30.83
	<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>						
3.	OLIVEIRA, Afonso Miguel	07	Juventude AC	<b>59.32</b>	434	27.65	31.67
	<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>						
4.	NEVES, Tiago Brazao	07	Naval do Funchal	<b>59.87</b>	422	29.04	30.83
	<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>						
5.	COSTA, Guilherme Corte	07	CD Nacional	<b>1:02.20</b>	377	29.80	32.40
6.	RIBEIRO, Telmo Drumond	07	Naval do Funchal	<b>1:03.15</b>	360	30.50	32.65
7.	FERNANDES, Afonso Berimba	07	Juventude AC	<b>1:05.32</b>	325	32.34	32.98
8.	JESUS, David Martins	07	CD Sao Roque	<b>1:06.09</b>	314	30.89	35.20
9.	PENSO, Miguel Reigada	07	Escola O Liceu	<b>1:07.27</b>	298	32.37	34.90
10.	BARBOSA, Joao Camacho	07	CD Nacional	<b>1:11.96</b>	243	34.13	37.83
11.	SOUSA, Simao Henrique	07	CD Nacional	<b>1:12.94</b>	233	35.22	37.72
12.	GOUVEIA, Martim Jose	07	CD Sao Roque	<b>1:13.06</b>	232	34.01	39.05
13.	FRANCISCO, David Rebocho	07	CS Maritimo	<b>1:13.36</b>	229	34.72	38.64
14.	BERENQUER, Santiago Moura	07	Juventude AC	<b>1:16.20</b>	205	35.70	40.50
15.	CARVALHO, Joaquim Eduardo	07	Naval do Funchal	<b>1:17.28</b>	196	36.89	40.39
16.	VIEIRA, Luis Henrique	07	CD Nacional	<b>1:28.46</b>	131	41.63	46.83
17.	MARTINS, Tomas Rodrigo	07	CD Nacional	<b>1:36.16</b>	102	45.34	50.82

Juvenil A - 16 anos

1.	PITA, Pedro Miguel	06	Naval do Funchal	<b>57.42</b>	479	27.14	30.28
	<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>						
2.	GARANITO, Simao Silva	06	Naval do Funchal	<b>58.72</b>	448	28.12	30.60
	<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>						
3.	FERRAZ, Luis Afonso	06	Naval do Funchal	<b>58.91</b>	443	28.38	30.53
	<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>						
4.	SILVA, Joao Luis	06	Escola O Liceu	<b>59.55</b>	429	28.97	30.58
5.	SETIM, Joao Oliveira	06	Naval do Funchal	<b>59.96</b>	421	29.07	30.89
6.	ABREU, Joao Francisco	06	Naval do Funchal	<b>1:00.05</b>	419	28.96	31.09
7.	TEMES, Joao Caires	06	Juventude AC	<b>1:02.96</b>	363	30.27	32.69
8.	NACHYCHKO, Maximo	06	Naval do Funchal	<b>1:05.76</b>	319	30.64	35.12
9.	STEFLEA, Andre Sergio	06	CD Sao Roque	<b>1:07.76</b>	291	32.14	35.62
10.	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	<b>1:09.54</b>	269	33.21	36.33
11.	CRO, Nuno Afonso	06	CD Sao Roque	<b>1:27.03</b>	137	41.26	45.77

Prova 10, Masc., 100m Livres

Juniores - 17, 18 anos

1.	FERNANDES, Diogo Henrique	04	Naval do Funchal	<b>53.05</b>	607	25.35	27.70
<i>Mínimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>							
2.	RODRIGUES, Joao Luis	05	Naval do Funchal	<b>55.41</b>	533	26.32	29.09
3.	GOUVEIA, Luis Galvao	05	CD Nacional	<b>56.14</b>	512	26.58	29.56
4.	DIAS, Andre Vicente	05	CD Nacional	<b>57.52</b>	476	27.32	30.20
	TELES, Artur Corte	04	Juventude AC	<b>57.52</b>	476	26.86	30.66
6.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	<b>1:00.18</b>	416	28.84	31.34
7.	MACHADO, Tiago Magalhaes	04	CD Nacional	<b>1:01.12</b>	397	28.26	32.86
8.	MENDES, Juan Diego	05	CD Nacional	<b>1:13.10</b>	232	34.48	38.62
9.	GARCIA, Jose Pedro	04	CS Maritimo	<b>1:18.78</b>	185	35.45	43.33
10.	COSTA, Emanuel Cesar	04	CS Maritimo	<b>1:19.50</b>	180	37.22	42.28

Seniores - 19 e mais velhos

1.	SILVA, Luis Pedro	98	CD Nacional	<b>58.75</b>	447	27.26	31.49
2.	JORGE, Andre Camara	90	Escola O Liceu	<b>59.21</b>	437	28.28	30.93
3.	CAMACHO, Joao Simao	03	CD Nacional	<b>59.81</b>	424	28.34	31.47

Prova 11

Femin., 4 x 100m Estilos

Absoluto

12/11/2021 - 20:46

Resultados

Recorde Regional Absoluto	4:28.97	Clube Desportivo Nacional	CDN	Funchal	28/07/2016
Recorde Regional Sen	4:34.50	Clube Desportivo Nacional	CDN	Porto	04/12/2010
Recorde Regional Jun	4:28.97	Clube Desportivo Nacional	CDN	Funchal	28/07/2016
Recorde Regional Juv A	4:31.86	Clube Desportivo Nacional	CDN	Funchal	12/07/2015
Recorde Regional Juv B	4:38.14	Clube Desportivo Nacional	CDN	Funchal	11/04/2014
Recorde Regional Inf A	4:44.68	Clube Desportivo Nacional	CDN	Funchal	23/07/2013
Recorde Regional Inf B	5:21.61	Clube Naval do Funchal	CNF	Funchal	12/07/2015

TAC Estafeta Nacional Juv: 4:49.42; Jun: 4:41.15; Sen: 4:35.63

Pontos: FINA 2021

Lugar

Tempo final

Pts

Infantil B - 12 anos

DSQ Naval do Funchal 10

Naval do Funchal

111 - Rendição antecipada do(a) 4 nadador(a) - SW 10.11

LEITAO, Isabel Gouveia	+0,66	46.65	1:35.88	RIBEIRO, Guida Drumond	
BRITO, Madalena Pinto				TEIXEIRA, Maria Leonor	-0,09

Infantil A - 13 anos

1. CDN - INF A

CD Nacional

**5:55.34**

252

SILVA, Maria Korina	+0,71	43.97	1:29.16	MATEUS, Eleine Vieira	+0,49	40.57	1:30.54
MELIM, Sara Beatriz	+0,57	43.53	1:31.37	TEMTEM, Madalena Barbosa	+0,04	39.16	1:24.27

2. Naval do Funchal 9

Naval do Funchal

**6:31.77**

188

ROMAO, Laura Beatriz	+0,91	51.30	1:45.99	SA, Vanessa Fernandes		42.31	1:31.97
FREITAS, Francisca Leonor		45.81	1:37.07	PASSOS, Carolina Goncalves		44.16	1:36.74

Juvenil B - 14 anos

1. Naval do Funchal 8

Naval do Funchal

**5:08.58**

385

GOMES, Sofia Vega	+0,78	36.82	1:14.85	ANDRADE, Matilde Sousa	+0,69	34.06	1:14.48
PEREIRA, Julia Freitas	+0,47	39.10	1:24.28	SILVA, Carolina Pestana	+0,24	35.41	1:14.97

Prova 11, Femin., 4 x 100m Estilos

Absoluto - 12 e mais velhos

1. Naval do Funchal 1		Naval do Funchal				<b>4:48.92</b>	469
JARDIM, Lara Filipa	+0,62	33.91	1:11.27	OLIM, Carlota Freitas	+0,24	32.17	1:11.48
DEUS, Ines Portugal	+0,33	37.93	1:20.63	GOMES, Susana Clara	+0,21	31.18	1:05.54
2. Juventude AC 1		Juventude AC				<b>4:57.70</b>	428
GONCALVES, Vera Andrade	+0,66	36.34	1:14.11	CARICHAS, Joana Medeiros	+0,23	35.10	1:16.36
RODRIGUES, Laura Sofia	+0,30	35.53	1:17.21	PEREIRA, Joana Marques	+0,26	32.65	1:10.02
3. Juventude AC 2		Juventude AC				<b>5:44.90</b>	275
FRANCA, Ines Matos	+0,80	39.13	1:21.49	PEREIRA, Maria Clara		37.75	1:25.09
MARGARIDO, Paula Aguiar		43.68	1:33.77	BLANDY, Mischa Blue		38.90	1:24.55
4. CDN - INF A + ABS		CD Nacional				<b>6:54.81</b>	158
NOBREGA, Maria Trindade	+0,84	47.87	1:38.95	ALVES, Margarida Jesus		48.02	1:48.06
ROSA, Clara Sofia	+0,72	53.82	1:54.92	ALVES, Ana Carolina	-0,31	43.80	1:32.88

Prova 12

Masc., 4 x 100m Estilos

Absoluto

12/11/2021 - 20:54

Resultados

Recorde Regional Absoluto	3:49.71	Clube Desportivo Nacional	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:49.71	Clube Desportivo Nacional	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun	3:55.68	Clube Naval do Funchal	CNF	Funchal	09/12/2016
Recorde Regional Juv A	4:11.58	Clube Naval do Funchal	CNF	Tomar	15/12/2013
Recorde Regional Juv B	4:16.25	Clube Naval do Funchal	CNF	Funchal	17/07/2021
Recorde Regional Inf A	4:27.13	Clube Naval do Funchal	CNF	Funchal	14/07/2007
Recorde Regional Inf B	4:49.91	Clube Naval do Funchal	CNF	Pinhal Novo	31/03/2019

TAC Estafeta Nacional Juv: 4:22.42; Jun: 4:11.49; Sen: 4:02.98

Pontos: FINA 2021

Lugar					Tempo final	Pts	
Infantil B - 13 anos							
1. Naval do Funchal 9		Naval do Funchal				<b>5:55.24</b>	176
GOMES, Joao Abreu	+0,63	43.36	1:30.48	ANDRADE, Salvador Freitas	40.16	1:27.13	
GONCALVES, Joao Guilherme	+0,17	43.24	1:32.96	PESTANA, Andre Pinto	41.43	1:24.67	
2. CDN - INF-B 1		CD Nacional				<b>6:05.48</b>	161
VELOZA, Tomas Ramos	+0,76	43.64	1:28.72	SILVA, Joao Bernardo	41.36	1:34.76	
JARDIM, Joao Tomas	+0,78	47.51	1:42.54	SOUSA, Eduardo Afonseca	37.79	1:19.46	
DSQ CDN - INF-B 2		CD Nacional					
<i>111 - Rendiçao antecipada do(a) 2 nadador(a) - SW 10.11</i>							
MARTINHO, Joao Miguel	+0,82	52.06	1:45.96	ALVES, Francisco Manuel			
CRESPO, Joao Jesus				MARTINS, Antonio Freitas			

Infantil A - 14 anos

DSQ Naval do Funchal 8		Naval do Funchal					
<i>111 - Rendiçao antecipada do(a) 3 nadador(a) - SW 10.11</i>							
JESUS, Vasco Franca	+0,86	40.40	1:22.91	MIRANDA, Francisco Guilherme	-0,05		
JARDIM, Rodrigo Vieira				CASTRO, Marco Antonio			

Juvenil B - 15 anos

1. Naval do Funchal 7		Naval do Funchal				<b>4:39.17</b>	363
NEVES, Tiago Brazao	+0,69	32.85	1:07.93	ALMEIDA, Joao Francisco	+0,42	31.03	1:07.61
ARAUJO, Joao Caldeira	+0,06	38.06	1:22.81	PEREIRA, Lucas Santos	+0,25	29.25	1:00.82

Prova 12, Masc., 4 x 100m Estilos

Juvenil A - 16 anos

1. Naval do Funchal 6	Naval do Funchal				<b>4:28.93</b>	406	
PITA, Pedro Miguel	+0,70	30.62	1:04.78	FERRAZ, Luis Afonso	+0,42	31.16	1:06.64
SETIM, Joao Oliveira	+0,79	35.88	1:17.56	GARANITO, Simao Silva	+0,04	28.14	59.95

Absoluto - 13 e mais velhos

1. Naval do Funchal 1	Naval do Funchal				<b>4:01.21</b>	562	
<i>Mínimos Comp. Nacionais/Zonais</i>							
OLIVEIRA, Diogo Alexandre	+0,62	29.13	1:00.76	RODRIGUES, Joao Luis	+0,24	27.50	1:00.09
FERNANDES, Martim Pestana	+0,06	30.53	1:06.66	FERNANDES, Diogo Henrique	+0,17	25.55	53.70
2. CD Sao Roque 1	CD Sao Roque				<b>4:09.18</b>	510	
MARQUES, Gustavo Pires	+0,70	28.39	58.98	RODRIGUES, Rodrigo Reis	0.00	27.81	1:00.34
VIEIRA, Emanuel Eloi	+0,59	34.27	1:14.08	RODRIGUES, Pedro Reis	+0,11	26.37	55.78
3. Juventude AC 1	Juventude AC				<b>4:46.35</b>	336	
TELES, Artur Corte	+0,79	33.16	1:08.84	OLIVEIRA, Afonso Miguel		30.81	1:06.18
TEMES, Joao Caires		39.24	1:22.05	ALVES, Diogo Basilio		33.07	1:09.28
DSQ Juventude AC 2	Juventude AC						
<i>111 - Rendição antecipada do(a) 2 nadador(a) - SW 10.11</i>							
FERNANDES, Afonso Berimbau	+0,76	37.71	1:18.09	MEDEIROS, Joao Francisco			
FERNANDEZ, Henrique Justino	-0,19			GONCALVES, Pedro Martim			
DSQ CDN - ABS	CD Nacional						
<i>809 - Movimento alternado de pernas durante o percurso - SW 8.3, Terceiro nadador, no percurso de mariposa.</i>							
JARDIM, Lourenco Almeida	+0,76	43.82	1:29.39	BARBOSA, Joao Camacho			
SOUSA, Simao Henrique				VIEIRA, Luis Henrique			

2 - 2.<sup>a</sup> Sess o

13/11/2021 - 9:15

Prova 13	Femin., 4 x 50m Estilos					Absolutos
13/11/2021 - 9:15						Resultados
Recorde Regional Absoluto	2:02.36	Clube Desportivo Nacional	CDN	Funchal		11/07/2015
Recorde Regional Sen	2:05.32	Clube Naval do Funchal	CNF	Felgueiras		21/12/2013
Recorde Regional Jun	2:04.22	Clube Desportivo Nacional	CDN	Porto		12/12/2015
TAC Estafeta Nacional Jun: 2:06.74; Sen: 2:05.49						

Pontos: FINA 2021

Lugar					Tempo final	Pts	
<b>Absoluto - 14 e mais velhos</b>							
1. Naval do Funchal 1	Naval do Funchal				<b>2:08.66</b>	503	
NETO, Leonor Rodrigues	07	+0,73	32.33	JARDIM, Lara Filipa	06	+0,24	30.63
DEUS, Ines Portugal	06	+0,23	36.88	GOMES, Susana Clara	77	+0,33	28.82

Prova 14	Masc., 4 x 50m Estilos					Absolutos
13/11/2021 - 9:18						Resultados
Recorde Regional Absoluto	1:46.19	Clube Naval do Funchal	CNF	Pacos de Ferreira		22/11/2003
Recorde Regional Sen	1:46.19	Clube Naval do Funchal	CNF	Paços de Ferreira		22/11/2003
Recorde Regional Jun	1:47.22	Clube Naval do Funchal	CNF	Funchal		10/07/2021
TAC Estafeta Nacional Jun: 1:52.32; Sen: 1:51.01						

Pontos: FINA 2021

Lugar					Tempo final	Pts	
<b>Juniores - 17, 18 anos</b>							
1. Naval do Funchal 1	Naval do Funchal				<b>1:47.77</b>	591	
<i>M�nimos Comp. Nacionais/Zonais</i>							
OLIVEIRA, Diogo Alexandre	05	+0,58	27.92	RODRIGUES, Joao Luis	05	+0,06	25.82
FERNANDES, Martim Pestana	04	+0,10	30.18	FERNANDES, Diogo Henrique	04	+0,08	23.85

<b>Absoluto - 15 e mais velhos</b>							
1. CD Sao Roque 1	CD Sao Roque				<b>1:54.23</b>	496	
MARQUES, Gustavo Pires	04	+0,77	27.38	RODRIGUES, Rodrigo Reis	04	+0,06	27.11
VIEIRA, Emanuel Eloi	03	+0,49	33.44	RODRIGUES, Pedro Reis	02	+0,36	26.30

Prova 15 Femin., 400m Livres Absoluto  
13/11/2021 - 9:20 Resultados

Recorde Regional Absoluto	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Sen	4:35.08	MELIM, Claudia Ramos	CDN	Funchal	06/07/2002
Recorde Regional Jun17	4:32.13	ANDRADE, Rubina Amaro	CDN	Felgueiras	13/07/1996
Recorde Regional Jun16	4:31.80	ANDRADE, Rubina Amaro	CDN	Funchal	14/07/1995
Recorde Regional Juv A	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Juv B	4:35.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/05/1993
Recorde Regional Inf A	4:37.30	ANDRADE, Rubina Amaro	CDN	Funchal	17/07/1992
Recorde Regional Inf B	4:56.70	ANDRADE, Rubina Amaro	CDN	Funchal	04/05/1991

TAC Nacional - PL (Março) Juv B: 4:54.81; Juv A: 4:43.53; Jun16: 4:34.44; Jun17: 4:31.36; Sen: 4:26.04 / TAC Zonais Inf B: 6:03.32; Inf A: 5:41.89; Juv B: 5:05.93; Juv A: 4:57.35 / TAC Nacional Inf B: 5:55.32; Inf A: 5:33.89; Juv B: 4:54.81; Juv A: 4:45.52; Jun16: 4:38.56; Jun17: 4:37.18; Sen18: 4:31.05; 19 +: 4:29.70

Pontos: FINA 2021

Lugar	Ano		Tempo final							Pts	
<b>Infantil B - 12 anos</b>											
1.	TEIXEIRA, Maria Leonor	10	Naval do Funchal							<b>6:10.92</b>	250
	50m: 39.85 39.85	150m: 2:13.44	46.18	250m: 3:48.49	47.76	350m: 5:26.33	50.32				
	100m: 1:27.26 47.41	200m: 3:00.73	47.29	300m: 4:36.01	47.52	400m: 6:10.92	44.59				
2.	RIBEIRO, Guida Drumond	10	Naval do Funchal							<b>6:24.11</b>	225
	50m: 41.87 41.87	150m: 2:19.84	49.46	250m: 3:58.79	50.01	350m: 5:40.55	50.34				
	100m: 1:30.38 48.51	200m: 3:08.78	48.94	300m: 4:50.21	51.42	400m: 6:24.11	43.56				
3.	LEITAO, Isabel Gouveia	10	Naval do Funchal							<b>6:34.60</b>	208
	50m: 43.85 43.85	150m: 2:23.26	50.86	250m: 4:04.06	50.25	350m: 5:45.80	50.69				
	100m: 1:32.40 48.55	200m: 3:13.81	50.55	300m: 4:55.11	51.05	400m: 6:34.60	48.80				
4.	BRITO, Madalena Pinto	10	Naval do Funchal							<b>6:45.75</b>	191
	50m: 44.45 44.45	150m: 2:26.42	51.53	250m: 4:11.18	52.21	350m: 5:58.08	53.55				
	100m: 1:34.89 50.44	200m: 3:18.97	52.55	300m: 5:04.53	53.35	400m: 6:45.75	47.67				
5.	MEDEIROS, Constanca Sousa	10	Naval do Funchal							<b>7:49.04</b>	124
	50m: 51.66 51.66	150m: 2:50.34	59.51	250m: 4:50.16	1:00.27	350m: 6:47.28	57.82				
	100m: 1:50.83 59.17	200m: 3:49.89	59.55	300m: 5:49.46	59.30	400m: 7:49.04	1:01.76				

**Infantil A - 13 anos**

1.	MARGARIDO, Paula Aguiar	09	Juventude AC							<b>5:33.90</b>	343
	<i>Mínimos Zonal - A definir local (25/03 a 27/03)</i>										
	50m: 36.33 36.33	150m: 1:59.65	42.18	250m: 3:25.53	43.03	350m: 4:52.61	43.65				
	100m: 1:17.47 41.14	200m: 2:42.50	42.85	300m: 4:08.96	43.43	400m: 5:33.90	41.29				
2.	MELIM, Sara Beatriz	09	CD Nacional							<b>5:48.69</b>	301
	50m: 39.07 39.07	150m: 2:07.37	45.15	250m: 3:37.73	44.86	350m: 5:07.08	44.39				
	100m: 1:22.22 43.15	200m: 2:52.87	45.50	300m: 4:22.69	44.96	400m: 5:48.69	41.61				
3.	MATEUS, Eleine Vieira	09	CD Nacional							<b>5:51.41</b>	294
	50m: 40.04 40.04	150m: 2:10.89	45.75	250m: 3:40.76	45.09	350m: 5:09.38	44.40				
	100m: 1:25.14 45.10	200m: 2:55.67	44.78	300m: 4:24.98	44.22	400m: 5:51.41	42.03				
4.	SA, Vanessa Fernandes	09	Naval do Funchal							<b>5:51.58</b>	294
	50m: 39.42 39.42	150m: 2:08.84	45.44	250m: 3:40.48	46.02	350m: 5:09.81	44.37				
	100m: 1:23.40 43.98	200m: 2:54.46	45.62	300m: 4:25.44	44.96	400m: 5:51.58	41.77				
5.	FREITAS, Francisca Leonor	09	Naval do Funchal							<b>6:02.26</b>	269
	50m: 40.18 40.18	150m: 2:11.58	47.15	250m: 3:45.69	47.09	350m: 5:19.20	46.98				
	100m: 1:24.43 44.25	200m: 2:58.60	47.02	300m: 4:32.22	46.53	400m: 6:02.26	43.06				
6.	ROMAO, Laura Beatriz	09	Naval do Funchal							<b>7:16.36</b>	154
	50m: 46.99 46.99	150m: 2:38.18	57.12	250m: 4:30.02	55.44	350m: 6:22.70	56.89				
	100m: 1:41.06 54.07	200m: 3:34.58	56.40	300m: 5:25.81	55.79	400m: 7:16.36	53.66				

Prova 15, Femin., 400m Livres

Juvenil B - 14 anos

1.	PEREIRA, Maria Clara	08	Juventude AC	<b>5:40.65</b>	323
	50m: 37.83 37.83	150m: 2:06.06	44.94 250m: 3:35.33	44.48 350m: 5:03.70	42.99
	100m: 1:21.12 43.29	200m: 2:50.85	44.79 300m: 4:20.71	45.38 400m: 5:40.65	36.95
2.	SOARES, Leonor Silva	08	CD Nacional	<b>5:54.79</b>	286
	50m: 38.32 38.32	150m: 2:07.64	45.53 250m: 3:39.03	45.34 350m: 5:10.48	45.64
	100m: 1:22.11 43.79	200m: 2:53.69	46.05 300m: 4:24.84	45.81 400m: 5:54.79	44.31
3.	NOBREGA, Sara Francisca	08	CD Sao Roque	<b>6:00.93</b>	272
	50m: 40.78 40.78	150m: 2:12.02	46.16 250m: 3:46.54	47.24 350m: 5:18.90	45.80
	100m: 1:25.86 45.08	200m: 2:59.30	47.28 300m: 4:33.10	46.56 400m: 6:00.93	42.03

Juvenil A - 15 anos

1.	GONCALVES, Valentina Jose	07	CD Nacional	<b>5:02.39</b>	462
	50m: 32.50 32.50	150m: 1:47.19	38.16 250m: 3:04.54	38.49 350m: 4:23.94	40.04
	100m: 1:09.03 36.53	200m: 2:26.05	38.86 300m: 3:43.90	39.36 400m: 5:02.39	38.45
2.	FRANCA, Ines Matos	07	Juventude AC	<b>5:22.06</b>	383
	50m: 35.30 35.30	150m: 1:55.57	40.58 250m: 3:18.12	41.38 350m: 4:41.85	42.15
	100m: 1:14.99 39.69	200m: 2:36.74	41.17 300m: 3:59.70	41.58 400m: 5:22.06	40.21

Juniores - 16, 17 anos

1.	ARAUJO, Maria Clara	05	Naval do Funchal	<b>4:55.74</b>	494
	50m: 31.93 31.93	150m: 1:43.69	36.57 250m: 3:00.96	39.11 350m: 4:18.77	39.00
	100m: 1:07.12 35.19	200m: 2:21.85	38.16 300m: 3:39.77	38.81 400m: 4:55.74	36.97
2.	FERRO, Maria Leonor	06	Naval do Funchal	<b>4:56.81</b>	489
	50m: 33.19 33.19	150m: 1:49.29	38.67 250m: 3:05.73	38.14 350m: 4:21.26	37.54
	100m: 1:10.62 37.43	200m: 2:27.59	38.30 300m: 3:43.72	37.99 400m: 4:56.81	35.55
3.	SILVA, Silvana Suamade	06	CD Sao Roque	<b>5:04.35</b>	454
	50m: 33.46 33.46	150m: 1:49.96	38.90 250m: 3:08.01	39.02 350m: 4:26.26	38.99
	100m: 1:11.06 37.60	200m: 2:28.99	39.03 300m: 3:47.27	39.26 400m: 5:04.35	38.09
4.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	<b>5:11.35</b>	424
	50m: 34.07 34.07	150m: 1:51.75	39.40 250m: 3:12.15	40.26 350m: 4:32.61	39.99
	100m: 1:12.35 38.28	200m: 2:31.89	40.14 300m: 3:52.62	40.47 400m: 5:11.35	38.74
5.	FREITAS, Margarida Ramos	06	CD Nacional	<b>5:13.78</b>	414
	50m: 34.42 34.42	150m: 1:52.60	39.85 250m: 3:13.34	40.25 350m: 4:34.68	40.78
	100m: 1:12.75 38.33	200m: 2:33.09	40.49 300m: 3:53.90	40.56 400m: 5:13.78	39.10
6.	PEREIRA, Joana Marques	06	Juventude AC	<b>5:18.67</b>	395
	50m: 34.15 34.15	150m: 1:54.00	40.77 250m: 3:17.40	41.72 350m: 4:40.30	41.02
	100m: 1:13.23 39.08	200m: 2:35.68	41.68 300m: 3:59.28	41.88 400m: 5:18.67	38.37

Seniores - 18 e mais velhos

1.	SOUSA, Joana Francisca	04	Naval do Funchal	<b>4:46.98</b>	541
	50m: 31.69 31.69	150m: 1:42.48	35.96 250m: 2:56.15	36.99 350m: 4:10.29	36.91
	100m: 1:06.52 34.83	200m: 2:19.16	36.68 300m: 3:33.38	37.23 400m: 4:46.98	36.69
2.	MARGARIDO, Ines Tomas	96	Naval do Funchal	<b>5:06.24</b>	445
	50m: 32.58 32.58	150m: 1:47.45	38.15 250m: 3:06.26	39.61 350m: 4:26.53	39.82
	100m: 1:09.30 36.72	200m: 2:26.65	39.20 300m: 3:46.71	40.45 400m: 5:06.24	39.71
3.	LUIS, Jessica Santos	00	CD Sao Roque	<b>5:10.08</b>	429
	50m: 35.25 35.25	150m: 1:53.79	39.77 250m: 3:12.76	39.55 350m: 4:31.63	39.23
	100m: 1:14.02 38.77	200m: 2:33.21	39.42 300m: 3:52.40	39.64 400m: 5:10.08	38.45

Prova 16 Absoluto  
13/11/2021 - 9:42 Resultados  
Masc., 400m Livres

Recorde Regional Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

TAC Nacional - PL (Março) Juv B: 4:27.96; Juv A: 4:21.64; Jun17: 4:10.09; Jun18: 4:04.87; Sen: 4:00.66 / TAC Zonais Inf B: 5:39.38; Inf A: 5:21.39; Juv B: 4:38.55; Juv A: 4:33.44 / TAC Nacional Inf B: 5:31.38; Inf A: 5:13.39; Juv B: 4:27.96; Juv A: 4:21.64; Jun17: 4:10.51; Jun18: 4:09.26; Sen19: 4:03.91; 20 +: 4:02.70

Pontos: FINA 2021

Lugar Ano Tempo final Pts

Infantil B - 13 anos

1. ANDRADE, Salvador Freitas	09	Naval do Funchal	<b>5:44.36</b>	234
50m: 37.53 37.53 150m: 2:03.79 43.58 250m: 3:32.33 43.89 350m: 5:02.09 45.24				
100m: 1:20.21 42.68 200m: 2:48.44 44.65 300m: 4:16.85 44.52 400m: 5:44.36 42.27				
2. FARIA, Afonso Cunha	09	CD Sao Roque	<b>5:52.75</b>	217
50m: 39.10 39.10 150m: 2:08.39 45.33 250m: 3:38.29 44.36 350m: 5:08.93 44.38				
100m: 1:23.06 43.96 200m: 2:53.93 45.54 300m: 4:24.55 46.26 400m: 5:52.75 43.82				
3. GONCALVES, Joao Guilherme	09	Naval do Funchal	<b>5:53.15</b>	217
50m: 38.01 38.01 150m: 2:08.16 46.15 250m: 3:41.20 46.69 350m: 5:12.48 43.99				
100m: 1:22.01 44.00 200m: 2:54.51 46.35 300m: 4:28.49 47.29 400m: 5:53.15 40.67				
4. PESTANA, Pedro Correia	09	AD Galomar	<b>5:58.02</b>	208
50m: 39.14 39.14 150m: 2:08.21 45.33 250m: 3:42.60 46.64 350m: 5:16.70 47.36				
100m: 1:22.88 43.74 200m: 2:55.96 47.75 300m: 4:29.34 46.74 400m: 5:58.02 41.32				
5. GONCALVES, Pedro Martim	09	Juventude AC	<b>5:59.95</b>	205
50m: 39.05 39.05 150m: 2:11.11 47.54 250m: 3:45.20 47.23 350m: 5:17.74 45.57				
100m: 1:23.57 44.52 200m: 2:57.97 46.86 300m: 4:32.17 46.97 400m: 5:59.95 42.21				
6. SILVA, Joao Bernardo	09	CD Nacional	<b>6:03.91</b>	198
50m: 37.31 37.31 150m: 2:09.74 47.29 250m: 3:45.30 47.45 350m: 5:19.85 47.30				
100m: 1:22.45 45.14 200m: 2:57.85 48.11 300m: 4:32.55 47.25 400m: 6:03.91 44.06				
7. VELOZA, Tomas Ramos	09	CD Nacional	<b>6:11.06</b>	187
50m: 41.71 41.71 150m: 2:16.61 47.63 250m: 3:52.45 47.51 350m: 5:26.79 47.04				
100m: 1:28.98 47.27 200m: 3:04.94 48.33 300m: 4:39.75 47.30 400m: 6:11.06 44.27				
8. PESTANA, Andre Pinto	09	Naval do Funchal	<b>6:25.05</b>	167
50m: 43.14 43.14 150m: 2:22.65 49.88 250m: 4:04.53 51.67 350m: 5:42.75 48.92				
100m: 1:32.77 49.63 200m: 3:12.86 50.21 300m: 4:53.83 49.30 400m: 6:25.05 42.30				
9. RODRIGUES, Goncalo Reis	09	Juventude AC	<b>6:34.53</b>	155
50m: 43.55 43.55 150m: 2:25.28 51.45 250m: 4:05.80 49.36 350m: 5:49.10 51.41				
100m: 1:33.83 50.28 200m: 3:16.44 51.16 300m: 4:57.69 51.89 400m: 6:34.53 45.43				
10. GOMES, Joao Abreu	09	Naval do Funchal	<b>6:49.70</b>	139
50m: 43.41 43.41 150m: 2:23.72 50.12 250m: 4:09.61 53.12 350m: 5:58.20 53.90				
100m: 1:33.60 50.19 200m: 3:16.49 52.77 300m: 5:04.30 54.69 400m: 6:49.70 51.50				

Infantil A - 14 anos

1. MIRANDA, Francisco Guilherme	08	Naval do Funchal	<b>5:12.36</b>	313
<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>				
50m: 34.00 34.00 150m: 1:51.08 39.19 250m: 3:11.36 40.27 350m: 4:32.07 40.68				
100m: 1:11.89 37.89 200m: 2:31.09 40.01 300m: 3:51.39 40.03 400m: 5:12.36 40.29				
2. CASTRO, Marco Antonio	08	Naval do Funchal	<b>5:21.89</b>	286
50m: 35.65 35.65 150m: 1:58.73 41.37 250m: 3:22.48 41.27 350m: 4:44.19 40.12				
100m: 1:17.36 41.71 200m: 2:41.21 42.48 300m: 4:04.07 41.59 400m: 5:21.89 37.70				

Prova 16, Masc., 400m Livres, Infantil A - 14 anos

Lugar			Ano					Tempo final	Pts
3.	RODRIGUES, Guilherme Gomes		08	CD Sao Roque				<b>5:23.89</b>	281
	50m:	36.37 36.37	150m:	2:00.74	42.37	250m:	3:25.04 41.34	350m:	4:47.05 40.66
	100m:	1:18.37 42.00	200m:	2:43.70	42.96	300m:	4:06.39 41.35	400m:	5:23.89 36.84
4.	JESUS, Vasco Franca		08	Naval do Funchal				<b>5:25.49</b>	277
	50m:	34.50 34.50	150m:	1:57.35	42.60	250m:	3:22.65 42.29	350m:	4:46.81 41.74
	100m:	1:14.75 40.25	200m:	2:40.36	43.01	300m:	4:05.07 42.42	400m:	5:25.49 38.68
5.	BARRADAS, Rafael Alves		08	Escola O Liceu				<b>5:34.76</b>	254
	50m:	36.05 36.05	150m:	1:59.76	42.72	250m:	3:26.30 43.03	350m:	4:52.03 42.22
	100m:	1:17.04 40.99	200m:	2:43.27	43.51	300m:	4:09.81 43.51	400m:	5:34.76 42.73
6.	JARDIM, Rodrigo Vieira		08	Naval do Funchal				<b>5:42.45</b>	238
	50m:	36.51 36.51	150m:	2:01.92	43.68	250m:	3:31.27 45.26	350m:	5:01.11 44.95
	100m:	1:18.24 41.73	200m:	2:46.01	44.09	300m:	4:16.16 44.89	400m:	5:42.45 41.34
7.	NOBREGA, Matias Sargo		08	Naval do Funchal				<b>5:45.83</b>	231
	50m:	37.65 37.65	150m:	2:04.40	43.97	250m:	3:32.39 44.05	350m:	5:02.41 45.12
	100m:	1:20.43 42.78	200m:	2:48.34	43.94	300m:	4:17.29 44.90	400m:	5:45.83 43.42
8.	JARDIM, Lourenco Almeida		08	CD Nacional				<b>6:02.29</b>	201
	50m:	41.20 41.20	150m:	2:12.88	46.54	250m:	3:45.47 45.98	350m:	5:19.05 46.90
	100m:	1:26.34 45.14	200m:	2:59.49	46.61	300m:	4:32.15 46.68	400m:	6:02.29 43.24
9.	BARATA, Joao Tomas		08	Juventude AC				<b>6:19.51</b>	174
	50m:	42.32 42.32	150m:	2:18.07	48.71	250m:	3:55.03 47.64	350m:	5:33.20 49.70
	100m:	1:29.36 47.04	200m:	3:07.39	49.32	300m:	4:43.50 48.47	400m:	6:19.51 46.31
10.	FERNANDES, Antonio Maria		08	Naval do Funchal				<b>6:29.76</b>	161
	50m:	43.21 43.21	150m:	2:22.54	49.93	250m:	4:03.07 50.22	350m:	5:42.37 49.84
	100m:	1:32.61 49.40	200m:	3:12.85	50.31	300m:	4:52.53 49.46	400m:	6:29.76 47.39
11.	CORREIA, Joao Luis		08	Juventude AC				<b>6:43.03</b>	146
	50m:	41.21 41.21	150m:	2:22.10	52.10	250m:	4:08.26 52.86	350m:	5:57.10 54.41
	100m:	1:30.00 48.79	200m:	3:15.40	53.30	300m:	5:02.69 54.43	400m:	6:43.03 45.93
12.	SILVA, Francisco Pita		08	Juventude AC				<b>6:43.37</b>	145
	50m:	47.01 47.01	150m:	2:30.13	51.89	250m:	4:13.96 50.74	350m:	5:57.30 50.57
	100m:	1:38.24 51.23	200m:	3:23.22	53.09	300m:	5:06.73 52.77	400m:	6:43.37 46.07
DSQ	ANTUNES, Frederico Luis		08	Juventude AC				<b>6:45.74</b>	
	<i>403 - Falsa partida - SW 4.4</i>								
	50m:	43.49 43.49	150m:	2:26.90	51.68	250m:	4:11.81 53.05	350m:	5:56.20 52.12
	100m:	1:35.22 51.73	200m:	3:18.76	51.86	300m:	5:04.08 52.27	400m:	6:45.74 49.54

Juvenil B - 15 anos

1.	SMIRNOV, Dmytro		07	CD Sao Roque				<b>5:09.71</b>	321
	50m:	34.89 34.89	150m:	1:53.85	39.39	250m:	3:12.90 39.45	350m:	4:32.10 39.28
	100m:	1:14.46 39.57	200m:	2:33.45	39.60	300m:	3:52.82 39.92	400m:	5:09.71 37.61
2.	ALVES, Diogo Basilio		07	Juventude AC				<b>5:11.76</b>	315
	50m:	35.53 35.53	150m:	1:55.83	40.48	250m:	3:15.94 39.77	350m:	4:35.26 39.40
	100m:	1:15.35 39.82	200m:	2:36.17	40.34	300m:	3:55.86 39.92	400m:	5:11.76 36.50
3.	JESUS, David Martins		07	CD Sao Roque				<b>5:11.90</b>	315
	50m:	34.97 34.97	150m:	1:52.70	39.05	250m:	3:11.01 39.73	350m:	4:31.17 40.65
	100m:	1:13.65 38.68	200m:	2:31.28	38.58	300m:	3:50.52 39.51	400m:	5:11.90 40.73
4.	GOUVEIA, Martim Jose		07	CD Sao Roque				<b>5:35.76</b>	252
	50m:	36.27 36.27	150m:	2:01.06	42.78	250m:	3:27.24 42.33	350m:	4:55.26 43.52
	100m:	1:18.28 42.01	200m:	2:44.91	43.85	300m:	4:11.74 44.50	400m:	5:35.76 40.50
5.	CARVALHO, Joaquim Eduardo		07	Naval do Funchal				<b>5:38.56</b>	246
	50m:	37.78 37.78	150m:	2:01.85	42.66	250m:	3:29.77 43.88	350m:	4:56.86 43.76
	100m:	1:19.19 41.41	200m:	2:45.89	44.04	300m:	4:13.10 43.33	400m:	5:38.56 41.70

Prova 16, Masc., 400m Livres, Juvenil B - 15 anos

Lugar	Ano	Tempo final	Pts
6. BERENGUER, Santiago Moura	07 Juventude AC	<b>6:17.96</b>	177
50m: 42.19 42.19	150m: 2:18.35 48.84	250m: 3:58.46 51.08	350m: 5:34.76 46.76
100m: 1:29.51 47.32	200m: 3:07.38 49.03	300m: 4:48.00 49.54	400m: 6:17.96 43.20
7. VIEIRA, Luis Henrique	07 CD Nacional	<b>6:34.20</b>	156
50m: 43.27 43.27	150m: 2:25.55 51.87	250m: 4:07.50 49.45	350m: 5:47.05 48.75
100m: 1:33.68 50.41	200m: 3:18.05 52.50	300m: 4:58.30 50.80	400m: 6:34.20 47.15

Juvenil A - 16 anos

1. FERRAZ, Luis Afonso	06 Naval do Funchal	<b>4:35.53</b>	457
50m: 30.10 30.10	150m: 1:39.74 35.58	250m: 2:50.86 35.50	350m: 4:01.95 35.19
100m: 1:04.16 34.06	200m: 2:15.36 35.62	300m: 3:26.76 35.90	400m: 4:35.53 33.58
2. TEMES, Joao Caires	06 Juventude AC	<b>5:03.06</b>	343
50m: 35.34 35.34	150m: 1:53.11 39.57	250m: 3:13.07 40.27	350m: 4:29.85 37.68
100m: 1:13.54 38.20	200m: 2:32.80 39.69	300m: 3:52.17 39.10	400m: 5:03.06 33.21
3. STEFLEA, Andre Sergio	06 CD Sao Roque	<b>5:34.30</b>	255
50m: 35.33 35.33	150m: 1:57.94 42.16	250m: 3:24.09 43.12	350m: 4:51.71 44.11
100m: 1:15.78 40.45	200m: 2:40.97 43.03	300m: 4:07.60 43.51	400m: 5:34.30 42.59
4. OLIVEIRA, Bernardo Antonio	06 Naval do Funchal	<b>5:35.43</b>	253
50m: 37.10 37.10	150m: 2:01.88 42.51	250m: 3:28.41 43.14	350m: 4:55.00 42.96
100m: 1:19.37 42.27	200m: 2:45.27 43.39	300m: 4:12.04 43.63	400m: 5:35.43 40.43

Juniores - 17, 18 anos

1. MARQUES, Gustavo Pires	04 CD Sao Roque	<b>4:04.42</b>	654
<i>Mínimos Nacional - Coimbra (30/03 a 03/04), Mínimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>			
50m: 26.11 26.11	150m: 1:26.32 30.49	250m: 2:28.79 31.25	350m: 3:33.05 32.09
100m: 55.83 29.72	200m: 1:57.54 31.22	300m: 3:00.96 32.17	400m: 4:04.42 31.37
2. OLIVEIRA, Diogo Alexandre	05 Naval do Funchal	<b>4:17.02</b>	563
50m: 28.58 28.58	150m: 1:32.50 32.58	250m: 2:38.59 33.12	350m: 3:44.71 32.90
100m: 59.92 31.34	200m: 2:05.47 32.97	300m: 3:11.81 33.22	400m: 4:17.02 32.31
3. FERNANDES, Diogo Henrique	04 Naval do Funchal	<b>4:21.41</b>	535
50m: 28.81 28.81	150m: 1:34.32 33.09	250m: 2:41.92 33.91	350m: 3:49.93 33.93
100m: 1:01.23 32.42	200m: 2:08.01 33.69	300m: 3:16.00 34.08	400m: 4:21.41 31.48
4. DIAS, Andre Vicente	05 CD Nacional	<b>4:21.71</b>	533
50m: 28.87 28.87	150m: 1:34.48 33.18	250m: 2:41.68 33.39	350m: 3:49.13 33.52
100m: 1:01.30 32.43	200m: 2:08.29 33.81	300m: 3:15.61 33.93	400m: 4:21.71 32.58
5. ALVES, Paulo Rodrigues	04 CD Nacional	<b>4:24.88</b>	514
50m: 27.30 27.30	150m: 1:32.72 33.22	250m: 2:40.58 34.16	350m: 3:50.13 35.11
100m: 59.50 32.20	200m: 2:06.42 33.70	300m: 3:15.02 34.44	400m: 4:24.88 34.75

Seniores - 19 e mais velhos

1. RODRIGUES, Pedro Reis	02 CD Sao Roque	<b>4:19.41</b>	547
50m: 28.80 28.80	150m: 1:33.65 32.95	250m: 2:39.93 33.11	350m: 3:46.27 33.14
100m: 1:00.70 31.90	200m: 2:06.82 33.17	300m: 3:13.13 33.20	400m: 4:19.41 33.14
2. VIEIRA, Emanuel Eloi	03 CD Sao Roque	<b>4:51.78</b>	384
50m: 31.92 31.92	150m: 1:44.00 36.80	250m: 2:58.96 37.81	350m: 4:15.48 38.36
100m: 1:07.20 35.28	200m: 2:21.15 37.15	300m: 3:37.12 38.16	400m: 4:51.78 36.30

Prova 17 Femin., 100m Costas Absoluto  
13/11/2021 - 10:27 Resultados

Recorde Regional Absoluto	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Sen	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Jun17	1:06.59	ROSA, Beatriz Jong	CDWT	Funchal	11/12/2016
Recorde Regional Jun16	1:05.65	ROSA, Beatriz Jong	CDN	Funchal	05/03/2016
Recorde Regional Juv A	1:07.56	COSTA, Maria Jardim	CDN	Funchal	10/07/2021
Recorde Regional Juv B	1:08.35	AGUILAR, Vera Ines	CDN	Funchal	10/04/2014
Recorde Regional Inf A	1:10.41	COSTA, Maria Jardim	CDN	Funchal	08/06/2019
Recorde Regional Inf B	1:13.20	LOPES, Joana Cristina	CNF	Funchal	15/02/1992

TAC Nacional - PL (Março) Juv B: 1:12.36; Juv A: 1:10.06; Jun16: 1:09.32; Jun17: 1:06.64; Sen: 1:06.03 / TAC Zonais Inf B: 1:28.42; Inf A: 1:23.64; Juv B: 1:15.93; Juv A: 1:13.80 / TAC Nacional Inf B: 1:26.42; Inf A: 1:21.64; Juv B: 1:12.36; Juv A: 1:10.08; Jun16: 1:09.32; Jun17: 1:08.11; Sen18: 1:06.78; 19+: 1:06.45

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts	50m	100m		
<b>Infantil B - 12 anos</b>								
1.		ALVES, Ana Carolina	10	CD Nacional	<b>1:35.84</b>	187	46.77	49.07
2.		ROSA, Clara Sofia	10	CD Nacional	<b>1:42.54</b>	153	50.79	51.75
3.		GOMES, Alice Silva	10	Naval do Funchal	<b>1:45.45</b>	141	50.65	54.80
4.		TEIXEIRA, Lara Felix	10	Naval do Funchal	<b>1:45.52</b>	140	50.39	55.13
5.		SILVA, Maria Luis	10	Naval do Funchal	<b>1:46.30</b>	137	51.60	54.70
6.		FERNANDES, Francisca Gome	10	Naval do Funchal	<b>1:53.91</b>	111	55.58	58.33
DSQ		QUADRADO, Teresa Gomes	10	Juventude AC				
<i>607 - Mais de uma braçada, na posição ventral, antes da viragem aos 75 m - SW 6.4</i>								

**Infantil A - 13 anos**

1.		GONCALVES, Vera Andrade	09	Juventude AC	<b>1:13.72</b>	412	36.25	37.47
<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>								
2.		MATEUS, Eleine Vieira	09	CD Nacional	<b>1:25.67</b>	263	41.19	44.48
3.		SILVA, Maria Korina	09	CD Nacional	<b>1:26.15</b>	258	42.07	44.08
4.		ALVES, Francisca Pereira	09	Juventude AC	<b>1:32.06</b>	211	45.30	46.76
5.		TEMTEM, Madalena Barbosa	09	CD Nacional	<b>1:34.74</b>	194	46.54	48.20
6.		PASSOS, Carolina Goncalves	09	Naval do Funchal	<b>1:45.79</b>	139	51.75	54.04
7.		SILVA, Mariana Ponte	09	Naval do Funchal	<b>1:52.95</b>	114	53.02	59.93
DSQ		FREITAS, Madalena Silva	09	Naval do Funchal				
<i>613 - Efectuou deslizamento após conclusão da braçada na viragem aos 50 m - SW 6.4</i>								

**Juvenil B - 14 anos**

1.		PEREIRA, Julia Freitas	08	Naval do Funchal	<b>1:12.57</b>	432	34.58	37.99
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>								
2.		GOMES, Sofia Vega	08	Naval do Funchal	<b>1:13.89</b>	409	35.77	38.12
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>								
3.		BAPTISTA, Ines Sande	08	CD Nacional	<b>1:20.52</b>	316	39.36	41.16
4.		SILVA, Carolina Pestana	08	Naval do Funchal	<b>1:22.61</b>	293	39.73	42.88
5.		PEREIRA, Maria Clara	08	Juventude AC	<b>1:27.75</b>	244	41.25	46.50
6.		NOBREGA, Sara Francisca	08	CD Sao Roque	<b>1:35.11</b>	192	46.31	48.80
7.		ALVES, Margarida Jesus	08	CD Nacional	<b>1:40.74</b>	161	47.88	52.86
8.		MARQUES, Beatriz Paixao	08	Naval do Funchal	<b>1:54.29</b>	110	55.39	58.90

**Juvenil A - 15 anos**

1.		NETO, Leonor Rodrigues	07	Naval do Funchal	<b>1:11.72</b>	448	34.09	37.63
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>								
2.		MATEUS, Clarisse Vieira	07	CD Nacional	<b>1:19.05</b>	334	38.72	40.33
3.		RINCU, Alexandra	07	Naval do Funchal	<b>1:33.17</b>	204	46.49	46.68
4.		RODRIGUES, Ines Costa	07	CD Nacional	<b>1:41.59</b>	157	48.28	53.31
5.		RONDON, Maria Victoria	07	CS Marítimo	<b>1:42.09</b>	155	48.20	53.89

Prova 17, Femin., 100m Costas, Juvenil A - 15 anos

Lugar	Ano	Tempo final	Pts	50m	100m
DSQ	FRANCA, Ines Matos	07	Juventude AC		
<i>613 - Efectuou deslização após conclusão da braçada na viragem aos 25 m - SW 6.4</i>					

Juniores - 16, 17 anos

1.	DIAS, Julia Alves	06	CD Nacional	<b>1:11.48</b>	452	34.34	37.14
2.	JARDIM, Lara Filipa	06	Naval do Funchal	<b>1:12.16</b>	440	34.28	37.88
3.	FREITAS, Margarida Ramos	06	CD Nacional	<b>1:16.64</b>	367	37.48	39.16
4.	DEUS, Ines Portugal	06	Naval do Funchal	<b>1:17.71</b>	352	37.05	40.66
5.	CARDOSO, Isabel Maria	05	CS Maritimo	<b>1:31.14</b>	218	44.52	46.62
6.	VIEIRA, Sara Patricia	05	CS Maritimo	<b>1:36.02</b>	186	46.46	49.56
7.	FIGUEIRA, Ana Nunes	06	Naval do Funchal	<b>2:01.04</b>	93	57.74	1:03.30

Seniores - 18 e mais velhos

1.	CAMACHO, Laura Fernandes	04	Naval do Funchal	<b>1:12.13</b>	440	35.05	37.08
2.	LUIS, Jessica Santos	00	CD Sao Roque	<b>1:17.42</b>	356	37.16	40.26
DSQ	FERREIRA, Maria Leonor	04	CD Nacional				
<i>611 - Perdeu posição dorsal antes da viragem aos 25 metros SW 6.2</i>							

Prova 18

Masc., 100m Costas

Absoluto

13/11/2021 - 10:37

Resultados

Recorde Regional Absoluto	57.10	FERNANDES, Rui Afonso	CDN	Funchal	10/07/2021
Recorde Regional Sen	57.93	PINTO, Luis Marques	CDN	Funchal	09/05/2009
Recorde Regional Jun18	57.10	FERNANDES, Rui Afonso	CDN	Funchal	10/07/2021
Recorde Regional Jun17	57.39	FERNANDES, Rui Afonso	CDN	Leiria	14/12/2019
Recorde Regional Juv A	59.07	FERNANDES, Rui Afonso	CDN	Tomar	14/12/2018
Recorde Regional Juv B	1:00.51	FERNANDES, Rui Afonso	CDN	Funchal	26/03/2018
Recorde Regional Inf A	1:03.46	FERNANDES, Rui Afonso	CDN	Funchal	27/07/2017
Recorde Regional Inf B	1:06.87	CAMACHO, Afonso Caires	CNF	Sines	07/04/2017

TAC Nacional - PL (Março) Juv B: 1:05.23; Juv A: 1:01.94; Jun17: 1:00.23; Jun18: 58.43; Sen: 57.21 / TAC Zonais Inf B: 1:22.06; Inf A: 1:17.30; Juv B: 1:08.48; Juv A: 1:07.23 / TAC Nacional Inf B: 1:20.06; Inf A: 1:15.30; Juv B: 1:05.23; Juv A: 1:02.85; Jun17: 1:00.48; Jun18: 1:00.18; Sen19: 58.65; 20+: 58.36

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts	50m	100m		
<b>Infantil B - 13 anos</b>							
1.	ROCHA, Joao Henrique	09	AD Galomar	<b>1:23.23</b>	195	40.35	42.88
2.	GONCALVES, Pedro Martim	09	Juventude AC	<b>1:26.81</b>	172	42.45	44.36
3.	PESTANA, Pedro Correia	09	AD Galomar	<b>1:26.92</b>	171	41.75	45.17
4.	JARDIM, Joao Tomas	09	CD Nacional	<b>1:30.66</b>	151	43.27	47.39
5.	VELOZA, Tomas Ramos	09	CD Nacional	<b>1:31.45</b>	147	45.12	46.33
6.	SOUZA, Eduardo Afonseca	09	CD Nacional	<b>1:34.89</b>	132	47.01	47.88
7.	MARTINHO, Joao Miguel	09	CD Nacional	<b>1:37.31</b>	122	47.92	49.39
8.	ALVES, Francisco Manuel	09	CD Nacional	<b>1:40.97</b>	109	49.61	51.36
9.	CAMACHO, Santiago Bettencourt	09	Juventude AC	<b>1:43.79</b>	100	50.54	53.25
10.	MARTINS, Antonio Freitas	09	CD Nacional	<b>1:44.35</b>	99	52.39	51.96
11.	CRESPO, Joao Jesus	09	CD Nacional	<b>1:45.63</b>	95	49.58	56.05
12.	ABREU, Afonso Henrique	09	Naval do Funchal	<b>1:46.36</b>	93	49.05	57.31

Infantil A - 14 anos

1.	MEDEIROS, Joao Francisco	08	Juventude AC	<b>1:21.02</b>	212	39.80	41.22
2.	JARDIM, Lourenco Almeida	08	CD Nacional	<b>1:25.58</b>	180	41.96	43.62
3.	FERNANDEZ, Henrique Justin	08	Juventude AC	<b>1:40.87</b>	109	47.73	53.14
4.	SILVA, Bruno Correia	08	Naval do Funchal	<b>1:46.67</b>	93	51.43	55.24
5.	SILVA, Francisco Pita	08	Juventude AC	<b>1:59.21</b>	66	1:00.75	58.46

Prova 18, Masc., 100m Costas

Juvenil B - 15 anos

1.	NEVES, Tiago Brazao	07	Naval do Funchal	<b>1:05.66</b>	398	32.26	33.40
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>							
2.	ARAUJO, Joao Caldeira	07	Naval do Funchal	<b>1:16.18</b>	255	36.31	39.87
3.	PENSO, Miguel Reigada	07	Escola O Liceu	<b>1:19.63</b>	223	38.35	41.28
4.	SOUSA, Simao Henrique	07	CD Nacional	<b>1:29.17</b>	159	43.67	45.50
5.	BERENQUER, Santiago Moura	07	Juventude AC	<b>1:34.81</b>	132	45.95	48.86
6.	FRANCISCO, David Rebocho	07	CS Maritimo	<b>1:35.52</b>	129	46.27	49.25
7.	VIEIRA, Luis Henrique	07	CD Nacional	<b>1:42.54</b>	104	50.44	52.10
8.	MARTINS, Tomas Rodrigo	07	CD Nacional	<b>1:45.77</b>	95	50.30	55.47

Juvenil A - 16 anos

1.	PITA, Pedro Miguel	06	Naval do Funchal	<b>1:02.28</b>	467	29.71	32.57
<i>Mínimos Zonal - A definir local (17/12 a 19/12), Mínimos Nacional - OPEN PORTUGAL (Jamor, 28/07 a 3</i>							
2.	CRO, Nuno Afonso	06	CD Sao Roque	<b>1:40.93</b>	109	49.40	51.53

Juniores - 17, 18 anos

1.	RODRIGUES, Joao Luis	05	Naval do Funchal	<b>1:02.51</b>	462	30.07	32.44
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Seniores - 19 e mais velhos

1.	RODRIGUES, Pedro Reis	02	CD Sao Roque	<b>1:04.98</b>	411	31.15	33.83
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Prova 19

Femin., 50m Livres

Absolutos

13/11/2021 - 10:47

Resultados

Recorde Regional Absoluto	26.39	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	26.39	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun17	27.71	OLIM, Carlota Freitas	CNF	Funchal	21/11/2009
Recorde Regional Jun16	27.57	AGUILAR, Vera Ines	CDN	Porto	12/12/2015
Recorde Regional Juv A	27.55	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	28.33	AGUILAR, Vera Ines	CDN	Funchal	12/04/2014

TAC Nacional - PL (Março) Juv B: 29.64; Juv A: 29.20; Jun16: 28.77; Jun17: 27.55; Sen: 27.12 / TAC Zonais Juv B: 30.08; Juv A: 29.64 / TAC Nacional Juv B: 29.64; Juv A: 29.20; Jun16: 28.77; Jun17: 28.16; Sen18: 27.82; 19 +: 27.68

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts		
<b>Juvenil A - 15 anos</b>					
1.	FREITAS, Maria Raquel	07	Naval do Funchal	<b>32.94</b>	337
2.	RONDON, Maria Victoria	07	CS Maritimo	<b>42.15</b>	160
<b>Juniores - 16, 17 anos</b>					
1.	PEREIRA, Joana Marques	06	Juventude AC	<b>31.13</b>	399
2.	NOBREGA, Maria Trindade	05	CD Nacional	<b>34.91</b>	283
3.	VIEIRA, Sara Patricia	05	CS Maritimo	<b>37.07</b>	236
4.	ANDRADE, Maria Beatriz	05	CD Nacional	<b>37.24</b>	233
<b>Seniores - 18 e mais velhos</b>					
1.	GOMES, Susana Clara	77	Naval do Funchal	<b>28.63</b>	513
2.	HERNANDEZ, Marcelis Nativid	99	CS Maritimo	<b>32.83</b>	340
3.	SILVA, Gabriela Suamade	02	CD Sao Roque	<b>34.21</b>	301
4.	BLANDY, Mischa Blue	04	Juventude AC	<b>36.84</b>	241

Prova 20 Masc., 50m Livres Absolutos  
13/11/2021 - 10:49 Resultados

Recorde Regional Absoluto	22.77	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	22.77	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	23.64	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	23.82	CASTRO, Joao Cruz	CDSR	Funchal	10/12/2016
Recorde Regional Juv A	24.00	CASTRO, Joao Cruz	CDSR	Funchal	27/07/2016
Recorde Regional Juv B	24.46	CASTRO, Joao Cruz	CDSR	Funchal	11/07/2015

TAC Nacional - PL (Março) Juv B: 26.01; Juv A: 25.63; Jun17: 25.25; Jun18: 23.88; Sen: 23.42 / TAC Zonais Juv B: 26.40; Juv A: 26.01 / TAC Nacional Juv B: 26.01; Juv A: 25.63; Jun17: 25.25; Jun18: 24.53; Sen19: 24.16; 20 +: 24.04

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
<b>Juvenil B - 15 anos</b>			
1. PEREIRA, Lucas Santos	07	Naval do Funchal	<b>26.94</b> 419
2. RIBEIRO, Telmo Drumond	07	Naval do Funchal	<b>28.99</b> 336
<b>Juvenil A - 16 anos</b>			
1. GARANITO, Simao Silva	06	Naval do Funchal	<b>26.63</b> 433
2. SETIM, Joao Oliveira	06	Naval do Funchal	<b>28.14</b> 367
3. NACHYCHKO, Maximo	06	Naval do Funchal	<b>29.50</b> 319
<b>Juniores - 17, 18 anos</b>			
1. FERNANDES, Diogo Henrique	04	Naval do Funchal	<b>24.68</b> 545
2. RODRIGUES, Joao Luis	05	Naval do Funchal	<b>25.60</b> 488
3. FERNANDES, Martim Pestana	04	Naval do Funchal	<b>25.65</b> 485
4. TELES, Artur Corte	04	Juventude AC	<b>25.67</b> 484
5. SILVA, Tony Stefano	05	CD Nacional	<b>26.36</b> 447
6. AGUILAR, Luis Santos	04	CD Nacional	<b>26.62</b> 434
7. MACHADO, Tiago Magalhaes	04	CD Nacional	<b>27.18</b> 408
8. BARRY, Rafael Francisco	04	Naval do Funchal	<b>27.24</b> 405
9. FERREIRA, Leonardo Filipe	04	Naval do Funchal	<b>27.58</b> 390
10. MENDES, Juan Diego	05	CD Nacional	<b>31.12</b> 271
11. GARCIA, Jose Pedro	04	CS Maritimo	<b>34.06</b> 207
12. COSTA, Emanuel Cesar	04	CS Maritimo	<b>34.55</b> 198
<b>Seniores - 19 e mais velhos</b>			
1. FERREIRA, Miguel Goncalves	93	CD Nacional	<b>25.45</b> 497
2. SANTOS, Diego Felipe	87	CD Nacional	<b>25.97</b> 467
3. JORGE, Andre Camara	90	Escola O Liceu	<b>26.29</b> 450
4. CAMACHO, Joao Simao	03	CD Nacional	<b>26.39</b> 445
5. VIEIRA, Emanuel Eloi	03	CD Sao Roque	<b>28.54</b> 352

Prova 21 Femin., 200m Mariposa Absoluto  
13/11/2021 - 10:51 Resultados

Recorde Regional Absoluto	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Sen	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Jun17	2:25.69	ROSA, Beatriz Jong	CDWT	Torres Novas	21/01/2017
Recorde Regional Jun16	2:25.16	ROSA, Beatriz Jong	CDN	Porto	11/12/2015
Recorde Regional Juv A	2:25.61	ROSA, Beatriz Jong	CDN	Funchal	12/07/2015
Recorde Regional Juv B	2:28.89	CAMARA, Ines Cruz	CDN	Funchal	10/07/2021
Recorde Regional Inf A	2:32.56	CERDAS, Sara Rodrigues	CNF	Rio Maior	06/07/2002
Recorde Regional Inf B	2:45.26	VICTOR, Joana Isabel	CDN	Funchal	12/07/2003

TAC Nacional - PL (Março) Juv B: 2:42.30; Juv A: 2:35.60; Jun16: 2:30.12; Jun17: 2:26.15; Sen: 2:22.23 / TAC Zonais Inf B: 3:14.03; Inf A: 3:01.32; Juv B: 2:49.48; Juv A: 2:42.48 / TAC Nacional Inf B: 3:10.03; Inf A: 2:57.32; Juv B: 2:42.30; Juv A: 2:37.62; Jun16: 2:32.18; Jun17: 2:31.42; Sen18: 2:26.33; 19 +: 2:25.60

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
<b>Juvenil B - 14 anos</b>								
1.	ALVES, Juliana Rodrigues08	CD Nacional	<b>2:48.88</b>	355	36.72	42.31	44.69	45.16
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>								
2.	ANDRADE, Matilde Sousa08	Naval do Funchal	<b>2:53.83</b>	325	35.36	42.31	46.46	49.70
<b>Juniores - 16, 17 anos</b>								
1.	CARICHAS, Joana Medeir06	Juventude AC	<b>2:51.14</b>	341	37.21	42.66	46.72	44.55
2.	SILVA, Silvana Suamade 06	CD Sao Roque	<b>2:59.11</b>	297	36.88	45.14	48.03	49.06

Prova 22 Masc., 200m Mariposa Absoluto  
13/11/2021 - 10:55 Resultados

Recorde Regional Absoluto	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	2:01.97	GOUVEIA, Pedro Galvao	CDN	Funchal	11/12/2016
Recorde Regional Jun17	2:03.86	GOUVEIA, Pedro Galvao	CDN	Funchal	17/06/2016
Recorde Regional Juv A	2:04.72	GOUVEIA, Luis Galvao	CDN	Funchal	10/07/2021
Recorde Regional Juv B	2:09.52	GOUVEIA, Luis Galvao	CDN	Funchal	08/08/2020
Recorde Regional Inf A	2:12.42	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2004
Recorde Regional Inf B	2:21.67	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Nacional - PL (Março) Juv B: 2:25.72; Juv A: 2:19.79; Jun17: 2:12.65; Jun18: 2:08.55; Sen: 2:06.06 / TAC Zonais Inf B: 2:56.61; Inf A: 2:46.65; Juv B: 2:29.02; Juv A: 2:26.36 / TAC Nacional Inf B: 2:52.61; Inf A: 2:42.65; Juv B: 2:26.20; Juv A: 2:20.53; Jun17: 2:12.71; Jun18: 2:12.05; Sen19: 2:09.11; 20 +: 2:08.47

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
<b>Infantil A - 14 anos</b>								
1.	RODRIGUES, G.	08 CD Sao Roque	<b>3:12.73</b>	177	39.10	50.44	52.46	50.73
<b>Juvenil B - 15 anos</b>								
1.	ALMEIDA, Joao Francisco 07	Naval do Funchal	<b>2:31.09</b>	367	31.91	36.85	40.81	41.52
2.	COSTA, Guilherme Corte 07	CD Nacional	<b>2:31.66</b>	363	33.47	38.15	39.69	40.35
3.	OLIVEIRA, Afonso Miguel 07	Juventude AC	<b>2:37.81</b>	322	34.09	39.68	41.58	42.46
4.	FERNANDES, A.	07 Juventude AC	<b>2:45.44</b>	280	34.55	40.24	44.81	45.84
<b>Juvenil A - 16 anos</b>								
1.	ABREU, Joao Francisco 06	Naval do Funchal	<b>2:24.88</b>	417	31.40	36.41	37.88	39.19
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>								
2.	SILVA, Joao Luis 06	Escola O Liceu	<b>2:33.71</b>	349	33.20	37.13	41.40	41.98
3.	TEMES, Joao Caires 06	Juventude AC	<b>2:50.66</b>	255	36.35	43.02	45.39	45.90
4.	STEFLEA, Andre Sergio 06	CD Sao Roque	<b>3:01.06</b>	213	36.38	44.55	50.53	49.60

Prova 22, Masc., 200m Mariposa

Juniores - 17, 18 anos

1.	MARQUES, Gustavo Pires04	CD Sao Roque	<b>2:06.87</b>	620	28.34	32.56	33.32	32.65
<i>M�nimos Nacional - Coimbra (30/03 a 03/04), M�nimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>								
2.	GOUVEIA, Luis Galvao 05	CD Nacional	<b>2:07.24</b>	615	27.90	32.50	33.47	33.37
<i>M�nimos Nacional - Coimbra (30/03 a 03/04), M�nimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>								
3.	RODRIGUES, Rodrigo Re04	CD Sao Roque	<b>2:12.27</b>	547	29.88	33.33	34.13	34.93

Prova 23

Femin., 4 x 200m Livres

Absoluto

13/11/2021 - 11:07

Resultados

Recorde Regional Absoluto	8:53.55	Clube Naval do Funchal	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	9:02.46	Clube Naval do Funchal	CNF	Porto	05/12/2010
Recorde Regional Jun	9:06.88	Clube Desportivo Nacional	CDN	Funchal	29/07/2016
Recorde Regional Juv A	9:05.39	Clube Desportivo Nacional	CDN	Funchal	09/07/2015
Recorde Regional Juv B	9:17.13	Clube Desportivo Nacional	CDN	Funchal	12/04/2014
Recorde Regional Inf A	9:30.46	Clube Desportivo Nacional	CDN	Funchal	24/07/2013
Recorde Regional Inf B	10:18.86	Clube Naval do Funchal	CNF	Funchal	09/07/2015

TAC Estafeta Nacional Juv: 9:14.63; Jun: 8:58.78; Sen: 8:48.22

Pontos: FINA 2021

Lugar						Tempo final	Pts
<b>Infantil B - 12 anos</b>							
1.	Naval do Funchal 10		Naval do Funchal			<b>12:23.88</b>	225
	TEIXEIRA, Maria Leonor	10	37.40	44.68	47.74	44.32	2:54.14
	RIBEIRO, Guida Drumond	10	39.63	50.37	52.33	46.55	3:08.88
	BRITO, Madalena Pinto	10	43.32	49.24	52.16	49.50	3:14.22
	LEITAO, Isabel Gouveia	10	41.60	48.94	49.78	46.32	3:06.64

Infantil A - 13 anos

1.	Naval do Funchal 9		Naval do Funchal			<b>12:46.46</b>	206	
	SA, Vanessa Fernandes	09	+0,80	36.91	43.75	43.82	41.33	2:45.81
	FREITAS, Francisca Leonor	09	+0,52	40.96	45.02	47.60	43.31	2:56.89
	ROMAO, Laura Beatriz	09		47.83	56.68	59.02	56.64	3:40.17
	PASSOS, Carolina Goncalves	09	+0,18	45.20	52.36	53.14	52.89	3:23.59

Juvenil B - 14 anos

1.	Naval do Funchal 8		Naval do Funchal			<b>10:25.51</b>	379	
	GOMES, Sofia Vega	08	+0,80	35.08	37.59	39.82	37.73	2:30.22
	ANDRADE, Matilde Sousa	08	+0,57	34.27	38.10	39.85	38.38	2:30.60
	PEREIRA, Julia Freitas	08	+0,79	34.68	39.58	41.36	39.32	2:34.94
	SILVA, Carolina Pestana	08	+0,45	37.18	43.62	44.98	43.97	2:49.75

Absoluto - 12 e mais velhos

1.	Juventude AC 1		Juventude AC			<b>9:56.31</b>	437	
	RODRIGUES, Laura Sofia	07	+0,77	32.29	36.28	38.58	38.63	2:25.78
	CARICHAS, Joana Medeiros	06	+0,24	34.00	39.29	39.73	38.57	2:31.59
	PEREIRA, Joana Marques	06	+0,55	35.15	39.64	40.69	38.34	2:33.82
	GONCALVES, Vera Andrade	09	+0,53	32.03	37.59	38.96	36.54	2:25.12
2.	CDN - ABS		CD Nacional			<b>12:05.70</b>	242	
	MELIM, Sara Beatriz	09	+0,74	36.46	41.92	43.06	41.27	2:42.71
	TEMTEM, Madalena Barbosa	09	+0,57	41.66	47.15	47.28	45.87	3:01.96
	SILVA, Maria Korina	09	+0,26	42.64	47.84	48.44	45.07	3:03.99
	ALVES, Ana Carolina	10	+0,87	44.76	51.76	50.68	49.84	3:17.04

Prova 23, Femin., 4 x 200m Livres, Absoluto - 12 e mais velhos

Lugar							Tempo final	Pts
DSQ	Juventude AC 2		Juventude AC					
	<i>111 - Rendição antecipada do(a) 4 nadador(a) - SW 10.11</i>							
	FRANCA, Ines Matos	07	+0,67	35.09	40.30	41.87	40.29	2:37.55
	PEREIRA, Maria Clara	08						
	MARGARIDO, Paula Aguiar	09						
	BLANDY, Mischa Blue	04	-0,05					

Prova 24 Masc., 4 x 200m Livres Absoluto Resultados

13/11/2021 - 11:20								
Recorde Regional Absoluto	7:24.53	Clube Desportivo Nacional	CDN	Leiria				05/12/2009
Recorde Regional Sen	7:24.53	Clube Desportivo Nacional	CDN	Leiria				05/12/2009
Recorde Regional Jun	7:58.03	Clube Naval do Funchal	CNF	Felgueiras				22/12/2013
Recorde Regional Juv A	8:03.78	Clube Naval do Funchal	CNF	Tomar				13/12/2012
Recorde Regional Juv B	8:21.03	Clube Naval do Funchal	CNF	Funchal				11/07/2009
Recorde Regional Inf A	8:35.79	Clube Naval do Funchal	CNF	Funchal				14/07/2007
Recorde Regional Inf B	9:21.64	Clube Naval do Funchal	CNF	Funchal				06/05/2006

TAC Estafeta Nacional Juv: 8:28.24; Jun: 8:07.07; Sen: 7:50.60

Pontos: FINA 2021

Lugar							Tempo final	Pts
<b>Infantil B - 13 anos</b>								
1.	Naval do Funchal 9		Naval do Funchal				<b>12:04.22</b>	<b>177</b>
	ANDRADE, Salvador Freitas	09	+0,76	35.80	42.41	43.97	40.50	2:42.68
	PESTANA, Andre Pinto	09	+0,38	42.67	50.88	50.84	49.28	3:13.67
	GOMES, Joao Abreu	09	+0,46	43.95	52.50	35.78	1:09.57	3:21.80
	GONCALVES, Joao Guilherme	09	+0,33	37.28	43.40	44.44	40.95	2:46.07

<b>Infantil A - 14 anos</b>								
1.	Naval do Funchal 8		Naval do Funchal				<b>10:33.75</b>	<b>264</b>
	CASTRO, Marco Antonio	08	+0,86	34.93	40.82	41.74	39.88	2:37.37
	NOBREGA, Matias Sargo	08	+0,60	36.62	42.75	44.92	42.72	2:47.01
	MIRANDA, Francisco Guilherme	08	+0,16	34.24	39.28	39.93	37.90	2:31.35
	JESUS, Vasco Franca	08	+0,43	34.59	41.38	42.09	39.96	2:38.02

<b>Juvenil B - 15 anos</b>								
1.	Naval do Funchal 7		Naval do Funchal				<b>9:06.57</b>	<b>412</b>
	PEREIRA, Lucas Santos	07	+0,65	29.48	33.00	36.38	35.35	2:14.21
	NEVES, Tiago Brazao	07	+0,30	30.83	34.32	35.13	33.87	2:14.15
	RIBEIRO, Telmo Drumond	07	+0,61	32.05	35.74	37.51	36.44	2:21.74
	ALMEIDA, Joao Francisco	07	+0,33	30.21	34.97	35.96	35.33	2:16.47

<b>Juvenil A - 16 anos</b>								
DSQ	Naval do Funchal 6		Naval do Funchal					
	<i>403 - Falsa partida - SW 4.4</i>							
	FERRAZ, Luis Afonso, PITA, Pedro Miguel, GARANITO, Simao Silva, ABREU, Joao Francisco							

Prova 24, Masc., 4 x 200m Livres

Absoluto - 13 e mais velhos

1.	CD Sao Roque 1							<b>8:12.60</b>	563
	MARQUES, Gustavo Pires	04	+0,67	26.70	29.64	29.86	29.58	1:55.78	
	RODRIGUES, Pedro Reis	02	+0,45	28.18	31.59	32.16	32.07	2:04.00	
	RODRIGUES, Rodrigo Reis	04	+0,07	27.75	31.25	31.76	30.86	2:01.62	
	VIEIRA, Emanuel Eloi	03	+0,44	28.88	32.82	34.76	34.74	2:11.20	
2.	Naval do Funchal 1							<b>9:26.75</b>	369
	RODRIGUES, Joao Luis	05	+0,63	29.74	34.24	35.57	33.55	2:13.10	
	FERREIRA, Leonardo Filipe	04	+0,20	29.97	34.74	35.89	36.13	2:16.73	
	SETIM, Joao Oliveira	06	+0,52	29.60	34.65	37.40	37.02	2:18.67	
	NACHYCHKO, Maximo	06	+0,33	33.26	39.29	42.99	42.71	2:38.25	
3.	Juventude AC 1							<b>9:32.40</b>	358
	OLIVEIRA, Afonso Miguel	07		30.25	35.02	36.91	36.69	2:18.87	
	ALVES, Diogo Basilio	07		34.75	39.76	39.68	38.20	2:32.39	
	TEMES, Joao Caires	06		32.91	35.71	36.60	35.30	2:20.52	
	FERNANDES, Afonso Berimbau	07		32.40	36.02	37.00	35.20	2:20.62	
4.	Juventude AC 2							<b>11:13.04</b>	220
	MEDEIROS, Joao Francisco	08	+0,61	35.39	41.01	43.24	41.79	2:41.43	
	GONCALVES, Pedro Martim	09	+0,42	34.83	43.41	44.69	42.17	2:45.10	
	FERNANDEZ, Henrique Justino	08	+0,27	37.04	43.68	44.92	44.07	2:49.71	
	BARATA, Joao Tomas	08	+0,54	39.59	44.67	46.71	45.83	2:56.80	

3 - 3.<sup>a</sup> Sess o

13/11/2021 - 16:30

Prova 25 Femin., 800m Livres Absoluto  
13/11/2021 - 16:30 Resultados

Recorde Regional Absoluto	9:12.66	ANDRADE, Rubina Amaro	CDN	Alges	17/03/1995
Recorde Regional Sen	9:21.09	ANDRADE, Rubina Amaro	CDN	Estoril	07/03/1997
Recorde Regional Jun17	9:13.81	ANDRADE, Rubina Amaro	CDN	Funchal	13/07/1996
Recorde Regional Jun16	9:12.66	ANDRADE, Rubina Amaro	CDN	Alges	17/03/1995
Recorde Regional Juv A	9:14.78	ANDRADE, Rubina Amaro	CDN	Braga	04/03/1994
Recorde Regional Juv B	9:15.96	ANDRADE, Rubina Amaro	CDN	Alges	16/02/1993
Recorde Regional Inf A	9:40.30	ANDRADE, Rubina Amaro	CDN	Funchal	15/02/1992
Recorde Regional Inf B	10:13.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/06/1991

TAC Nacional - PL (Março) Juv B: 10:17.45; Juv A: 9:47.35; Jun16: 9:30.39; Jun17: 9:24.92; Sen: 9:16.45 / TAC Zonais Juv B: 10:27.05; Juv A: 10:09.47 / TAC Nacional Juv B: 10:17.45; Juv A: 9:53.10; Jun16: 9:40.74; Jun17: 9:37.85; Sen18: 9:16.45; 19+: 9:16.45

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
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Infantil A - 13 anos

1. GONCALVES, Vera Andrade	09	Juventude AC	<b>10:32.50</b>	435
100m:	300m:	500m:	700m:	
200m:	400m:	600m:	800m:	10:32.50
2. MARGARIDO, Paula Aguiar	09	Juventude AC	<b>11:24.89</b>	342
100m:	300m:	500m:	700m:	
200m:	400m:	600m:	800m:	11:24.89
3. SA, Vanessa Fernandes	09	Naval do Funchal	<b>11:56.14</b>	299
100m:	300m:	500m:	700m:	
200m:	400m:	600m:	800m:	11:56.14
4. FREITAS, Francisca Leonor	09	Naval do Funchal	<b>12:11.28</b>	281
100m:	300m:	500m:	700m:	
200m:	400m:	600m:	800m:	12:11.28

Juniores - 16, 17 anos

1. FERRO, Maria Leonor	06	Naval do Funchal	<b>10:09.48</b>	486
100m:	300m:	500m:	700m:	
200m:	400m:	600m:	800m:	10:09.48
2. SILVA, Silvana Suamade	06	CD Sao Roque	<b>10:25.54</b>	449
100m:	300m:	500m:	700m:	
200m:	400m:	600m:	800m:	10:25.54
3. FREITAS, Margarida Ramos	06	CD Nacional	<b>10:43.70</b>	412
100m:	300m:	500m:	700m:	
200m:	400m:	600m:	800m:	10:43.70

Seniores - 18 e mais velhos

1. SOUSA, Joana Francisca	04	Naval do Funchal	<b>9:44.29</b>	552
100m:	300m:	500m:	700m:	
200m:	400m:	600m:	800m:	9:44.29
2. LUIS, Jessica Santos	00	CD Sao Roque	<b>10:35.77</b>	428
100m:	300m:	500m:	700m:	
200m:	400m:	600m:	800m:	10:35.77

Prova 26 Masc., 1500m Livres Absoluto  
13/11/2021 - 16:44 Resultados

Recorde Regional Absoluto	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	15:38.98	FRANCO, Paulo Fragueiro	CDN	Mealhada	25/03/2000
Recorde Regional Jun17	15:58.37	DEUS, Andre Portugal	CNF	Funchal	13/07/2019
Recorde Regional Juv A	16:31.31	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	16:30.75	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004
Recorde Regional Inf A	16:57.52	ALMEIDA, Carlos Alexandre	CDN	Funchal	13/07/2003
Recorde Regional Inf B	17:40.06	FREITAS, Tomas Miguel	CDN	Funchal	31/05/2003

TAC Nacional - PL (Março) Juv B: 18:30.96; Juv A: 17:26.47; Jun17: 16:42.75; Jun18: 16:42.75; Sen: 16:22.58 /  
TAC Zonais Juv B: 18:44.12; Juv A: 18:23.49 / TAC Nacional Juv B: 18:30.96; Juv A: 17:26.47; Jun17: 16:57.69; Jun18: 16:52.63;  
Sen19: 16:22.58; 20+: 16:22.58

Pontos: FINA 2021

Lugar Ano Tempo final Pts

Infantil A - 14 anos

1. MIRANDA, Francisco Guilherme	08	Naval do Funchal	<b>20:45.45</b>	315
100m: 1:16.31 1:16.31	500m: 6:49.50 1:23.76	900m: 12:27.00 1:24.25	1300m: 18:04.30 1:24.09	
200m: 2:39.17 1:22.86	600m: 8:14.58 1:25.08	1000m: 13:51.50 1:24.50	1400m: 19:26.75 1:22.45	
300m: 4:01.34 1:22.17	700m: 9:38.04 1:23.46	1100m: 15:15.86 1:24.36	1500m: 20:45.45 1:18.70	
400m: 5:25.74 1:24.40	800m: 11:02.75 1:24.71	1200m: 16:40.21 1:24.35		
2. CASTRO, Marco Antonio	08	Naval do Funchal	<b>21:13.08</b>	295
100m: 1:18.95 1:18.95	500m: 6:59.20 1:25.07	900m: 12:42.81 1:26.18	1300m: 18:27.77 1:26.08	
200m: 2:45.72 1:26.77	600m: 8:25.17 1:25.97	1000m: 14:10.80 1:27.99	1400m: 19:53.04 1:25.27	
300m: 4:09.81 1:24.09	700m: 9:51.43 1:26.26	1100m: 15:36.32 1:25.52	1500m: 21:13.08 1:20.04	
400m: 5:34.13 1:24.32	800m: 11:16.63 1:25.20	1200m: 17:01.69 1:25.37		
3. JARDIM, Rodrigo Vieira	08	Naval do Funchal	<b>22:10.19</b>	259
100m: 1:19.47 1:19.47	500m: 7:15.04 1:28.56	900m: 13:12.83 1:29.39	1300m: 19:12.57 1:31.64	
200m: 2:48.65 1:29.18	600m: 8:44.44 1:29.40	1000m: 14:41.86 1:29.03	1400m: 20:43.91 1:31.34	
300m: 4:17.68 1:29.03	700m: 10:13.84 1:29.40	1100m: 16:10.54 1:28.68	1500m: 22:10.19 1:26.28	
400m: 5:46.48 1:28.80	800m: 11:43.44 1:29.60	1200m: 17:40.93 1:30.39		
4. MEDEIROS, Joao Francisco	08	Juventude AC	<b>22:36.46</b>	244
100m: 1:22.89 1:22.89	500m: 7:30.31 1:31.93	900m: 13:34.80 1:31.47	1300m: 19:41.52 1:31.23	
200m: 2:53.54 1:30.65	600m: 9:00.87 1:30.56	1000m: 15:06.85 1:32.05	1400m: 21:11.79 1:30.27	
300m: 4:26.63 1:33.09	700m: 10:31.76 1:30.89	1100m: 16:38.43 1:31.58	1500m: 22:36.46 1:24.67	
400m: 5:58.38 1:31.75	800m: 12:03.33 1:31.57	1200m: 18:10.29 1:31.86		
5. NOBREGA, Matias Sargo	08	Naval do Funchal	<b>23:17.13</b>	223
100m: 1:25.31 1:25.31	500m: 7:39.41 1:34.15	900m: 13:57.30 1:35.23	1300m: 20:15.09 1:33.88	
200m: 2:58.58 1:33.27	600m: 9:13.44 1:34.03	1000m: 15:32.32 1:35.02	1400m: 21:47.60 1:32.51	
300m: 4:31.47 1:32.89	700m: 10:48.44 1:35.00	1100m: 17:07.75 1:35.43	1500m: 23:17.13 1:29.53	
400m: 6:05.26 1:33.79	800m: 12:22.07 1:33.63	1200m: 18:41.21 1:33.46		
DSQ JESUS, Vasco Franca	08	Naval do Funchal	<b>22:04.90</b>	
<i>403 - Falsa partida - SW 4.4</i>				
100m: 1:17.12 1:17.12	500m: 7:08.06 1:28.82	900m: 13:10.80 1:32.34	1300m: 19:13.17 1:29.55	
200m: 2:42.90 1:25.78	600m: 8:37.64 1:29.58	1000m: 14:41.96 1:31.16	1400m: 20:40.85 1:27.68	
300m: 4:11.25 1:28.35	700m: 10:07.21 1:29.57	1100m: 16:13.24 1:31.28	1500m: 22:04.90 1:24.05	
400m: 5:39.24 1:27.99	800m: 11:38.46 1:31.25	1200m: 17:43.62 1:30.38		

Juvenil B - 15 anos

1. COSTA, Guilherme Corte	07	CD Nacional	<b>18:43.28</b>	430
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>				
100m: 1:10.08 1:10.08	500m: 6:08.90 1:16.12	900m: 11:12.24 1:16.39	1300m: 16:17.54 1:16.53	
200m: 2:23.97 1:13.89	600m: 7:24.85 1:15.95	1000m: 12:28.42 1:16.18	1400m: 17:32.79 1:15.25	
300m: 3:38.04 1:14.07	700m: 8:40.28 1:15.43	1100m: 13:44.76 1:16.34	1500m: 18:43.28 1:10.49	
400m: 4:52.78 1:14.74	800m: 9:55.85 1:15.57	1200m: 15:01.01 1:16.25		

Prova 26, Masc., 1500m Livres, Juvenil B - 15 anos

Lugar	Ano	Tempo final	Pts
2. ALVES, Diogo Basilio	07 Juventude AC	<b>20:20.70</b>	335
100m: 1:16.30 1:16.30	500m: 6:48.77 1:23.36	900m: 12:17.79 1:21.31	1300m: 17:42.36 1:21.50
200m: 2:39.73 1:23.43	600m: 8:11.22 1:22.45	1000m: 13:39.17 1:21.38	1400m: 19:02.72 1:20.36
300m: 4:02.37 1:22.64	700m: 9:33.60 1:22.38	1100m: 15:00.39 1:21.22	1500m: 20:20.70 1:17.98
400m: 5:25.41 1:23.04	800m: 10:56.48 1:22.88	1200m: 16:20.86 1:20.47	

Juniores - 17, 18 anos

1. OLIVEIRA, Diogo Alexandre	05 Naval do Funchal	<b>16:51.72</b>	588
<i>Mínimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>			
100m: 1:02.83 1:02.83	500m: 5:33.91 1:07.70	900m: 10:04.60 1:07.97	1300m: 14:38.37 1:08.73
200m: 2:10.77 1:07.94	600m: 6:41.15 1:07.24	1000m: 11:13.09 1:08.49	1400m: 15:45.74 1:07.37
300m: 3:18.61 1:07.84	700m: 7:48.81 1:07.66	1100m: 12:21.39 1:08.30	1500m: 16:51.72 1:05.98
400m: 4:26.21 1:07.60	800m: 8:56.63 1:07.82	1200m: 13:29.64 1:08.25	
2. RODRIGUES, Rodrigo Reis	04 CD Sao Roque	<b>17:12.81</b>	553
100m: 1:04.74 1:04.74	500m: 5:37.83 1:08.21	900m: 10:14.23 1:09.62	1300m: 14:54.90 1:10.31
200m: 2:13.40 1:08.66	600m: 6:45.96 1:08.13	1000m: 11:24.11 1:09.88	1400m: 16:05.11 1:10.21
300m: 3:21.49 1:08.09	700m: 7:54.96 1:09.00	1100m: 12:34.38 1:10.27	1500m: 17:12.81 1:07.70
400m: 4:29.62 1:08.13	800m: 9:04.61 1:09.65	1200m: 13:44.59 1:10.21	
3. DIAS, Andre Vicente	05 CD Nacional	<b>17:42.18</b>	508
100m: 1:02.94 1:02.94	500m: 5:41.64 1:11.52	900m: 10:33.30 1:13.65	1300m: 15:19.77 1:11.98
200m: 2:11.18 1:08.24	600m: 6:54.06 1:12.42	1000m: 11:45.68 1:12.38	1400m: 16:31.77 1:12.00
300m: 3:20.36 1:09.18	700m: 8:07.00 1:12.94	1100m: 12:56.94 1:11.26	1500m: 17:42.18 1:10.41
400m: 4:30.12 1:09.76	800m: 9:19.65 1:12.65	1200m: 14:07.79 1:10.85	

Seniores - 19 e mais velhos

1. RODRIGUES, Pedro Reis	02 CD Sao Roque	<b>16:56.91</b>	580
100m: 1:03.21 1:03.21	500m: 5:35.73 1:08.29	900m: 10:09.33 1:08.69	1300m: 14:43.30 1:08.01
200m: 2:10.93 1:07.72	600m: 6:43.77 1:08.04	1000m: 11:18.12 1:08.79	1400m: 15:51.27 1:07.97
300m: 3:19.25 1:08.32	700m: 7:52.18 1:08.41	1100m: 12:26.57 1:08.45	1500m: 16:56.91 1:05.64
400m: 4:27.44 1:08.19	800m: 9:00.64 1:08.46	1200m: 13:35.29 1:08.72	

Prova 27

13/11/2021 - 17:32

Femin., 50m Mariposa

Absolutos  
Resultados

Recorde Regional Absoluto	28.39	BOULHOSA, Carolina Abreu	CNF	Funchal	09/12/2016
Recorde Regional Sen	28.91	OLIM, Carlota Freitas	CNF	Funchal	22/03/2012
Recorde Regional Sen	28.91	GOMES, Susana Clara	CNF	Felgueiras	22/12/2013
Recorde Regional Jun17	29.28	OLIM, Carlota Freitas	CNF	Funchal	24/10/2009
Recorde Regional Jun16	28.39	BOULHOSA, Carolina Abreu	CNF	Funchal	09/12/2016
Recorde Regional Juv A	29.26	BOULHOSA, Carolina Abreu	CNF	Funchal	29/07/2016
Recorde Regional Juv B	30.23	ROSA, Beatriz Jong	CDN	Funchal	13/03/2014

TAC Nacional - PL (Março) Juv B: 31.88; Juv A: 31.41; Jun16: 30.95; Jun17: 29.75; Sen: 29.30 / TAC Zonais Juv B: 32.36;  
Juv A: 31.88 / TAC Nacional Juv B: 31.88; Juv A: 31.41; Jun16: 30.95; Jun17: 30.58; Sen18: 29.87; 19 +: 29.72

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
Juvenil A - 15 anos			
1. NETO, Leonor Rodrigues	07 Naval do Funchal	<b>32.04</b>	440

Juniores - 16, 17 anos

1. JARDIM, Lara Filipa	06 Naval do Funchal	<b>30.53</b>	509
<i>Mínimos Nacional - Coimbra (30/03 a 03/04), Mínimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>			
2. CARICHAS, Joana Medeiros	06 Juventude AC	<b>32.68</b>	415
3. BAPTISTA, Constanca Ornelas	06 Naval do Funchal	<b>34.07</b>	366
4. CARDOSO, Isabel Maria	05 CS Marítimo	<b>40.35</b>	220

Prova 27, Femin., 50m Mariposa, Juniores - 16, 17 anos

Lugar	Ano	Tempo final	Pts
5. NOBREGA, Maria Trindade	05 CD Nacional	<b>41.34</b>	205
6. VIEIRA, Sara Patricia	05 CS Maritimo	<b>45.52</b>	153

Seniores - 18 e mais velhos

1. GOMES, Susana Clara	77 Naval do Funchal	<b>30.36</b>	517
2. OLIM, Carlota Freitas	93 Naval do Funchal	<b>30.79</b>	496
3. HERNANDEZ, Marcelis Nativid	99 CS Maritimo	<b>38.02</b>	263
4. SILVA, Gabriela Suamade	02 CD Sao Roque	<b>40.00</b>	226
5. BLANDY, Mischa Blue	04 Juventude AC	<b>43.22</b>	179

Prova 28

Masc., 50m Mariposa

Absolutos  
Resultados

13/11/2021 - 17:34

Recorde Regional Absoluto	24.60	FERNANDES, Joao Vitor	CEOL	Funchal	11/07/2021
Recorde Regional Sen	24.60	FERNANDES, Joao Vitor	CEOL	Funchal	11/07/2021
Recorde Regional Jun18	25.13	SEQUEIRA, Afonso Meneses	CNF	Funchal	09/12/2016
Recorde Regional Jun17	25.56	SEQUEIRA, Afonso Meneses	CNF	Porto	13/12/2015
Recorde Regional Juv A	26.20	CASTRO, Joao Cruz	CDSR	Funchal	09/07/2016
Recorde Regional Juv B	27.07	VARGAS, Henrique Luis	CNF	Funchal	24/07/2013

TAC Nacional - PL (Março) Juv B: 27.53; Juv A: 27.13; Jun17: 26.73; Jun18: 25.61; Sen: 25.25 / TAC Zonais Juv B: 27.94; Juv A: 27.54 / TAC Nacional Juv B: 27.53; Juv A: 27.13; Jun17: 26.73; Jun18: 26.59; Sen19: 25.96; 20+: 28.83

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
<b>Juvenil B - 15 anos</b>			
1. RIBEIRO, Telmo Drumond	07 Naval do Funchal	<b>29.86</b>	386
2. PEREIRA, Lucas Santos	07 Naval do Funchal	<b>30.47</b>	363

Juvenil A - 16 anos

1. PITA, Pedro Miguel	06 Naval do Funchal	<b>27.01</b>	522
<i>Mínimos Nacional - Coimbra (30/03 a 03/04), Mínimos Zonal - A definir local (17/12 a 19/12), Mínimos Nacional - OPEN PORTUGAL (Jamor, 28/07 a 3</i>			
2. VIVEIROS, Pedro Perestrelo	06 AD Machico	<b>34.08</b>	259

Juniores - 17, 18 anos

1. RODRIGUES, Joao Luis	05 Naval do Funchal	<b>26.00</b>	585
<i>Mínimos Nacional - Coimbra (30/03 a 03/04), Mínimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>			
2. BARRY, Rafael Francisco	04 Naval do Funchal	<b>27.08</b>	518
3. FERREIRA, Leonardo Filipe	04 Naval do Funchal	<b>29.27</b>	410
4. MACHADO, Tiago Magalhaes	04 CD Nacional	<b>29.54</b>	399
5. MENDES, Juan Diego	05 CD Nacional	<b>35.13</b>	237

Seniores - 19 e mais velhos

1. FERREIRA, Miguel Goncalves	93 CD Nacional	<b>26.35</b>	562
<i>Mínimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>			
2. CAMACHO, Joao Simao	03 CD Nacional	<b>27.52</b>	493
3. PERESTRELO, Pedro Antonio	96 AD Machico	<b>35.90</b>	222

Prova 29 Femin., 100m Bruços Absoluto  
13/11/2021 - 17:36 Resultados

Recorde Regional Absoluto	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Sen	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Jun17	1:14.11	ABREU, Laura Catarina	CDWT	Funchal	09/12/2016
Recorde Regional Jun16	1:14.28	ABREU, Laura Catarina	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:13.75	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	1:13.68	ABREU, Laura Catarina	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:17.24	ABREU, Laura Catarina	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:21.89	RODRIGUES, Laura Sofia	JACL	Funchal	12/07/2019

TAC Nacional - PL (Março) Juv B: 1:21.18; Juv A: 1:19.00; Jun16: 1:17.56; Jun17: 1:15.90; Sen: 1:14.39 / TAC Zonais Inf B: 1:39.81; Inf A: 1:33.87; Juv B: 1:24.57; Juv A: 1:22.99 / TAC Nacional Inf B: 1:37.81; Inf A: 1:31.87; Juv B: 1:21.61; Juv A: 1:20.47; Jun16: 1:18.00; Jun17: 1:17.61; Sen18: 1:15.79; 19 +: 1:15.41

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts	50m	100m
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Infantil B - 12 anos

1.	RIBEIRO, Guida Drumond	10	Naval do Funchal	<b>1:38.39</b>	254	47.90	50.49
<i>Mínimos Zonal - A definir local (25/03 a 27/03)</i>							
2.	BRITO, Madalena Pinto	10	Naval do Funchal	<b>1:43.67</b>	217	50.04	53.63
3.	QUADRADO, Teresa Gomes	10	Juventude AC	<b>1:48.02</b>	192	49.99	58.03
4.	GOMES, Alice Silva	10	Naval do Funchal	<b>1:48.71</b>	188	51.73	56.98
5.	MEDEIROS, Constanca Sousa	10	Naval do Funchal	<b>1:51.74</b>	173	53.75	57.99
6.	FERNANDES, Francisca Gome	10	Naval do Funchal	<b>1:54.75</b>	160	54.61	1:00.14
7.	TEIXEIRA, Lara Felix	10	Naval do Funchal	<b>1:57.41</b>	149	54.84	1:02.57
DSQ	LEITAO, Isabel Gouveia	10	Naval do Funchal				
<i>403 - Falsa partida - SW 4.4</i>							
DSQ	TEIXEIRA, Maria Leonor	10	Naval do Funchal				
<i>720 - Toque alternado na viragem aos 50 m - SW 7.6</i>							

Infantil A - 13 anos

1.	MELIM, Sara Beatriz	09	CD Nacional	<b>1:30.57</b>	326	43.76	46.81
<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>							
2.	MARGARIDO, Paula Aguiar	09	Juventude AC	<b>1:34.82</b>	284	44.96	49.86
3.	FREITAS, Francisca Leonor	09	Naval do Funchal	<b>1:38.20</b>	256	46.79	51.41
4.	MATEUS, Eleine Vieira	09	CD Nacional	<b>1:39.02</b>	249	47.15	51.87
5.	ALVES, Francisca Pereira	09	Juventude AC	<b>1:39.62</b>	245	48.26	51.36
6.	TEMTEM, Madalena Barbosa	09	CD Nacional	<b>1:41.83</b>	229	48.08	53.75
7.	SILVA, Maria Korina	09	CD Nacional	<b>1:50.05</b>	181	52.40	57.65
8.	SILVA, Mara Goncalves	09	Juventude AC	<b>1:50.34</b>	180	52.52	57.82
9.	ROMAO, Laura Beatriz	09	Naval do Funchal	<b>2:01.66</b>	134	56.89	1:04.77
10.	SILVA, Mariana Ponte	09	Naval do Funchal	<b>2:02.37</b>	132	55.32	1:07.05
DSQ	FREITAS, Madalena Silva	09	Naval do Funchal				
<i>722 - Tocou com uma mão na parede na viragem aos 75 m - SW 7.6</i>							
DSQ	PASSOS, Carolina Goncalves	09	Naval do Funchal				
<i>403 - Falsa partida - SW 4.4</i>							

Juvenil B - 14 anos

1.	PEREIRA, Julia Freitas	08	Naval do Funchal	<b>1:22.99</b>	424	38.72	44.27
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>							
2.	PEREIRA, Maria Clara	08	Juventude AC	<b>1:30.02</b>	332	42.22	47.80
3.	BAPTISTA, Ines Sande	08	CD Nacional	<b>1:30.44</b>	327	43.69	46.75
4.	GOMES, Sofia Vega	08	Naval do Funchal	<b>1:31.35</b>	318	43.55	47.80
5.	SOARES, Leonor Silva	08	CD Nacional	<b>1:33.97</b>	292	44.36	49.61
6.	JESUS, Ligia Maria	08	Escola O Liceu	<b>1:37.53</b>	261	46.09	51.44
7.	SILVA, Carolina Pestana	08	Naval do Funchal	<b>1:40.95</b>	235	46.85	54.10
8.	GOUVEIA, Joana Alves	08	Ludens CM	<b>1:41.03</b>	235	47.80	53.23
9.	MARQUES, Beatriz Paixao	08	Naval do Funchal	<b>1:50.30</b>	180	52.09	58.21

Prova 29, Femin., 100m Bruços, Juvenil B - 14 anos

Lugar	Ano	Tempo final	Pts	50m	100m
10. ALVES, Margarida Jesus	08 CD Nacional	<b>1:55.41</b>	157	54.43	1:00.98
11. GOIS, Margarida Teles	08 Ludens CM	<b>1:59.20</b>	143	55.89	1:03.31

Juvenil A - 15 anos

1. GONCALVES, Valentina Jose	07 CD Nacional	<b>1:17.73</b>	516	36.53	41.20
<i>Mínimos Nacional - Coimbra (30/03 a 03/04), Mínimos Zonal - A definir local (17/12 a 19/12), Mínimos Nacional - OPEN PORTUGAL (Jamos, 28/07 a 3)</i>					
2. MATEUS, Clarisse Vieira	07 CD Nacional	<b>1:24.04</b>	408	39.75	44.29
3. FIGUEIRA, Madalena Leonor	07 Naval do Funchal	<b>1:24.19</b>	406	39.94	44.25
4. FRANCA, Ines Matos	07 Juventude AC	<b>1:29.37</b>	339	41.75	47.62
5. FREITAS, Maria Raquel	07 Naval do Funchal	<b>1:30.52</b>	326	41.30	49.22
6. RINCU, Alexandra	07 Naval do Funchal	<b>1:46.33</b>	201	50.93	55.40

Juniores - 16, 17 anos

1. DEUS, Ines Portugal	06 Naval do Funchal	<b>1:19.53</b>	482	37.27	42.26
2. SEQUEIRA, Beatriz Meneses	06 Naval do Funchal	<b>1:23.09</b>	422	38.79	44.30
3. PEREIRA, Joana Marques	06 Juventude AC	<b>1:25.94</b>	382	40.21	45.73
4. FIGUEIRA, Ana Nunes	06 Naval do Funchal	<b>1:56.43</b>	153	53.78	1:02.65

Seniores - 18 e mais velhos

1. FERREIRA, Maria Leonor	04 CD Nacional	<b>1:21.88</b>	441	38.69	43.19
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Prova 30

Masc., 100m Bruços

Absoluto  
Resultados

13/11/2021 - 17:47

Recorde Regional Absoluto	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Sen	1:04.47	MOURA, Vitor Diogo	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Jun17	1:04.77	FERNANDES, Martim Pestana	CNF	Funchal	09/05/2021
Recorde Regional Juv A	1:05.91	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	1:06.23	ALVES, Paulo Rodrigues	CDN	Funchal	18/05/2019
Recorde Regional Inf A	1:09.94	ALVES, Paulo Rodrigues	CDN	Funchal	31/07/2018
Recorde Regional Inf B	1:11.63	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Nacional - PL (Março) Juv B: 1:13.69; Juv A: 1:10.92; Jun17: 1:08.68; Jun18: 1:05.85; Sen: 1:04.47 / TAC Zonais Inf B: 1:31.49; Inf A: 1:26.17; Juv B: 1:15.54; Juv A: 1:14.16 / TAC Nacional Inf B: 1:29.49; Inf A: 1:24.17; Juv B: 1:13.69; Juv A: 1:11.68; Jun17: 1:08.68; Jun18: 1:07.67; Sen19: 1:05.98; 20 +: 1:05.66

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts	50m	100m
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Infantil B - 13 anos

1. ANDRADE, Salvador Freitas	09 Naval do Funchal	<b>1:27.36</b>	254	40.63	46.73
<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>					
2. GONCALVES, Joao Guilherme	09 Naval do Funchal	<b>1:33.43</b>	207	43.64	49.79
3. GOMES, Joao Abreu	09 Naval do Funchal	<b>1:33.89</b>	204	43.95	49.94
4. SOUSA, Eduardo Afonseca	09 CD Nacional	<b>1:39.49</b>	172	47.51	51.98
5. JARDIM, Joao Tomas	09 CD Nacional	<b>1:40.51</b>	166	47.76	52.75
6. GONCALVES, Pedro Martim	09 Juventude AC	<b>1:42.53</b>	157	48.30	54.23
7. MARTINHO, Joao Miguel	09 CD Nacional	<b>1:43.08</b>	154	48.43	54.65
8. SILVA, Joao Bernardo	09 CD Nacional	<b>1:43.09</b>	154	49.02	54.07
9. ROCHA, Joao Henrique	09 AD Galomar	<b>1:43.64</b>	152	48.83	54.81
10. RODRIGUES, Goncalo Reis	09 Juventude AC	<b>1:49.19</b>	130	49.85	59.34
11. CRESPO, Joao Jesus	09 CD Nacional	<b>1:50.10</b>	126	51.94	58.16
12. PESTANA, Andre Pinto	09 Naval do Funchal	<b>1:53.11</b>	117	54.22	58.89
13. CAMACHO, Santiago Bettencol	09 Juventude AC	<b>1:55.90</b>	108	54.83	1:01.07
DSQ FERNANDES, Daniel Nunes	09 AD Galomar				
<i>708 - Não efectuou o ciclo completo de braçada seguida de pernada - SW 7.2</i>					

Prova 30, Masc., 100m Bru os

Infantil A - 14 anos

1.	GOMES, Guilherme Silva	08	AD Galomar	<b>1:27.35</b>	254	40.91	46.44
2.	BARRADAS, Rafael Alves	08	Escola O Liceu	<b>1:30.36</b>	229	42.77	47.59
3.	JARDIM, Lourenco Almeida	08	CD Nacional	<b>1:31.62</b>	220	44.82	46.80
4.	FERNANDES, Antonio Maria	08	Naval do Funchal	<b>1:37.83</b>	181	47.26	50.57
5.	FERNANDEZ, Henrique Justino	08	Juventude AC	<b>1:38.23</b>	178	45.72	52.51
6.	BARATA, Joao Tomas	08	Juventude AC	<b>1:55.61</b>	109	54.71	1:00.90
DSQ	ANTUNES, Frederico Luis	08	Juventude AC				
	<i>734 - Efectuou mais que uma pernada golfinho durante percurso subaqu�tico ap�s a partida - SW 7.1</i>						
DSQ	CORREIA, Joao Luis	08	Juventude AC				
	<i>712 - M�os para al�m da linha da anca durante o percurso - SW 7.3</i>						

Juvenil B - 15 anos

1.	ARAUJO, Joao Caldeira	07	Naval do Funchal	<b>1:23.06</b>	295	38.96	44.10
2.	SMIRNOV, Dmytro	07	CD Sao Roque	<b>1:24.15</b>	284	39.58	44.57
3.	SOUSA, Simao Henrique	07	CD Nacional	<b>1:26.01</b>	266	39.34	46.67
4.	NUNES, Henrique Dias	07	CD Nacional	<b>1:28.00</b>	248	41.22	46.78
5.	CARVALHO, Joaquim Eduardo	07	Naval do Funchal	<b>1:39.62</b>	171	45.87	53.75
6.	MARTINS, Tomas Rodrigo	07	CD Nacional	<b>1:48.29</b>	133	50.51	57.78
7.	DRUMOND, Pedro Afonso	07	AD Galomar	<b>1:50.09</b>	127	50.81	59.28

Juvenil A - 16 anos

1.	SETIM, Joao Oliveira	06	Naval do Funchal	<b>1:15.64</b>	391	35.37	40.27
2.	NACHYCHKO, Maximo	06	Naval do Funchal	<b>1:26.46</b>	262	40.07	46.39

Juniores - 17, 18 anos

1.	FERNANDES, Martim Pestana	04	Naval do Funchal	<b>1:06.16</b>	585	30.82	35.34
	<i>M�nimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>						
2.	SILVA, Tony Stefano	05	CD Nacional	<b>1:08.11</b>	536	31.57	36.54
	<i>M�nimos Nacional - Coimbra (30/03 a 03/04), M�nimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>						
3.	ALVES, Paulo Rodrigues	04	CD Nacional	<b>1:08.99</b>	516	31.91	37.08
4.	GOUVEIA, Luis Galvao	05	CD Nacional	<b>1:09.23</b>	510	32.88	36.35
5.	AGUILAR, Luis Santos	04	CD Nacional	<b>1:15.12</b>	399	34.65	40.47
6.	ALVES, Andre Camara	05	CD Nacional	<b>1:17.15</b>	369	35.49	41.66

Seniores - 19 e mais velhos

1.	SANTOS, Diego Felipe	87	CD Nacional	<b>1:09.34</b>	508	32.46	36.88
2.	JORGE, Andre Camara	90	Escola O Liceu	<b>1:10.79</b>	477	32.91	37.88
3.	SILVA, Luis Pedro	98	CD Nacional	<b>1:11.68</b>	460	31.82	39.86
4.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	<b>1:14.80</b>	404	34.35	40.45

Prova 31 Femin., 100m Estilos Absolutos  
13/11/2021 - 18:08 Resultados

Recorde Regional Absoluto	1:05.01	QUINTAL, Fabiana Maria	CDN	Leiria	06/12/2009
Recorde Regional Sen	1:05.01	QUINTAL, Fabiana Maria	CDN	Leiria	06/12/2009
Recorde Regional Jun17	1:10.03	SOUSA, Susana Margarida	CFU	M. Campo	13/03/1994
Recorde Regional Jun16	1:08.36	ABREU, Laura Catarina	CDN	Funchal	14/11/2015
Recorde Regional Juv A	1:09.02	ROSA, Beatriz Jong	CDN	Funchal	13/06/2015
Recorde Regional Juv B	1:11.86	RODRIGUES, Laura Sofia	JACL	Funchal	10/07/2021

TAC Nacional Jun16: 1:10.66; Jun17: 1:10.31; Sen18: 1:08.66; 19 +: 1:08.32

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts	50m	100m
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Juvenil A - 15 anos

DSQ MATEUS, Clarisse Vieira 07 CD Nacional  
*609 - N o terminou percurso de costas na posi o dorsal - SW 6.5*

Juniores - 16, 17 anos

1.	PEREIRA, Joana Marques	06	Juventude AC	<b>1:18.92</b>	367	37.64	41.28
2.	NOBREGA, Maria Trindade	05	CD Nacional	<b>1:35.77</b>	205	44.38	51.39

Seniores - 18 e mais velhos

1.	FERREIRA, Maria Leonor	04	CD Nacional	<b>1:12.06</b>	482	32.37	39.69
2.	CAMACHO, Laura Fernandes	04	Naval do Funchal	<b>1:15.98</b>	411	33.78	42.20
3.	SILVA, Gabriela Suamade	02	CD Sao Roque	<b>1:27.24</b>	271	41.17	46.07
4.	BLANDY, Mischa Blue	04	Juventude AC	<b>1:39.36</b>	183	46.24	53.12

Prova 32 Masc., 100m Estilos Absolutos  
13/11/2021 - 18:10 Resultados

Recorde Regional Absoluto	57.76	MARQUES, Miguel Freitas	JACL	Funchal	29/07/2016
Recorde Regional Sen	57.76	MARQUES, Miguel Freitas	JACL	Funchal	29/07/2016
Recorde Regional Jun18	58.92	SILVA, Tomas Antonio	CNF	Felgueiras	23/12/2018
Recorde Regional Jun17	58.99	ALVES, Paulo Rodrigues	CDN	Funchal	10/07/2021
Recorde Regional Juv A	1:00.15	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	1:03.82	FREITAS, Tomas Miguel	CDN	Funchal	23/03/2005

TAC Nacional Jun17: 1:01.76; Jun18: 1:01.46; Sen19: 1:00.15; 20 +: 59.85

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts	50m	100m
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Juniores - 17, 18 anos

1.	MARQUES, Gustavo Pires	04	CD Sao Roque	<b>59.06</b>	580	26.90	32.16
<i>M�nimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>							
2.	RODRIGUES, Joao Luis	05	Naval do Funchal	<b>1:03.22</b>	473	28.32	34.90
3.	SILVA, Tony Stefano	05	CD Nacional	<b>1:05.27</b>	430	30.73	34.54
4.	ALVES, Tiago Pires	05	Juventude AC	<b>1:13.10</b>	306	33.75	39.35
5.	MACHADO, Tiago Magalhaes	04	CD Nacional	<b>1:13.19</b>	305	33.02	40.17
6.	ALVES, Andre Camara	05	CD Nacional	<b>1:14.36</b>	291	34.80	39.56
7.	MENDES, Juan Diego	05	CD Nacional	<b>1:25.15</b>	193	38.09	47.06

Seniores - 19 e mais velhos

1.	SANTOS, Diego Felipe	87	CD Nacional	<b>1:03.69</b>	463	29.94	33.75
2.	FERREIRA, Miguel Goncalves	93	CD Nacional	<b>1:05.51</b>	425	28.73	36.78
3.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	<b>1:08.52</b>	372	34.10	34.42

Prova 33 Femin., 200m Livres Absoluto  
13/11/2021 - 18:12 Resultados

Recorde Regional Absoluto	2:07.77	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Sen	2:07.77	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Jun17	2:10.62	ABREU, Laura Catarina	CDWT	Funchal	19/11/2016
Recorde Regional Jun16	2:09.59	AGUILAR, Vera Ines	CDN	Funchal	29/07/2016
Recorde Regional Juv A	2:09.23	ABREU, Laura Catarina	CDN	Funchal	10/07/2015
Recorde Regional Juv B	2:11.89	ANDRADE, Rubina Amaro	CDN	Algés	26/02/1993
Recorde Regional Inf A	2:14.71	CAIRES, Joana Costa	CNF	Sines	13/03/2011
Recorde Regional Inf B	2:23.45	ABREU, Laura Catarina	CDN	Funchal	13/07/2012

TAC Nacional - PL (Março) Juv B: 2:19.44; Juv A: 2:15.08; Jun16: 2:11.10; Jun17: 2:08.24; Sen: 2:07.00 / TAC Zonais Inf B: 2:55.35; Inf A: 2:42.27; Juv B: 2:25.23; Juv A: 2:21.16 / TAC Nacional Inf B: 2:51.35; Inf A: 2:38.37; Juv B: 2:19.44; Juv A: 2:15.71; Jun16: 2:11.97; Jun17: 2:11.32; Sen18: 2:08.45; 19 +: 2:07.81

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
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Infantil B - 12 anos

1.	ALVES, Ana Carolina	10	CD Nacional	<b>3:11.01</b>	193	43.59	49.59	49.36	48.47
2.	NOBREGA, M.	10	AD Machico	<b>3:24.09</b>	158	42.57	50.58	56.62	54.32
3.	SILVA, Maria Luis	10	Naval do Funchal	<b>3:26.99</b>	151	44.46	53.48	55.59	53.46
4.	QUADRADO, Teresa Gorr	10	Juventude AC	<b>3:28.30</b>	149	46.56	54.01	56.23	51.50
5.	MADEIRA, Sara Alexandra	10	AD Machico	<b>3:40.96</b>	124	48.93	56.57	58.29	57.17

Infantil A - 13 anos

1.	GONCALVES, Vera Andra	09	Juventude AC	<b>2:25.29</b>	439	32.06	37.82	38.90	36.51
<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>									
2.	MELIM, Sara Beatriz	09	CD Nacional	<b>2:43.23</b>	309	37.88	42.22	42.33	40.80
3.	SILVA, Maria Korina	09	CD Nacional	<b>3:00.16</b>	230	41.00	46.72	47.87	44.57
4.	ALVES, Francisca Pereira	09	Juventude AC	<b>3:07.49</b>	204	44.67	47.98	49.21	45.63
5.	FREITAS, Filipa Carolina	09	AD Machico	<b>3:13.47</b>	185	43.28	48.83	50.82	50.54
6.	GONCALVES, Ashlee Teix	09a	CS Maritimo	<b>3:24.90</b>	156	46.98	53.23	55.42	49.27
7.	PASSOS, Carolina Goncal	09s	Naval do Funchal	<b>3:27.08</b>	151	45.04	54.07	55.96	52.01
8.	CARVALHO, Beatriz Xavier	09	AD Machico	<b>3:32.06</b>	141	42.35	56.05	57.81	55.85
9.	SILVA, Mara Goncalves	09	Juventude AC	<b>3:37.53</b>	130	50.25	55.83	57.37	54.08
DSQ	SANTOS, Alexandra Mend	09	AD Machico						
<i>403 - Falsa partida - SW 4.4</i>									

Juvenil B - 14 anos

1.	ANDRADE, Matilde Sousa	08	Naval do Funchal	<b>2:28.96</b>	407	33.43	37.63	39.37	38.53
2.	ALVES, Juliana Rodrigues	08	CD Nacional	<b>2:36.54</b>	351	34.94	39.72	41.52	40.36
3.	NOBREGA, Sara Francisc	08	CD Sao Roque	<b>2:50.18</b>	273	39.27	43.55	44.62	42.74
4.	SOARES, Leonor Silva	08	CD Nacional	<b>2:51.13</b>	268	38.68	43.39	44.89	44.17
5.	JESUS, Ligia Maria	08	Escola O Liceu	<b>3:00.81</b>	227	39.99	46.05	49.08	45.69
6.	GOIS, Margarida Teles	08	Ludens CM	<b>3:08.01</b>	202	41.54	47.65	50.28	48.54
7.	ALVES, Margarida Jesus	08	CD Nacional	<b>3:16.00</b>	178	43.74	49.54	51.59	51.13

Juvenil A - 15 anos

1.	GONCALVES, Valentina J	07	CD Nacional	<b>2:20.95</b>	480	31.89	35.90	36.72	36.44
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>									
2.	RINCU, Alexandra	07	Naval do Funchal	<b>3:04.54</b>	214	41.16	46.91	49.15	47.32
3.	OLIVAL, Matilde Nicolau	07	Ludens CM	<b>3:15.90</b>	179	40.64	47.46	54.15	53.65
4.	RONDON, Maria Victoria	07	CS Maritimo	<b>3:28.21</b>	149	44.13	52.91	56.91	54.26

Prova 33, Femin., 200m Livres

Juniores - 16, 17 anos

1. ARAUJO, Maria Clara	05	Naval do Funchal	<b>2:19.18</b>	499	30.91	34.94	36.68	36.65
2. DIAS, Julia Alves	06	CD Nacional	<b>2:22.33</b>	467	31.92	36.07	37.49	36.85
3. FREITAS, Beatriz Rodrigu	06	Naval do Funchal	<b>2:24.14</b>	449	32.08	36.01	37.94	38.11
4. CARDOSO, Isabel Maria	05	CS Maritimo	<b>2:46.12</b>	293	39.10	42.57	43.05	41.40
5. VIEIRA, Sara Patricia	05	CS Maritimo	<b>2:54.88</b>	251	39.81	44.37	45.98	44.72
6. JESUS, Veronica Martins	06	CD Sao Roque	<b>3:25.93</b>	154	42.02	52.44	57.52	53.95
7. ABREU, Adriana Monteiro	06	CS Maritimo	<b>3:47.26</b>	114	50.18	57.00	55.78	1:04.30

Seniores - 18 e mais velhos

1. HERNANDEZ, M.	99	CS Maritimo	<b>2:41.10</b>	322	35.30	40.68	42.32	42.80
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Prova 34

Masc., 200m Livres

Absoluto

13/11/2021 - 18:27

Resultados

Recorde Regional Absoluto	1:46.65	PINTO, Luis Marques	CDN	Stockholm (SWE)	11/11/2009
Recorde Regional Sen	1:46.65	PINTO, Luis Marques	CDN	Stockholm (SWE)	11/11/2009
Recorde Regional Jun18	1:50.17	CASTRO, Joao Cruz	CDSR	Porto	10/12/2017
Recorde Regional Jun17	1:51.83	CASTRO, Joao Cruz	CDSR	Funchal	27/07/2017
Recorde Regional Juv A	1:54.07	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2016
Recorde Regional Juv B	1:55.77	CASTRO, Joao Cruz	CDSR	Funchal	10/07/2015
Recorde Regional Inf A	1:59.62	FERNANDES, Joao Vitor	CSM	Funchal	09/07/2014
Recorde Regional Inf B	2:07.17	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Nacional - PL (Março) Juv B: 2:05.23; Juv A: 2:02.36; Jun17: 1:57.10; Jun18: 1:54.37; Sen: 1:52.78 / TAC Zonais Inf B: 2:40.18; Inf A: 2:31.01; Juv B: 2:10.76; Juv A: 2:08.36 / TAC Nacional Inf B: 2:36.18; Inf A: 2:27.01; Juv B: 2:05.62; Juv A: 2:02.36; Jun17: 1:57.46; Jun18: 1:56.88; Sen19: 1:54.97; 20 +: 1:54.40

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Infantil B - 13 anos

1. ANDRADE, Salvador Freit	09	Naval do Funchal	<b>2:38.84</b>	244	35.65	40.57	43.11	39.51
<i>Mínimos Zonal - A definir local (25/03 a 27/03)</i>								
2. FARIA, Afonso Cunha	09	CD Sao Roque	<b>2:47.04</b>	210	38.17	43.52	44.19	41.16
3. PESTANA, Pedro Correia	09	AD Galomar	<b>2:50.10</b>	199	38.87	43.99	42.26	44.98
4. VELOZA, Tomas Ramos	09	CD Nacional	<b>2:50.26</b>	198	39.35	43.30	44.45	43.16
5. SILVA, Joao Bernardo	09	CD Nacional	<b>2:55.39</b>	181	38.80	45.58	46.88	44.13
6. ROCHA, Joao Henrique	09	AD Galomar	<b>2:55.50</b>	181	39.54	45.12	47.22	43.62
7. SANTOS, Joao Dinis	09	AD Machico	<b>2:58.56</b>	172	39.03	45.96	47.15	46.42
8. MARTINS, Antonio Freitas	09	CD Nacional	<b>2:58.80</b>	171	44.09	47.14	46.35	41.22
9. ALVES, Francisco Manuel	09	CD Nacional	<b>3:08.20</b>	147	44.25	50.31	49.41	44.23
10. GOMES, Joao Abreu	09	Naval do Funchal	<b>3:10.52</b>	141	39.96	49.25	53.58	47.73
11. ABREU, Afonso Henrique	09	Naval do Funchal	<b>3:19.24</b>	124	43.84	50.42	54.00	50.98
12. ERRA, Tomas Franco	09	AD Machico	<b>3:46.81</b>	84	49.35	1:00.11	1:00.17	57.18

Infantil A - 14 anos

1. RODRIGUES, G.	08	CD Sao Roque	<b>2:33.46</b>	271	34.47	40.18	40.81	38.00
2. GOMES, Guilherme Silva	08	AD Galomar	<b>2:43.53</b>	224	35.46	40.87	44.51	42.69
3. SILVA, Bruno Correia	08	Naval do Funchal	<b>2:57.40</b>	175	37.65	44.17	47.91	47.67
4. FERNANDES, Antonio Mai	08	Naval do Funchal	<b>2:58.87</b>	171	41.89	46.88	48.35	41.75
5. BARATA, Joao Tomas	08	Juventude AC	<b>2:58.94</b>	171	41.22	47.12	47.74	42.86
6. CORREIA, Joao Luis	08	Juventude AC	<b>3:02.14</b>	162	39.94	47.66	48.78	45.76
7. ANTUNES, Frederico Luis	08	Juventude AC	<b>3:08.15</b>	147	43.26	48.16	50.57	46.16
8. SILVA, Francisco Pita	08	Juventude AC	<b>3:21.14</b>	120	46.56	50.93	53.80	49.85
9. SANTO, Goncalo Tomas	08	AD Machico	<b>3:45.75</b>	85	45.32	57.99	1:00.99	1:01.45

Prova 34, Masc., 200m Livres

Juvenil B - 15 anos

1.	ALMEIDA, Joao Francisco	07	Naval do Funchal	<b>2:11.37</b>	432	29.90	33.71	34.49	33.27
2.	NEVES, Tiago Brazao	07	Naval do Funchal	<b>2:11.51</b>	431	30.50	33.80	34.81	32.40
3.	PEREIRA, Lucas Santos	07	Naval do Funchal	<b>2:12.87</b>	418	30.13	34.32	35.08	33.34
4.	OLIVEIRA, Afonso Miguel	07	Juventude AC	<b>2:14.86</b>	400	30.19	35.52	35.48	33.67
5.	RIBEIRO, Telmo Drumonc	07	Naval do Funchal	<b>2:20.33</b>	355	31.98	36.48	36.79	35.08
6.	FERNANDES, A.	07	Juventude AC	<b>2:24.58</b>	324	34.44	37.88	37.61	34.65
7.	JESUS, David Martins	07	CD Sao Roque	<b>2:25.25</b>	320	32.98	37.20	38.84	36.23
8.	SMIRNOV, Dmytro	07	CD Sao Roque	<b>2:27.40</b>	306	34.00	38.63	38.63	36.14
9.	ALVES, Diogo Basilio	07	Juventude AC	<b>2:29.51</b>	293	34.69	37.98	38.80	38.04
10.	PENSO, Miguel Reigada	07	Escola O Liceu	<b>2:30.11</b>	290	33.98	38.49	39.94	37.70
11.	GOUVEIA, Martim Jose	07	CD Sao Roque	<b>2:40.13</b>	238	35.89	41.28	42.42	40.54
12.	FRANCISCO, David Rebo	07	CS Maritimo	<b>2:46.42</b>	212	36.59	40.59	44.27	44.97
13.	NUNES, Henrique Dias	07	CD Nacional	<b>2:48.29</b>	205	37.48	45.52	44.08	41.21
14.	CARVALHO, J.	07	Naval do Funchal	<b>2:48.84</b>	203	35.98	41.28	46.71	44.87
15.	SOUSA, Simao Henrique	07	CD Nacional	<b>2:50.69</b>	197	36.92	43.38	46.92	43.47
16.	BERENQUER, S.	07	Juventude AC	<b>2:51.08</b>	195	39.91	44.29	44.67	42.21
17.	MARTINS, Tomas Rodrigoc	07	CD Nacional	<b>3:20.69</b>	121	47.59	54.40	50.73	47.97

Juvenil A - 16 anos

1.	ABREU, Joao Francisco	06	Naval do Funchal	<b>2:12.88</b>	418	30.63	33.90	35.08	33.27
2.	SILVA, Joao Luis	06	Escola O Liceu	<b>2:13.85</b>	409	30.33	33.76	35.70	34.06
3.	TEMES, Joao Caires	06	Juventude AC	<b>2:18.31</b>	370	32.65	35.49	36.20	33.97
4.	OLIVEIRA, Bernardo Antor	06	Naval do Funchal	<b>2:28.43</b>	300	33.38	38.13	39.08	37.84
5.	GARANITO, Simao Silva	06	Naval do Funchal	<b>2:30.07</b>	290	26.56	43.56	39.96	39.99
6.	STEFLEA, Andre Sergio	06	CD Sao Roque	<b>2:32.66</b>	275	34.01	38.70	40.42	39.53
7.	VIEIRA, Rodrigo Leal	06	AD Machico	<b>2:39.30</b>	242	34.09	39.52	43.49	42.20
8.	VIVEIROS, Pedro Perestre	06	AD Machico	<b>2:48.60</b>	204	35.51	43.07	47.19	42.83
9.	CRO, Nuno Afonso	06	CD Sao Roque	<b>3:08.59</b>	146	43.74	49.13	49.29	46.43

Juniores - 17, 18 anos

1.	FERNANDES, Diogo Henri	04	Naval do Funchal	<b>1:59.47</b>	575	26.71	30.29	31.74	30.73
2.	OLIVEIRA, Diogo Alexandr	05	Naval do Funchal	<b>2:00.76</b>	557	27.95	31.27	31.38	30.16
3.	TELES, Artur Corte	04	Juventude AC	<b>2:12.36</b>	423	27.48	32.52	36.43	35.93

Seniores - 19 e mais velhos

1.	CAMACHO, Joao Simao	03	CD Nacional	<b>2:30.55</b>	287	27.43	31.49	47.84	43.79
2.	PERESTRELO, Pedro Ant	96	AD Machico	<b>3:06.78</b>	150	40.79	47.41	50.46	48.12

4 - 4.<sup>a</sup> Sess o

14/11/2021 - 9:15

Prova 35 Femin., 400m Estilos Absoluto  
14/11/2021 - 9:15 Resultados

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Sen	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Jun17	5:19.30	FERREIRA, Maria Leonor	CDN	Funchal	11/07/2021
Recorde Regional Jun16	5:14.13	FERNANDES, Isabel Catarina	CNF	Funchal	17/06/2006
Recorde Regional Juv A	5:20.04	FERREIRA, Maria Leonor	CDN	Funchal	13/07/2019
Recorde Regional Juv B	5:19.42	CAMARA, Ines Cruz	CDN	Funchal	11/07/2021
Recorde Regional Inf A	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
Recorde Regional Inf B	5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

TAC Nacional - PL (Março) Juv B: 5:31.04; Juv A: 5:21.75; Jun16: 5:15.10; Jun17: 5:09.74; Sen: 5:04.54 / TAC Zonais Juv B: 5:47.14; Juv A: 5:37.41 / TAC Nacional Juv B: 5:31.04; Juv A: 5:23.44; Jun16: 5:17.82; Jun17: 5:16.24; Sen18: 5:07.90; 19+: 5:06.36

Pontos: FINA 2021

Lugar	Ano		Tempo final		Pts
<b>Infantil A - 13 anos</b>					
1.	MELIM, Sara Beatriz	09	CD Nacional	<b>6:16.68</b>	324
	50m: 41.66 41.66	150m: 2:21.91	51.63 250m: 3:59.55	50.42 350m: 5:34.81	44.68
	100m: 1:30.28 48.62	200m: 3:09.13	47.22 300m: 4:50.13	50.58 400m: 6:16.68	41.87
2.	MATEUS, Eleine Vieira	09	CD Nacional	<b>6:29.93</b>	292
	50m: 44.52 44.52	150m: 2:24.93	48.80 250m: 4:06.32	55.24 350m: 5:46.61	45.90
	100m: 1:36.13 51.61	200m: 3:11.08	46.15 300m: 5:00.71	54.39 400m: 6:29.93	43.32
DSQ	TEMTEM, Madalena Barbosa	09	CD Nacional		
	<i>710 - N�o efectuou recupera�o da braçada, de acordo com a regra - SW 7.3</i>				
DSQ	SILVA, Maria Korina	09	CD Nacional		
	<i>403 - Falsa partida - SW 4.4</i>				

**Juvenil B - 14 anos**

1.	PEREIRA, Maria Clara	08	Juventude AC	<b>6:11.63</b>	338
	50m: 41.14 41.14	150m: 2:19.10	48.26 250m: 3:57.73	52.18 350m: 5:33.13	42.44
	100m: 1:30.84 49.70	200m: 3:05.55	46.45 300m: 4:50.69	52.96 400m: 6:11.63	38.50

**Juniores - 16, 17 anos**

1.	SILVA, Silvana Suamade	06	CD Sao Roque	<b>5:54.93</b>	388
	50m: 37.64 37.64	150m: 2:09.55	46.98 250m: 3:45.63	50.73 350m: 5:15.96	39.78
	100m: 1:22.57 44.93	200m: 2:54.90	45.35 300m: 4:36.18	50.55 400m: 5:54.93	38.97

Prova 36 Masc., 400m Estilos Absoluto  
14/11/2021 - 9:23 Resultados

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	4:37.61	GOUVEIA, Luis Galvao	CDN	Funchal	11/07/2021
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

TAC Nacional - PL (Março) Juv B: 5:04.63; Juv A: 4:56.65; Jun17: 4:41.06; Jun18: 4:39.62; Sen: 4:33.15 / TAC Zonais Juv B: 5:18.95; Juv A: 5:13.10 / TAC Nacional Juv B: 5:04.63; Juv A: 4:56.65; Jun17: 4:46.65; Jun18: 4:45.22; Sen19: 4:39.12; 20+: 4:37.73

Pontos: FINA 2021

Lugar Ano Tempo final Pts  
Infantil B - 13 anos

1. RODRIGUES, Goncalo Reis	09	Juventude AC	<b>7:12.91</b>	159
50m: 49.54 49.54	150m: 2:50.54	53.93	250m: 4:42.92	58.43
100m: 1:56.61 1:07.07	200m: 3:44.49	53.95	300m: 5:42.47	59.55
			350m: 6:28.76	46.29
			400m: 7:12.91	44.15

Infantil A - 14 anos

1. JARDIM, Lourenco Almeida	08	CD Nacional	<b>6:19.63</b>	236
50m: 38.90 38.90	150m: 2:15.95	51.92	250m: 3:57.03	52.36
100m: 1:24.03 45.13	200m: 3:04.67	48.72	300m: 4:48.80	51.77
			350m: 5:36.40	47.60
			400m: 6:19.63	43.23

Juvenil B - 15 anos

1. COSTA, Guilherme Corte	07	CD Nacional	<b>5:24.55</b>	378
50m: 33.01 33.01	150m: 1:51.48	40.36	250m: 3:20.51	48.82
100m: 1:11.12 38.11	200m: 2:31.69	40.21	300m: 4:09.75	49.24
			350m: 4:48.07	38.32
			400m: 5:24.55	36.48
2. FERNANDES, Afonso Berimbau	07	Juventude AC	<b>5:58.00</b>	282
50m: 35.08 35.08	150m: 2:01.79	45.37	250m: 3:42.16	55.69
100m: 1:16.42 41.34	200m: 2:46.47	44.68	300m: 4:38.65	56.49
			350m: 5:19.25	40.60
			400m: 5:58.00	38.75
3. ALVES, Diogo Basilio	07	Juventude AC	<b>6:05.22</b>	265
50m: 39.46 39.46	150m: 2:12.81	45.57	250m: 3:50.82	53.17
100m: 1:27.24 47.78	200m: 2:57.65	44.84	300m: 4:45.17	54.35
			350m: 5:25.26	40.09
			400m: 6:05.22	39.96

DSQ OLIVEIRA, Afonso Miguel 07 Juventude AC  
701 - Mais de uma pernada de golfinho durante a braçada submarina - SW 7.1

Juniores - 17, 18 anos

1. ALVES, Paulo Rodrigues	04	CD Nacional	<b>4:43.76</b>	566
<i>Mínimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>				
50m: 28.98 28.98	150m: 1:40.75	37.52	250m: 2:57.47	40.31
100m: 1:03.23 34.25	200m: 2:17.16	36.41	300m: 3:38.41	40.94
			350m: 4:11.15	32.74
			400m: 4:43.76	32.61
2. GOUVEIA, Luis Galvao	05	CD Nacional	<b>4:46.81</b>	548
50m: 28.32 28.32	150m: 1:39.98	38.33	250m: 2:57.98	41.14
100m: 1:01.65 33.33	200m: 2:16.84	36.86	300m: 3:40.03	42.05
			350m: 4:14.20	34.17
			400m: 4:46.81	32.61
3. RODRIGUES, Rodrigo Reis	04	CD Sao Roque	<b>4:49.15</b>	535
50m: 30.56 30.56	150m: 1:44.07	38.24	250m: 3:03.66	41.61
100m: 1:05.83 35.27	200m: 2:22.05	37.98	300m: 3:45.73	42.07
			350m: 4:18.15	32.42
			400m: 4:49.15	31.00

Prova 37 Femin., 50m Bruços Absolutos  
14/11/2021 - 9:31 Resultados

Recorde Regional Absoluto	33.10	QUINTAL, Fabiana Maria	CDN	Guarda	12/12/2010
Recorde Regional Sen	33.10	QUINTAL, Fabiana Maria	CDN	Guarda	12/12/2010
Recorde Regional Jun17	34.07	ABREU, Laura Catarina	CDWT	Funchal	11/12/2016
Recorde Regional Jun16	33.71	ABREU, Laura Catarina	CDN	Porto	13/12/2015
Recorde Regional Juv A	34.46	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	34.57	ABREU, Laura Catarina	CDN	Funchal	15/03/2014

TAC Nacional - PL (Março) Juv B: 37.29; Juv A: 36.74; Jun16: 36.20; Jun17: 35.27; Sen: 34.60 / TAC Zonais Juv B: 37.85; Juv A: 37.29 / TAC Nacional Juv B: 37.29; Juv A: 36.74; Jun16: 36.45; Jun17: 36.27; Sen18: 35.23; 19 +: 35.06

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
<b>Juvenil A - 15 anos</b>			
1. GONCALVES, Valentina Jose	07 CD Nacional	<b>35.73</b>	510
<i>Mínimos Nacional - Coimbra (30/03 a 03/04), Mínimos Zonal - A definir local (17/12 a 19/12), Mínimos Nacional - OPEN PORTUGAL (Jamos, 28/07 a 3</i>			
2. FIGUEIRA, Madalena Leonor	07 Naval do Funchal	<b>38.85</b>	397

**Juniores - 16, 17 anos**

1. DEUS, Ines Portugal	06 Naval do Funchal	<b>36.96</b>	461
2. SEQUEIRA, Beatriz Meneses	06 Naval do Funchal	<b>37.34</b>	447
3. CARICHAS, Joana Medeiros	06 Juventude AC	<b>41.72</b>	320
4. GOMES, Madalena Sousa	05 Naval do Funchal	<b>41.78</b>	319
5. NOBREGA, Maria Trindade	05 CD Nacional	<b>49.49</b>	192
6. ANDRADE, Maria Beatriz	05 CD Nacional	<b>51.07</b>	174

**Seniores - 18 e mais velhos**

1. BLANDY, Mischa Blue	04 Juventude AC	<b>48.97</b>	198
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Prova 38 Masc., 50m Bruços Absolutos  
14/11/2021 - 9:33 Resultados

Recorde Regional Absoluto	28.85	MARQUES, Miguel Freitas	CEOL	Funchal	26/03/2018
Recorde Regional Sen	28.85	MARQUES, Miguel Freitas	CEOL	Funchal	26/03/2018
Recorde Regional Jun18	29.26	FIGUEIRA, Andre Temtem	CNF	Funchal	12/07/2009
Recorde Regional Jun17	29.89	FERNANDES, Martim Pestana	CNF	Funchal	17/07/2021
Recorde Regional Juv A	31.04	SILVA, Tony Stefano	CDN	Funchal	17/07/2021
Recorde Regional Juv B	31.51	ALVES, Paulo Rodrigues	CDN	Funchal	18/05/2019

TAC Nacional - PL (Março) Juv B: 33.54; Juv A: 33.05; Jun17: 32.56; Jun18: 30.36; Sen: 29.79 / TAC Zonais Juv B: 34.04; Juv A: 33.55 / TAC Nacional Juv B: 33.54; Juv A: 33.05; Jun17: 32.56; Jun18: 31.22; Sen19: 30.37; 20 +: 30.22

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
<b>Juvenil A - 16 anos</b>			
1. SETIM, Joao Oliveira	06 Naval do Funchal	<b>35.69</b>	354
2. NACHYCHKO, Maximo	06 Naval do Funchal	<b>38.08</b>	291
<b>Juniores - 17, 18 anos</b>			
1. FERNANDES, Martim Pestana	04 Naval do Funchal	<b>30.51</b>	566
<i>Mínimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>			
2. SILVA, Tony Stefano	05 CD Nacional	<b>31.27</b>	526
<i>Mínimos Nacional - Coimbra (30/03 a 03/04), Mínimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>			
3. AGUILAR, Luis Santos	04 CD Nacional	<b>34.22</b>	401
4. ALVES, Andre Camara	05 CD Nacional	<b>34.54</b>	390
5. ALVES, Tiago Pires	05 Juventude AC	<b>36.92</b>	319

Prova 38, Masc., 50m Bru os

Seniores - 19 e mais velhos

1. SANTOS, Diego Felipe	87	CD Nacional	<b>31.73</b>	503
2. VIEIRA, Emanuel Eloi	03	CD Sao Roque	<b>33.81</b>	416
3. JORGE, Andre Camara	90	Escola O Liceu	<b>36.77</b>	323

Prova 39

Femin., 200m Costas

Absoluto

14/11/2021 - 9:34

Resultados

Recorde Regional Absoluto	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Sen	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Jun17	2:23.46	QUINTAL, Fabiana Maria	CDN	Funchal	03/02/2001
Recorde Regional Jun16	2:24.93	FERREIRA, Maria Leonor	CDN	Funchal	07/03/2020
Recorde Regional Juv A	2:24.92	ROSA, Beatriz Jong	CDN	Funchal	10/07/2015
Recorde Regional Juv B	2:26.17	COSTA, Maria Jardim	CDN	Funchal	07/03/2020
Recorde Regional Inf A	2:33.29	COSTA, Maria Jardim	CDN	Funchal	08/06/2019
Recorde Regional Inf B	2:37.35	GONCALVES, Vera Andrade	JACL	Funchal	11/07/2021

TAC Nacional - PL (Mar o) Juv B: 2:37.01; Juv A: 2:30.56; Jun16: 2:27.76; Jun17: 2:25.51; Sen: 2:23.08 / TAC Zonais Inf B: 3:10.68; Inf A: 3:00.87; Juv B: 2:43.15; Juv A: 2:38.58 / TAC Nacional Inf B: 3:06.68; Inf A: 2:56.87; Juv B: 2:37.01; Juv A: 2:32.42; Jun16: 2:28.04; Jun17: 2:27.30; Sen18: 2:25.06; 19 +: 2:24.33

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
<b>Infantil B - 12 anos</b>								
1. RIBEIRO, Guida Drumond	10	Naval do Funchal	<b>3:16.61</b>	221	46.28	52.87	50.49	46.97
2. ALVES, Ana Carolina	10	CD Nacional	<b>3:20.75</b>	207	45.86	51.33	53.63	49.93
3. LEITAO, Isabel Gouveia	10	Naval do Funchal	<b>3:20.79</b>	207	47.24	53.58	52.35	47.62
4. BRITO, Madalena Pinto	10	Naval do Funchal	<b>3:30.29</b>	180	50.15	54.22	54.71	51.21
5. ROSA, Clara Sofia	10	CD Nacional	<b>3:30.30</b>	180	51.31	54.79	54.14	50.06
6. MEDEIROS, C.	10	Naval do Funchal	<b>3:36.85</b>	165	51.45	56.57	56.67	52.16

Infantil A - 13 anos

1. GONCALVES, Vera Andrar	09	Juventude AC	<b>2:36.02</b>	443	36.71	40.31	40.52	38.48
<i>M�nimos Zonal - A definir local (25/03 a 27/03), M�nimos Nacional - Famalic�o (22/07 a 24/07)</i>								
2. MARGARIDO, Paula Aguiar	09	Juventude AC	<b>2:54.92</b>	314	40.38	43.62	44.99	45.93
<i>M�nimos Zonal - A definir local (25/03 a 27/03), M�nimos Nacional - Famalic�o (22/07 a 24/07)</i>								
3. PASSOS, Carolina Goncal	09s	Naval do Funchal	<b>3:42.41</b>	152	52.30	56.83	59.06	54.22
DSQ ROMAO, Laura Beatriz	09	Naval do Funchal	<i>607 - Mais de uma bra�ada, na posi�o ventral, antes da viragem aos 50 m - SW 6.4</i>					

Juvenil B - 14 anos

1. PEREIRA, Julia Freitas	08	Naval do Funchal	<b>2:40.34</b>	408	36.20	40.04	42.48	41.62
<i>M�nimos Zonal - A definir local (17/12 a 19/12)</i>								
2. GOMES, Sofia Vega	08	Naval do Funchal	<b>2:44.76</b>	376	37.16	42.65	43.12	41.83
3. BAPTISTA, Ines Sande	08	CD Nacional	<b>2:54.42</b>	317	40.70	43.68	45.77	44.27
4. SOARES, Leonor Silva	08	CD Nacional	<b>3:04.94</b>	266	42.85	46.74	48.23	47.12
5. NOBREGA, Sara Francisc	08	CD Sao Roque	<b>3:15.79</b>	224	45.70	49.60	51.39	49.10
6. JESUS, Ligia Maria	08	Escola O Liceu	<b>3:16.20</b>	222	44.83	50.88	51.17	49.32

Juvenil A - 15 anos

1. MATEUS, Clarisse Vieira	07	CD Nacional	<b>2:50.49</b>	339	39.07	43.56	44.52	43.34
2. FRANCA, Ines Matos	07	Juventude AC	<b>2:51.61</b>	332	39.57	43.98	44.41	43.65

Prova 39, Femin., 200m Costas

Juniores - 16, 17 anos

1. DIAS, Julia Alves	06	CD Nacional	<b>2:33.08</b>	469	35.20	38.40	39.71	39.77
2. FREITAS, Margarida Ram	06	CD Nacional	<b>2:42.72</b>	390	38.17	40.92	42.11	41.52
3. JESUS, Veronica Martins	06	CD Sao Roque	<b>3:59.86</b>	121	50.85	1:01.51	1:03.78	1:03.72

Seniores - 18 e mais velhos

1. CAMACHO, Laura Fernan	04	Naval do Funchal	<b>2:34.82</b>	453	35.79	39.38	39.63	40.02
2. LUIS, Jessica Santos	00	CD Sao Roque	<b>2:44.19</b>	380	38.33	41.71	42.88	41.27

Prova 40

Masc., 200m Costas

Absoluto

14/11/2021 - 9:47

Resultados

Recorde Regional Absoluto	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:06.22	MELIM, Oscar Ramos	CDN	Funchal	10/07/2004
Recorde Regional Jun17	2:03.83	FERNANDES, Rui Afonso	CDN	Funchal	25/07/2020
Recorde Regional Juv A	2:06.54	FERNANDES, Rui Afonso	CDN	Tomar	15/12/2018
Recorde Regional Juv B	2:08.37	FERNANDES, Rui Afonso	CDN	Funchal	01/08/2018
Recorde Regional Inf A	2:17.56	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2004
Recorde Regional Inf B	2:23.91	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Nacional - PL (Março) Juv B: 2:21.79; Juv A: 2:15.31; Jun17: 2:11.05; Jun18: 2:08.96; Sen: 2:06.11 / TAC Zonais Inf B: 2:57.73; Inf A: 2:47.30; Juv B: 2:27.99; Juv A: 2:25.28 / TAC Nacional Inf B: 2:53.73; Inf A: 2:43.30; Juv B: 2:21.79; Juv A: 2:17.66; Jun17: 2:12.67; Jun18: 2:12.01; Sen19: 2:08.98; 20+: 2:08.34

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Infantil B - 13 anos

1. ANDRADE, Salvador Freit	09	Naval do Funchal	<b>2:50.18</b>	239	39.71	43.88	45.70	40.89
<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>								
2. PESTANA, Pedro Correia	09	AD Galomar	<b>2:58.46</b>	207	41.50	45.39	47.32	44.25
3. ROCHA, Joao Henrique	09	AD Galomar	<b>2:59.90</b>	202	42.89	45.01	48.67	43.33
4. VELOZA, Tomas Ramos	09	CD Nacional	<b>3:06.77</b>	180	44.14	47.93	48.35	46.35
5. SOUSA, Eduardo Afonsec	09	CD Nacional	<b>3:15.45</b>	157	47.19	50.51	50.77	46.98
6. JARDIM, Joao Tomas	09	CD Nacional	<b>3:15.76</b>	157	46.84	50.32	50.60	48.00
7. PESTANA, Andre Pinto	09	Naval do Funchal	<b>3:27.42</b>	132	48.15	54.34	54.99	49.94
8. MARTINS, Antonio Freitas	09	CD Nacional	<b>3:34.69</b>	119	52.98	54.95	55.42	51.34
9. CRESPO, Joao Jesus	09	CD Nacional	<b>3:44.07</b>	104	51.43	59.43	59.83	53.38
DSQ ALVES, Francisco Manuel	09	CD Nacional	<i>615 - Não efectuou movimento continuo e imediato na viragem aos 150 - SW 6.4</i>					
DSQ MARTINHO, Joao Miguel	09	CD Nacional	<i>106 - Puxou pela pista separadora - SW 10.6</i>					
DSQ CAMACHO, S.	09	Juventude AC	<i>102 - Não completou a prova - SW 10.2</i>					

Infantil A - 14 anos

1. MIRANDA, F.	08	Naval do Funchal	<b>2:43.12</b>	271	37.19	41.40	42.82	41.71
<i>Mínimos Zonal - A definir local (25/03 a 27/03), Mínimos Nacional - Famalicão (22/07 a 24/07)</i>								
2. JESUS, Vasco Franca	08	Naval do Funchal	<b>2:47.73</b>	249	40.07	42.24	43.37	42.05
3. GOMES, Guilherme Silva	08	AD Galomar	<b>2:53.14</b>	227	40.93	45.17	45.31	41.73
4. MEDEIROS, Joao Francis	08	Juventude AC	<b>2:56.79</b>	213	42.27	45.88	46.99	41.65
5. ANTUNES, Frederico Luis	08	Juventude AC	<b>3:20.36</b>	146	46.24	51.10	52.56	50.46
6. BARATA, Joao Tomas	08	Juventude AC	<b>3:22.51</b>	141	48.69	51.93	52.46	49.43
7. CORREIA, Joao Luis	08	Juventude AC	<b>3:31.84</b>	123	46.94	55.74	55.86	53.30
8. FERNANDEZ, H.	08	Juventude AC	<b>3:32.37</b>	123	48.35	53.85	55.96	54.21
9. SILVA, Francisco Pita	08	Juventude AC	<b>3:48.06</b>	99	58.93	55.01	57.70	56.42

Prova 40, Masc., 200m Costas

Juvenil B - 15 anos

1.	NEVES, Tiago Brazao	07	Naval do Funchal	<b>2:21.50</b>	415	33.30	35.97	36.96	35.27
<i>M�nimos Nacional - Coimbra (30/03 a 03/04), M�nimos Zonal - A definir local (17/12 a 19/12), M�nimos Nacional - OPEN PORTUGAL (Jamor, 28/07 a 3</i>									
2.	NUNES, Henrique Dias	07	CD Nacional	<b>2:54.36</b>	222	40.84	44.78	45.55	43.19
3.	PENSO, Miguel Reigada	07	Escola O Liceu	<b>2:54.56</b>	221	39.57	44.66	45.64	44.69
4.	BERENQUER, S.	07	Juventude AC	<b>3:25.10</b>	136	48.81	53.51	54.04	48.74
DSQ	JESUS, David Martins	07	CD Sao Roque	<i>102 - N�o completou a prova - SW 10.2</i>					

Juvenil A - 16 anos

1.	PITA, Pedro Miguel	06	Naval do Funchal	<b>2:16.35</b>	464	31.46	34.94	35.48	34.47
<i>M�nimos Zonal - A definir local (17/12 a 19/12), M�nimos Nacional - OPEN PORTUGAL (Jamor, 28/07 a 3</i>									
2.	CRO, Nuno Afonso	06	CD Sao Roque	<b>3:29.64</b>	127	50.71	54.60	52.33	52.00

Juniores - 17, 18 anos

1.	MARQUES, Gustavo Pires	04	CD Sao Roque	<b>2:10.31</b>	532	30.20	33.26	33.60	33.25
<i>M�nimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>									
2.	TELES, Artur Corte	04	Juventude AC	<b>2:24.17</b>	393	31.73	35.49	38.41	38.54

Seniores - 19 e mais velhos

1.	RODRIGUES, Pedro Reis	02	CD Sao Roque	<b>2:19.30</b>	436	31.99	35.11	35.89	36.31
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Prova 41

Femin., 100m Mariposa

Absoluto  
Resultados

14/11/2021 - 10:14

Recorde Regional Absoluto	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	1:03.70	ROSA, Beatriz Jong	CDN	Porto	09/12/2017
Recorde Regional Jun17	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun16	1:04.75	ROSA, Beatriz Jong	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:05.15	ROSA, Beatriz Jong	CDN	Funchal	11/07/2015
Recorde Regional Juv B	1:07.65	ROSA, Beatriz Jong	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:09.65	ROSA, Beatriz Jong	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:11.10	LOPES, Joana Cristina	CNF	Funchal	18/07/1992

TAC Nacional - PL (Mar o) Juv B: 1:12.23; Juv A: 1:09.58; Jun16: 1:08.22; Jun17: 1:05.30; Sen: 1:04.10 / TAC Zonais Inf B: 1:27.71; Inf A: 1:21.62; Juv B: 1:13.31; Juv A: 1:11.34 / TAC Nacional Inf B: 1:25.71; Inf A: 1:19.62; Juv B: 1:12.23; Juv A: 1:09.49; Jun16: 1:08.22; Jun17: 1:07.01; Sen18: 1:05.61; 19 +: 1:05.28

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts	50m	100m
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Infantil B - 12 anos

1.	TEIXEIRA, Maria Leonor	10	Naval do Funchal	<b>1:38.35</b>	171	42.06	56.29
2.	ROSA, Clara Sofia	10	CD Nacional	<b>1:42.94</b>	149	50.72	52.22

Infantil A - 13 anos

1.	SA, Vanessa Fernandes	09	Naval do Funchal	<b>1:31.47</b>	212	40.80	50.67
2.	ALVES, Francisca Pereira	09	Juventude AC	<b>1:36.27</b>	182	40.94	55.33

Juvenil B - 14 anos

1.	ANDRADE, Matilde Sousa	08	Naval do Funchal	<b>1:16.13</b>	369	34.81	41.32
2.	ALVES, Juliana Rodrigues	08	CD Nacional	<b>1:18.01</b>	343	35.67	42.34
3.	GOMES, Sofia Vega	08	Naval do Funchal	<b>1:25.76</b>	258	37.80	47.96
4.	ALVES, Margarida Jesus	08	CD Nacional	<b>1:44.17</b>	144	45.72	58.45

Prova 41, Femin., 100m Mariposa

Juvenil A - 15 anos

1. NETO, Leonor Rodrigues	07	Naval do Funchal	<b>1:11.27</b>	449	32.94	38.33
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>						

Juniões - 16, 17 anos

1. JARDIM, Lara Filipa	06	Naval do Funchal	<b>1:12.40</b>	429	32.64	39.76
2. CARICHAS, Joana Medeiros	06	Juventude AC	<b>1:15.81</b>	373	35.47	40.34

Seniores - 18 e mais velhos

1. SOUSA, Joana Francisca	04	Naval do Funchal	<b>1:09.38</b>	487	32.31	37.07
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Prova 42

Masc., 100m Mariposa

Absoluto

14/11/2021 - 10:18

Resultados

Recorde Regional Absoluto	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Sen	55.34	FRANCO, Joao Fragueiro	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Jun17	56.11	SEQUEIRA, Afonso Meneses	CNF	Porto	12/12/2015
Recorde Regional Juv A	57.94	GOUVEIA, Luis Galvao	CDN	Funchal	17/07/2021
Recorde Regional Juv B	58.96	VARGAS, Henrique Luis	CNF	Funchal	24/07/2013
Recorde Regional Inf A	1:01.59	CAIRES, Nuno Costa	CNF	Funchal	12/07/2008
Recorde Regional Inf B	1:04.84	CASTRO, Joao Cruz	CSM	Funchal	24/07/2013

TAC Nacional - PL (Março) Juv B: 1:04.21; Juv A: 1:01.45; Jun17: 58.61; Jun18: 56.94; Sen: 56.33 / TAC Zonais Inf B: 1:19.01; Inf A: 1:14.35; Juv B: 1:06.27; Juv A: 1:05.09 / TAC Nacional Inf B: 1:17.01; Inf A: 1:12.35; Juv B: 1:04.21; Juv A: 1:01.45; Jun17: 58.72; Jun18: 58.43; Sen19: 57.53; 20 +: 57.24

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts	50m	100m
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Infantil B - 13 anos

1. GONCALVES, Pedro Martim	09	Juventude AC	<b>1:24.65</b>	179	37.30	47.35
2. SILVA, Joao Bernardo	09	CD Nacional	<b>1:32.87</b>	136	41.51	51.36
3. FARIA, Afonso Cunha	09	CD Sao Roque	<b>1:34.74</b>	128	42.16	52.58
4. ALVES, Francisco Manuel	09	CD Nacional	<b>1:48.52</b>	85	50.39	58.13
DSQ GOMES, Joao Abreu	09	Naval do Funchal				
<i>102 - Não completou a prova - SW 10.2</i>						
DSQ GONCALVES, Joao Guilherme	09	Naval do Funchal				
<i>102 - Não completou a prova - SW 10.2</i>						

Infantil A - 14 anos

1. RODRIGUES, Guilherme Gom	08	CD Sao Roque	<b>1:16.11</b>	247	35.35	40.76
2. BARRADAS, Rafael Alves	08	Escola O Liceu	<b>1:21.49</b>	201	36.67	44.82
3. JARDIM, Rodrigo Vieira	08	Naval do Funchal	<b>1:23.05</b>	190	37.11	45.94
4. CASTRO, Marco Antonio	08	Naval do Funchal	<b>1:25.56</b>	174	38.32	47.24
5. NOBREGA, Matias Sargo	08	Naval do Funchal	<b>1:31.14</b>	144	41.28	49.86

Juvenil B - 15 anos

1. ALMEIDA, Joao Francisco	07	Naval do Funchal	<b>1:05.65</b>	385	31.02	34.63
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>						
2. RIBEIRO, Telmo Drumond	07	Naval do Funchal	<b>1:05.88</b>	381	30.67	35.21
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>						
3. OLIVEIRA, Afonso Miguel	07	Juventude AC	<b>1:06.22</b>	375	30.95	35.27
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>						
4. PEREIRA, Lucas Santos	07	Naval do Funchal	<b>1:08.60</b>	337	31.81	36.79
5. FERNANDES, Afonso Berimba	07	Juventude AC	<b>1:13.28</b>	277	34.46	38.82

Prova 42, Masc., 100m Mariposa, Juvenil B - 15 anos

Lugar	Ano	Tempo final	Pts	50m	100m
6. SMIRNOV, Dmytro	07 CD Sao Roque	<b>1:20.92</b>	205	35.87	45.05
7. GOUVEIA, Martim Jose	07 CD Sao Roque	<b>1:26.19</b>	170	37.46	48.73
DSQ BARBOSA, Joao Camacho	07 CD Nacional				

809 - Movimento alternado de pernas durante o percurso - SW 8.3

Juvenil A - 16 anos

1. SILVA, Joao Luis	06 Escola O Liceu	<b>1:04.70</b>	402	29.60	35.10
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>					
2. ABREU, Joao Francisco	06 Naval do Funchal	<b>1:05.04</b>	396	30.46	34.58
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>					
3. FERRAZ, Luis Afonso	06 Naval do Funchal	<b>1:05.28</b>	392	30.47	34.81
4. GARANITO, Simao Silva	06 Naval do Funchal	<b>1:10.87</b>	306	32.25	38.62
5. TEMES, Joao Caires	06 Juventude AC	<b>1:12.35</b>	288	34.83	37.52
6. STEFLEA, Andre Sergio	06 CD Sao Roque	<b>1:13.76</b>	271	33.28	40.48
7. OLIVEIRA, Bernardo Antonio	06 Naval do Funchal	<b>1:22.83</b>	191	34.99	47.84

Juniores - 17, 18 anos

1. GOUVEIA, Luis Galvao	05 CD Nacional	<b>59.18</b>	526	28.10	31.08
2. RODRIGUES, Joao Luis	05 Naval do Funchal	<b>59.40</b>	520	27.57	31.83
3. ALVES, Paulo Rodrigues	04 CD Nacional	<b>59.58</b>	515	27.47	32.11
4. DIAS, Andre Vicente	05 CD Nacional	<b>59.84</b>	509	27.66	32.18
5. OLIVEIRA, Diogo Alexandre	05 Naval do Funchal	<b>1:00.90</b>	482	28.28	32.62
6. RODRIGUES, Rodrigo Reis	04 CD Sao Roque	<b>1:02.61</b>	444	29.58	33.03
7. AGUILAR, Luis Santos	04 CD Nacional	<b>1:07.88</b>	348	29.96	37.92
8. SILVA, Tony Stefano	05 CD Nacional	<b>1:08.70</b>	336	29.65	39.05
9. ALVES, Andre Camara	05 CD Nacional	<b>1:11.13</b>	303	32.75	38.38

Prova 43

Femin., 1500m Livres

Absolutos

14/11/2021 - 10:26

Resultados

Recorde Regional Absoluto	17:37.10	ANDRADE, Rubina Amaro	CDN	Funchal	22/07/1995
Recorde Regional Sen	17:55.74	ANDRADE, Rubina Amaro	CDN	Funchal	13/06/1997
Recorde Regional Jun17	18:32.01	HENRIQUES, Luisa Costa	CNF	Funchal	29/05/2010
Recorde Regional Jun16	17:37.10	ANDRADE, Rubina Amaro	CDN	Funchal	22/07/1995
Recorde Regional Juv A	18:48.70	COSTA, Maria Jardim	CDN	Funchal	13/05/2021
Recorde Regional Juv B	18:18.70	ANDRADE, Rubina Amaro	CDN	Funchal	05/03/1993

TAC Nacional - PL (Março) Juv B: 19:35.00; Juv A: 19:15.00; Jun16: 18:25.15; Jun17: 18:25.15; Sen: 17:53.31 /

TAC Zonais Juv B: 19:52.63; Juv A: 19:32.33 / TAC Nacional Juv B: 19:35.00; Juv A: 19:15.00; Jun16: 18:25.15; Jun17: 18:25.15;

Sen18: 17:53.31; 19+: 17:53.31

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
<b>Juniores - 16, 17 anos</b>			
1. SILVA, Silvana Suamade	06 CD Sao Roque	<b>20:23.34</b>	422
100m: 1:17.53 1:17.53	500m: 6:47.34 1:23.49	900m: 12:17.75 1:22.90	1300m: 17:43.01 1:20.90
200m: 2:39.63 1:22.10	600m: 8:09.51 1:22.17	1000m: 13:40.45 1:22.70	1400m: 19:04.52 1:21.51
300m: 4:01.27 1:21.64	700m: 9:31.81 1:22.30	1100m: 15:01.00 1:20.55	1500m: 20:23.34 1:18.82
400m: 5:23.85 1:22.58	800m: 10:54.85 1:23.04	1200m: 16:22.11 1:21.11	
2. PEREIRA, Joana Marques	06 Juventude AC	<b>21:16.99</b>	371
100m: 1:17.63 1:17.63	500m: 6:57.38 1:26.03	900m: 12:42.79 1:26.33	1300m: 18:29.84 1:26.84
200m: 2:40.58 1:22.95	600m: 8:24.20 1:26.82	1000m: 14:09.37 1:26.58	1400m: 19:53.98 1:24.14
300m: 4:05.14 1:24.56	700m: 9:50.14 1:25.94	1100m: 15:36.65 1:27.28	1500m: 21:16.99 1:23.01
400m: 5:31.35 1:26.21	800m: 11:16.46 1:26.32	1200m: 17:03.00 1:26.35	

Prova 44 Masc., 800m Livres Absolutos  
14/11/2021 - 10:49 Resultados

Recorde Regional Absoluto	7:59.51	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	7:59.51	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	8:16.27	GOUVEIA, Pedro Galvao	CDN	Funchal	09/12/2016
Recorde Regional Jun17	8:26.03	GOUVEIA, Pedro Galvao	CDN	Funchal	05/03/2016
Recorde Regional Juv A	8:47.54	ALMEIDA, Carlos Alexandre	CDN	Funchal	11/12/2004
Recorde Regional Juv B	8:46.95	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004

TAC Nacional - PL (Março) Juv B: 9:41.98; Juv A: 9:15.87; Jun17: 8:43.37; Jun18: 8:35.18; Sen: 8:26.90 / TAC Zonais Juv B: 9:50.71; Juv A: 9:24.21 / TAC Nacional Juv B: 9:41.98; Juv A: 9:15.87; Jun17: 8:43.37; Jun18: 8:35.18; Sen19: 8:26.90; 20+: 8:26.90

Pontos: FINA 2021

Lugar Ano Tempo final Pts  
Juniiores - 17, 18 anos

1. MARQUES, Gustavo Pires	04	CD Sao Roque	<b>8:25.47</b>	675
<i>Mínimos Nacional - Coimbra (30/03 a 03/04), Mínimos Nacional - Leiria (26/11 a 28/11) &amp; OPEN</i>				
100m:	59.32	59.32	300m:	3:05.96 1:03.18
200m:	2:02.78	1:03.46	400m:	4:09.47 1:03.51
			500m:	5:12.93 1:03.46
			600m:	6:17.97 1:05.04
			700m:	7:22.35 1:04.38
			800m:	8:25.47 1:03.12

Seniores - 19 e mais velhos

1. RODRIGUES, Pedro Reis	02	CD Sao Roque	<b>9:06.87</b>	533
100m:	1:04.95	1:04.95	300m:	3:23.00 1:09.02
200m:	2:13.98	1:09.03	400m:	4:32.26 1:09.26
			500m:	5:41.54 1:09.28
			600m:	6:50.77 1:09.23
			700m:	7:59.77 1:09.00
			800m:	9:06.87 1:07.10

Prova 45 Femin., 4 x 100m Livres Absoluto  
14/11/2021 - 11:03 Resultados

Recorde Regional Absoluto	4:03.77	Clube Naval do Funchal	CNF	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	4:06.46	Clube Naval do Funchal	CNF	Porto	04/12/2010
Recorde Regional Jun	4:10.74	Clube Desportivo Nacional	CDN	Funchal	27/07/2016
Recorde Regional Juv A	4:11.49	Clube Desportivo Nacional	CDN	Leiria	14/12/2014
Recorde Regional Juv B	4:12.63	Clube Desportivo Nacional	CDN	Tomar	15/12/2013
Recorde Regional Inf A	4:14.93	Clube Desportivo Nacional	CDN	Funchal	25/07/2013
Recorde Regional Inf B	4:41.49	Clube Naval do Funchal	CNF	Funchal	10/07/2015

TAC Estafeta Nacional Juv: 4:16.14; Jun: 4:08.82; Sen: 4:03.94

Pontos: FINA 2021

Lugar Tempo final Pts  
Infantil B - 12 anos

1. Naval do Funchal 10	Naval do Funchal	<b>5:54.02</b>	198
TEIXEIRA, Maria Leonor	+0,65 37.14 1:18.61	MEDEIROS, Constanca Sousa	+0,31 50.82 1:44.94
BRITO, Madalena Pinto	+0,59 42.24 1:28.87	RIBEIRO, Guida Drumond	37.56 1:21.60

Infantil A - 13 anos

1. CDN - INF-A	CD Nacional	<b>5:22.85</b>	261
MELIM, Sara Beatriz	09 35.20 1:14.07	TEMTEM, Madalena Barbosa	09 39.80 1:24.29
MATEUS, Eleine Vieira	09 37.77 1:19.66	SILVA, Maria Korina	09 41.59 1:24.83

DSQ Naval do Funchal 9 Naval do Funchal  
111 - *Rendição antecipada do(a) 2 nadador(a) - SW 10.11*

ROMAO, Laura Beatriz	+0,81 44.43 1:38.10	FREITAS, Francisca Leonor	
PASSOS, Carolina Goncalves	-0,11	SA, Vanessa Fernandes	

Juvenil B - 14 anos

1. Naval do Funchal 8	Naval do Funchal	<b>4:41.48</b>	395
ANDRADE, Matilde Sousa	+0,74 32.67 1:08.51	GOMES, Sofia Vega	+0,39 32.56 1:08.40
PEREIRA, Julia Freitas	+0,57 33.58 1:10.60	SILVA, Carolina Pestana	+0,25 34.08 1:13.97

Prova 45, Femin., 4 x 100m Livres

Absoluto - 12 e mais velhos

1. Naval do Funchal 1	Naval do Funchal				<b>4:20.54</b>	498
DEUS, Ines Portugal	+0,62	31.99	1:07.65	ARAUJO, Maria Clara	+0,06	30.85 1:05.11
SOUSA, Joana Francisca	+0,06	29.73	1:02.80	JARDIM, Lara Filipa	+0,38	30.53 1:04.98
2. Juventude AC 1	Juventude AC				<b>4:35.80</b>	419
GONCALVES, Vera Andrade	+0,65	31.44	1:05.82	FRANCA, Ines Matos	+0,51	33.01 1:10.23
CARICHAS, Joana Medeiros	+0,53	32.25	1:09.08	PEREIRA, Joana Marques	+0,47	33.26 1:10.67
3. Juventude AC 2	Juventude AC				<b>5:21.62</b>	264
MARGARIDO, Paula Aguiar	+0,69	35.72	1:15.72	ALVES, Francisca Pereira	+0,38	42.63 1:26.17
PEREIRA, Maria Clara	+0,63	35.64	1:13.29	BLANDY, Mischa Blue		40.44 1:26.44
4. CDN - INF A + ABS	CD Nacional				<b>5:48.91</b>	207
ANDRADE, Maria Beatriz	+0,64	39.23	1:26.73	ROSA, Clara Sofia	+0,42	42.95 1:32.39
SOARES, Leonor Silva	+0,10	37.28	1:19.99	ALVES, Ana Carolina	+0,54	43.21 1:29.80

Prova 46

Masc., 4 x 100m Livres

Absoluto

14/11/2021 - 11:09

Resultados

Recorde Regional Absoluto	3:25.10	Clube Desportivo Nacional	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:25.10	Clube Desportivo Nacional	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun	3:34.51	Clube Naval do Funchal	CNF	Felgueiras	22/12/2013
Recorde Regional Juv A	3:34.94	Clube Naval do Funchal	CNF	Funchal	11/07/2014
Recorde Regional Juv B	3:46.97	Clube Naval do Funchal	CNF	Funchal	11/07/2009
Recorde Regional Inf A	3:54.59	Clube Naval do Funchal	CNF	Funchal	23/06/2007
Recorde Regional Inf B	4:12.91	Clube Naval do Funchal	CNF	Funchal	14/07/2007

TAC Estafeta Nacional Juv: 3:51.30; Jun: 3:41.67; Sen: 3:34.17

Pontos: FINA 2021

Lugar					Tempo final	Pts
<b>Infantil B - 13 anos</b>						
1. Naval do Funchal 9	Naval do Funchal				<b>5:10.42</b>	204
GOMES, Joao Abreu	+0,47	38.71	1:24.89	GONCALVES, Joao Guilherme	+0,43	34.32 1:10.16
PESTANA, Andre Pinto	+0,37	37.57	1:20.41	ANDRADE, Salvador Freitas	+0,52	35.53 1:14.96
2. CDN - INF-B 1	CD Nacional				<b>5:16.59</b>	193
SILVA, Joao Bernardo	+0,70	37.39	1:16.75	JARDIM, Joao Tomas		37.54 1:18.90
VELOZA, Tomas Ramos	+0,69	38.82	1:20.38	SOUSA, Eduardo Afonseca		38.16 1:20.56

Infantil A - 14 anos

1. Naval do Funchal 8	Naval do Funchal				<b>4:47.97</b>	256
FERNANDES, Antonio Maria		37.19	1:17.49	JESUS, Vasco Franca	+0,41	31.60 1:09.53
CASTRO, Marco Antonio	+0,40	32.49	1:09.32	NOBREGA, Matias Sargo	+0,29	34.62 1:11.63

Juvenil B - 15 anos

1. Naval do Funchal 7	Naval do Funchal				<b>4:03.17</b>	426
RIBEIRO, Telmo Drumond	+0,64	30.04	1:03.49	ALMEIDA, Joao Francisco	+0,27	28.67 1:00.82
NEVES, Tiago Brazao	+0,48	29.28	1:00.64	PEREIRA, Lucas Santos	+0,24	28.02 58.22

Juvenil A - 16 anos

1. Naval do Funchal 6	Naval do Funchal				<b>4:00.95</b>	438
SETIM, Joao Oliveira	+0,63	29.11	1:00.96	GARANITO, Simao Silva	+0,12	28.73 1:00.80
ABREU, Joao Francisco	+0,02	28.42	59.37	FERRAZ, Luis Afonso	+0,27	28.63 59.82

Prova 46, Masc., 4 x 100m Livres

Absoluto - 13 e mais velhos

1.	Naval do Funchal 1				Naval do Funchal		<b>3:40.21</b>	574
	OLIVEIRA, Diogo Alexandre	+0,67	26.74	55.77	PITA, Pedro Miguel	+0,23	26.37	56.05
	RODRIGUES, Joao Luis	+0,21	26.61	55.82	FERNANDES, Diogo Henrique	-0,01	24.54	52.57
2.	CD Sao Roque 1				CD Sao Roque		<b>3:43.47</b>	549
	MARQUES, Gustavo Pires	+0,64	25.07	52.30	RODRIGUES, Rodrigo Reis	+0,01	26.10	55.28
	RODRIGUES, Pedro Reis	+0,50	27.26	56.50	VIEIRA, Emanuel Eloi	+0,35	28.32	59.39
3.	Juventude AC 1				Juventude AC		<b>4:11.69</b>	384
	TELES, Artur Corte		04 26.68	58.49	ALVES, Diogo Basilio		07 32.66	1:08.37
	TEMES, Joao Caires		06 30.60	1:03.51	OLIVEIRA, Afonso Miguel		07 28.22	1:01.32
4.	Juventude AC 2				Juventude AC		<b>4:37.06</b>	288
	FERNANDES, Afonso Berimbau	+0,69	32.50	1:07.07	GONCALVES, Pedro Martim	+0,53	33.71	1:13.56
	MEDEIROS, Joao Francisco	+0,36	33.80	1:12.07	ALVES, Tiago Pires		29.41	1:04.36
5.	CDN - ABS				CD Nacional		<b>5:12.85</b>	200
	JARDIM, Lourenco Almeida	+0,71	36.55	1:16.24	SOUSA, Simao Henrique	+0,63	34.60	1:12.79
	MARTINS, Tomas Rodrigo	+0,45	41.86	1:31.71	BARBOSA, Joao Camacho	+0,05	33.73	1:12.11
6.	CDN - ABS				CD Nacional		<b>5:54.24</b>	137
	ALVES, Francisco Manuel	+0,88	44.36	1:32.63	VIEIRA, Luis Henrique	+0,50	39.46	1:23.35
	MARTINHO, Joao Miguel	+0,29	39.52	1:23.53	CRESPO, Joao Jesus	+0,32	42.72	1:34.73