

2 - 1st Session "B" | JUV. [A], JUN. and SEN.

19/06/2021 - 11:15

Prova 11	Masc., 400m Livres				JUV A, JUN, SEN
19/06/2021 - 11:15					Startlist
Recorde Regional Absoluto	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Sen	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Jun18	4:07.78	GOUVEIA, Pedro Galvao	CDN	Coimbra	02/04/2017
Recorde Regional Jun17	4:07.82	FRANCO, Paulo Fragueiro	CDN	Famalicao	06/08/1999
Recorde Regional Juv A	4:14.87	FRANCO, Paulo Fragueiro	CDN	Jamor	31/07/1998
TAC OPEN Juv A: 4:31.12; Jun17: 4:18.14; Jun18: 4:15.57; Sen: 4:09.41					

Ano

Série 1 de 1, 11:15

1 FREITAS, Eduardo Luis	99	AD Machico	5:45.00
2 CAMACHO, Joao Simao	03	CD Nacional	5:18.34
3 DIAS, Andre Vicente	05	CD Nacional	4:40.18
4 RODRIGUES, Pedro Reis	02	CD Sao Roque	4:18.25
5 ALVES, Paulo Rodrigues	04	CD Nacional	4:25.22
6 GOUVEIA, Miguel Angelo	95	Escola O Liceu	4:50.55
7 JAU, Valter Henriques	01	Escola O Liceu	5:20.12

Prova 12	Femin., 400m Livres				JUV A, JUN, SEN
19/06/2021 - 11:21					Startlist
Recorde Regional Absoluto	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Sen	4:41.19	ANDRADE, Rubina Amaro	CDN	Restelo	21/12/1996
Recorde Regional Jun17	4:38.89	ANDRADE, Rubina Amaro	CDN	Famalicao	02/08/1996
Recorde Regional Jun16	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Juv A	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
TAC OPEN Juv A: 4:49.75; Jun16: 4:45.76; Jun17: 4:38.61; Sen: 4:33.31					

Ano

Série 1 de 1, 11:21

2 LECA, Natasha Maria	03	CD Nacional	5:33.13
3 SILVA, Silvana Suamade	06	CD Sao Roque	5:04.49
4 SOUSA, Joana Francisca	04	CD Sao Roque	4:55.58
5 FREITAS, Margarida Ramos	06	CD Nacional	5:03.89
6 PEREIRA, Joana Marques	06	Salesianos do Funchal	5:25.00

Prova 13		Masc., 200m Costas			JUV A, JUN, SEN
19/06/2021 - 11:27					Startlist
Recorde Regional Absoluto	2:06.37	MELIM, Oscar Ramos	CDN	Faro	19/07/2009
Recorde Regional Sen	2:06.37	MELIM, Oscar Ramos	CDN	Faro	19/07/2009
Recorde Regional Jun18	2:09.13	MELIM, Oscar Ramos	CDN	Lisboa	30/05/2004
Recorde Regional Jun17	2:11.69	MELIM, Oscar Ramos	CDN	Rio Maior	01/08/2003
Recorde Regional Juv A	2:12.11	PEREIRA, Nuno Miguel	CDN	Las Palmas (ESP)	08/07/1992
TAC OPEN Juv A: 2:21.43; Jun17: 2:18.51; Jun18: 2:15.08; Sen: 2:12.25					

Ano

Série 1 de 1, 11:27

3 PONTE, Andre Carreiro	92	CN Ponta Delgada		2:47.68
4 FERNANDES, Rui Afonso	03	CD Nacional		2:12.15
5 RODRIGUES, Rodrigo Reis	04	CD Sao Roque		2:33.92
6 SOARES, Daniel Pacheco	04	CN Ponta Delgada		2:48.79

Prova 14		Femin., 200m Costas			JUV A, JUN, SEN
19/06/2021 - 11:30					Startlist
Recorde Regional Absoluto	2:25.94	QUINTAL, Fabiana Maria	CDN	Coimbra	28/03/2008
Recorde Regional Sen	2:25.94	QUINTAL, Fabiana Maria	CDN	Coimbra	28/03/2008
Recorde Regional Jun17	2:29.82	ROSA, Beatriz Jong	CDWT	Porto	03/06/2017
Recorde Regional Jun16	2:30.73	FERREIRA, Maria Leonor	CDN	Funchal	01/03/2020
Recorde Regional Juv A	2:30.28	FERREIRA, Maria Leonor	CDN	Funchal	02/08/2019
TAC OPEN Juv A: 2:38.03; Jun16: 2:33.53; Jun17: 2:32.01; Sen: 2:29.42					

Ano

Série 1 de 2, 11:30

3 TEMBE, Ines Afonso	06	CD Nacional		3:14.25
4 CANADA, Maria Elvira	06	CD Nacional		2:48.30
5 SOUSA, Ivana Valentina	06	CD Nacional		2:57.49

Série 2 de 2, 11:34

2 SILVA, Julia Atamas	06	CN Ponta Delgada		2:43.43
3 DIAS, Julia Alves	06	CD Nacional		2:40.87
4 FERREIRA, Maria Leonor	04	CD Nacional		2:30.28
5 COSTA, Maria Jardim	06	CD Nacional		2:33.97
6 CAMACHO, Laura Fernandes	04	Naval do Funchal		2:41.16
7 LUIS, Jessica Santos	00	CD Sao Roque		2:43.97

Prova 15 Masc., 100m Bruços JUV A, JUN, SEN  
19/06/2021 - 11:37 Startlist

Recorde Regional Absoluto	1:05.65	SILVA, Tomas Antonio	CNF	Funchal	01/08/2019
Recorde Regional Sen	1:07.30	MOURA, Vitor Diogo	CDN	Oeiras	26/07/2012
Recorde Regional Jun18	1:05.65	SILVA, Tomas Antonio	CNF	Funchal	01/08/2019
Recorde Regional Jun17	1:07.65	SILVA, Tomas Antonio	CNF	Oeiras	26/07/2018
Recorde Regional Juv A	1:09.14	FERNANDES, Martim Pestana	CNF	Funchal	22/02/2020

TAC OPEN Juv A: 1:14.00; Jun17: 1:12.05; Jun18: 1:08.26; Sen: 1:06.78

Ano

Série 1 de 2, 11:37

3 DINIS, Fernando Jose	02	CD Sao Roque	2:00.00
4 BRAZ, Romao Noronha	04	CN Ponta Delgada	1:23.14
5 CRUZ, Henrique Benevides	83	CN Ponta Delgada	1:50.23

Série 2 de 2, 11:39

1 VIEIRA, Emanuel Eloi	03	CD Sao Roque	1:19.81
2 ALVES, Andre Camara	05	CD Nacional	1:16.10
3 GOUVEIA, Luis Galvao	05	CD Nacional	1:14.36
4 SILVA, Tony Stefano	05	CD Nacional	1:13.43
5 ALVES, Afonso Pires	05	Salesianos do Funchal	1:14.00
6 AGUILAR, Luis Santos	04	CD Nacional	1:15.20
7 LOPES, Pedro Henrique	03	CD Sao Roque	1:16.66

Prova 16 Femin., 100m Bruços JUV A, JUN, SEN  
19/06/2021 - 11:41 Startlist

Recorde Regional Absoluto	1:13.39	QUINTAL, Fabiana Maria	CDN	Faro	18/07/2009
Recorde Regional Sen	1:13.39	QUINTAL, Fabiana Maria	CDN	Faro	18/07/2009
Recorde Regional Jun17	1:16.93	MARQUES, Mariana Sousa	CNF	Lisboa	28/05/2005
Recorde Regional Jun16	1:15.42	ABREU, Laura Catarina	CDN	Oeiras	07/02/2016
Recorde Regional Juv A	1:14.35	ABREU, Laura Catarina	CDN	Coimbra	23/07/2015

TAC OPEN Juv A: 1:23.19; Jun16: 1:20.65; Jun17: 1:18.34; Sen: 1:16.34

Ano

Série 1 de 1, 11:41

4 SILVA, Gabriela Suamade	02	CD Sao Roque	1:39.91
5 GOUVEIA, Mariana Alves	03	Ludens CM	1:49.86

Prova 17 Masc., 200m Mariposa JUV A, JUN, SEN  
19/06/2021 - 11:53 Startlist

Recorde Regional Absoluto	2:03.92	GOUVEIA, Pedro Galvao	CDN	Coimbra	30/03/2017
Recorde Regional Sen	2:04.96	FRANCO, Paulo Fragueiro	CDN	Campanha	16/06/2002
Recorde Regional Jun18	2:03.92	GOUVEIA, Pedro Galvao	CDN	Coimbra	30/03/2017
Recorde Regional Jun17	2:07.18	GOUVEIA, Pedro Galvao	CDN	Oeiras	11/03/2016
Recorde Regional Juv A	2:09.66	GOUVEIA, Luis Galvao	CDN	Rio Maior	29/05/2021
TAC OPEN Juv A: 2:23.45; Jun17: 2:17.04; Jun18: 2:11.32; Sen: 2:08.31					

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Série 1 de 1, 11:53

4 GOUVEIA, Luis Galvao 05 CD Nacional 2:09.66

Prova 18 Femin., 200m Mariposa JUV A, JUN, SEN  
19/06/2021 - 11:56 Startlist

Recorde Regional Absoluto	2:22.94	ROSA, Beatriz Jong	CDN	Funchal	22/03/2018
Recorde Regional Sen	2:22.94	ROSA, Beatriz Jong	CDN	Funchal	22/03/2018
Recorde Regional Jun17	2:28.87	VICTOR, Joana Isabel	CDN	Coimbra	30/03/2008
Recorde Regional Jun16	2:27.23	CERDAS, Sara Rodrigues	CNF	Lisboa	28/05/2005
Recorde Regional Juv A	2:27.49	CERDAS, Sara Rodrigues	CNF	Lisboa	29/05/2004
TAC OPEN Juv A: 2:45.00; Jun16: 2:34.44; Jun17: 2:30.61; Sen: 2:27.98					

Ano

Série 1 de 1, 11:56

3 CARICHAS, Joana Medeiros 06 Salesianos do Funchal 3:00.00  
4 SANTOS, Sofia Isabel 04 CN Ponta Delgada 2:48.64  
5 SOUSA, Ivana Valentina 06 CD Nacional 2:55.38

Prova 19 Masc., 100m Livres JUV A, JUN, SEN  
19/06/2021 - 11:59 Startlist

Recorde Regional Absoluto	50.84	PINTO, Luis Marques	CDN	Coimbra	31/05/2009
Recorde Regional Sen	50.84	PINTO, Luis Marques	CDN	Coimbra	31/05/2009
Recorde Regional Jun18	53.04	CASTRO, Joao Cruz	CDSR	Funchal	22/03/2018
Recorde Regional Jun17	53.00	CASTRO, Joao Cruz	CDSR	Coimbra	28/05/2017
Recorde Regional Juv A	53.61	CASTRO, Joao Cruz	CDSR	Oeiras	24/07/2016
TAC OPEN Juv A: 57.78; Jun17: 55.22; Jun18: 53.52; Sen: 52.39					

Ano

Série 1 de 3, 11:59

2 DINIS, Fernando Jose 02 CD Sao Roque 1:27.60  
3 PERESTRELO, Pedro Antonio 96 AD Machico 1:15.00  
4 PONTE, Andre Carreiro 92 CN Ponta Delgada 1:09.33  
5 SANTOS, Nuno Goncalo 05 CD Sao Roque 1:10.91  
6 FREITAS, Bernardo Vasconcelos 05 Ludens CM 1:16.48

Prova 19, Masc., 100m Livres

Série 2 de 3, 12:01

1 ALVES, Andre Camara	05	CD Nacional	1:05.20
2 VIEIRA, Emanuel Eloi	03	CD Sao Roque	1:04.53
3 SOARES, Daniel Pacheco	04	CN Ponta Delgada	1:03.15
4 LOPES, Pedro Henrique	03	CD Sao Roque	1:00.66
5 GOUVEIA, Miguel Angelo	95	Escola O Liceu	1:00.80
6 SILVA, Tony Stefano	05	CD Nacional	1:03.32
7 CAMACHO, Joao Simao	03	CD Nacional	1:04.57
8 FREITAS, Eduardo Luis	99	AD Machico	1:06.00

Série 3 de 3, 12:02

1 AGUILAR, Luis Santos	04	CD Nacional	1:00.50
2 BRAZ, Romao Noronha	04	CN Ponta Delgada	59.13
3 FERNANDES, Rui Afonso	03	CD Nacional	56.80
4 FERNANDES, Joao Vitor	00	Escola O Liceu	54.96
5 RODRIGUES, Pedro Reis	02	CD Sao Roque	56.72
6 ALVES, Paulo Rodrigues	04	CD Nacional	57.20
7 RODRIGUES, Rodrigo Reis	04	CD Sao Roque	1:00.09
8 DIAS, Andre Vicente	05	CD Nacional	1:00.62

Prova 20

Femin., 100m Livres

JUV A, JUN, SEN

19/06/2021 - 12:03

Startlist

Recorde Regional Absoluto	1:00.73	QUINTAL, Fabiana Maria	CDN	Coimbra	09/04/2010
Recorde Regional Sen	1:00.73	QUINTAL, Fabiana Maria	CDN	Coimbra	09/04/2010
Recorde Regional Jun17	1:02.05	ANDRADE, Rubina Amaro	CDN		01/01/1996
Recorde Regional Jun16	1:01.63	AGUILAR, Vera Ines	CDN	Funchal	11/03/2016
Recorde Regional Juv A	1:01.06	AGUILAR, Vera Ines	CDN	Funchal	14/02/2015

TAC OPEN Juv A: 1:03.96; Jun16: 1:02.10; Jun17: 1:00.83; Sen: 1:00.02

Ano

Série 1 de 3, 12:03

2 JESUS, Veronica Martins	06	CD Sao Roque	2:00.00
3 BLANDY, Mischa Blue	04	Salesianos do Funchal	1:30.00
4 FREITAS, Viviana Maria	03	AD Machico	1:20.00
5 GOUVEIA, Mariana Alves	03	Ludens CM	1:25.39
6 ERRA, Juliana Franco	03	AD Machico	1:35.00

Série 2 de 3, 12:06

1 SILVA, Gabriela Suamade	02	CD Sao Roque	1:16.59
2 SILVA, Silvana Suamade	06	CD Sao Roque	1:12.75
3 CANADA, Maria Elvira	06	CD Nacional	1:11.21
4 LECA, Natasha Maria	03	CD Nacional	1:09.93
5 SANTOS, Sofia Isabel	04	CN Ponta Delgada	1:10.32
6 PEREIRA, Joana Marques	06	Salesianos do Funchal	1:12.00
7 SILVA, Julia Atamas	06	CN Ponta Delgada	1:14.21
8 TEMBE, Ines Afonso	06	CD Nacional	1:18.82

Prova 20, Femin., 100m Livres

Série 3 de 3, 12:07

1 FERREIRA, Maria Leonor	04	CD Nacional	1:08.03
2 LUIS, Jessica Santos	00	CD Sao Roque	1:06.69
3 SOUSA, Joana Francisca	04	CD Sao Roque	1:05.44
4 BRITES, Marta Lopes	06	CN Ponta Delgada	1:01.45
5 COSTA, Maria Jardim	06	CD Nacional	1:03.96
6 GOMES, Maria Isabel	06	CN Ponta Delgada	1:05.64
7 DIAS, Julia Alves	06	CD Nacional	1:07.69
8 FREITAS, Margarida Ramos	06	CD Nacional	1:08.23

4 - 2nd Session "B" | JUV. [A], JUN. and SEN.

19/06/2021 - 18:15

Prova 31	Masc., 200m Estilos				JUV A, JUN, SEN
19/06/2021 - 18:15					Startlist
Recorde Regional Absoluto	2:07.28	SILVA, Tomas Antonio	CNF	Funchal	04/08/2019
Recorde Regional Sen	2:10.47	MENDONCA, Duarte Alves	CDN	Famalicao	06/08/1999
Recorde Regional Jun18	2:07.28	SILVA, Tomas Antonio	CNF	Funchal	04/08/2019
Recorde Regional Jun17	2:11.49	SILVA, Tomas Antonio	CNF	Funchal	24/03/2018
Recorde Regional Juv A	2:15.68	FREITAS, Tomas Miguel	CDN	Coimbra	30/07/2006
TAC OPEN Juv A: 2:23.01; Jun17: 2:15.44; Jun18: 2:15.08; Sen: 2:11.35					

Ano

Série 1 de 1, 18:15

1 SOARES, Daniel Pacheco	04	CN Ponta Delgada	2:44.90
2 AGUILAR, Luis Santos	04	CD Nacional	2:37.41
3 SILVA, Tony Stefano	05	CD Nacional	2:32.00
4 ALVES, Paulo Rodrigues	04	CD Nacional	2:13.25
5 GOUVEIA, Luis Galvao	05	CD Nacional	2:16.51
6 LOPES, Pedro Henrique	03	CD Sao Roque	2:32.88
7 VIEIRA, Emanuel Eloi	03	CD Sao Roque	2:38.11
8 JAU, Valter Henriques	01	Escola O Liceu	2:45.34

Prova 32	Femin., 200m Estilos				JUV A, JUN, SEN
19/06/2021 - 18:18					Startlist
Recorde Regional Absoluto	2:20.84	QUINTAL, Fabiana Maria	CDN	Coimbra	30/05/2009
Recorde Regional Sen	2:20.84	QUINTAL, Fabiana Maria	CDN	Coimbra	30/05/2009
Recorde Regional Jun17	2:31.69	ROSA, Beatriz Jong	CDWT	Coimbra	30/03/2017
Recorde Regional Jun16	2:32.15	ABREU, Laura Catarina	CDN	Funchal	27/02/2016
Recorde Regional Juv A	2:32.53	ROSA, Beatriz Jong	CDN	Funchal	05/07/2015
TAC OPEN Juv A: 2:35.89; Jun16: 2:33.84; Jun17: 2:29.70; Sen: 2:28.08					

Ano

Série 1 de 1, 18:18

2 GOMES, Maria Isabel	06	CN Ponta Delgada	2:52.04
3 SILVA, Silvana Suamade	06	CD Sao Roque	2:46.22
4 COSTA, Maria Jardim	06	CD Nacional	2:34.95
5 SOUSA, Joana Francisca	04	CD Sao Roque	2:39.13
6 SILVA, Julia Atamas	06	CN Ponta Delgada	2:47.98

Prova 33 Masc., 100m Costas JUV A, JUN, SEN  
19/06/2021 - 18:21 Startlist

Recorde Regional Absoluto	58.98	MARQUES, Miguel Freitas	CSM	Oeiras	27/07/2014
Recorde Regional Sen	59.76	PINTO, Luis Marques	CDN	Funchal	06/06/2009
Recorde Regional Jun18	58.98	MARQUES, Miguel Freitas	CSM	Oeiras	27/07/2014
Recorde Regional Jun17	1:00.88	FERNANDES, Joao Manuel	CNF	Oeiras	26/07/2014
Recorde Regional Juv A	1:01.58	MARQUES, Miguel Freitas	CSM	Oeiras	28/07/2012

TAC OPEN Juv A: 1:04.83; Jun17: 1:03.44; Jun18: 1:01.66; Sen: 1:00.21

Ano

Série 1 de 1, 18:21

2 DINIS, Fernando Jose	02	CD Sao Roque	1:39.35
3 RODRIGUES, Rodrigo Reis	04	CD Sao Roque	1:13.04
4 FERNANDES, Rui Afonso	03	CD Nacional	1:00.67
5 DIAS, Andre Vicente	05	CD Nacional	1:04.66
6 PONTE, Andre Carreiro	92	CN Ponta Delgada	1:18.00

Prova 34 Femin., 100m Costas JUV A, JUN, SEN  
19/06/2021 - 18:23 Startlist

Recorde Regional Absoluto	1:06.63	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Sen	1:06.63	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Jun17	1:08.30	ROSA, Beatriz Jong	CDWT	Coimbra	31/03/2017
Recorde Regional Jun16	1:09.92	FREITAS, Monica Alexandra	CDN	Olivais	14/05/1989
Recorde Regional Juv A	1:09.27	ROSA, Beatriz Jong	CDN	Coimbra	25/07/2015

TAC OPEN Juv A: 1:13.09; Jun16: 1:11.98; Jun17: 1:09.53; Sen: 1:08.58

Ano

Série 1 de 2, 18:23

3 SILVA, Gabriela Suamade	02	CD Sao Roque	1:35.35
4 LECA, Natasha Maria	03	CD Nacional	1:26.95
5 TEMBE, Ines Afonso	06	CD Nacional	1:30.75

Série 2 de 2, 18:25

1 FREITAS, Margarida Ramos	06	CD Nacional	1:19.84
2 SILVA, Julia Atamas	06	CN Ponta Delgada	1:17.53
3 DIAS, Julia Alves	06	CD Nacional	1:12.91
4 BRITES, Marta Lopes	06	CN Ponta Delgada	1:08.88
5 FERREIRA, Maria Leonor	04	CD Nacional	1:10.27
6 LUIS, Jessica Santos	00	CD Sao Roque	1:16.96
7 CANADA, Maria Elvira	06	CD Nacional	1:18.31
8 SOUSA, Ivana Valentina	06	CD Nacional	1:24.87

Prova 35		Masc., 200m Bruços			JUV A, JUN, SEN	
19/06/2021 - 18:27		Startlist				
Recorde Regional Absoluto	2:21.89	SILVA, Tomas Antonio	CNF	Funchal	03/08/2019	
Recorde Regional Sen	2:27.23	MOURA, Vitor Diogo	CDN	Rio Maior	01/04/2011	
Recorde Regional Jun18	2:21.89	SILVA, Tomas Antonio	CNF	Funchal	03/08/2019	
Recorde Regional Jun17	2:25.61	SILVA, Tomas Antonio	CNF	Oeiras	28/07/2018	
Recorde Regional Juv A	2:31.11	SILVA, Tomas Antonio	CNF	Oeiras	22/07/2017	
TAC OPEN Juv A: 2:43.22; Jun17: 2:36.40; Jun18: 2:30.94; Sen: 2:27.24						

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Série 1 de 1, 18:27

3 CRUZ, Henrique Benevides	83	CN Ponta Delgada	4:10.38
4 BRAZ, Romao Noronha	04	CN Ponta Delgada	2:42.38
5 ALVES, Andre Camara	05	CD Nacional	2:58.13

Prova 36		Femin., 200m Bruços			JUV A, JUN, SEN	
19/06/2021 - 18:32		Startlist				
Recorde Regional Absoluto	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010	
Recorde Regional Sen	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010	
Recorde Regional Jun17	2:45.24	MARQUES, Mariana Sousa	CNF	Funchal	08/07/2005	
Recorde Regional Jun16	2:45.52	ABREU, Laura Catarina	CDN	Oeiras	11/03/2016	
Recorde Regional Juv A	2:47.95	ABREU, Laura Catarina	CDN	Coimbra	30/05/2015	
TAC OPEN Juv A: 2:59.33; Jun16: 2:55.93; Jun17: 2:51.85; Sen: 2:46.09						

Ano

Prova 37		Masc., 100m Mariposa			JUV A, JUN, SEN	
19/06/2021 - 18:42		Startlist				
Recorde Regional Absoluto	56.41	SEQUEIRA, Afonso Meneses	CNF	Funchal	03/08/2019	
Recorde Regional Sen	56.41	SEQUEIRA, Afonso Meneses	CNF	Funchal	03/08/2019	
Recorde Regional Jun18	56.74	GOUVEIA, Pedro Galvao	CDN	Coimbra	27/05/2017	
Recorde Regional Jun17	57.17	SEQUEIRA, Afonso Meneses	CNF	Oeiras	23/07/2016	
Recorde Regional Juv A	58.49	SEQUEIRA, Afonso Meneses	CNF	Coimbra	30/05/2015	
TAC OPEN Juv A: 1:03.29; Jun17: 59.34; Jun18: 58.00; Sen: 57.26						

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Série 1 de 2, 18:42

3 AGUILAR, Luis Santos	04	CD Nacional	1:15.00
4 ALVES, Andre Camara	05	CD Nacional	1:13.01
5 CAMACHO, Joao Simao	03	CD Nacional	1:15.00

Série 2 de 2, 18:43

1 FERREIRA, Luis Duarte	89	Escola O Liceu	1:10.13
2 PEREIRA, Jordao Abreu	04	Salesianos do Funchal	1:09.78
3 ALVES, Paulo Rodrigues	04	CD Nacional	1:01.26
4 GOUVEIA, Luis Galvao	05	CD Nacional	58.85
5 FERNANDES, Rui Afonso	03	CD Nacional	58.95
6 RODRIGUES, Rodrigo Reis	04	CD Sao Roque	1:06.16
7 SILVA, Tony Stefano	05	CD Nacional	1:10.05

Prova 38 Femin., 100m Mariposa JUV A, JUN, SEN  
19/06/2021 - 18:45 Startlist

Recorde Regional Absoluto	1:03.25	OLIM, Carlota Freitas	CNF	Faro	20/07/2009
Recorde Regional Sen	1:04.74	OLIM, Carlota Freitas	CNF	Oeiras	28/07/2012
Recorde Regional Jun17	1:06.27	OLIM, Carlota Freitas	CNF	Coimbra	11/04/2010
Recorde Regional Jun16	1:03.25	OLIM, Carlota Freitas	CNF	Faro	20/07/2009
Recorde Regional Juv A	1:06.30	ROSA, Beatriz Jong	CDN	Funchal	04/07/2015

TAC OPEN Juv A: 1:13.05; Jun16: 1:09.76; Jun17: 1:06.69; Sen: 1:05.32

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Série 1 de 2, 18:45

3 BLANDY, Mischa Blue	04	Salesianos do Funchal	1:50.00
4 CANADA, Maria Elvira	06	CD Nacional	1:21.51
5 CARICHAS, Joana Medeiros	06	Salesianos do Funchal	1:28.56

Série 2 de 2, 18:47

2 TEMBE, Ines Afonso	06	CD Nacional	1:18.85
3 SANTOS, Sofia Isabel	04	CN Ponta Delgada	1:16.63
4 SOUSA, Joana Francisca	04	CD Sao Roque	1:11.79
5 SILVA, Silvana Suamade	06	CD Sao Roque	1:15.66
6 DIAS, Julia Alves	06	CD Nacional	1:17.18
7 SOUSA, Ivana Valentina	06	CD Nacional	1:19.37

Prova 39 Masc., 200m Livres JUV A, JUN, SEN  
19/06/2021 - 18:49 Startlist

Recorde Regional Absoluto	1:50.78	PINTO, Luis Marques	CDN	Faro	19/07/2009
Recorde Regional Sen	1:50.78	PINTO, Luis Marques	CDN	Faro	19/07/2009
Recorde Regional Jun18	1:53.84	CASTRO, Joao Cruz	CDSR	Funchal	24/03/2018
Recorde Regional Jun17	1:53.94	CASTRO, Joao Cruz	CDSR	Porto	03/06/2017
Recorde Regional Juv A	1:55.96	CASTRO, Joao Cruz	CDSR	Oeiras	22/07/2016

TAC OPEN Juv A: 2:05.99; Jun17: 2:00.11; Jun18: 1:57.88; Sen: 1:56.36

Ano

Série 1 de 1, 18:49

2 DINIS, Fernando Jose	02	CD Sao Roque	3:05.81
3 SOARES, Daniel Pacheco	04	CN Ponta Delgada	2:15.58
4 BRAZ, Romao Noronha	04	CN Ponta Delgada	2:05.40
5 DIAS, Andre Vicente	05	CD Nacional	2:07.41
6 VIEIRA, Emanuel Eloi	03	CD Sao Roque	2:17.24

Prova 40 Femin., 200m Livres JUV A, JUN, SEN  
19/06/2021 - 18:52 Startlist

Recorde Regional Absoluto	2:12.46	AGUILAR, Vera Ines	CDN	Funchal	22/07/2016
Recorde Regional Sen	2:13.28	MELIM, Claudia Sofia	CDN	Jamor	25/07/2002
Recorde Regional Jun17	2:12.84	ROSA, Beatriz Jong	CDWT	Oeiras	18/02/2017
Recorde Regional Jun16	2:12.46	AGUILAR, Vera Ines	CDN	Funchal	22/07/2016
Recorde Regional Juv A	2:14.97	ANDRADE, Rubina Amaro	CDN	Restelo	29/07/1994

TAC OPEN Juv A: 2:18.40; Jun16: 2:14.63; Jun17: 2:11.77; Sen: 2:08.99

Ano

Série 1 de 2, 18:52

3 SILVA, Gabriela Suamade	02	CD Sao Roque	2:49.14
4 SANTOS, Sofia Isabel	04	CN Ponta Delgada	2:32.95
5 LECA, Natasha Maria	03	CD Nacional	2:34.29

Série 2 de 2, 18:55

2 LUIS, Jessica Santos	00	CD Sao Roque	2:26.25
3 FERREIRA, Maria Leonor	04	CD Nacional	2:22.99
4 COSTA, Maria Jardim	06	CD Nacional	2:18.40
5 GOMES, Maria Isabel	06	CN Ponta Delgada	2:21.41
6 FREITAS, Margarida Ramos	06	CD Nacional	2:26.17
7 PEREIRA, Joana Marques	06	Salesianos do Funchal	2:28.00

6 - 3rd Session "B" | JUV. [A], JUN. and SEN.

20/06/2021 - 11:15

Prova 49	Masc., 50m Mariposa			Juvénis [A], Júniores e Seniores		
20/06/2021 - 11:15				Startlist Elimin		
Recorde Regional Absoluto	25.36	FERNANDES, Joao Vitor	CEOL	Funchal		01/08/2019
Recorde Regional Sen	25.36	FERNANDES, Joao Vitor	CEOL	Funchal		01/08/2019
Recorde Regional Jun18	25.84	MARQUES, Miguel Freitas	CSM	Coimbra		04/04/2014
Recorde Regional Jun17	25.97	GOMES, Miguel Camara	CNF	Oeiras		13/03/2016
Recorde Regional Juv A	26.49	VARGAS, Henrique Luis	CNF	Coimbra		04/04/2014
TAC OPEN Juv A: 26.16; Jun17: 26.91; Jun18: 26.16; Sen: 25.77						

Ano

Série 1 de 2, 11:15

2 ALVES, Andre Camara	05	CD Nacional		33.32
3 FERREIRA, Luis Duarte	89	Escola O Liceu		31.62
4 GOUVEIA, Luis Galvao	05	CD Nacional		27.58
5 ALVES, Paulo Rodrigues	04	CD Nacional		28.08
6 AGUILAR, Luis Santos	04	CD Nacional		32.39
7 MENDES, Juan Diego	05	CD Nacional		48.55

Série 2 de 2, 11:16

2 SOARES, Daniel Pacheco	04	CN Ponta Delgada		32.92
3 RODRIGUES, Rodrigo Reis	04	CD Sao Roque		31.60
4 FERNANDES, Rui Afonso	03	CD Nacional		26.77
5 DIAS, Andre Vicente	05	CD Nacional		27.68
6 CAMACHO, Joao Simao	03	CD Nacional		31.83
7 DINIS, Fernando Jose	02	CD Sao Roque		42.09

Prova 50	Femin., 50m Mariposa			Juvénis [A], Júniores e Seniores		
20/06/2021 - 11:17				Startlist Elimin		
Recorde Regional Absoluto	29.17	OLIM, Carlota Freitas	CNF	Oeiras		24/07/2014
Recorde Regional Sen	29.17	OLIM, Carlota Freitas	CNF	Oeiras		24/07/2014
Recorde Regional Jun17	29.85	ROSA, Beatriz Jong	CDWT	Coimbra		02/04/2017
Recorde Regional Jun16	29.48	ROSA, Beatriz Jong	CDN	Oeiras		13/03/2016
Recorde Regional Juv A	29.76	ROSA, Beatriz Jong	CDN	Funchal		03/07/2015
TAC OPEN Juv A: 29.98; Jun16: 31.86; Jun17: 29.98; Sen: 29.50						

Ano

Série 1 de 2, 11:17

3 SANTOS, Sofia Isabel	04	CN Ponta Delgada		35.34
4 SOUSA, Joana Francisca	04	CD Sao Roque		31.37
5 JARDIM, Lara Filipa	06	Naval do Funchal		32.52
6 SILVA, Julia Atamas	06	CN Ponta Delgada		35.82

Série 2 de 2, 11:18

2 CARICHAS, Joana Medeiros	06	Salesianos do Funchal		36.76
3 SILVA, Silvana Suamade	06	CD Sao Roque		34.05
4 GOMES, Susana Clara	77	Naval do Funchal		29.35
5 BRITES, Marta Lopes	06	CN Ponta Delgada		32.26
6 TEMBE, Ines Afonso	06	CD Nacional		35.61

Prova 51	Masc., 50m Costas			Juvénis [A], Júniores e Séniores		
20/06/2021 - 11:19	Startlist Elimin					
Recorde Regional Absoluto	27.26	FERNANDES, Joao Manuel	CNF	Coimbra	01/04/2015	
Recorde Regional Sen	27.78	MARQUES, Miguel Freitas	CDSR	Coimbra	03/04/2015	
Recorde Regional Jun18	27.26	FERNANDES, Joao Manuel	CNF	Coimbra	01/04/2015	
Recorde Regional Jun17	28.14	FERNANDES, Joao Manuel	CNF	Oeiras	24/07/2014	
Recorde Regional Juv A	28.32	FERNANDES, Rui Afonso	CDN	Funchal	03/08/2019	
TAC OPEN Juv A: 28.56; Jun17: 29.68; Jun18: 28.56; Sen: 28.00						

Ano

Série 1 de 1, 11:19

3 PONTE, Andre Carreiro	92	CN Ponta Delgada	35.83
4 FERNANDES, Rui Afonso	03	CD Nacional	28.32
5 RODRIGUES, Pedro Reis	02	CD Sao Roque	30.64

Prova 52	Femin., 50m Costas			Juvénis [A], Júniores e Séniores		
20/06/2021 - 11:20	Startlist Elimin					
Recorde Regional Absoluto	31.51	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009	
Recorde Regional Sen	31.51	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009	
Recorde Regional Jun17	31.61	ROSA, Beatriz Jong	CDWT	Coimbra	30/03/2017	
Recorde Regional Jun16	32.44	AGUILAR, Vera Ines	CDN	Oeiras	07/02/2016	
Recorde Regional Juv A	32.40	AGUILAR, Vera Ines	CDN	Coimbra	01/04/2015	
TAC OPEN Juv A: 32.36; Jun16: 33.15; Jun17: 32.36; Sen: 31.99						

Ano

Série 1 de 2, 11:20

1 JESUS, Veronica Martins	06	CD Sao Roque	55.00
2 LECA, Natasha Maria	03	CD Nacional	40.16
3 LUIS, Jessica Santos	00	CD Sao Roque	35.38
4 COSTA, Maria Jardim	06	CD Nacional	33.41
5 GOMES, Maria Isabel	06	CN Ponta Delgada	34.64
6 CANADA, Maria Elvira	06	CD Nacional	37.86
7 SOARES, Ines Silva	04	CD Nacional	43.44

Série 2 de 2, 11:21

1 BATISTA, Rita Teixeira	04	CD Nacional	49.19
2 FREITAS, Margarida Ramos	06	CD Nacional	37.88
3 DIAS, Julia Alves	06	CD Nacional	35.19
4 FERREIRA, Maria Leonor	04	CD Nacional	33.26
5 GONCALVES, Maria Margarida	04	Naval do Funchal	33.91
6 JARDIM, Lara Filipa	06	Naval do Funchal	35.92
7 NOBREGA, Maria Trindade	05	CD Nacional	43.35

Prova 53 Masc., 50m Bruços Juvenis [A], Juniores e Seniores  
20/06/2021 - 11:23 Startlist Elimin

Recorde Regional Absoluto	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Sen	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Jun18	29.80	FIGUEIRA, Andre Temtem	CNF	Faro	19/07/2009
Recorde Regional Jun17	31.18	FERNANDES, Martim Pestana	CNF	Rio Maior	29/05/2021
Recorde Regional Juv A	31.92	FERNANDES, Martim Pestana	CNF	Funchal	29/02/2020

TAC OPEN Juv A: 31.46; Jun17: 32.90; Jun18: 31.46; Sen: 30.71

Ano

Série 1 de 2, 11:23

2 RODRIGUES, Rodrigo Reis	04	CD Sao Roque	41.64
3 DIAS, Andre Vicente	05	CD Nacional	35.80
4 ALVES, Paulo Rodrigues	04	CD Nacional	31.82
5 BRAZ, Romao Noronha	04	CN Ponta Delgada	33.13
6 AGUILAR, Luis Santos	04	CD Nacional	37.76

Série 2 de 2, 11:24

2 ALVES, Andre Camara	05	CD Nacional	40.08
3 LOPES, Pedro Henrique	03	CD Sao Roque	35.53
4 MARQUES, Miguel Freitas	96	Escola O Liceu	29.74
5 ALVES, Afonso Pires	05	Salesianos do Funchal	33.00
6 VIEIRA, Emanuel Eloi	03	CD Sao Roque	36.44
7 CRUZ, Henrique Benevides	83	CN Ponta Delgada	48.61

Prova 54 Femin., 50m Bruços Juvenis [A], Juniores e Seniores  
20/06/2021 - 11:25 Startlist Elimin

Recorde Regional Absoluto	33.95	QUINTAL, Fabiana Maria	CDN	Coimbra	30/07/2010
Recorde Regional Sen	33.95	QUINTAL, Fabiana Maria	CDN	Coimbra	30/07/2010
Recorde Regional Jun17	34.92	ABREU, Laura Catarina	CDWT	Coimbra	01/04/2017
Recorde Regional Jun16	34.67	ABREU, Laura Catarina	CDN	Funchal	23/01/2016
Recorde Regional Juv A	34.45	ABREU, Laura Catarina	CDN	Funchal	14/02/2015

TAC OPEN Juv A: 36.10; Jun16: 37.12; Jun17: 36.10; Sen: 35.18

Ano

Série 1 de 1, 11:25

3 SILVA, Gabriela Suamade	02	CD Sao Roque	45.72
4 DEUS, Ines Portugal	06	Naval do Funchal	38.92
5 FERREIRA, Maria Leonor	04	CD Nacional	38.99
6 ANDRADE, Maria Beatriz	05	CD Nacional	49.89

Prova 55		Masc., 50m Livres		Juvénis [A], Júniores e Séniores	
20/06/2021 - 11:26				Startlist Elimin	
Recorde Regional Absoluto	23.63	GONZALEZ, Hugo Miguel	CDN	Campanha	21/06/2003
Recorde Regional Sen	23.63	GONZALEZ, Hugo Miguel	CDN	Campanha	21/06/2003
Recorde Regional Jun18	24.50	CASTRO, Joao Cruz	CDSR	Funchal	23/03/2018
Recorde Regional Jun17	24.40	CASTRO, Joao Cruz	CDSR	Coimbra	31/03/2017
Recorde Regional Juv A	25.05	CASTRO, Joao Cruz	CDSR	Coimbra	29/05/2016
TAC OPEN Juv A: 24.56; Jun17: 26.10; Jun18: 24.56; Sen: 24.09					

Ano

Série 1 de 3, 11:26

2 DINIS, Fernando Jose	02	CD Sao Roque	37.12
3 BRAZ, Romao Noronha	04	CN Ponta Delgada	28.50
4 FERNANDES, Joao Vitor	00	Escola O Liceu	25.39
5 RODRIGUES, Pedro Reis	02	CD Sao Roque	26.93
6 SOARES, Daniel Pacheco	04	CN Ponta Delgada	29.27

Série 2 de 3, 11:27

2 MENDES, Juan Diego	05	CD Nacional	33.47
3 LOPES, Pedro Henrique	03	CD Sao Roque	28.46
4 FERNANDES, Diogo Henrique	04	Naval do Funchal	25.25
5 GOUVEIA, Luis Galvao	05	CD Nacional	26.80
6 VIEIRA, Emanuel Eloi	03	CD Sao Roque	29.07
7 CRUZ, Henrique Benevides	83	CN Ponta Delgada	43.13

Série 3 de 3, 11:28

2 PONTE, Andre Carreiro	92	CN Ponta Delgada	30.90
3 FERREIRA, Luis Duarte	89	Escola O Liceu	28.37
4 CASTRO, Joao Cruz	00	Escola O Liceu	24.40
5 CAMARA, Joao Vieira	97	Escola O Liceu	25.84
6 CAMACHO, Joao Simao	03	CD Nacional	28.56
7 FREITAS, Bernardo Vasconcelos	05	Ludens CM	38.27

Prova 56		Femin., 50m Livres		Juvénis [A], Júniores e Séniores	
20/06/2021 - 11:29				Startlist Elimin	
Recorde Regional Absoluto	27.47	QUINTAL, Fabiana Maria	CDN	Coimbra	29/07/2010
Recorde Regional Sen	27.47	QUINTAL, Fabiana Maria	CDN	Coimbra	29/07/2010
Recorde Regional Jun17	28.11	AGUILAR, Vera Ines	CDN	Coimbra	31/03/2017
Recorde Regional Jun16	28.18	BOULHOSA, Carolina Abreu	CNF	Coimbra	31/03/2017
Recorde Regional Juv A	28.01	AGUILAR, Vera Ines	CDN	Coimbra	03/04/2015
TAC OPEN Juv A: 28.28; Jun16: 28.93; Jun17: 28.28; Sen: 27.58					

Ano

Série 1 de 4, 11:29

3 JESUS, Veronica Martins	06	CD Sao Roque	50.00
4 GOUVEIA, Mariana Alves	03	Ludens CM	41.17
5 BARRETO, Ana Paula	64	CD Nacional	45.00

Prova 56, Femin., 50m Livres, Elimin

Série 2 de 4, 11:30

1 NOBREGA, Maria Trindade	05	CD Nacional	36.41
2 CARICHAS, Joana Medeiros	06	Salesianos do Funchal	33.64
3 PEREIRA, Joana Marques	06	Salesianos do Funchal	32.00
4 COSTA, Maria Jardim	06	CD Nacional	29.71
5 LUIS, Jessica Santos	00	CD Sao Roque	31.15
6 CANADA, Maria Elvira	06	CD Nacional	33.42
7 TEMBE, Ines Afonso	06	CD Nacional	34.22

Série 3 de 4, 11:31

1 ANDRADE, Maria Beatriz	05	CD Nacional	36.36
2 SOARES, Ines Silva	04	CD Nacional	33.64
3 LECA, Natasha Maria	03	CD Nacional	31.46
4 BRITES, Marta Lopes	06	CN Ponta Delgada	28.20
5 SOUSA, Joana Francisca	04	CD Sao Roque	31.11
6 DIAS, Julia Alves	06	CD Nacional	32.07
7 SILVA, Gabriela Suamade	02	CD Sao Roque	34.22

Série 4 de 4, 11:32

1 SILVA, Silvana Suamade	06	CD Sao Roque	35.55
2 SANTOS, Sofia Isabel	04	CN Ponta Delgada	33.56
3 DEUS, Ines Portugal	06	Naval do Funchal	31.43
4 GOMES, Susana Clara	77	Naval do Funchal	27.91
5 GOMES, Maria Isabel	06	CN Ponta Delgada	30.10
6 FREITAS, Margarida Ramos	06	CD Nacional	32.03
7 SILVA, Julia Atamas	06	CN Ponta Delgada	33.70
8 BATISTA, Rita Teixeira	04	CD Nacional	41.04