

1 - 1ª Jornada / Sessão Única

22/11/2019 - 19:15

Prova 1 Femin., 4 x 50m Livres 16 anos e mais velhos
22/11/2019 - 19:15 Resultados

| | | | | | |
|---------------------------|---------|---------------------------|-----|---------|------------|
| Recorde Regional Absoluto | 1:51.07 | Clube Desportivo Nacional | CDN | Funchal | 09/07/2015 |
| Recorde Regional Sen | 1:53.28 | Clube Naval do Funchal | CNF | Guarda | 10/12/2010 |
| Recorde Regional Jun | 1:52.88 | Clube Desportivo Nacional | CDN | Porto | 11/12/2015 |

TAC Nacionais Estafetas Jun: 1:52.38; Sen: 1:51.27

Pontos: FINA 2019

| Lugar | | | | | Tempo final | Pts |
|------------------|--------------------------------|----------|------------------------------|---------------------------|----------------|------------|
| Absolutos | | | | | | |
| 1. | Naval do Funchal 1 | | Naval do Funchal | | 2:00.64 | 471 |
| | BOULHOSA, Carolina Abreu | 01 +0,65 | 28.98 | OLIVEIRA, Beatriz Camacho | 03 +0,28 | 34.12 |
| | FERNANDES, Ana Catarina | 03 +0,07 | 29.27 | GOMES, Susana Clara | 77 +0,17 | 28.27 |
| 2. | Desportivo Nacional 13 | | Desportivo Nacional | | 2:03.78 | 436 |
| | AGUILAR, Vera Ines | 00 +0,64 | 28.12 | LECA, Natasha Maria | 03 +0,11 | 30.93 |
| | FERREIRA, Maria Leonor | 04 +0,36 | 30.15 | PEREIRA, Luisa Tovela | 03 +0,40 | 34.58 |
| 3. | Salesianos do Funchal 1 | | Salesianos do Funchal | | 2:05.59 | 418 |
| | OLIVEIRA, Sara Fernandes | 04 +0,67 | 29.45 | VICTOR, Joana Isabel | 91 +0,42 | 34.56 |
| | RAMOS, Barbara Emerick | 04 +0,28 | 30.60 | GOUVEIA, Susana Isabel | 04 +0,62 | 30.98 |

Prova 2 Masc., 4 x 50m Livres 17 anos e mais velhos
22/11/2019 - 19:18 Resultados

| | | | | | |
|---------------------------|---------|------------------------|-----|------------|------------|
| Recorde Regional Absoluto | 1:33.79 | Clube Naval do Funchal | CNF | Felgueiras | 22/11/2002 |
| Recorde Regional Sen | 1:33.79 | Clube Naval do Funchal | CNF | Felgueiras | 22/11/2002 |
| Recorde Regional Jun | 1:37.45 | Clube Naval do Funchal | CNF | Felgueiras | 20/12/2003 |

TAC Nacionais Estafetas Jun: 1:39.93; Sen: 1:38.94

Pontos: FINA 2019

| Lugar | | | | | Tempo final | Pts |
|------------------|--------------------------------|----------|------------------------------|-------------------------|----------------|------------|
| Absolutos | | | | | | |
| 1. | Desportivo Nacional 17 | | Desportivo Nacional | | 1:45.40 | 467 |
| | FERREIRA, Miguel Goncalves | 93 +0,64 | 25.03 | SILVA, Luis Pedro | 98 +0,46 | 27.68 |
| | SANTOS, Diego Felipe | 87 +0,30 | 25.19 | CAMACHO, Duarte Nuno | 69 +0,34 | 27.50 |
| 2. | Naval do Funchal 1 | | Naval do Funchal | | 1:45.62 | 464 |
| | DEUS, Andre Portugal | 02 +0,56 | 25.64 | FARIA, Joao Pedro | 03 +0,31 | 26.49 |
| | AGUIAR, Pedro Ferreira | 03 +0,42 | 27.51 | OLIVEIRA, Pedro Freitas | 02 +0,18 | 25.98 |
| 3. | Salesianos do Funchal 1 | | Salesianos do Funchal | | 1:48.13 | 432 |
| | RODRIGUES, Renato Correia | 03 +0,69 | 26.50 | VIEIRA, Duarte Nuno | 95 +0,14 | 27.32 |
| | FREITAS, Joao Tomas | 02 +0,32 | 26.58 | NUNES, Goncalo Almada | 01 +0,15 | 27.73 |

Prova 3 Femin., 200m Mariposa Absoluto
22/11/2019 - 19:21 Resultados

| | | | | | |
|---------------------------|---------|------------------------|-------|--------------|------------|
| Recorde Regional Absoluto | 2:21.15 | ROSA, Beatriz Jong | CDN | Porto | 10/12/2017 |
| Recorde Regional Sen | 2:21.15 | ROSA, Beatriz Jong | CDN | Porto | 10/12/2017 |
| Recorde Regional Jun17 | 2:25.69 | ROSA, Beatriz Jong | CDW/T | Torres Novas | 21/01/2017 |
| Recorde Regional Jun16 | 2:25.16 | ROSA, Beatriz Jong | CDN | Porto | 11/12/2015 |
| Recorde Regional Juv A | 2:25.61 | ROSA, Beatriz Jong | CDN | Funchal | 12/07/2015 |
| Recorde Regional Juv B | 2:29.28 | CERDAS, Sara Rodrigues | CNF | Braga | 22/03/2003 |
| Recorde Regional Inf A | 2:32.56 | CERDAS, Sara Rodrigues | CNF | Rio Maior | 06/07/2002 |
| Recorde Regional Inf B | 2:45.26 | VICTOR, Joana Isabel | CDN | Funchal | 12/07/2003 |

TAC Regional Inf B: 4:07.16; Inf A: 3:55.05; Juv B: 3:41.39; Juv A: 3:37.62; Jun16: 3:32.18; Jun17: 3:31.42; Sen18: 3:26.33; 19+: 3:25.60 / TAC Nacionais Inf B: 3:07.16; Inf A: 2:55.05; Juv B: 2:41.39; Juv A: 2:37.62; Jun16: 2:32.18; Jun17: 2:31.42; Sen18: 2:26.33; 19+: 2:25.60 / TAC Zonais Inf B: 3:09.00; Inf A: 2:57.00; Juv B: 2:49.48; Juv A: 2:42.48

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m |
|-------|-----|--|-------------|-----|-----|------|------|------|
|-------|-----|--|-------------|-----|-----|------|------|------|

Infantil A - 13 anos

| | | | | | | | | | |
|----|-------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | CAMARA, Ines Cruz | 07 | Desportivo Nacional | 2:51.46 | 339 | 35.84 | 43.21 | 45.37 | 47.04 |
|----|-------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|

Minimos Campeonato Nacional, Minimos Campeonato Zonal - Ponte de S r

Juvenil B - 14 anos

| | | | | | | | | | |
|---|---------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | DIAS, Julia Alves | 06 | Desportivo Nacional | 2:44.06 | 387 | 35.49 | 41.02 | 43.58 | 43.97 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 2. | JARDIM, Lara Filipa | 06 | Naval do Funchal | 2:54.21 | 323 | 35.94 | 43.06 | 47.22 | 47.99 |
| 3. | FERRO, Maria Leonor | 06 | Naval do Funchal | 3:00.23 | 292 | 39.60 | 45.67 | 47.88 | 47.08 |
| 4. | BAPTISTA, C. | 06 | Naval do Funchal | 3:31.18 | 181 | 43.41 | 54.32 | 56.41 | 57.04 |

DSQ SOUSA, Ivana Valentina 06 Desportivo Nacional
812 - N o tocou com as m os na parede separadas ou simultaneamente na viragem aos 150 m - SW 8.4

Juniores - 16, 17 anos

| | | | | | | | | | |
|----|--------------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | SOUSA, Joana Francisca | 04 | Deportivo Sao Roque | 2:34.84 | 460 | 33.72 | 37.93 | 40.26 | 42.93 |
| 2. | CAMACHO, Laura Fernan04s | | Naval do Funchal | 2:44.91 | 381 | 36.02 | 41.74 | 43.17 | 43.98 |

Seniores - 18 e mais velhos

| | | | | | | | | | |
|----|--------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | ROSA, Beatriz Jong | 00 | Desportivo Nacional | 2:34.07 | 467 | 33.50 | 38.24 | 39.26 | 43.07 |
|----|--------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|

Prova 4 Masc., 200m Mariposa Absoluto
22/11/2019 - 19:29 Resultados

| | | | | | |
|---------------------------|---------|----------------------------|-----|-----------------------|------------|
| Recorde Regional Absoluto | 2:00.44 | FRANCO, Paulo Fragueiro | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Sen | 2:00.44 | FRANCO, Paulo Fragueiro | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Jun18 | 2:01.97 | GOUVEIA, Pedro Galvao | CDN | Funchal | 11/12/2016 |
| Recorde Regional Jun17 | 2:03.86 | GOUVEIA, Pedro Galvao | CDN | Funchal | 17/06/2016 |
| Recorde Regional Juv A | 2:08.54 | MIGUEL, Goncalves Ferreira | CDN | Funchal | 12/07/2009 |
| Recorde Regional Juv B | 2:11.93 | FERNANDES, Rui Afonso | CDN | Funchal | 31/07/2018 |
| Recorde Regional Inf A | 2:12.42 | FREITAS, Tomas Miguel | CDN | Funchal | 11/07/2004 |
| Recorde Regional Inf B | 2:21.67 | FREITAS, Tomas Miguel | CDN | Funchal | 28/06/2003 |

TAC Regional Inf B: 3:48.80; Inf A: 3:40.57; Juv B: 3:26.20; Juv A: 3:20.53; Jun17: 3:12.71; Jun18: 3:12.05; Sen19: 3:09.11; 20+: 3:08.47 / TAC Nacionais Inf B: 2:48.80; Inf A: 2:40.57; Juv B: 2:26.20; Juv A: 2:20.53; Jun17: 2:12.71; Jun18: 2:12.05; Sen19: 2:09.11; 20+: 2:08.47 / TAC Zonais Inf B: 2:50.00; Inf A: 2:41.50; Juv B: 2:29.02; Juv A: 2:26.36

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|------------------------------------|---|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| Infantil A - 14 anos | | | | | | | | | |
| 1. | PITA, Pedro Miguel | 06 | Naval do Funchal | 2:35.59 | 336 | 33.58 | 39.16 | 40.35 | 42.50 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Ponte de S r</i> | | | | | | | | |
| 2. | GONCALVES, Martim Luis | 06 | Desportivo Nacional | 2:40.06 | 309 | 34.11 | 40.43 | 43.48 | 42.04 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Ponte de S r</i> | | | | | | | | |
| 3. | ABREU, Joao Francisco | 06 | Naval do Funchal | 2:40.59 | 306 | 34.45 | 39.57 | 41.81 | 44.76 |
| | <i>Minimos Campeonato Zonal - Ponte de S r</i> | | | | | | | | |
| 4. | FERRAZ, Luis Afonso | 06 | Naval do Funchal | 2:54.90 | 237 | 38.45 | 44.76 | 46.07 | 45.62 |
| Juvenil B - 15 anos | | | | | | | | | |
| 1. | GOUVEIA, Luis Galvao | 05 | Desportivo Nacional | 2:15.82 | 506 | 30.25 | 34.61 | 35.67 | 35.29 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 2. | DIAS, Andre Vicente | 05 | Desportivo Nacional | 2:21.89 | 443 | 30.77 | 35.91 | 37.49 | 37.72 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| Juvenil A - 16 anos | | | | | | | | | |
| 1. | BARRY, Rafael Francisco | 04 | Naval do Funchal | 2:25.11 | 415 | 30.56 | 35.61 | 38.31 | 40.63 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 2. | SILVA, Eduardo Rodrigue | 04 | Salesianos do Funchal | 2:34.40 | 344 | 33.76 | 38.95 | 40.16 | 41.53 |
| Juniores - 17, 18 anos | | | | | | | | | |
| 1. | FERNANDES, Rui Afonso | 03 | Desportivo Nacional | 2:12.08 | 550 | 29.32 | 33.67 | 33.98 | 35.11 |
| | <i>Minimos Campeonato Nacional</i> | | | | | | | | |
| 2. | MATOS, Rodrigo Vieira | 03 | Naval do Funchal | 2:18.90 | 473 | 29.78 | 34.59 | 35.73 | 38.80 |
| 3. | GRACA, Fernando Guerre | 02 | Naval do Funchal | 2:21.56 | 447 | 30.11 | 34.77 | 36.91 | 39.77 |
| 4. | BAPTISTA, Tiago Ornelas | 03 | Naval do Funchal | 2:27.85 | 392 | 31.45 | 36.96 | 39.40 | 40.04 |
| Seniores - 19 e mais velhos | | | | | | | | | |
| 1. | FERRO, Henrique Martins | 01 | Naval do Funchal | 2:14.91 | 516 | 29.19 | 33.73 | 35.30 | 36.69 |
| 2. | VIEIRA, Duarte Nuno | 95 | Salesianos do Funchal | 2:36.71 | 329 | 33.09 | 39.35 | 43.09 | 41.18 |

Prova 5 Femin., 50m Costas 16 anos e mais velhos
22/11/2019 - 19:36 Resultados

| | | | | | |
|---------------------------|-------|------------------------|-----|---------|------------|
| Recorde Regional Absoluto | 30.46 | QUINTAL, Fabiana Maria | CDN | Funchal | 22/11/2009 |
| Recorde Regional Sen | 30.46 | QUINTAL, Fabiana Maria | CDN | Funchal | 22/11/2009 |
| Recorde Regional Jun17 | 31.07 | AGUILAR, Vera Ines | CDN | Funchal | 10/12/2016 |
| Recorde Regional Jun16 | 30.71 | AGUILAR, Vera Ines | CDN | Funchal | 18/12/2015 |

TAC Regional Jun16: 47.29; Jun17: 47.13; Sen18: 46.37; 19 +: 46.21 / TAC Nacionais Jun16: 32.29; Jun17: 32.13; Sen18: 31.37; 19 +: 31.21

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts |
|------------------------------------|-----|-----------------------|------------------|
| Juniores - 16, 17 anos | | | |
| 1. GONCALVES, Maria Margarida | 04 | Naval do Funchal | 33.54 448 |
| 2. OLIVEIRA, Sara Fernandes | 04 | Salesianos do Funchal | 36.22 355 |
| 3. GOUVEIA, Susana Isabel | 04 | Salesianos do Funchal | 37.52 320 |
| 4. JESUS, Filipa Mafalda | 03 | Desportivo Sao Roque | 37.69 315 |
| 5. RAMOS, Barbara Emerick | 04 | Salesianos do Funchal | 38.08 306 |
| 6. PEREIRA, Luisa Tovela | 03 | Desportivo Nacional | 40.23 259 |
| 7. FREITAS, Maria Viviana | 03 | Desportiva Machico | 40.75 249 |
| 8. BAPTISTA, Rita Teixeira | 04 | Desportivo Nacional | 47.32 159 |
| <i>FTL - Falta de Tempo Limite</i> | | | |
| 9. BLANDY, Mischa Blue | 04 | Salesianos do Funchal | 47.76 155 |
| <i>FTL - Falta de Tempo Limite</i> | | | |

Seniores - 18 e mais velhos

| | | | |
|-----------------------------|----|-----------------------|------------------|
| 1. AGUILAR, Vera Ines | 00 | Desportivo Nacional | 32.01 515 |
| 2. BOULHOSA, Carolina Abreu | 01 | Naval do Funchal | 32.90 474 |
| 3. LUIS, Jessica Santos | 00 | Desportivo Sao Roque | 34.90 397 |
| 4. VICTOR, Joana Isabel | 91 | Salesianos do Funchal | 43.04 212 |

Prova 6 Masc., 50m Costas 17 anos e mais velhos
22/11/2019 - 19:39 Resultados

| | | | | | |
|---------------------------|-------|--------------------------|------|------------|------------|
| Recorde Regional Absoluto | 26.38 | CASTRO, Joao Cruz | CDSR | Porto | 09/12/2017 |
| Recorde Regional Sen | 26.59 | MARQUES, Miguel Freitas | CDSR | Porto | 19/12/2014 |
| Recorde Regional Jun18 | 26.38 | CASTRO, Joao Cruz | CDSR | Porto | 09/12/2017 |
| Recorde Regional Jun17 | 27.48 | SILVA, Francisco Pestana | CNF | Felgueiras | 21/12/2013 |

TAC Regional Jun17: 43.23; Jun18: 43.09; Sen19: 42.34; 20 +: 42.20 / TAC Nacionais Jun17: 28.23; Jun18: 28.09; Sen19: 27.34; 20 +: 27.20

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts |
|------------------------------------|-----|-----------------------|------------------|
| Juniores - 17, 18 anos | | | |
| 1. FERNANDES, Rui Afonso | 03 | Desportivo Nacional | 27.61 521 |
| <i>Minimos Campeonato Nacional</i> | | | |
| 2. GOMES, Goncalo Camara | 03 | Naval do Funchal | 28.17 490 |
| <i>Minimos Campeonato Nacional</i> | | | |
| 3. SILVA, Joao Jesus | 02 | Salesianos do Funchal | 28.46 475 |
| 4. FREITAS, Joao Tomas | 02 | Salesianos do Funchal | 29.61 422 |
| 5. NASCIMENTO, Diogo Andre | 02 | Naval do Funchal | 32.61 316 |
| 6. RODRIGUES, Renato Correia | 03 | Salesianos do Funchal | 34.35 270 |
| 7. LUIS, Francisco Sousa | 03 | Desportivo Nacional | 38.89 186 |
| 8. KOVAL, Igor | 03 | Desportivo Nacional | 40.94 159 |

Prova 6, Masc., 50m Costas

Seniores - 19 e mais velhos

| | | | | |
|--------------------------|----|-----------------------|--------------|-----|
| 1. SILVA, Luis Edmiro | 65 | Desportivo Nacional | 34.07 | 277 |
| 2. NUNES, Goncalo Almada | 01 | Salesianos do Funchal | 36.22 | 230 |

Prova 7

Femin., 200m Bru os

Absoluto

22/11/2019 - 19:42

Resultados

| | | | | | |
|---------------------------|---------|------------------------|------|-----------|------------|
| Recorde Regional Absoluto | 2:32.35 | QUINTAL, Fabiana Maria | CDN | Guimaraes | 06/12/2008 |
| Recorde Regional Sen | 2:32.35 | QUINTAL, Fabiana Maria | CDN | Guimaraes | 06/12/2008 |
| Recorde Regional Jun17 | 2:40.38 | MARQUES, Mariana Sousa | CNF | Funchal | 16/07/2005 |
| Recorde Regional Jun16 | 2:38.79 | ABREU, Laura Catarina | CDN | Funchal | 08/07/2016 |
| Recorde Regional Juv A | 2:41.54 | ABREU, Laura Catarina | CDN | Funchal | 11/07/2015 |
| Recorde Regional Juv B | 2:43.10 | ABREU, Laura Catarina | CDN | Tomar | 14/12/2013 |
| Recorde Regional Inf A | 2:47.89 | ABREU, Laura Catarina | CDN | Funchal | 06/04/2003 |
| Recorde Regional Inf B | 2:56.77 | RODRIGUES, Laura Sofia | JACL | Funchal | 08/06/2019 |

TAC Regional Inf B: 4:19.69; Inf A: 4:10.41; Juv B: 3:57.14; Juv A: 3:54.45; Jun16: 3:49.43; Jun17: 3:48.59; Sen18: 3:43.50; 19+: 3:42.69 / TAC Nacionais Inf B: 3:19.69; Inf A: 3:10.41; Juv B: 2:57.14; Juv A: 2:54.45; Jun16: 2:49.43; Jun17: 2:48.59; Sen18: 2:43.50; 19+: 2:42.69 / TAC Zonais Inf B: 3:22.00; Inf A: 3:14.50; Juv B: 3:02.55; Juv A: 2:59.14

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|-----------------------------|--------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| Infantil B - 12 anos | | | | | | | | | |
| 1. | ALVES, Juliana Rodrigues | 08 | Desportivo Nacional | 3:25.48 | 280 | 46.63 | 52.91 | 54.04 | 51.90 |
| 2. | ANDRADE, Matilde Sousa | 08 | Naval do Funchal | 3:26.88 | 275 | 48.18 | 53.29 | 54.33 | 51.08 |
| 3. | BAPTISTA, Ines Sande | 08 | Desportivo Nacional | 3:31.10 | 259 | 49.66 | 53.67 | 54.84 | 52.93 |
| 4. | PEREIRA, Maria Clara | 08 | Desportivo Nacional | 3:34.76 | 246 | 48.76 | 55.42 | 55.24 | 55.34 |
| 5. | ROCHA, Vitoria Maria | 08 | Salesianos do Funchal | 3:36.12 | 241 | 50.98 | 55.96 | 55.08 | 54.10 |
| 6. | SOARES, Leonor Silva | 08 | Desportivo Nacional | 3:42.86 | 220 | 51.02 | 56.87 | 57.40 | 57.57 |
| 7. | PEREIRA, Julia Freitas | 08 | Naval do Funchal | 3:44.14 | 216 | 50.92 | 56.96 | 59.26 | 57.00 |

Infantil A - 13 anos

| | | | | | | | | | |
|---|---------------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | GONCALVES, Valentina Jo o | 07 | Desportivo Nacional | 3:01.05 | 410 | 40.63 | 46.17 | 47.17 | 47.08 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Ponte de S r</i> | | | | | | | | | |
| 2. | NETO, Leonor Rodrigues | 07 | Naval do Funchal | 3:15.59 | 325 | 44.03 | 50.19 | 51.66 | 49.71 |
| 3. | FIGUEIRA, Madalena Leor | 07 | Naval do Funchal | 3:16.53 | 321 | 44.02 | 49.73 | 51.84 | 50.94 |
| 4. | MATEUS, Clarisse Vieira | 07 | Desportivo Nacional | 3:16.83 | 319 | 44.70 | 51.42 | 50.78 | 49.93 |
| 5. | FREITAS, Maria Raquel | 07 | Naval do Funchal | 3:28.86 | 267 | 47.87 | 52.74 | 54.16 | 54.09 |
| 6. | TEMTEM, Sara Maria | 07 | Desportivo Nacional | 3:36.30 | 240 | 50.55 | 55.95 | 55.23 | 54.57 |

Juvenil B - 14 anos

| | | | | | | | | | |
|--|-------------------------|----|----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | SEQUEIRA, Beatriz Menez | 06 | Naval do Funchal | 2:56.29 | 444 | 41.75 | 45.23 | 45.32 | 43.99 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 2. | DEUS, Ines Portugal | 06 | Naval do Funchal | 2:56.99 | 439 | 40.93 | 45.07 | 45.58 | 45.41 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 3. | PEREIRA, Joana Marques | 06 | Desportivo Nacional | 3:05.95 | 379 | 41.92 | 47.41 | 48.38 | 48.24 |
| 4. | ABREU, Ana Rodrigues | 06 | Naval do Funchal | 3:08.01 | 366 | 42.21 | 47.34 | 49.50 | 48.96 |
| 5. | SILVA, Silvana Suamade | 06 | Desportivo Sao Roque | 3:08.56 | 363 | 42.43 | 48.24 | 49.11 | 48.78 |

Juvenil A - 15 anos

| | | | | | | | | | |
|----|-----------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | LUIS, Mariana Capelo | 05 | Salesianos do Funchal | 3:10.15 | 354 | 42.82 | 48.37 | 49.76 | 49.20 |
| 2. | GOMES, Madalena Sousa | 05 | Naval do Funchal | 3:22.98 | 291 | 45.02 | 51.60 | 53.29 | 53.07 |

Juniores - 16, 17 anos

| | | | | | | | | | |
|----|-------------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | FERREIRA, Maria Leonor | 04 | Desportivo Nacional | 2:49.48 | 500 | 39.06 | 43.00 | 44.07 | 43.35 |
| 2. | FERNANDES, Ana Catarina | 03 | Naval do Funchal | 2:50.02 | 495 | 37.92 | 42.73 | 44.25 | 45.12 |

Prova 7, Femin., 200m Bruços

Seniores - 18 e mais velhos

| | | | | | | | |
|------------------------------------|---------------------|----------------|-----|-------|---------|---------|---------|
| 1. NOBREGA, Valeria Cardo02 | Desportivo Nacional | 3:59.39 | 177 | 53.02 | 1:00.88 | 1:03.10 | 1:02.39 |
| <i>FTL - Falta de Tempo Limite</i> | | | | | | | |

Prova 8

Masc., 200m Bruços

Absoluto

22/11/2019 - 19:55

Resultados

| | | | | | |
|---------------------------|---------|------------------------|-----|-----------------------|------------|
| Recorde Regional Absoluto | 2:17.57 | SILVA, Tomas Antonio | CNF | Felgueiras | 22/12/2018 |
| Recorde Regional Sen | 2:19.23 | FIGUEIRA, Andre Temtem | CNF | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Jun18 | 2:17.57 | SILVA, Tomas Antonio | CNF | Felgueiras | 22/12/2018 |
| Recorde Regional Jun17 | 2:22.69 | SILVA, Tomas Antonio | CNF | Funchal | 10/06/2018 |
| Recorde Regional Juv A | 2:24.33 | DEUS, Andre Portugal | CNF | Funchal | 24/11/2017 |
| Recorde Regional Juv B | 2:23.33 | ALVES, Paulo Rodrigues | CDN | Funchal | 13/07/2019 |
| Recorde Regional Inf A | 2:29.20 | ALVES, Paulo Rodrigues | CDN | Funchal | 01/08/2018 |
| Recorde Regional Inf B | 2:37.57 | FREITAS, Tomas Miguel | CDN | Funchal | 13/07/2003 |

TAC Regional Inf B: 4:03.94; Inf A: 3:55.05; Juv B: 3:42.26; Juv A: 3:38.44; Jun17: 3:30.02; Jun18: 3:29.27; Sen19: 3:25.15; 20+: 3:24.42 / TAC Nacionais Inf B: 3:03.94; Inf A: 2:55.05; Juv B: 2:42.26; Juv A: 2:38.44; Jun17: 2:30.02; Jun18: 2:29.27; Sen19: 2:25.15; 20+: 2:24.42 / TAC Zonais Inf B: 3:09.00; Inf A: 2:59.00; Juv B: 2:44.27; Juv A: 2:41.26

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|---|------------------------|----|-----------------------|----------------|-----|-------|---------|---------|---------|
| Infantil B - 13 anos | | | | | | | | | |
| 1. | SOUSA, Simao Henrique | 07 | Desportivo Nacional | 3:16.11 | 230 | 45.33 | 49.50 | 50.90 | 50.38 |
| 2. | NEVES, Tiago Brazao | 07 | Naval do Funchal | 3:17.09 | 226 | 46.05 | 51.24 | 50.89 | 48.91 |
| 3. | COSTA, Guilherme Corte | 07 | Desportivo Nacional | 3:24.24 | 203 | 46.21 | 52.37 | 53.25 | 52.41 |
| 4. | ARAÚJO, Joao Caldeira | 07 | Naval do Funchal | 3:27.14 | 195 | 47.63 | 53.12 | 53.92 | 52.47 |
| 5. | ALVES, Diogo Basilio | 07 | Salesianos do Funchal | 3:42.93 | 156 | 51.49 | 57.26 | 58.29 | 55.89 |
| 6. | NUNES, Henrique Dias | 07 | Desportivo Nacional | 3:52.86 | 137 | 52.55 | 1:00.61 | 1:00.91 | 58.79 |
| 7. | GOUBEIA, Martim Jose | 07 | Deportivo Sao Roque | 3:55.84 | 132 | 52.43 | 1:01.25 | 1:01.75 | 1:00.41 |
| DSQ | SMIRNOV, Dmytro | 07 | Deportivo Sao Roque | | | | | | |
| <i>724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 125 m - SW 7.6</i> | | | | | | | | | |
| DSQ | CARVALHO, J. | 07 | Naval do Funchal | | | | | | |
| <i>707 - Perdeu a posição ventral durante o percurso - SW 7.2</i> | | | | | | | | | |

Infantil A - 14 anos

| | | | | | | | | | |
|--|---------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | MACHADO, B. | 06 | Desportivo Nacional | 2:56.17 | 317 | 38.82 | 44.57 | 46.40 | 46.38 |
| <i>Minimos Campeonato Zonal - Ponte de Sôr</i> | | | | | | | | | |
| 2. | ALVES, Pedro Miguel | 06 | Desportivo Nacional | 2:56.70 | 314 | 39.84 | 45.24 | 45.62 | 46.00 |
| <i>Minimos Campeonato Zonal - Ponte de Sôr</i> | | | | | | | | | |
| 3. | SETIM, Joao Oliveira | 06 | Naval do Funchal | 3:01.14 | 291 | 41.62 | 47.06 | 46.63 | 45.83 |
| 4. | PAULOS, Joao Afonso | 06 | Naval do Funchal | 3:05.75 | 270 | 41.32 | 46.82 | 48.66 | 48.95 |
| 5. | SILVA, Afonso Mar | 06 | Naval do Funchal | 3:10.43 | 251 | 41.81 | 48.36 | 50.76 | 49.50 |
| 6. | FERNANDES, Afonso Frei06; | | Salesianos do Funchal | 3:39.64 | 163 | 51.10 | 56.77 | 56.06 | 55.71 |

Juvenil B - 15 anos

| | | | | | | | | | |
|--|-------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | VOLOZHENIN, Alexandre | 05 | Naval do Funchal | 2:41.37 | 412 | 36.58 | 41.20 | 41.95 | 41.64 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 2. | SILVA, Tony Stefano | 05 | Naval do Funchal | 2:41.99 | 408 | 34.68 | 41.23 | 43.73 | 42.35 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 3. | ALVES, Afonso Pires | 05 | Salesianos do Funchal | 2:52.45 | 338 | 37.58 | 43.74 | 45.28 | 45.85 |
| 4. | ALVES, Andre Camara | 05 | Desportivo Nacional | 2:53.12 | 334 | 38.79 | 44.60 | 45.76 | 43.97 |
| 5. | CORREIA, Rodrigo Ramo05 | | Desportivo Nacional | 3:25.61 | 199 | 43.57 | 54.36 | 56.15 | 51.53 |

Prova 8, Masc., 200m Bru os

Juvenil A - 16 anos

| | | | | | | | | |
|--|----------------------------|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | FERNANDES, Martim Pes04ia | Naval do Funchal | 2:27.31 | 542 | 33.32 | 38.48 | 38.78 | 36.73 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 2. | ALVES, Paulo Rodrigues 04 | Desportivo Nacional | 2:28.48 | 530 | 33.74 | 38.21 | 37.90 | 38.63 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 3. | RODRIGUES, Rodrigo Re04 | Deportivo Sao Roque | 2:42.19 | 406 | 35.69 | 41.55 | 42.95 | 42.00 |
| 4. | AGUILAR, Luis Santos 04 | Desportivo Nacional | 2:49.49 | 356 | 37.62 | 42.51 | 44.65 | 44.71 |
| 5. | FERNANDEZ, Joao Guilhr04ie | Salesianos do Funchal | 3:23.21 | 206 | 44.95 | 51.77 | 53.15 | 53.34 |

Juniores - 17, 18 anos

| | | | | | | | | |
|----|----------------------------|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | PAULOS, Francisco Silva 02 | Naval do Funchal | 2:33.18 | 482 | 33.69 | 37.92 | 40.01 | 41.56 |
| 2. | RODRIGUES, Pedro Reis02 | Deportivo Sao Roque | 2:34.91 | 466 | 34.72 | 38.89 | 40.74 | 40.56 |
| 3. | CASTRO, Martim Pereira 02 | Escola O Liceu | 2:36.89 | 449 | 34.90 | 39.56 | 41.42 | 41.01 |
| 4. | LOPES, Pedro Henrique 03 | Deportivo Sao Roque | 2:43.78 | 394 | 35.75 | 40.83 | 43.29 | 43.91 |

Seniores - 19 e mais velhos

| | | | | | | | | |
|----|-------------------------|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | SANTOS, Diego Felipe 87 | Desportivo Nacional | 2:26.64 | 550 | 33.78 | 37.73 | 37.83 | 37.30 |
|----|-------------------------|---------------------|----------------|-----|-------|-------|-------|-------|

Prova 9

Femin., 100m Livres

Absoluto
Resultados

22/11/2019 - 20:10

| | | | | | |
|---------------------------|---------|------------------------|-----|-----------------------|------------|
| Recorde Regional Absoluto | 57.97 | QUINTAL, Fabiana Maria | CDN | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Sen | 57.97 | QUINTAL, Fabiana Maria | CDN | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Jun17 | 59.96 | AGUILAR, Vera Ines | CDN | Funchal | 09/12/2016 |
| Recorde Regional Jun16 | 59.93 | ABREU, Laura Catarina | CDN | Funchal | 19/12/2015 |
| Recorde Regional Juv A | 59.90 | ABREU, Laura Catarina | CDN | Funchal | 10/07/2015 |
| Recorde Regional Juv B | 1:01.04 | AGUILAR, Vera Ines | CDN | Funchal | 12/04/2014 |
| Recorde Regional Inf A | 1:02.04 | CAIRES, Joana Costa | CNF | Sines | 12/03/2011 |
| Recorde Regional Inf B | 1:05.20 | LOPES, Joana Cristina | CNF | Funchal | 10/05/1992 |

TAC Regional Inf B: 1:42.75; Inf A: 1:39.72; Juv B: 1:33.30; Juv A: 1:32.41; Jun16: 1:30.73; Jun17: 1:30.43; Sen18: 1:29.48; 19+: 1:29.19 / TAC Nacionais Inf B: 1:12.75; Inf A: 1:09.72; Juv B: 1:03.30; Juv A: 1:02.41; Jun16: 1:00.73; Jun17: 1:00.43; Sen18: 59.48; 19+: 59.19 / TAC Zonais Inf B: 1:13.00; Inf A: 1:10.00; Juv B: 1:06.98; Juv A: 1:05.10

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts | 50m | 100m |
|-------|-----|-------------|-----|-----|------|
|-------|-----|-------------|-----|-----|------|

Infantil B - 12 anos

| | | | | | | |
|------------------------------------|------------------------------|-----------------------|----------------|-----|-------|-------|
| 1. | SILVA, Carolina Pestana 08 | Naval do Funchal | 1:21.81 | 231 | 37.85 | 43.96 |
| 2. | ROCHA, Vitoria Maria 08 | Salesianos do Funchal | 1:28.67 | 182 | 43.84 | 44.83 |
| 3. | QUINTAL, Madalena Saldanha08 | Naval do Funchal | 1:33.61 | 154 | 43.56 | 50.05 |
| 4. | ALVES, Margarida Jesus 08 | Desportivo Nacional | 1:35.71 | 144 | 44.96 | 50.75 |
| 5. | MACEDO, Diana Camacho 08 | Naval do Funchal | 1:37.43 | 137 | 44.86 | 52.57 |
| 6. | PEREIRA, Sofia Jardim 08 | Desportivo Nacional | 1:38.48 | 132 | 44.06 | 54.42 |
| 7. | PERNETA, Mariana Rodrigues08 | Desportivo Nacional | 1:49.96 | 95 | 51.08 | 58.88 |
| <i>FTL - Falta de Tempo Limite</i> | | | | | | |

Infantil A - 13 anos

| | | | | | | |
|---|------------------------------|-----------------------|----------------|-----|-------|-------|
| 1. | RODRIGUES, Laura Sofia 07 | Salesianos do Funchal | 1:08.76 | 390 | 33.02 | 35.74 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Ponte de S r</i> | | | | | | |
| 2. | RODRIGUES, Beatriz Mendes 07 | Naval do Funchal | 1:21.43 | 234 | 39.11 | 42.32 |
| 3. | LUIS, Leonor Goncalves 07 | Desportiva Galomar | 1:31.12 | 167 | 42.55 | 48.57 |
| 4. | PERESTRELO, Laura Vascon07)s | Salesianos do Funchal | 1:31.19 | 167 | 43.17 | 48.02 |
| 5. | RODRIGUES, Ines Costa 07 | Desportivo Nacional | 1:35.82 | 144 | 46.47 | 49.35 |
| 6. | FIGUEIRA, Maria Joao 07 | Desportiva Galomar | 1:38.48 | 132 | 42.95 | 55.53 |

Prova 9, Femin., 100m Livres

Juvenil B - 14 anos

| | | | | | | | |
|---|-----------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | COSTA, Maria Jardim | 06 | Desportivo Nacional | 1:03.79 | 488 | 30.59 | 33.20 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | |
| 2. | FREITAS, Margarida Ramos | 06 | Desportivo Nacional | 1:07.33 | 415 | 32.28 | 35.05 |
| 3. | FREITAS, Beatriz Rodrigues | 06 | Naval do Funchal | 1:09.39 | 379 | 33.07 | 36.32 |
| 4. | FERRO, Maria Leonor | 06 | Naval do Funchal | 1:10.65 | 359 | 34.23 | 36.42 |
| 5. | ABREU, Ana Rodrigues | 06 | Naval do Funchal | 1:10.72 | 358 | 33.66 | 37.06 |
| 6. | ROVERI, Isabel Vasconcelos | 06 | Naval do Funchal | 1:11.64 | 345 | 33.86 | 37.78 |
| 7. | CANADA, Maria Elvira | 06 | Desportivo Nacional | 1:12.54 | 332 | 35.49 | 37.05 |
| 8. | FARIA, Laura Pereira | 06 | Salesianos do Funchal | 1:13.56 | 318 | 35.46 | 38.10 |
| 9. | TEMBE, Ines Afonso | 06 | Desportivo Nacional | 1:15.73 | 292 | 35.33 | 40.40 |
| 10. | BAPTISTA, Constanca Ornelas | 06 | Naval do Funchal | 1:17.51 | 272 | 37.47 | 40.04 |
| 11. | SOUSA, Maria Beatriz | 06 | Naval do Funchal | 1:18.79 | 259 | 37.16 | 41.63 |

Juvenil A - 15 anos

| | | | | | | | |
|-------------------------------------|---------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | JARDIM, Teresa Vieira | 05 | Naval do Funchal | 1:08.60 | 393 | 32.22 | 36.38 |
| 2. | BELO, Bruna Raquel | 05 | Desportivo Nacional | 1:10.31 | 365 | 33.48 | 36.83 |
| 3. | ABREU, Maria Eduarda | 05 | Desportivo Nacional | 1:12.84 | 328 | 34.83 | 38.01 |
| 4. | GOMES, Madalena Sousa | 05 | Naval do Funchal | 1:15.08 | 299 | 35.76 | 39.32 |
| 5. | BARROS, Ana Carolina | 05 | Salesianos do Funchal | 1:16.95 | 278 | 36.51 | 40.44 |
| 6. | CARDOSO, Isabel Maria | 05 | Sport Maritimo | 1:21.55 | 233 | 39.53 | 42.02 |
| 7. | FERNANDES, Maria Madalena | 05 | Salesianos do Funchal | 1:24.88 | 207 | 40.84 | 44.04 |
| 8. | NOBREGA, Maria Trindade | 05 | Desportivo Nacional | 1:26.68 | 194 | 40.79 | 45.89 |
| 9. | ANDRADE, Maria Beatriz | 05 | Desportivo Nacional | 1:27.93 | 186 | 42.66 | 45.27 |
| 10. | DINIS, Maria Antonia | 05 | Desportivo Nacional | 1:32.35 | 161 | 44.04 | 48.31 |
| DSQ | SILVA, Maria Fabiana | 05 | Desportivo Nacional | | | | |
| <i>403 - Falsa partida - SW 4.4</i> | | | | | | | |

Juniores - 16, 17 anos

| | | | | | | | |
|-----|---------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | RAMOS, Barbara Emerick | 04 | Salesianos do Funchal | 1:07.35 | 415 | 32.65 | 34.70 |
| 2. | OLIVEIRA, Sara Fernandes | 04 | Salesianos do Funchal | 1:07.49 | 412 | 31.68 | 35.81 |
| 3. | JESUS, Filipa Mafalda | 03 | Deportivo Sao Roque | 1:08.28 | 398 | 33.05 | 35.23 |
| 4. | GOUVEIA, Susana Isabel | 04 | Salesianos do Funchal | 1:09.36 | 380 | 33.50 | 35.86 |
| 5. | LECA, Natasha Maria | 03 | Desportivo Nacional | 1:10.06 | 368 | 33.84 | 36.22 |
| 6. | PEREIRA, Luisa Tovela | 03 | Desportivo Nacional | 1:16.53 | 283 | 36.70 | 39.83 |
| 7. | FREITAS, Maria Viviana | 03 | Desportiva Machico | 1:20.71 | 241 | 38.55 | 42.16 |
| 8. | ALVES, Carolina Alexandra | 04 | Naval do Funchal | 1:22.50 | 225 | 39.40 | 43.10 |
| 9. | BAPTISTA, Rita Teixeira | 04 | Desportivo Nacional | 1:29.78 | 175 | 42.57 | 47.21 |
| 10. | ERRA, Juliana Franco | 03 | Desportiva Machico | 1:30.09 | 173 | 42.02 | 48.07 |

Seniores - 18 e mais velhos

| | | | | | | | |
|----|-----------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | AGUILAR, Vera Ines | 00 | Desportivo Nacional | 1:01.64 | 541 | 29.27 | 32.37 |
| 2. | GOMES, Susana Clara | 77 | Naval do Funchal | 1:02.32 | 524 | 29.98 | 32.34 |
| 3. | BOULHOSA, Carolina Abreu | 01 | Naval do Funchal | 1:03.83 | 487 | 30.83 | 33.00 |
| 4. | LUIS, Jessica Santos | 00 | Deportivo Sao Roque | 1:06.48 | 431 | 31.89 | 34.59 |
| 5. | HERNANDEZ, Marcelis Nativid | 99 | Sport Maritimo | 1:11.39 | 348 | 32.93 | 38.46 |
| 6. | VICTOR, Joana Isabel | 91 | Salesianos do Funchal | 1:14.37 | 308 | 36.10 | 38.27 |

Prova 10 Masc., 100m Livres Absoluto
22/11/2019 - 20:24 Resultados

| | | | | | |
|---------------------------|-------|---------------------|------|-----------------------|------------|
| Recorde Regional Absoluto | 49.20 | PINTO, Luis Marques | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Sen | 49.20 | PINTO, Luis Marques | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Jun18 | 51.05 | CASTRO, Joao Cruz | CDSR | Porto | 08/12/2017 |
| Recorde Regional Jun17 | 51.79 | CASTRO, Joao Cruz | CDSR | Funchal | 28/07/2017 |
| Recorde Regional Juv A | 52.66 | CASTRO, Joao Cruz | CDSR | Funchal | 29/07/2016 |
| Recorde Regional Juv B | 52.96 | CASTRO, Joao Cruz | CDSR | Funchal | 12/07/2015 |
| Recorde Regional Inf A | 54.93 | CASTRO, Joao Cruz | CSM | Funchal | 12/04/2014 |
| Recorde Regional Inf B | 58.44 | CASTRO, Joao Cruz | CSM | Funchal | 23/07/2013 |

TAC Regional Inf B: 1:36.20; Inf A: 1:32.70; Juv B: 1:27.29; Juv A: 1:25.68; Jun17: 1:23.48; Jun18: 1:23.21; Sen19: 1:22.54;
20 +: 1:22.28 / TAC Nacionais Inf B: 1:06.20; Inf A: 1:02.70; Juv B: 57.29; Juv A: 55.68; Jun17: 53.48; Jun18: 53.21; Sen19: 52.54;
20 +: 52.28 / TAC Zonais Inf B: 1:06.50; Inf A: 1:03.00; Juv B: 1:00.07; Juv A: 58.97

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts | 50m | 100m |
|-------|-----|-------------|-----|-----|------|
|-------|-----|-------------|-----|-----|------|

Infantil B - 13 anos

| | | | | | | | |
|----|---------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | PEREIRA, Lucas Santos | 07 | Naval do Funchal | 1:09.79 | 267 | 34.00 | 35.79 |
| 2. | ALMEIDA, Joao Francisco | 07 | Naval do Funchal | 1:11.06 | 252 | 33.69 | 37.37 |
| 3. | OLIVEIRA, Afonso Miguel | 07 | Salesianos do Funchal | 1:11.62 | 247 | 33.78 | 37.84 |
| 4. | BARBOSA, Joao Camacho | 07 | Desportivo Nacional | 1:22.28 | 162 | 38.94 | 43.34 |
| 5. | FERNANDES, Afonso Berimba | 07 | Salesianos do Funchal | 1:23.43 | 156 | 40.00 | 43.43 |
| 6. | VIEIRA, Luis Henrique | 07 | Desportivo Nacional | 1:28.60 | 130 | 42.78 | 45.82 |
| 7. | GOUVEIA, Martim Jose | 07 | Deportivo Sao Roque | 1:29.77 | 125 | 42.35 | 47.42 |
| 8. | NUNES, Duarte Costa | 07 | Salesianos do Funchal | 1:31.15 | 119 | 43.37 | 47.78 |
| 9. | ABREU, Tiago Jose | 07 | Desportiva Machico | 1:37.15 | 98 | 44.46 | 52.69 |

FTL - Falta de Tempo Limite

DSQ MARTINS, Tomas Rodrigo 07 Desportivo Nacional
403 - Falsa partida - SW 4.4

DSQ GONCALVES, Gabriel Fiqueli 07 Deportivo Sao Roque
102 - Não completou a prova - SW 10.2

DSQ SMIRNOV, Dmytro 07 Deportivo Sao Roque
403 - Falsa partida - SW 4.4

Infantil A - 14 anos

| | | | | | | | |
|-----|----------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | SILVA, Joao Luis | 06 | Escola O Liceu | 1:05.85 | 317 | 31.18 | 34.67 |
| 2. | GARANITO, Simao Silva | 06 | Naval do Funchal | 1:07.43 | 296 | 32.81 | 34.62 |
| 3. | SILVA, Afonso Mar | 06 | Naval do Funchal | 1:09.34 | 272 | 33.43 | 35.91 |
| 4. | CAIRES, Joao Gomes | 06 | Naval do Funchal | 1:12.12 | 241 | 33.27 | 38.85 |
| 5. | CASTRO, Mateus Pereira | 06 | Escola O Liceu | 1:15.76 | 208 | 37.45 | 38.31 |
| 6. | NACHYCHKO, Maximo | 06 | Naval do Funchal | 1:16.87 | 199 | 35.87 | 41.00 |
| 7. | VIEIRA, Rodrigo Leal | 06 | Desportiva Machico | 1:18.34 | 188 | 36.55 | 41.79 |
| 8. | VIEIRA, Tiago Pestana | 06 | Naval do Funchal | 1:22.28 | 162 | 36.42 | 45.86 |
| 9. | STEFLEA, Andre Sergio | 06 | Deportivo Sao Roque | 1:22.35 | 162 | 38.12 | 44.23 |
| 10. | FERNANDES, Afonso Freitas | 06 | Salesianos do Funchal | 1:27.00 | 137 | 40.86 | 46.14 |
| 11. | VIVEIROS, Pedro Perestrelo | 06 | Desportiva Machico | 1:27.29 | 136 | 41.74 | 45.55 |

Juvenil B - 15 anos

| | | | | | | | |
|---|---------------------------|----|---------------------|----------------|-----|-------|-------|
| 1. | OLIVEIRA, Diogo Alexandre | 05 | Naval do Funchal | 57.77 | 470 | 27.87 | 29.90 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | |
| 2. | LEITAO, Andre Freitas | 05 | Naval do Funchal | 1:00.46 | 410 | 29.10 | 31.36 |
| 3. | SOUSA, Lourenco Quintas | 05 | Naval do Funchal | 1:03.45 | 355 | 30.25 | 33.20 |
| 4. | SILVA, Tony Stefano | 05 | Naval do Funchal | 1:04.84 | 332 | 29.45 | 35.39 |
| 5. | BOULHOSA, Rodrigo Abreu | 05 | Naval do Funchal | 1:10.03 | 264 | 33.08 | 36.95 |
| 6. | ALVES, Luis Fernandez | 05 | Desportivo Nacional | 1:12.40 | 239 | 34.66 | 37.74 |
| 7. | SOUSA, Luis Miguel | 05 | Sport Maritimo | 1:13.80 | 225 | 35.04 | 38.76 |
| 8. | MENDES, Juan Diego | 05 | Desportivo Nacional | 1:15.45 | 211 | 35.81 | 39.64 |
| 9. | NUNES, Andre Maltez | 05 | Desportivo Nacional | 1:18.07 | 190 | 37.23 | 40.84 |
| 10. | RIBEIRO, Joao Pedro | 05 | Desportiva Machico | 1:24.27 | 151 | 39.98 | 44.29 |

Prova 10, Masc., 100m Livres

Juvenil A - 16 anos

| | | | | | | |
|-----|---|-----------------------|----------------|-----|-------|-------|
| 1. | FERNANDES, Diogo Henrique 04 | Naval do Funchal | 56.40 | 505 | 26.97 | 29.43 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | |
| 2. | FERNANDES, Martim Pestana 04 | Naval do Funchal | 59.25 | 436 | 29.26 | 29.99 |
| 3. | MACHADO, Tiago Magalhaes 04 | Desportivo Nacional | 1:00.69 | 406 | 28.62 | 32.07 |
| 4. | LEAL, Diogo Silva 04 | Salesianos do Funchal | 1:02.08 | 379 | 29.92 | 32.16 |
| 5. | NUNES, Afonso Miguel 04 | Salesianos do Funchal | 1:02.25 | 376 | 30.11 | 32.14 |
| 6. | PEREIRA, Jordao Abreu 04 | Salesianos do Funchal | 1:03.04 | 362 | 30.86 | 32.18 |
| 7. | SILVA, Eduardo Rodrigues 04 | Salesianos do Funchal | 1:07.61 | 293 | 32.42 | 35.19 |
| 8. | GANANCA, Tiago Rodrigues 04 | Naval do Funchal | 1:17.60 | 194 | 35.90 | 41.70 |
| DSQ | URDANETA, Lisandro Alberto 04 | Desportivo Nacional | | | | |
| | <i>403 - Falsa partida - SW 4.4</i> | | | | | |

Juniores - 17, 18 anos

| | | | | | | |
|-----|------------------------------|-----------------------|----------------|-----|-------|-------|
| 1. | DEUS, Andre Portugal 02 | Naval do Funchal | 55.74 | 524 | 27.10 | 28.64 |
| 2. | GOMES, Goncalo Camara 03 | Naval do Funchal | 56.07 | 514 | 26.89 | 29.18 |
| 3. | OLIVEIRA, Pedro Freitas 02 | Naval do Funchal | 57.09 | 487 | 27.24 | 29.85 |
| 4. | RODRIGUES, Renato Correia 03 | Salesianos do Funchal | 58.59 | 451 | 28.27 | 30.32 |
| 5. | FARIA, Joao Pedro 03 | Naval do Funchal | 59.93 | 421 | 28.70 | 31.23 |
| 6. | BAPTISTA, Tiago Ornelas 03 | Naval do Funchal | 1:00.06 | 418 | 29.00 | 31.06 |
| 7. | AGUIAR, Pedro Ferreira 03 | Naval do Funchal | 1:00.20 | 416 | 28.58 | 31.62 |
| 8. | MAROTE, Joao Nuno 03 | Desportivo Sao Roque | 1:01.35 | 393 | 29.56 | 31.79 |
| 9. | BELO, Francisco Miguel 02 | Desportivo Nacional | 1:02.30 | 375 | 29.72 | 32.58 |
| 10. | RAMALHO, Joao Caires 02 | Desportivo Sao Roque | 1:02.47 | 372 | 29.73 | 32.74 |
| 11. | ABREU, Nuno Afonso 03 | Naval do Funchal | 1:02.80 | 366 | 29.89 | 32.91 |
| 12. | NASCIMENTO, Diogo Andre 02 | Naval do Funchal | 1:03.52 | 354 | 29.74 | 33.78 |
| 13. | VIEIRA, Emanuel Eloi 03 | Desportivo Sao Roque | 1:03.84 | 348 | 30.24 | 33.60 |
| 14. | LUIS, Francisco Sousa 03 | Desportivo Nacional | 1:05.94 | 316 | 31.89 | 34.05 |
| 15. | FREIRE, Gabriel Coelho 03 | Desportiva Machico | 1:08.49 | 282 | 31.59 | 36.90 |
| 16. | KOVAL, Igor 03 | Desportivo Nacional | 1:15.37 | 211 | 35.65 | 39.72 |

Seniores - 19 e mais velhos

| | | | | | | |
|----|------------------------------------|-----------------------|----------------|-----|-------|-------|
| 1. | CASTRO, Joao Cruz 00 | Desportivo Sao Roque | 54.38 | 564 | 25.59 | 28.79 |
| 2. | CAMARA, Joao Vieira 97 | Escola O Liceu | 55.81 | 522 | 26.07 | 29.74 |
| 3. | SILVA, Luis Pedro 98 | Desportivo Nacional | 58.04 | 464 | 27.33 | 30.71 |
| 4. | VIEIRA, Duarte Nuno 95 | Salesianos do Funchal | 1:01.58 | 388 | 29.46 | 32.12 |
| 5. | NUNES, Goncalo Almada 01 | Salesianos do Funchal | 1:04.71 | 334 | 30.79 | 33.92 |
| 6. | SOUSA, Tiago Ferreira 91 | Desportivo Nacional | 1:10.32 | 261 | 25.01 | 45.31 |
| 7. | PERESTRELO, Pedro Antonio 96 | Desportiva Machico | 1:22.49 | 161 | 37.86 | 44.63 |
| | <i>FTL - Falta de Tempo Limite</i> | | | | | |

Prova 11 Femin., 4 x 100m Estilos Absoluto
22/11/2019 - 20:46 Resultados

| | | | | | |
|---------------------------|---------|---------------------------|-----|---------|------------|
| Recorde Regional Absoluto | 4:28.97 | Clube Desportivo Nacional | CDN | Funchal | 28/07/2016 |
| Recorde Regional Sen | 4:34.50 | Clube Desportivo Nacional | CDN | Porto | 04/12/2010 |
| Recorde Regional Jun | 4:28.97 | Clube Desportivo Nacional | CDN | Funchal | 28/07/2016 |
| Recorde Regional Juv A | 4:31.86 | Clube Desportivo Nacional | CDN | Funchal | 12/07/2015 |
| Recorde Regional Juv B | 4:38.14 | Clube Desportivo Nacional | CDN | Funchal | 11/04/2014 |
| Recorde Regional Inf A | 4:44.68 | Clube Desportivo Nacional | CDN | Funchal | 23/07/2013 |
| Recorde Regional Inf B | 5:21.61 | Clube Naval do Funchal | CNF | Funchal | 12/07/2015 |

TAC Nacionais Estafetas Juv: 4:49.42; Jun: 4:41.15; Sen: 4:35.63

Pontos: FINA 2019

| Lugar | | | | | Tempo final | Pts |
|-----------------------------|--|-------------|----------------------------|----------------------------|----------------|------------|
| Infantil B - 12 anos | | | | | | |
| 1. | Desportivo Nacional 1 | | Desportivo Nacional | | 6:04.39 | 236 |
| | BAPTISTA, Ines Sande | +0,87 42.76 | 1:27.36 | ALVES, Juliana Rodrigues | +0,60 39.43 | 1:26.97 |
| | PEREIRA, Maria Clara | +0,69 47.46 | 1:41.07 | SOARES, Leonor Silva | +0,35 41.01 | 1:28.99 |
| DSQ | Naval do Funchal 8 | | Naval do Funchal | | | |
| | <i>722 - Tocou com uma mão na parede na viragem aos 75 m - SW 7.6, percurso de bruços.</i> | | | | | |
| | SILVA, Carolina Pestana | +0,84 41.69 | 1:25.73 | ANDRADE, Matilde Sousa | | |
| | PEREIRA, Julia Freitas | | | QUINTAL, Madalena Saldanha | | |

| | | | | | | |
|-----------------------------|------------------------------|-------------|----------------------------|---------------------------|----------------|------------|
| Infantil A - 13 anos | | | | | | |
| 1. | Naval do Funchal 7 | | Naval do Funchal | | 5:40.12 | 290 |
| | RODRIGUES, Beatriz Mendes | +0,80 44.77 | 1:33.09 | NETO, Leonor Rodrigues | +0,37 35.65 | 1:18.69 |
| | FREITAS, Maria Raquel | +0,58 44.23 | 1:36.79 | FIGUEIRA, Madalena Leonor | 34.23 | 1:11.55 |
| 2. | Desportivo Nacional 4 | | Desportivo Nacional | | 5:53.44 | 258 |
| | CAMARA, Ines Cruz | +0,84 38.83 | 1:21.55 | GONCALVES, Valentina Jose | +0,38 38.87 | 1:26.26 |
| | TEMTEM, Sara Maria | +0,52 51.55 | 1:48.13 | MATEUS, Clarisse Vieira | +0,40 37.03 | 1:17.50 |

| | | | | | | |
|----------------------------|----------------------------|-------------|-------------------------|---------------------|----------------|------------|
| Juvenil B - 14 anos | | | | | | |
| 1. | Naval do Funchal 26 | | Naval do Funchal | | 5:15.38 | 364 |
| | JARDIM, Lara Filipa | +0,78 36.86 | 1:19.05 | FERRO, Maria Leonor | +0,48 37.36 | 1:21.17 |
| | ABREU, Ana Rodrigues | 40.65 | 1:28.81 | DEUS, Ines Portugal | +0,25 31.39 | 1:06.35 |

| | | | | | | |
|------------------------------------|--------------------------------|-------------|------------------------------|----------------------------|----------------|------------|
| Absoluto - 12 e mais velhos | | | | | | |
| 1. | Desportivo Nacional 16 | | Desportivo Nacional | | 4:40.23 | 518 |
| | FERREIRA, Maria Leonor | +0,65 33.32 | 1:08.56 | ROSA, Beatriz Jong | +0,28 31.98 | 1:10.86 |
| | COSTA, Maria Jardim | +0,06 36.66 | 1:18.39 | AGUILAR, Vera Ines | +0,40 29.21 | 1:02.42 |
| 2. | Naval do Funchal 1 | | Naval do Funchal | | 4:51.51 | 461 |
| | GONCALVES, Maria Margarida | +0,67 34.91 | 1:12.48 | BOULHOSA, Carolina Abreu | +0,56 34.93 | 1:14.88 |
| | FERNANDES, Ana Catarina | +0,09 35.96 | 1:17.96 | CAMACHO, Laura Fernandes | +0,07 31.17 | 1:06.19 |
| 3. | Desportivo Nacional 35 | | Desportivo Nacional | | 5:08.34 | 389 |
| | CANADA, Maria Elvira | +0,99 37.58 | 1:18.08 | SOUSA, Ivana Valentina | +0,90 36.09 | 1:16.29 |
| | PEREIRA, Joana Marques | +0,33 41.56 | 1:27.60 | FREITAS, Margarida Ramos | +0,42 31.39 | 1:06.37 |
| 4. | Deportivo Sao Roque 1 | | Deportivo Sao Roque | | 5:08.51 | 388 |
| | LUIS, Jessica Santos | +0,87 36.99 | 1:17.10 | SILVA, Silvana Suamade | +0,52 34.31 | 1:15.94 |
| | SOUSA, Joana Francisca | +0,44 41.53 | 1:27.86 | JESUS, Filipa Mafalda | +0,06 32.17 | 1:07.61 |
| 5. | Salesianos do Funchal 1 | | Salesianos do Funchal | | 5:10.41 | 381 |
| | OLIVEIRA, Sara Fernandes | +0,84 38.90 | 1:20.96 | VICTOR, Joana Isabel | +0,37 36.63 | 1:19.45 |
| | PERESTRELO, Laura Vasconce | +0,78 38.70 | 1:22.41 | RAMOS, Barbara Emerick | +0,17 32.39 | 1:07.59 |
| 6. | Naval do Funchal 25 | | Naval do Funchal | | 5:25.87 | 330 |
| | JARDIM, Teresa Vieira | +0,72 36.30 | 1:16.18 | SEQUEIRA, Beatriz Meneses | +0,32 37.15 | 1:22.96 |
| | GOMES, Madalena Sousa | -0,01 44.30 | 1:37.84 | FREITAS, Beatriz Rodrigues | +0,38 32.67 | 1:08.89 |

Prova 11, Femin., 4 x 100m Estilos, Absoluto - 12 e mais velhos

| Lugar | | | | | Tempo final | Pts |
|-------|--|-------|-------|---------------------|----------------------------|-----|
| DSQ | Desportivo Nacional 33 | | | Desportivo Nacional | | |
| | <i>722 - Tocou com uma mão na parede na viragem aos 25 m - SW 7.6, percurso de bruços.</i> | | | | | |
| | RODRIGUES, Ines Costa | +0,73 | 51.72 | 1:46.97 | ALVES, Margarida Jesus | |
| | PEREIRA, Sofia Jardim | | | | PERNETA, Mariana Rodrigues | |
| DSQ | Desportivo Nacional 34 | | | Desportivo Nacional | | |
| | <i>111 - Rendição antecipada do(a) 2 nadador(a) - SW 10.11</i> | | | | | |
| | NOBREGA, Maria Trindade | +0,88 | 47.17 | 1:40.42 | TEMBE, Ines Afonso | |
| | SILVA, Maria Fabiana | -0,26 | | | DINIS, Maria Antonia | |

Prova 12 Masc., 4 x 100m Estilos Absoluto Resultados

| | | | | | | |
|---------------------------|---------|---------------------------|-----|-----------------------|--|------------|
| 22/11/2019 - 21:00 | | | | | | |
| Recorde Regional Absoluto | 3:49.71 | Clube Desportivo Nacional | CDN | S. Antonio Cavaleiros | | 19/12/2009 |
| Recorde Regional Sen | 3:49.71 | Clube Desportivo Nacional | CDN | S. Antonio Cavaleiros | | 19/12/2009 |
| Recorde Regional Jun | 3:55.68 | Clube Naval do Funchal | CNF | Funchal | | 09/12/2016 |
| Recorde Regional Juv A | 4:11.58 | Clube Naval do Funchal | CNF | Tomar | | 15/12/2013 |
| Recorde Regional Juv B | 4:16.87 | Clube Naval do Funchal | CNF | Funchal | | 13/07/2019 |
| Recorde Regional Inf A | 4:27.13 | Clube Naval do Funchal | CNF | Funchal | | 14/07/2007 |
| Recorde Regional Inf B | 4:51.67 | Clube Naval do Funchal | CNF | Funchal | | 25/06/2006 |

TAC Nacionais Estafetas Juv: 4:22.42; Jun: 4:11.49; Sen: 4:02.98

Pontos: FINA 2019

| Lugar | | | | | Tempo final | Pts |
|-----------------------------|---------------------------|-------|-------|---------------------|---------------------------|---------------------|
| Infantil B - 13 anos | | | | | | |
| 1. | Naval do Funchal 7 | | | Naval do Funchal | 5:32.50 | 214 |
| | NEVES, Tiago Brazao | +0,71 | 39.03 | 1:18.38 | ALMEIDA, Joao Francisco | 38.52 1:25.25 |
| | ARAUJO, Joao Caldeira | +0,57 | 45.79 | 1:37.91 | PEREIRA, Lucas Santos | 34.25 1:10.96 |
| 2. | Desportivo Nacional 7 | | | Desportivo Nacional | 6:03.81 | 164 |
| | NUNES, Henrique Dias | +0,70 | 47.42 | 1:38.28 | VIEIRA, Luis Henrique | +0,81 44.13 1:35.71 |
| | SOUSA, Simao Henrique | -0,08 | 43.01 | 1:32.05 | COSTA, Guilherme Corte | +0,45 36.71 1:17.77 |
| Infantil A - 14 anos | | | | | | |
| 1. | Naval do Funchal 6 | | | Naval do Funchal | 5:02.33 | 285 |
| | PITA, Pedro Miguel | +0,60 | 33.94 | 1:10.71 | ABREU, Joao Francisco | +0,34 33.95 1:14.28 |
| | SILVA, Afonso Mar | +0,29 | 40.39 | 1:27.20 | GARANITO, Simao Silva | +0,25 33.93 1:10.14 |
| 2. | Naval do Funchal 16 | | | Naval do Funchal | 5:12.86 | 257 |
| | PAULOS, Joao Afonso | +0,67 | 36.71 | 1:15.44 | FERRAZ, Luis Afonso | +0,45 35.87 1:17.65 |
| | SETIM, Joao Oliveira | +0,51 | 39.07 | 1:23.77 | NACHYCHKO, Maximo | +0,67 35.36 1:16.00 |
| Juvenil B - 15 anos | | | | | | |
| 1. | Naval do Funchal 25 | | | Naval do Funchal | 4:28.50 | 408 |
| | LEITAO, Andre Freitas | +0,64 | 32.18 | 1:06.85 | OLIVEIRA, Diogo Alexandre | +0,34 29.71 1:04.20 |
| | SILVA, Tony Stefano | +0,11 | 34.57 | 1:16.29 | VOLOZHENIN, Alexandre | +0,37 29.39 1:01.16 |
| Juvenil A - 16 anos | | | | | | |
| 1. | Naval do Funchal 24 | | | Naval do Funchal | 4:54.47 | 309 |
| | BARRY, Rafael Francisco | +0,72 | 31.80 | 1:06.79 | FERNANDES, Martim Pestana | +0,02 31.95 1:09.73 |
| | FERNANDES, Diogo Henrique | +0,18 | 35.33 | 1:19.04 | GANANCA, Tiago Rodrigues | +0,52 36.56 1:18.91 |

Prova 12, Masc., 4 x 100m Estilos

Absoluto - 13 e mais velhos

| | | | | | | | |
|-----|--|-------|-------|-----------------------|----------------------------|----------------|---------------|
| 1. | Desportivo Nacional 10 | | | Desportivo Nacional | | 4:06.77 | 525 |
| | DIAS, Andre Vicente | +0,71 | 31.35 | 1:05.61 | FERREIRA, Miguel Goncalves | +0,53 | 26.11 57.32 |
| | SANTOS, Diego Felipe | +0,34 | 31.39 | 1:07.46 | SOUSA, Tiago Ferreira | +0,19 | 26.25 56.38 |
| 2. | Naval do Funchal 1 | | | Naval do Funchal | | 4:07.91 | 518 |
| | GOMES, Goncalo Camara | +0,62 | 30.39 | 1:02.74 | FERRO, Henrique Martins | +0,03 | 27.70 1:00.24 |
| | PAULOS, Francisco Silva | +0,29 | 32.02 | 1:09.51 | DEUS, Andre Portugal | +0,06 | 26.55 55.42 |
| 3. | Desportivo Nacional 25 | | | Desportivo Nacional | | 4:13.49 | 484 |
| | FERNANDES, Rui Afonso | +0,67 | 30.37 | 1:02.30 | GOUVEIA, Luis Galvao | +0,44 | 28.81 1:02.67 |
| | ALVES, Paulo Rodrigues | +0,55 | 32.42 | 1:09.80 | SILVA, Luis Pedro | +0,53 | 27.19 58.72 |
| 4. | Deportivo Sao Roque 2 | | | Deportivo Sao Roque | | 4:34.84 | 380 |
| | RODRIGUES, Pedro Reis | +0,66 | 30.65 | 1:04.06 | RODRIGUES, Rodrigo Reis | +0,34 | 32.58 1:08.30 |
| | VIEIRA, Emanuel Eloi | +0,63 | 37.90 | 1:22.33 | LOPES, Pedro Henrique | +0,48 | 28.67 1:00.15 |
| 5. | Salesianos do Funchal 1 | | | Salesianos do Funchal | | 4:41.31 | 354 |
| | NUNES, Goncalo Almada | +0,70 | 37.37 | 1:16.78 | VIEIRA, Duarte Nuno | +0,30 | 32.11 1:09.77 |
| | FREITAS, Joao Tomas | +0,16 | 35.17 | 1:16.25 | RODRIGUES, Renato Correia | +0,29 | 27.84 58.51 |
| 6. | Deportivo Sao Roque 1 | | | Deportivo Sao Roque | | 6:41.32 | 122 |
| | GOUVEIA, Martim Jose | +0,81 | 48.49 | 1:39.47 | STEFLEA, Andre Sergio | +0,63 | 45.10 1:42.08 |
| | SMIRNOV, Dmytro | +0,41 | 47.45 | 1:41.50 | GONCALVES, Gabriel Fiqueli | | 46.30 1:38.27 |
| DSQ | Desportivo Nacional 20 | | | Desportivo Nacional | | | |
| | <i>603 - Após viragem saiu em posição ventral aos 50 m - SW 6.2, percurso de costas</i> | | | | | | |
| | ALVES, Luis Fernandez, CORREIA, Rodrigo Ramos, MACHADO, Tiago Magalhaes, UR DANETA, Lisandro Alberto | | | | | | |

2 - 2ª Jornada / 1ª Sessão

23/11/2019 - 9:15

Prova 13 Masc., 4 x 50m Estilos 17 anos e mais velhos
23/11/2019 - 9:15 Resultados

| | | | | | |
|---------------------------|---------|------------------------|-----|-------------------|------------|
| Recorde Regional Absoluto | 1:46.19 | Clube Naval do Funchal | CNF | Pacos de Ferreira | 22/11/2003 |
| Recorde Regional Sen | 1:46.19 | Clube Naval do Funchal | CNF | Paços de Ferreira | 22/11/2003 |
| Recorde Regional Jun | 1:48.64 | Clube Naval do Funchal | CNF | Porto | 12/11/2005 |

TAC Nacionais Estafetas Jun: 1:52.32; Sen: 1:51.01

Pontos: FINA 2019

| Lugar | | | | | Tempo final | Pts |
|----------------------------|-----------------------|-------|-------|--------------------------|----------------|-------------|
| Absolutos | | | | | | |
| 1. Naval do Funchal 1 | Naval do Funchal | | | | 1:53.67 | 503 |
| GOMES, Goncalo Camara | 03 | +0,64 | 28.42 | MATOS, Rodrigo Vieira | 03 | +0,59 27.78 |
| DEUS, Andre Portugal | 02 | -0,01 | 31.72 | OLIVEIRA, Pedro Freitas | 02 | +0,27 25.75 |
| 2. Salesianos do Funchal 1 | Salesianos do Funchal | | | | 2:07.92 | 353 |
| VIEIRA, Duarte Nuno | 95 | +0,79 | 34.41 | MELIM, Bruno Pontes | 03 | +0,55 30.42 |
| FREITAS, Joao Tomas | 02 | +0,14 | 35.38 | CALDEIRA, Rodolfo Morais | 02 | +0,16 27.71 |

DSQ Desportivo Nacional 19 Desportivo Nacional
606 - Não rompeu a superfície da água com a cabeça antes dos 15 metros após a partida - SW 6.3, percurso de costas

FERREIRA, Miguel Goncalves, SILVA, Luis Pedro, FERNANDES, Rui Afonso, LUIS, Francisco Sousa

Prova 14 Femin., 4 x 50m Estilos 16 anos e mais velhos
23/11/2019 - 9:18 Resultados

| | | | | | |
|---------------------------|---------|---------------------------|-----|------------|------------|
| Recorde Regional Absoluto | 2:02.36 | Clube Desportivo Nacional | CDN | Funchal | 11/07/2015 |
| Recorde Regional Sen | 2:05.32 | Clube Naval do Funchal | CNF | Felgueiras | 21/12/2013 |
| Recorde Regional Jun | 2:04.22 | Clube Desportivo Nacional | CDN | Porto | 12/12/2015 |

TAC Nacionais Estafetas Jun: 2:06.74; Sen: 2:05.49

Pontos: FINA 2019

| Lugar | | | | | Tempo final | Pts |
|----------------------------|-----------------------|-------|-------|--------------------------|----------------|-------------|
| Absolutos | | | | | | |
| 1. Naval do Funchal 1 | Naval do Funchal | | | | 2:08.96 | 500 |
| GONCALVES, Maria Margarida | 04 | +0,60 | 32.85 | BOULHOSA, Carolina Abreu | 01 | +0,59 31.12 |
| FERNANDES, Ana Catarina | 03 | +0,02 | 35.60 | GOMES, Susana Clara | 77 | +0,35 29.39 |
| 2. Salesianos do Funchal 1 | Salesianos do Funchal | | | | 2:32.55 | 302 |
| OLIVEIRA, Sara Fernandes | 04 | +0,80 | 35.36 | VICTOR, Joana Isabel | 91 | +0,27 34.95 |
| BLANDY, Mischa Blue | 04 | +0,27 | 50.47 | GOUVEIA, Susana Isabel | 04 | +0,65 31.77 |

Prova 15 Masc., 400m Livres Absoluto
23/11/2019 - 9:21 Resultados

| | | | | | |
|---------------------------|---------|-------------------------|------|-----------------------|------------|
| Recorde Regional Absoluto | 3:50.96 | FRANCO, Paulo Fragueiro | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Sen | 3:50.96 | FRANCO, Paulo Fragueiro | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Jun18 | 3:57.10 | CASTRO, Joao Cruz | CDSR | Porto | 09/12/2017 |
| Recorde Regional Jun17 | 3:57.38 | CASTRO, Joao Cruz | CDSR | Funchal | 26/07/2017 |
| Recorde Regional Juv A | 4:05.44 | CASTRO, Joao Cruz | CDSR | Penteada | 09/07/2016 |
| Recorde Regional Juv B | 4:11.24 | FREITAS, Tomas Miguel | CDN | Funchal | 25/06/2005 |
| Recorde Regional Inf A | 4:17.08 | FREITAS, Tomas Miguel | CDN | Funchal | 10/07/2004 |
| Recorde Regional Inf B | 4:27.04 | FREITAS, Tomas Miguel | CDN | Funchal | 12/07/2003 |

TAC Regional Inf B: 6:24.07; Inf A: 6:01.75; Juv B: 5:57.09; Juv A: 5:49.30; Jun17: 5:40.51; Jun18: 5:39.26; Sen19: 5:33.91; 20+: 5:32.70 / TAC Nacionais Inf B: 4:54.07; Inf A: 4:31.75; Juv B: 4:27.09; Juv A: 4:19.30; Jun17: 4:10.51; Jun18: 4:09.26; Sen19: 4:03.91; 20+: 4:02.70 / TAC Zonais Inf B: 5:05.00; Inf A: 4:53.50; Juv B: 4:38.55; Juv A: 4:33.44

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts |
|-------------------------------------|---------------|-----------------------|---------------------------|
| Infantil B - 13 anos | | | |
| 1. NEVES, Tiago Brazao | 07 | Naval do Funchal | 5:24.71 279 |
| 50m: 36.07 36.07 | 150m: 1:58.56 | 42.01 250m: 3:22.30 | 41.27 350m: 4:46.08 41.66 |
| 100m: 1:16.55 40.48 | 200m: 2:41.03 | 42.47 300m: 4:04.42 | 42.12 400m: 5:24.71 38.63 |
| 2. PEREIRA, Lucas Santos | 07 | Naval do Funchal | 5:30.50 264 |
| 50m: 37.54 37.54 | 150m: 2:01.53 | 42.50 250m: 3:27.24 | 42.76 350m: 4:52.36 42.34 |
| 100m: 1:19.03 41.49 | 200m: 2:44.48 | 42.95 300m: 4:10.02 | 42.78 400m: 5:30.50 38.14 |
| 3. ARAUJO, Joao Caldeira | 07 | Naval do Funchal | 5:30.72 264 |
| 50m: 37.87 37.87 | 150m: 2:02.54 | 42.64 250m: 3:27.58 | 42.19 350m: 4:52.65 42.58 |
| 100m: 1:19.90 42.03 | 200m: 2:45.39 | 42.85 300m: 4:10.07 | 42.49 400m: 5:30.72 38.07 |
| 4. SOUSA, Simao Henrique | 07 | Desportivo Nacional | 5:53.48 216 |
| 50m: 41.13 41.13 | 150m: 2:10.37 | 44.65 250m: 3:42.01 | 46.10 350m: 5:11.98 44.41 |
| 100m: 1:25.72 44.59 | 200m: 2:55.91 | 45.54 300m: 4:27.57 | 45.56 400m: 5:53.48 41.50 |
| 5. ALVES, Diogo Basilio | 07 | Salesianos do Funchal | 5:53.63 216 |
| 50m: 40.12 40.12 | 150m: 2:10.45 | 45.34 250m: 3:41.89 | 45.85 350m: 5:11.96 44.50 |
| 100m: 1:25.11 44.99 | 200m: 2:56.04 | 45.59 300m: 4:27.46 | 45.57 400m: 5:53.63 41.67 |
| 6. BARBOSA, Joao Camacho | 07 | Desportivo Nacional | 6:38.84 150 |
| <i>FTL - Falta de Tempo Limite</i> | | | |
| 50m: 42.28 42.28 | 150m: 2:23.59 | 51.41 250m: 4:09.15 | 53.55 350m: 5:53.86 51.96 |
| 100m: 1:32.18 49.90 | 200m: 3:15.60 | 52.01 300m: 5:01.90 | 52.75 400m: 6:38.84 44.98 |
| 7. NUNES, Henrique Dias | 07 | Desportivo Nacional | 6:41.91 147 |
| <i>FTL - Falta de Tempo Limite</i> | | | |
| 50m: 42.04 42.04 | 150m: 2:26.81 | 53.08 250m: 4:11.92 | 53.57 350m: 5:56.16 50.35 |
| 100m: 1:33.73 51.69 | 200m: 3:18.35 | 51.54 300m: 5:05.81 | 53.89 400m: 6:41.91 45.75 |
| DSQ COSTA, Guilherme Corte | 07 | Desportivo Nacional | |
| <i>403 - Falsa partida - SW 4.4</i> | | | |
| DSQ ALMEIDA, Joao Francisco | 07 | Naval do Funchal | |
| <i>403 - Falsa partida - SW 4.4</i> | | | |

Infantil A - 14 anos

| | | | |
|--------------------------|---------------|---------------------|---------------------------|
| 1. PAULOS, Joao Afonso | 06 | Naval do Funchal | 4:57.34 363 |
| 50m: 33.24 33.24 | 150m: 1:50.16 | 38.64 250m: 3:07.26 | 38.72 350m: 4:22.85 37.49 |
| 100m: 1:11.52 38.28 | 200m: 2:28.54 | 38.38 300m: 3:45.36 | 38.10 400m: 4:57.34 34.49 |
| 2. PITA, Pedro Miguel | 06 | Naval do Funchal | 4:57.55 362 |
| 50m: 33.97 33.97 | 150m: 1:50.18 | 38.31 250m: 3:07.29 | 38.60 350m: 4:22.60 37.34 |
| 100m: 1:11.87 37.90 | 200m: 2:28.69 | 38.51 300m: 3:45.26 | 37.97 400m: 4:57.55 34.95 |
| 3. ABREU, Joao Francisco | 06 | Naval do Funchal | 4:59.05 357 |
| 50m: 34.24 34.24 | 150m: 1:49.36 | 38.05 250m: 3:06.05 | 38.32 350m: 4:22.41 37.72 |
| 100m: 1:11.31 37.07 | 200m: 2:27.73 | 38.37 300m: 3:44.69 | 38.64 400m: 4:59.05 36.64 |

Prova 15, Masc., 400m Livres, Infantil A - 14 anos

| Lugar | Nome | | Ano | Clube | Tempo final | Pts |
|-------|------------------------------------|---------------|-------|------------------|----------------|---------------|
| 4. | FERRAZ, Luis Afonso | | 06 | Naval do Funchal | 5:00.49 | 352 |
| | 50m: | 34.70 34.70 | 150m: | 1:52.19 39.11 | 250m: | 3:09.03 38.62 |
| | 100m: | 1:13.08 38.38 | 200m: | 2:30.41 38.22 | 300m: | 3:47.11 38.08 |
| | | | | | 350m: | 4:24.70 37.59 |
| | | | | | 400m: | 5:00.49 35.79 |
| 5. | SETIM, Joao Oliveira | | 06 | Naval do Funchal | 5:20.99 | 289 |
| | 50m: | 35.22 35.22 | 150m: | 1:55.85 40.76 | 250m: | 3:19.20 42.57 |
| | 100m: | 1:15.09 39.87 | 200m: | 2:36.63 40.78 | 300m: | 4:00.95 41.75 |
| | | | | | 350m: | 4:42.99 42.04 |
| | | | | | 400m: | 5:20.99 38.00 |
| 6. | NACHYCHKO, Maximo | | 06 | Naval do Funchal | 6:22.08 | 171 |
| | <i>FTL - Falta de Tempo Limite</i> | | | | | |
| | 50m: | 38.16 38.16 | 150m: | 2:15.33 50.19 | 250m: | 3:59.71 52.38 |
| | 100m: | 1:25.14 46.98 | 200m: | 3:07.33 52.00 | 300m: | 4:52.13 52.42 |
| | | | | | 350m: | 5:40.24 48.11 |
| | | | | | 400m: | 6:22.08 41.84 |

Juvenil B - 15 anos

| | | | | | | |
|----|--|---------------|-------|----------------------|----------------|---------------|
| 1. | OLIVEIRA, Diogo Alexandre | | 05 | Naval do Funchal | 4:24.33 | 517 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | |
| | 50m: | 29.46 29.46 | 150m: | 1:35.81 33.36 | 250m: | 2:43.44 33.84 |
| | 100m: | 1:02.45 32.99 | 200m: | 2:09.60 33.79 | 300m: | 3:17.29 33.85 |
| | | | | | 350m: | 3:51.22 33.93 |
| | | | | | 400m: | 4:24.33 33.11 |
| 2. | SANTOS, Nuno Goncalo | | 05 | Desportivo Sao Roque | 4:40.55 | 433 |
| | 50m: | 31.21 31.21 | 150m: | 1:42.05 36.06 | 250m: | 2:55.02 36.17 |
| | 100m: | 1:05.99 34.78 | 200m: | 2:18.85 36.80 | 300m: | 3:30.80 35.78 |
| | | | | | 350m: | 4:06.92 36.12 |
| | | | | | 400m: | 4:40.55 33.63 |
| 3. | VOLOZHENIN, Alexandre | | 05 | Naval do Funchal | 4:47.70 | 401 |
| | 50m: | 32.40 32.40 | 150m: | 1:44.69 36.34 | 250m: | 2:58.98 37.03 |
| | 100m: | 1:08.35 35.95 | 200m: | 2:21.95 37.26 | 300m: | 3:36.01 37.03 |
| | | | | | 350m: | 4:12.91 36.90 |
| | | | | | 400m: | 4:47.70 34.79 |
| 4. | NUNES, Andre Maltez | | 05 | Desportivo Nacional | 5:58.55 | 207 |
| | <i>FTL - Falta de Tempo Limite</i> | | | | | |
| | 50m: | 39.54 39.54 | 150m: | 2:09.71 45.74 | 250m: | 3:42.70 46.81 |
| | 100m: | 1:23.97 44.43 | 200m: | 2:55.89 46.18 | 300m: | 4:28.74 46.04 |
| | | | | | 350m: | 5:15.74 47.00 |
| | | | | | 400m: | 5:58.55 42.81 |
| 5. | MENDES, Juan Diego | | 05 | Desportivo Nacional | 5:58.96 | 206 |
| | <i>FTL - Falta de Tempo Limite</i> | | | | | |
| | 50m: | 38.52 38.52 | 150m: | 2:09.89 46.38 | 250m: | 3:44.11 47.45 |
| | 100m: | 1:23.51 44.99 | 200m: | 2:56.66 46.77 | 300m: | 4:30.88 46.77 |
| | | | | | 350m: | 5:16.25 45.37 |
| | | | | | 400m: | 5:58.96 42.71 |

Juvenil A - 16 anos

| | | | | | | |
|----|---|---------------|-------|---------------------|----------------|---------------|
| 1. | ALVES, Paulo Rodrigues | | 04 | Desportivo Nacional | 4:20.87 | 538 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | |
| | 50m: | 29.30 29.30 | 150m: | 1:35.34 33.17 | 250m: | 2:42.19 33.47 |
| | 100m: | 1:02.17 32.87 | 200m: | 2:08.72 33.38 | 300m: | 3:15.40 33.21 |
| | | | | | 350m: | 3:48.25 32.85 |
| | | | | | 400m: | 4:20.87 32.62 |
| 2. | FERNANDES, Diogo Henrique | | 04 | Naval do Funchal | 4:29.65 | 487 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | |
| | 50m: | 30.79 30.79 | 150m: | 1:38.60 33.64 | 250m: | 2:46.82 33.65 |
| | 100m: | 1:04.96 34.17 | 200m: | 2:13.17 34.57 | 300m: | 3:20.91 34.09 |
| | | | | | 350m: | 3:55.52 34.61 |
| | | | | | 400m: | 4:29.65 34.13 |
| 3. | BARRY, Rafael Francisco | | 04 | Naval do Funchal | 4:48.55 | 397 |
| | 50m: | 30.81 30.81 | 150m: | 1:40.47 35.47 | 250m: | 2:54.58 37.37 |
| | 100m: | 1:05.00 34.19 | 200m: | 2:17.21 36.74 | 300m: | 3:32.66 38.08 |
| | | | | | 350m: | 4:10.93 38.27 |
| | | | | | 400m: | 4:48.55 37.62 |

Juniores - 17, 18 anos

| | | | | | | |
|----|-------------------------|---------------|-------|----------------------|----------------|---------------|
| 1. | RODRIGUES, Pedro Reis | | 02 | Desportivo Sao Roque | 4:15.70 | 571 |
| | 50m: | 28.74 28.74 | 150m: | 1:31.47 31.87 | 250m: | 2:37.29 32.97 |
| | 100m: | 59.60 30.86 | 200m: | 2:04.32 32.85 | 300m: | 3:10.26 32.97 |
| | | | | | 350m: | 3:43.51 33.25 |
| | | | | | 400m: | 4:15.70 32.19 |
| 2. | OLIVEIRA, Pedro Freitas | | 02 | Naval do Funchal | 4:24.68 | 515 |
| | 50m: | 29.60 29.60 | 150m: | 1:34.97 33.21 | 250m: | 2:43.00 34.15 |
| | 100m: | 1:01.76 32.16 | 200m: | 2:08.85 33.88 | 300m: | 3:17.65 34.65 |
| | | | | | 350m: | 3:52.00 34.35 |
| | | | | | 400m: | 4:24.68 32.68 |

Prova 15, Masc., 400m Livres, Juniores - 17, 18 anos

| Lugar | Nome | | Ano | Clube | | Tempo final | | | | Pts | |
|-------|------------------------|---------------|-------|---------------------|-------|----------------|---------|-------|-------|---------|-------|
| 3. | BELO, Francisco Miguel | | 02 | Desportivo Nacional | | 4:50.63 | | | | 389 | |
| | 50m: | 31.78 31.78 | 150m: | 1:43.98 | 36.91 | 250m: | 2:58.81 | 37.39 | 350m: | 4:14.35 | 37.63 |
| | 100m: | 1:07.07 35.29 | 200m: | 2:21.42 | 37.44 | 300m: | 3:36.72 | 37.91 | 400m: | 4:50.63 | 36.28 |
| 4. | VIEIRA, Emanuel Eloi | | 03 | Deportivo Sao Roque | | 5:00.51 | | | | 352 | |
| | 50m: | 32.69 32.69 | 150m: | 1:47.34 | 38.33 | 250m: | 3:05.34 | 39.08 | 350m: | 4:22.80 | 39.07 |
| | 100m: | 1:09.01 36.32 | 200m: | 2:26.26 | 38.92 | 300m: | 3:43.73 | 38.39 | 400m: | 5:00.51 | 37.71 |
| 5. | RAMALHO, Joao Caires | | 02 | Deportivo Sao Roque | | 5:04.89 | | | | 337 | |
| | 50m: | 32.41 32.41 | 150m: | 1:47.04 | 38.04 | 250m: | 3:04.24 | 39.14 | 350m: | 4:25.53 | 40.63 |
| | 100m: | 1:09.00 36.59 | 200m: | 2:25.10 | 38.06 | 300m: | 3:44.90 | 40.66 | 400m: | 5:04.89 | 39.36 |

Prova 16

Femin., 400m Livres

Absoluto

23/11/2019 - 9:47

Resultados

| | | | | | |
|---------------------------|---------|-----------------------|-----|------------|------------|
| Recorde Regional Absoluto | 4:31.74 | ANDRADE, Rubina Amaro | CDN | Braga | 05/03/1994 |
| Recorde Regional Sen | 4:35.08 | MELIM, Claudia Ramos | CDN | Funchal | 06/07/2002 |
| Recorde Regional Jun17 | 4:32.13 | ANDRADE, Rubina Amaro | CDN | Felgueiras | 13/07/1996 |
| Recorde Regional Jun16 | 4:31.80 | ANDRADE, Rubina Amaro | CDN | Funchal | 14/07/1995 |
| Recorde Regional Juv A | 4:31.74 | ANDRADE, Rubina Amaro | CDN | Braga | 05/03/1994 |
| Recorde Regional Juv B | 4:35.00 | ANDRADE, Rubina Amaro | CDN | Funchal | 29/05/1993 |
| Recorde Regional Inf A | 4:37.30 | ANDRADE, Rubina Amaro | CDN | Funchal | 17/07/1992 |
| Recorde Regional Inf B | 4:56.70 | ANDRADE, Rubina Amaro | CDN | Funchal | 04/05/1991 |

TAC Regional Inf B: 6:44.91; Inf A: 6:30.57; Juv B: 6:19.23; Juv A: 6:15.52; Jun16: 6:08.56; Jun17: 6:07.18; Sen18: 6:01.05; 19+: 5:59.70 / TAC Nacionais Inf B: 5:14.91; Inf A: 5:00.57; Juv B: 4:49.23; Juv A: 4:45.52; Jun16: 4:38.56; Jun17: 4:37.18; Sen18: 4:31.05; 19+: 4:29.70 / TAC Zonais Inf B: 5:32.00; Inf A: 5:16.50; Juv B: 5:05.93; Juv A: 4:57.35

Pontos: FINA 2019

| Lugar | Nome | | Ano | Clube | | Tempo final | | | | Pts | |
|----------------------|------------------------------------|---------------|-------|---------------------|-------|----------------|---------|-------|-------|---------|-------|
| Infantil B - 12 anos | | | | | | | | | | | |
| 1. | ANDRADE, Matilde Sousa | | 08 | Naval do Funchal | | 5:51.76 | | | | 294 | |
| | 50m: | 39.64 39.64 | 150m: | 2:08.55 | 45.20 | 250m: | 3:38.54 | 45.35 | 350m: | 5:08.99 | 45.26 |
| | 100m: | 1:23.35 43.71 | 200m: | 2:53.19 | 44.64 | 300m: | 4:23.73 | 45.19 | 400m: | 5:51.76 | 42.77 |
| 2. | ALVES, Juliana Rodrigues | | 08 | Desportivo Nacional | | 5:54.33 | | | | 287 | |
| | 50m: | 39.76 39.76 | 150m: | 2:09.76 | 45.01 | 250m: | 3:39.81 | 44.56 | 350m: | 5:12.46 | 45.95 |
| | 100m: | 1:24.75 44.99 | 200m: | 2:55.25 | 45.49 | 300m: | 4:26.51 | 46.70 | 400m: | 5:54.33 | 41.87 |
| 3. | BAPTISTA, Ines Sande | | 08 | Desportivo Nacional | | 6:10.34 | | | | 251 | |
| | 50m: | 40.84 40.84 | 150m: | 2:16.23 | 48.71 | 250m: | 3:53.11 | 48.57 | 350m: | 5:28.49 | 47.31 |
| | 100m: | 1:27.52 46.68 | 200m: | 3:04.54 | 48.31 | 300m: | 4:41.18 | 48.07 | 400m: | 6:10.34 | 41.85 |
| 4. | SILVA, Carolina Pestana | | 08 | Naval do Funchal | | 6:22.27 | | | | 229 | |
| | 50m: | 42.27 42.27 | 150m: | 2:18.44 | 48.19 | 250m: | 3:55.91 | 49.00 | 350m: | 5:34.29 | 49.86 |
| | 100m: | 1:30.25 47.98 | 200m: | 3:06.91 | 48.47 | 300m: | 4:44.43 | 48.52 | 400m: | 6:22.27 | 47.98 |
| 5. | PEREIRA, Julia Freitas | | 08 | Naval do Funchal | | 6:28.82 | | | | 217 | |
| | 50m: | 42.82 42.82 | 150m: | 2:20.61 | 48.70 | 250m: | 4:00.21 | 49.65 | 350m: | 5:41.02 | 50.26 |
| | 100m: | 1:31.91 49.09 | 200m: | 3:10.56 | 49.95 | 300m: | 4:50.76 | 50.55 | 400m: | 6:28.82 | 47.80 |
| 6. | PEREIRA, Maria Clara | | 08 | Desportivo Nacional | | 6:32.09 | | | | 212 | |
| | 50m: | 43.08 43.08 | 150m: | 2:23.66 | 50.49 | 250m: | 4:06.18 | 52.15 | 350m: | 5:45.61 | 49.55 |
| | 100m: | 1:33.17 50.09 | 200m: | 3:14.03 | 50.37 | 300m: | 4:56.06 | 49.88 | 400m: | 6:32.09 | 46.48 |
| 7. | ALVES, Margarida Jesus | | 08 | Desportivo Nacional | | 7:15.55 | | | | 154 | |
| | <i>FTL - Falta de Tempo Limite</i> | | | | | | | | | | |
| | 50m: | 46.61 46.61 | 150m: | 2:35.86 | 55.35 | 250m: | 4:29.49 | 56.91 | 350m: | 6:21.70 | 56.44 |
| | 100m: | 1:40.51 53.90 | 200m: | 3:32.58 | 56.72 | 300m: | 5:25.26 | 55.77 | 400m: | 7:15.55 | 53.85 |

Prova 16, Femin., 400m Livres

Infantil A - 13 anos

| | | | | | | | | | |
|----|---------------------------|---------------|------------------|---------------|-------|---------------|-------|----------------|-----|
| 1. | NETO, Leonor Rodrigues | 07 | Naval do Funchal | | | | | 5:33.71 | 344 |
| | 50m: 37.80 37.80 | 150m: 2:01.78 | 42.55 | 250m: 3:27.74 | 43.16 | 350m: 4:53.14 | 42.64 | | |
| | 100m: 1:19.23 41.43 | 200m: 2:44.58 | 42.80 | 300m: 4:10.50 | 42.76 | 400m: 5:33.71 | 40.57 | | |
| 2. | FIGUEIRA, Madalena Leonor | 07 | Naval do Funchal | | | | | 5:45.08 | 311 |
| | 50m: 38.76 38.76 | 150m: 2:06.49 | 44.25 | 250m: 3:35.13 | 44.21 | 350m: 5:04.18 | 44.48 | | |
| | 100m: 1:22.24 43.48 | 200m: 2:50.92 | 44.43 | 300m: 4:19.70 | 44.57 | 400m: 5:45.08 | 40.90 | | |

Juvenil B - 14 anos

| | | | | | | | | | |
|----|---|---------------|---------------------|---------------|-------|---------------|-------|----------------|-----|
| 1. | FREITAS, Beatriz Rodrigues | 06 | Naval do Funchal | | | | | 5:02.08 | 464 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| | 50m: 34.36 34.36 | 150m: 1:50.42 | 38.34 | 250m: 3:06.95 | 38.14 | 350m: 4:24.40 | 38.42 | | |
| | 100m: 1:12.08 37.72 | 200m: 2:28.81 | 38.39 | 300m: 3:45.98 | 39.03 | 400m: 5:02.08 | 37.68 | | |
| 2. | FREITAS, Margarida Ramos | 06 | Desportivo Nacional | | | | | 5:05.05 | 450 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| | 50m: 33.24 33.24 | 150m: 1:49.50 | 38.68 | 250m: 3:08.63 | 39.57 | 350m: 4:27.55 | 39.51 | | |
| | 100m: 1:10.82 37.58 | 200m: 2:29.06 | 39.56 | 300m: 3:48.04 | 39.41 | 400m: 5:05.05 | 37.50 | | |
| 3. | DEUS, Ines Portugal | 06 | Naval do Funchal | | | | | 5:05.86 | 447 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| | 50m: 33.94 33.94 | 150m: 1:49.09 | 37.93 | 250m: 3:07.32 | 39.20 | 350m: 4:27.56 | 40.31 | | |
| | 100m: 1:11.16 37.22 | 200m: 2:28.12 | 39.03 | 300m: 3:47.25 | 39.93 | 400m: 5:05.86 | 38.30 | | |
| 4. | SEQUEIRA, Beatriz Meneses | 06 | Naval do Funchal | | | | | 5:24.35 | 375 |
| | 50m: 34.82 34.82 | 150m: 1:55.42 | 41.58 | 250m: 3:18.96 | 42.16 | 350m: 4:43.91 | 42.23 | | |
| | 100m: 1:13.84 39.02 | 200m: 2:36.80 | 41.38 | 300m: 4:01.68 | 42.72 | 400m: 5:24.35 | 40.44 | | |

Juvenil A - 15 anos

| | | | | | | | | | |
|----|----------------------|---------------|-----------------------|---------------|-------|---------------|-------|----------------|-----|
| 1. | ARAUJO, Maria Clara | 05 | Naval do Funchal | | | | | 5:08.53 | 435 |
| | 50m: 33.71 33.71 | 150m: 1:49.10 | 38.50 | 250m: 3:07.68 | 39.53 | 350m: 4:28.95 | 40.68 | | |
| | 100m: 1:10.60 36.89 | 200m: 2:28.15 | 39.05 | 300m: 3:48.27 | 40.59 | 400m: 5:08.53 | 39.58 | | |
| 2. | BELO, Bruna Raquel | 05 | Desportivo Nacional | | | | | 5:14.38 | 411 |
| | 50m: 34.71 34.71 | 150m: 1:53.59 | 40.04 | 250m: 3:14.22 | 40.36 | 350m: 4:35.61 | 40.41 | | |
| | 100m: 1:13.55 38.84 | 200m: 2:33.86 | 40.27 | 300m: 3:55.20 | 40.98 | 400m: 5:14.38 | 38.77 | | |
| 3. | LUIS, Mariana Capelo | 05 | Salesianos do Funchal | | | | | 5:44.74 | 312 |
| | 50m: 36.86 36.86 | 150m: 2:03.37 | 44.96 | 250m: 3:32.70 | 45.14 | 350m: 5:02.29 | 44.34 | | |
| | 100m: 1:18.41 41.55 | 200m: 2:47.56 | 44.19 | 300m: 4:17.95 | 45.25 | 400m: 5:44.74 | 42.45 | | |
| 4. | BARROS, Ana Carolina | 05 | Salesianos do Funchal | | | | | 5:52.31 | 292 |
| | 50m: 39.34 39.34 | 150m: 2:07.99 | 44.57 | 250m: 3:38.61 | 45.75 | 350m: 5:09.31 | 45.11 | | |
| | 100m: 1:23.42 44.08 | 200m: 2:52.86 | 44.87 | 300m: 4:24.20 | 45.59 | 400m: 5:52.31 | 43.00 | | |

Juniores - 16, 17 anos

| | | | | | | | | | |
|----|--------------------------|---------------|---------------------|---------------|-------|---------------|-------|----------------|-----|
| 1. | FERNANDES, Ana Catarina | 03 | Naval do Funchal | | | | | 4:56.88 | 489 |
| | 50m: 32.92 32.92 | 150m: 1:46.50 | 37.24 | 250m: 3:02.26 | 37.94 | 350m: 4:18.69 | 38.41 | | |
| | 100m: 1:09.26 36.34 | 200m: 2:24.32 | 37.82 | 300m: 3:40.28 | 38.02 | 400m: 4:56.88 | 38.19 | | |
| 2. | CAMACHO, Laura Fernandes | 04 | Naval do Funchal | | | | | 4:59.77 | 475 |
| | 50m: 33.88 33.88 | 150m: 1:49.97 | 38.41 | 250m: 3:06.63 | 38.07 | 350m: 4:23.32 | 37.81 | | |
| | 100m: 1:11.56 37.68 | 200m: 2:28.56 | 38.59 | 300m: 3:45.51 | 38.88 | 400m: 4:59.77 | 36.45 | | |
| 3. | JESUS, Filipa Mafalda | 03 | Deportivo Sao Roque | | | | | 5:11.78 | 422 |
| | 50m: 34.90 34.90 | 150m: 1:53.37 | 39.47 | 250m: 3:12.65 | 39.55 | 350m: 4:32.70 | 40.08 | | |
| | 100m: 1:13.90 39.00 | 200m: 2:33.10 | 39.73 | 300m: 3:52.62 | 39.97 | 400m: 5:11.78 | 39.08 | | |
| 4. | LECA, Natasha Maria | 03 | Desportivo Nacional | | | | | 5:41.76 | 320 |
| | 50m: 35.79 35.79 | 150m: 1:59.58 | 43.61 | 250m: 3:29.90 | 45.33 | 350m: 5:01.26 | 45.46 | | |
| | 100m: 1:15.97 40.18 | 200m: 2:44.57 | 44.99 | 300m: 4:15.80 | 45.90 | 400m: 5:41.76 | 40.50 | | |

Prova 16, Femin., 400m Livres

Seniores - 18 e mais velhos

| | | | | |
|-----------------------------|---------------------|---------------------|---------------------|-----|
| 1. LUIS, Jessica Santos | 00 | Deportivo Sao Roque | 4:58.74 | 480 |
| 50m: 33.16 33.16 | 150m: 1:49.12 38.70 | 250m: 3:06.33 38.51 | 350m: 4:22.44 37.86 | |
| 100m: 1:10.42 37.26 | 200m: 2:27.82 38.70 | 300m: 3:44.58 38.25 | 400m: 4:58.74 36.30 | |
| 2. LUIS, Catarina Fernandes | 97 | Deportivo Sao Roque | 5:05.40 | 449 |
| 50m: 33.30 33.30 | 150m: 1:49.75 38.91 | 250m: 3:08.05 39.17 | 350m: 4:27.03 39.74 | |
| 100m: 1:10.84 37.54 | 200m: 2:28.88 39.13 | 300m: 3:47.29 39.24 | 400m: 5:05.40 38.37 | |

Prova 17

Masc., 100m Costas

Absoluto

23/11/2019 - 10:07

Resultados

| | | | | | |
|---------------------------|---------|------------------------|-----|------------|------------|
| Recorde Regional Absoluto | 57.43 | FERNANDES, Joao Manuel | CNF | Porto | 20/12/2014 |
| Recorde Regional Sen | 57.93 | PINTO, Luis Marques | CDN | Funchal | 09/05/2009 |
| Recorde Regional Jun18 | 57.43 | FERNANDES, Joao Manuel | CNF | Porto | 20/12/2014 |
| Recorde Regional Jun17 | 58.60 | SILVA, Luis Henrique | CNF | Felgueiras | 22/12/2013 |
| Recorde Regional Juv A | 59.07 | FERNANDES, Rui Afonso | CDN | Tomar | 14/12/2018 |
| Recorde Regional Juv B | 1:00.51 | FERNANDES, Rui Afonso | CDN | Funchal | 26/03/2018 |
| Recorde Regional Inf A | 1:03.46 | FERNANDES, Rui Afonso | CDN | Funchal | 27/07/2017 |
| Recorde Regional Inf B | 1:06.87 | CAMACHO, Afonso Caires | CNF | Sines | 07/04/2017 |

TAC Regional Inf B: 1:46.75; Inf A: 1:42.40; Juv B: 1:34.49; Juv A: 1:32.85; Jun17: 1:30.48; Jun18: 1:30.18; Sen19: 1:28.65; 20+: 1:28.36 / TAC Nacionais Inf B: 1:16.75; Inf A: 1:12.40; Juv B: 1:04.49; Juv A: 1:02.85; Jun17: 1:00.48; Jun18: 1:00.18; Sen19: 58.65; 20+: 58.36 / TAC Zonais Inf B: 1:17.00; Inf A: 1:12.70; Juv B: 1:08.48; Juv A: 1:07.23

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts | 50m | 100m |
|-------|-----|-------------|-----|-----|------|
|-------|-----|-------------|-----|-----|------|

Infantil B - 13 anos

| | | | | | | |
|------------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. OLIVEIRA, Afonso Miguel | 07 | Salesianos do Funchal | 1:20.56 | 223 | 38.70 | 41.86 |
| 2. COSTA, Guilherme Corte | 07 | Desportivo Nacional | 1:29.90 | 160 | 43.30 | 46.60 |
| 3. SMIRNOV, Dmytro | 07 | Deportivo Sao Roque | 1:32.05 | 149 | 44.00 | 48.05 |
| 4. GOUVEIA, Martim Jose | 07 | Deportivo Sao Roque | 1:37.11 | 127 | 47.32 | 49.79 |
| 5. CARVALHO, Joaquim Eduardo | 07 | Naval do Funchal | 1:39.36 | 119 | 49.49 | 49.87 |
| 6. FERNANDES, Joao Vieira | 07 | Salesianos do Funchal | 1:45.51 | 99 | 51.88 | 53.63 |
| DSQ SOUSA, Simao Henrique | 07 | Desportivo Nacional | | | | |

614 - Nadador n o efectuou viragem aos 25 m ap s terminar movimento cont nuo de bra os - SW 6.4

DSQ GONCALVES, Gabriel Fiqueli 07 Deportivo Sao Roque
105 - N o tocou na parede na viragem aos 25 metros - SW 10.4

Infantil A - 14 anos

| | | | | | | |
|--------------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. MACHADO, Bernardo Magalhaes | 06 | Desportivo Nacional | 1:13.22 | 297 | 35.70 | 37.52 |
| 2. GONCALVES, Martim Luis | 06 | Desportivo Nacional | 1:14.97 | 277 | 36.03 | 38.94 |
| 3. ALVES, Pedro Miguel | 06 | Desportivo Nacional | 1:18.00 | 246 | 38.03 | 39.97 |
| 4. CAIRES, Joao Gomes | 06 | Naval do Funchal | 1:20.54 | 223 | 38.11 | 42.43 |
| 5. SILVA, Afonso Mar | 06 | Naval do Funchal | 1:21.66 | 214 | 40.24 | 41.42 |
| 6. GARANITO, Simao Silva | 06 | Naval do Funchal | 1:23.53 | 200 | 41.54 | 41.99 |
| 7. FERNANDES, Afonso Freitas | 06 | Salesianos do Funchal | 1:39.01 | 120 | 48.98 | 50.03 |
| DSQ VIEIRA, Tiago Pestana | 06 | Naval do Funchal | | | | |

403 - Falsa partida - SW 4.4

Juvenil B - 15 anos

| | | | | | | |
|---|----|---------------------|----------------|-----|-------|-------|
| 1. DIAS, Andre Vicente | 05 | Desportivo Nacional | 1:05.47 | 416 | 31.71 | 33.76 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | |
| 2. LEITAO, Andre Freitas | 05 | Naval do Funchal | 1:06.68 | 393 | 32.33 | 34.35 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | |
| 3. SILVA, Tony Stefano | 05 | Naval do Funchal | 1:11.69 | 316 | 34.80 | 36.89 |
| 4. SOUSA, Lourenco Quintas | 05 | Naval do Funchal | 1:13.45 | 294 | 35.73 | 37.72 |
| 5. BOULHOSA, Rodrigo Abreu | 05 | Naval do Funchal | 1:16.79 | 257 | 37.32 | 39.47 |

Prova 17, Masc., 100m Costas

Juvenil A - 16 anos

| | | | | | | | |
|---|--------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | NUNES, Afonso Miguel | 04 | Salesianos do Funchal | 1:07.08 | 386 | 32.55 | 34.53 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | |
| 2. | RODRIGUES, Rodrigo Reis | 04 | Desportivo Sao Roque | 1:07.50 | 379 | 33.21 | 34.29 |
| 3. | LEAL, Diogo Silva | 04 | Salesianos do Funchal | 1:07.83 | 374 | 32.89 | 34.94 |
| 4. | PEREIRA, Jordao Abreu | 04 | Salesianos do Funchal | 1:07.88 | 373 | 33.75 | 34.13 |
| 5. | AGUILAR, Luis Santos | 04 | Desportivo Nacional | 1:12.29 | 309 | 34.53 | 37.76 |
| 6. | MACHADO, Tiago Magalhaes | 04 | Desportivo Nacional | 1:14.32 | 284 | 34.88 | 39.44 |

Juniores - 17, 18 anos

| | | | | | | | |
|------------------------------------|-------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | FERNANDES, Rui Afonso | 03 | Desportivo Nacional | 59.08 | 566 | 28.44 | 30.64 |
| <i>Minimos Campeonato Nacional</i> | | | | | | | |
| 2. | SILVA, Joao Jesus | 02 | Salesianos do Funchal | 1:00.97 | 515 | 29.44 | 31.53 |
| 3. | GOMES, Goncalo Camara | 03 | Naval do Funchal | 1:01.12 | 511 | 29.51 | 31.61 |
| 4. | NASCIMENTO, Diogo Andre | 02 | Naval do Funchal | 1:07.88 | 373 | 32.61 | 35.27 |

Prova 18

Femin., 100m Costas

Absoluto

23/11/2019 - 10:15

Resultados

| | | | | | |
|---------------------------|---------|------------------------|-------|---------|------------|
| Recorde Regional Absoluto | 1:05.05 | QUINTAL, Fabiana Maria | CDN | Funchal | 12/07/2009 |
| Recorde Regional Sen | 1:05.05 | QUINTAL, Fabiana Maria | CDN | Funchal | 12/07/2009 |
| Recorde Regional Jun17 | 1:06.59 | ROSA, Beatriz Jong | CDWTT | Funchal | 11/12/2016 |
| Recorde Regional Jun16 | 1:05.65 | ROSA, Beatriz Jong | CDN | Funchal | 05/03/2016 |
| Recorde Regional Juv A | 1:07.64 | ROSA, Beatriz Jong | CDN | Funchal | 09/05/2015 |
| Recorde Regional Juv A | 1:07.64 | AGUILAR, Vera Ines | CDN | Funchal | 11/07/2015 |
| Recorde Regional Juv B | 1:08.35 | AGUILAR, Vera Ines | CDN | Funchal | 10/04/2014 |
| Recorde Regional Inf A | 1:10.41 | COSTA, Maria Jardim | CDN | Funchal | 08/06/2019 |
| Recorde Regional Inf B | 1:13.20 | LOPES, Joana Cristina | CNF | Funchal | 15/02/1992 |

TAC Regional Inf B: 1:53.71; Inf A: 1:48.10; Juv B: 1:41.31; Juv A: 1:40.08; Jun16: 1:38.45; Jun17: 1:38.11; Sen18: 1:36.78; 19+: 1:36.45 / TAC Nacionais Inf B: 1:23.71; Inf A: 1:18.10; Juv B: 1:11.31; Juv A: 1:10.08; Jun16: 1:08.45; Jun17: 1:08.11; Sen18: 1:06.78; 19+: 1:06.45 / TAC Zonais Inf B: 1:24.00; Inf A: 1:18.50; Juv B: 1:15.93; Juv A: 1:13.80

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m |
|------------------------------------|----------------------------|----|---------------------|----------------|-----|---------------|
| Infantil B - 12 anos | | | | | | |
| 1. | PEREIRA, Maria Clara | 08 | Desportivo Nacional | 1:36.38 | 186 | 47.50 48.88 |
| 2. | MACEDO, Diana Camacho | 08 | Naval do Funchal | 1:49.79 | 125 | 52.27 57.52 |
| 3. | QUINTAL, Madalena Saldanha | 08 | Naval do Funchal | 1:53.01 | 115 | 55.92 57.09 |
| 4. | PERNETA, Mariana Rodrigues | 08 | Desportivo Nacional | 2:01.78 | 92 | 56.19 1:05.59 |
| <i>FTL - Falta de Tempo Limite</i> | | | | | | |

Infantil A - 13 anos

| | | | | | | |
|----|---------------------------|----|---------------------|----------------|-----|-------------|
| 1. | GONCALVES, Valentina Jose | 07 | Desportivo Nacional | 1:20.32 | 321 | 39.05 41.27 |
| 2. | CAMARA, Ines Cruz | 07 | Desportivo Nacional | 1:20.41 | 320 | 38.65 41.76 |
| 3. | MATEUS, Clarisse Vieira | 07 | Desportivo Nacional | 1:27.08 | 252 | 43.37 43.71 |
| 4. | TEMTEM, Sara Maria | 07 | Desportivo Nacional | 1:27.91 | 245 | 43.36 44.55 |
| 5. | RODRIGUES, Beatriz Mendes | 07 | Naval do Funchal | 1:35.90 | 188 | 47.10 48.80 |
| 6. | FREITAS, Maria Raquel | 07 | Naval do Funchal | 1:39.74 | 167 | 48.04 51.70 |
| 7. | RODRIGUES, Ines Costa | 07 | Desportivo Nacional | 1:43.57 | 150 | 52.48 51.09 |

Juvenil B - 14 anos

| | | | | | | | |
|--|---------------------|----|---------------------|----------------|-----|-------------|--|
| 1. | COSTA, Maria Jardim | 06 | Desportivo Nacional | 1:10.82 | 469 | 34.05 36.77 | |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | |
| 2. | DIAS, Julia Alves | 06 | Desportivo Nacional | 1:13.50 | 419 | 35.82 37.68 | |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | |
| 3. | JARDIM, Lara Filipa | 06 | Naval do Funchal | 1:16.74 | 368 | 36.66 40.08 | |

Prova 18, Femin., 100m Costas, Juvenil B - 14 anos

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | |
|-------|----------------------------|----|-----------------------|----------------|-----|-------|-------|
| 4. | CANADA, Maria Elvira | 06 | Desportivo Nacional | 1:18.64 | 342 | 38.31 | 40.33 |
| 5. | ABREU, Ana Rodrigues | 06 | Naval do Funchal | 1:22.80 | 293 | 40.96 | 41.84 |
| 6. | FERRO, Maria Leonor | 06 | Naval do Funchal | 1:23.13 | 290 | 41.14 | 41.99 |
| 7. | FARIA, Laura Pereira | 06 | Salesianos do Funchal | 1:23.30 | 288 | 40.49 | 42.81 |
| 8. | ROVERI, Isabel Vasconcelos | 06 | Naval do Funchal | 1:24.13 | 279 | 40.22 | 43.91 |
| 9. | SOUSA, Ivana Valentina | 06 | Desportivo Nacional | 1:25.36 | 267 | 41.59 | 43.77 |
| 10. | SOUSA, Maria Beatriz | 06 | Naval do Funchal | 1:25.97 | 262 | 41.68 | 44.29 |
| 11. | TEMBE, Ines Afonso | 06 | Desportivo Nacional | 1:27.24 | 250 | 42.47 | 44.77 |

Juvenil A - 15 anos

| | | | | | | | |
|----|-------------------------|----|---------------------|----------------|-----|-------|-------|
| 1. | JARDIM, Teresa Vieira | 05 | Naval do Funchal | 1:14.26 | 406 | 35.58 | 38.68 |
| 2. | ABREU, Maria Eduarda | 05 | Desportivo Nacional | 1:22.43 | 297 | 40.14 | 42.29 |
| 3. | CARDOSO, Isabel Maria | 05 | Sport Maritimo | 1:32.70 | 209 | 46.41 | 46.29 |
| 4. | NOBREGA, Maria Trindade | 05 | Desportivo Nacional | 1:40.17 | 165 | 48.69 | 51.48 |

DSQ DINIS, Maria Antonia 05 Desportivo Nacional
607 - Mais de uma braçada, na posição ventral, antes da viragem aos 75 m - SW 6.4

Juniores - 16, 17 anos

| | | | | | | | |
|------------------------------------|----------------------------|----|---------------------|----------------|-----|-------|-------|
| 1. | FERREIRA, Maria Leonor | 04 | Desportivo Nacional | 1:08.24 | 524 | 33.13 | 35.11 |
| <i>Minimos Campeonato Nacional</i> | | | | | | | |
| 2. | SOUSA, Joana Francisca | 04 | Deportivo Sao Roque | 1:11.35 | 458 | 34.44 | 36.91 |
| 3. | GONCALVES, Maria Margarida | 04 | Naval do Funchal | 1:12.23 | 442 | 34.52 | 37.71 |
| 4. | PEREIRA, Luisa Tovela | 03 | Desportivo Nacional | 1:24.21 | 279 | 41.16 | 43.05 |

Seniores - 18 e mais velhos

| | | | | | | | |
|----|--------------------------|----|------------------|----------------|-----|-------|-------|
| 1. | BOULHOSA, Carolina Abreu | 01 | Naval do Funchal | 1:11.91 | 448 | 34.11 | 37.80 |
|----|--------------------------|----|------------------|----------------|-----|-------|-------|

Prova 19

Masc., 50m Livres

17 anos e mais velhos

23/11/2019 - 10:27

Resultados

| | | | | | |
|---------------------------|-------|---------------------|------|-----------------------|------------|
| Recorde Regional Absoluto | 22.77 | PINTO, Luis Marques | CDN | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Sen | 22.77 | PINTO, Luis Marques | CDN | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Jun18 | 23.64 | CASTRO, Joao Cruz | CDSR | Porto | 09/12/2017 |
| Recorde Regional Jun17 | 23.82 | CASTRO, Joao Cruz | CDSR | Funchal | 10/12/2016 |

TAC Regional Jun17: 39.66; Jun18: 39.53; Sen19: 39.16; 20 +: 39.04 / TAC Nacionais Jun17: 24.66; Jun18: 24.53; Sen19: 24.16; 20 +: 24.04

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts |
|------------------------|---------------------------|----|-----------------------|------------------|
| Juniores - 17, 18 anos | | | | |
| 1. | RODRIGUES, Renato Correia | 03 | Salesianos do Funchal | 26.77 433 |
| 2. | FARIA, Joao Pedro | 03 | Naval do Funchal | 27.03 421 |
| 3. | BAPTISTA, Tiago Ornelas | 03 | Naval do Funchal | 27.41 403 |
| 4. | CALDEIRA, Rodolfo Moraes | 02 | Salesianos do Funchal | 28.03 377 |
| 5. | MELIM, Bruno Pontes | 03 | Salesianos do Funchal | 28.35 364 |
| 6. | NASCIMENTO, Diogo Andre | 02 | Naval do Funchal | 28.69 352 |
| 7. | VIEIRA, Emanuel Eloi | 03 | Deportivo Sao Roque | 28.72 351 |
| 8. | LUIS, Francisco Sousa | 03 | Desportivo Nacional | 29.42 326 |
| 9. | KOVAL, Igor | 03 | Desportivo Nacional | 32.04 252 |

Prova 19, Masc., 50m Livres

Seniores - 19 e mais velhos

| | | | | | |
|----|----------------------------|----|-----------------------|--------------|-----|
| 1. | CASTRO, Joao Cruz | 00 | Deportivo Sao Roque | 24.90 | 538 |
| 2. | SOUSA, Tiago Ferreira | 91 | Desportivo Nacional | 24.93 | 536 |
| 3. | FERREIRA, Miguel Goncalves | 93 | Desportivo Nacional | 25.35 | 510 |
| 4. | CAMARA, Joao Vieira | 97 | Escola O Liceu | 25.37 | 509 |
| 5. | VIEIRA, Duarte Nuno | 95 | Salesianos do Funchal | 28.19 | 371 |
| 6. | NUNES, Goncalo Almada | 01 | Salesianos do Funchal | 28.23 | 369 |

Prova 20

Femin., 50m Livres

16 anos e mais velhos

23/11/2019 - 10:30

Resultados

| | | | | | |
|---------------------------|-------|------------------------|-----|-----------------------|------------|
| Recorde Regional Absoluto | 26.39 | QUINTAL, Fabiana Maria | CDN | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Sen | 26.39 | QUINTAL, Fabiana Maria | CDN | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Jun17 | 27.71 | OLIM, Carlota Freitas | CNF | Funchal | 21/11/2009 |
| Recorde Regional Jun16 | 27.57 | AGUILAR, Vera Ines | CDN | Porto | 12/12/2015 |

TAC Regional Jun16: 43.30; Jun17: 43.16; Sen18: 42.82; 19 +: 42.68 / TAC Nacionais Jun16: 28.30; Jun17: 28.16; Sen18: 27.82; 19 +: 27.68

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts | | |
|------------------------|-------------------------------------|-------------|-----------------------|--------------|-----|
| Juniores - 16, 17 anos | | | | | |
| 1. | OLIVEIRA, Sara Fernandes | 04 | Salesianos do Funchal | 29.69 | 460 |
| 2. | GOUVEIA, Susana Isabel | 04 | Salesianos do Funchal | 31.95 | 369 |
| 3. | JESUS, Filipa Mafalda | 03 | Deportivo Sao Roque | 31.99 | 368 |
| 4. | LECA, Natasha Maria | 03 | Desportivo Nacional | 32.05 | 366 |
| 5. | OLIVEIRA, Beatriz Camacho | 03 | Naval do Funchal | 33.61 | 317 |
| 6. | PEREIRA, Luisa Tovela | 03 | Desportivo Nacional | 35.31 | 273 |
| 7. | BLANDY, Mischa Blue | 04 | Salesianos do Funchal | 42.36 | 158 |
| DSQ | ALVES, Carolina Alexandra | 04 | Naval do Funchal | | |
| | <i>403 - Falsa partida - SW 4.4</i> | | | | |

Seniores - 18 e mais velhos

| | | | | | |
|----|--------------------------|----|-----------------------|--------------|-----|
| 1. | GOMES, Susana Clara | 77 | Naval do Funchal | 28.17 | 539 |
| 2. | AGUILAR, Vera Ines | 00 | Desportivo Nacional | 28.18 | 538 |
| 3. | BOULHOSA, Carolina Abreu | 01 | Naval do Funchal | 30.21 | 437 |
| 4. | LUIS, Jessica Santos | 00 | Deportivo Sao Roque | 30.82 | 411 |
| 5. | VICTOR, Joana Isabel | 91 | Salesianos do Funchal | 34.25 | 300 |
| 6. | NOBREGA, Valeria Cardoso | 02 | Desportivo Nacional | 40.17 | 185 |

Prova 21 Masc., 200m Estilos Absoluto
23/11/2019 - 10:32 Resultados

| | | | | | |
|---------------------------|---------|------------------------|-----|-----------------------|------------|
| Recorde Regional Absoluto | 2:05.78 | SILVA, Tomas Antonio | CNF | Felgueiras | 22/12/2018 |
| Recorde Regional Sen | 2:05.93 | FREITAS, Tomas Miguel | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Jun18 | 2:05.78 | SILVA, Tomas Antonio | CNF | Felgueiras | 22/12/2018 |
| Recorde Regional Jun17 | 2:09.60 | SILVA, Tomas Antonio | CNF | Funchal | 26/03/2018 |
| Recorde Regional Juv A | 2:12.30 | PEREIRA, Nuno Miguel | CDN | Funchal | 17/07/1992 |
| Recorde Regional Juv B | 2:11.24 | ALVES, Paulo Rodrigues | CDN | Funchal | 17/05/2019 |
| Recorde Regional Inf A | 2:13.38 | FREITAS, Tomas Miguel | CDN | Funchal | 17/07/2004 |
| Recorde Regional Inf B | 2:20.56 | FREITAS, Tomas Miguel | CDN | Funchal | 28/06/2003 |

TAC Regional Inf B: 3:39.29; Inf A: 3:30.30; Juv B: 3:21.00; Juv A: 3:17.04; Jun17: 3:12.79; Jun18: 3:12.13; Sen19: 3:09.62;
20+: 3:08.98 / TAC Nacionais Inf B: 2:39.29; Inf A: 2:30.30; Juv B: 2:21.00; Juv A: 2:17.04; Jun17: 2:12.79; Jun18: 2:12.13;
Sen19: 2:09.62; 20+: 2:08.98 / TAC Zonais Inf B: 2:45.00; Inf A: 2:38.00; Juv B: 2:30.83; Juv A: 2:28.26

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|-----------------------------|------------------------------------|----|-----------------------|----------------|-----|-------|---------|---------|-------|
| Infantil B - 13 anos | | | | | | | | | |
| 1. | NEVES, Tiago Brazao | 07 | Naval do Funchal | 2:53.50 | 252 | 39.30 | 43.33 | 51.77 | 39.10 |
| 2. | PEREIRA, Lucas Santos | 07 | Naval do Funchal | 3:00.00 | 225 | 38.48 | 47.03 | 54.17 | 40.32 |
| 3. | ALVES, Diogo Basilio | 07 | Salesianos do Funchal | 3:20.37 | 163 | 48.04 | 52.62 | 56.74 | 42.97 |
| 4. | VIEIRA, Luis Henrique | 07 | Desportivo Nacional | 3:26.84 | 148 | 44.50 | 54.71 | 1:02.13 | 45.50 |
| 5. | MARTINS, Tomas Rodrigc07 | | Desportivo Nacional | 3:58.51 | 97 | 56.62 | 1:03.87 | 1:01.02 | 57.00 |
| | <i>FTL - Falta de Tempo Limite</i> | | | | | | | | |

Infantil A - 14 anos

| | | | | | | | | | |
|-----|-------------------------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | PAULOS, Joao Afonso | 06 | Naval do Funchal | 2:39.33 | 325 | 33.39 | 42.15 | 47.10 | 36.69 |
| 2. | CASTRO, Mateus Pereira | 06 | Escola O Liceu | 3:12.66 | 184 | 42.43 | 49.62 | 57.62 | 42.99 |
| 3. | STEFLEA, Andre Sergio | 06 | Deportivo Sao Roque | 3:25.67 | 151 | 44.58 | 51.48 | 59.90 | 49.71 |
| DSQ | PITA, Pedro Miguel | 06 | Naval do Funchal | | | | | | |
| | <i>403 - Falsa partida - SW 4.4</i> | | | | | | | | |

Juvenil B - 15 anos

| | | | | | | | | | |
|----|--|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | GOUVEIA, Luis Galvao | 05 | Desportivo Nacional | 2:19.67 | 483 | 29.63 | 37.74 | 40.28 | 32.02 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 2. | OLIVEIRA, Diogo Alexandr05 | | Naval do Funchal | 2:22.36 | 456 | 30.64 | 36.93 | 41.91 | 32.88 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 3. | LEITAO, Andre Freitas | 05 | Naval do Funchal | 2:28.73 | 400 | 32.73 | 36.75 | 44.61 | 34.64 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 4. | SILVA, Tony Stefano | 05 | Naval do Funchal | 2:30.07 | 389 | 32.46 | 39.35 | 41.13 | 37.13 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 5. | VOLOZHENIN, Alexandre | 05 | Naval do Funchal | 2:31.93 | 375 | 33.12 | 40.98 | 43.00 | 34.83 |
| 6. | ALVES, Afonso Pires | 05 | Salesianos do Funchal | 2:37.60 | 336 | 34.15 | 42.16 | 44.11 | 37.18 |
| 7. | SOUSA, Luis Miguel | 05 | Sport Maritimo | 3:24.75 | 153 | 45.37 | 54.11 | 59.77 | 45.50 |
| | <i>FTL - Falta de Tempo Limite</i> | | | | | | | | |

Juvenil A - 16 anos

| | | | | | | | | | |
|----|--|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | ALVES, Paulo Rodrigues | 04 | Desportivo Nacional | 2:15.79 | 526 | 28.46 | 35.81 | 39.64 | 31.88 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 2. | FERNANDES, Martim Pes04a | | Naval do Funchal | 2:24.00 | 441 | 31.70 | 40.64 | 38.56 | 33.10 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 3. | BARRY, Rafael Francisco | 04 | Naval do Funchal | 2:25.86 | 424 | 29.15 | 36.94 | 43.06 | 36.71 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 4. | NUNES, Afonso Miguel | 04 | Salesianos do Funchal | 2:28.02 | 406 | 32.28 | 38.24 | 43.54 | 33.96 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 5. | FERNANDES, Diogo Henri04a | | Naval do Funchal | 2:31.34 | 380 | 32.42 | 40.76 | 45.45 | 32.71 |

Prova 21, Masc., 200m Estilos, Juvenil A - 16 anos

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m |
|-------|---------------------------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 6. | LEAL, Diogo Silva | 04 Salesianos do Funchal | 2:34.99 | 353 | 32.48 | 39.14 | 48.04 | 35.33 |
| 7. | SILVA, Eduardo Rodrigues | 04 Salesianos do Funchal | 2:36.59 | 343 | 33.20 | 40.26 | 47.14 | 35.99 |
| 8. | MACHADO, Tiago Magalh es | 04 Desportivo Nacional | 2:43.85 | 299 | 32.34 | 42.94 | 50.25 | 38.32 |
| 9. | FERNANDEZ, Joao Guilherme | 04 Salesianos do Funchal | 2:56.33 | 240 | 35.53 | 45.70 | 53.65 | 41.45 |

Juniores - 17, 18 anos

| | | | | | | | | |
|-----|-------------------------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | RODRIGUES, Pedro Reis | 02 Desportivo Sao Roque | 2:18.07 | 500 | 31.08 | 34.82 | 41.11 | 31.06 |
| 2. | MATOS, Rodrigo Vieira | 03 Naval do Funchal | 2:18.88 | 491 | 29.91 | 39.26 | 37.45 | 32.26 |
| 3. | DEUS, Andre Portugal | 02 Naval do Funchal | 2:20.10 | 479 | 30.09 | 37.35 | 41.47 | 31.19 |
| 4. | CASTRO, Martim Pereira | 02 Escola O Liceu | 2:21.16 | 468 | 30.05 | 37.85 | 39.98 | 33.28 |
| 5. | FREITAS, Joao Tomas | 02 Salesianos do Funchal | 2:22.11 | 459 | 29.87 | 34.99 | 43.46 | 33.79 |
| 6. | OLIVEIRA, Pedro Freitas | 02 Naval do Funchal | 2:28.05 | 406 | 30.51 | 38.79 | 46.13 | 32.62 |
| DSQ | AGUIAR, Pedro Ferreira | 03 Naval do Funchal | | | | | | |

819 - Tocou com uma m o na parede na viragem aos 25 m - SW 8.4, percurso de mariposa

Seniores - 19 e mais velhos

| | | | | | | | | |
|----|----------------------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | SANTOS, Diego Felipe | 87 Desportivo Nacional | 2:14.39 | 542 | 28.59 | 35.15 | 38.57 | 32.08 |
| 2. | VIEIRA, Duarte Nuno | 95 Salesianos do Funchal | 2:36.10 | 346 | 32.85 | 42.22 | 46.08 | 34.95 |

Prova 22

Femin., 200m Estilos

Absoluto
Resultados

23/11/2019 - 10:50

| | | | | | |
|---------------------------|---------|-------------------------|------|---------|------------|
| Recorde Regional Absoluto | 2:18.16 | QUINTAL, Fabiana Maria | CDN | Tomar | 13/12/2008 |
| Recorde Regional Sen | 2:18.16 | QUINTAL, Fabiana Maria | CDN | Tomar | 13/12/2008 |
| Recorde Regional Jun17 | 2:25.85 | ROSA, Beatriz Jong | CDWT | Funchal | 06/05/2017 |
| Recorde Regional Jun16 | 2:26.86 | ROSA, Beatriz Jong | CDN | Funchal | 13/05/2016 |
| Recorde Regional Juv A | 2:28.06 | ROSA, Beatriz Jong | CDN | Funchal | 09/05/2015 |
| Recorde Regional Juv B | 2:30.10 | SOUSA, Susana Margarida | CFU | Funchal | 28/06/1991 |
| Recorde Regional Inf A | 2:31.77 | CAIRES, Joana Costa | CNF | Sines | 12/03/2011 |
| Recorde Regional Inf B | 2:38.90 | LOPES, Joana Cristina | CNF | Funchal | 01/01/1992 |

TAC Regional Inf B: 3:50.35; Inf A: 3:41.70; Juv B: 3:35.01; Juv A: 3:32.60; Jun16: 3:28.85; Jun17: 3:28.11; Sen18: 3:25.29; 19+: 3:24.57 / TAC Nacionais Inf B: 2:50.35; Inf A: 2:41.70; Juv B: 2:35.01; Juv A: 2:32.60; Jun16: 2:28.85; Jun17: 2:28.11; Sen18: 2:25.29; 19+: 2:24.57 / TAC Zonais Inf B: 3:00.00; Inf A: 2:52.00; Juv B: 2:43.70; Juv A: 2:39.11

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m |
|------------------------------|-------------------------|--------------------------|----------------|-----|-------|-------|---------|-------|
| Infantil B - 12 anos | | | | | | | | |
| 1. | ANDRADE, Matilde Sousa | 08 Naval do Funchal | 3:02.10 | 299 | 39.73 | 46.71 | 54.24 | 41.42 |
| 2. | SILVA, Carolina Pestana | 08 Naval do Funchal | 3:20.34 | 225 | 44.45 | 48.69 | 1:02.53 | 44.67 |
| 3. | ROCHA, Vitoria Maria | 08 Salesianos do Funchal | 3:23.98 | 213 | 52.57 | 51.05 | 57.22 | 43.14 |
| 4. | MAGALHAES, Julia Silva | 08 Salesianos do Funchal | 3:25.85 | 207 | 47.50 | 51.48 | 59.70 | 47.17 |
| 5. | ALVES, Margarida Jesus | 08 Desportivo Nacional | 3:44.31 | 160 | 50.59 | 55.42 | 1:07.64 | 50.66 |
| DSQ | PEREIRA, Sofia Jardim | 08 Desportivo Nacional | | | | | | |
| 403 - Falsa partida - SW 4.4 | | | | | | | | |

Infantil A - 13 anos

| | | | | | | | | |
|--|-------------------------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | RODRIGUES, Laura Sofia | 07 Salesianos do Funchal | 2:39.93 | 442 | 34.93 | 41.96 | 44.94 | 38.10 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Ponte de S r</i> | | | | | | | | |
| DSQ | FIGUEIRA, Madalena Leor | 07 Naval do Funchal | | | | | | |
| 817 - N o rompeu a superf cie da  gua com a cabe a antes dos 15 metros ap s partida - SW 8.5 | | | | | | | | |

Prova 22, Femin., 200m Estilos

Juvenil B - 14 anos

| | | | | | | | | | |
|---|-------------------------|----|-----------------------|----------------|-----|-------|-------|---------|-------|
| 1. | COSTA, Maria Jardim | 06 | Desportivo Nacional | 2:35.87 | 477 | 34.20 | 39.03 | 45.81 | 36.83 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 2. | DEUS, Ines Portugal | 06 | Naval do Funchal | 2:40.40 | 438 | 35.09 | 41.09 | 47.57 | 36.65 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 3. | DIAS, Julia Alves | 06 | Desportivo Nacional | 2:41.45 | 430 | 35.46 | 40.72 | 47.63 | 37.64 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 4. | SEQUEIRA, Beatriz Meneç | 06 | Naval do Funchal | 2:42.08 | 425 | 36.18 | 42.84 | 46.23 | 36.83 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 5. | SILVA, Silvana Suamade | 06 | Deportivo Sao Roque | 2:47.13 | 387 | 35.22 | 43.86 | 49.76 | 38.29 |
| 6. | FREITAS, Margarida Ram | 06 | Desportivo Nacional | 2:47.35 | 386 | 37.04 | 42.42 | 49.74 | 38.15 |
| 7. | PEREIRA, Joana Marques | 06 | Desportivo Nacional | 2:49.86 | 369 | 38.32 | 44.19 | 47.55 | 39.80 |
| 8. | FARIA, Laura Pereira | 06 | Salesianos do Funchal | 3:01.82 | 301 | 38.61 | 47.00 | 54.71 | 41.50 |
| 9. | BAPTISTA, C. | 06 | Naval do Funchal | 3:09.95 | 264 | 41.97 | 49.58 | 57.18 | 41.22 |
| 10. | TEMBE, Ines Afonso | 06 | Desportivo Nacional | 3:15.84 | 240 | 37.36 | 51.87 | 1:02.58 | 44.03 |

Juvenil A - 15 anos

| | | | | | | | | | |
|------------------------------------|-------------------------|----|-----------------------|----------------|-----|-------|-------|---------|-------|
| 1. | JARDIM, Teresa Vieira | 05 | Naval do Funchal | 2:50.76 | 363 | 36.57 | 41.78 | 54.31 | 38.10 |
| 2. | LUIS, Mariana Capelo | 05 | Salesianos do Funchal | 3:03.95 | 290 | 46.34 | 46.86 | 49.03 | 41.72 |
| 3. | GOMES, Madalena Sousa | 05 | Naval do Funchal | 3:08.92 | 268 | 43.26 | 48.92 | 54.24 | 42.50 |
| 4. | BARROS, Ana Carolina | 05 | Salesianos do Funchal | 3:24.10 | 212 | 45.77 | 50.23 | 1:00.66 | 47.44 |
| 5. | NOBREGA, Maria Trindade | 05 | Desportivo Nacional | 3:36.31 | 178 | 47.67 | 56.98 | 1:02.09 | 49.57 |
| <i>FTL - Falta de Tempo Limite</i> | | | | | | | | | |

Juniores - 16, 17 anos

| | | | | | | | | | |
|----|------------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | FERREIRA, Maria Leonor | 04 | Desportivo Nacional | 2:31.75 | 517 | 34.09 | 37.29 | 44.68 | 35.69 |
| 2. | SOUSA, Joana Francisca | 04 | Deportivo Sao Roque | 2:36.26 | 474 | 33.56 | 39.62 | 46.46 | 36.62 |

Prova 23

Masc., 4 x 200m Livres

Absoluto

23/11/2019 - 11:11

Resultados

| | | | | | |
|---------------------------|---------|---------------------------|-----|------------|------------|
| Recorde Regional Absoluto | 7:24.53 | Clube Desportivo Nacional | CDN | Leiria | 05/12/2009 |
| Recorde Regional Sen | 7:24.53 | Clube Desportivo Nacional | CDN | Leiria | 05/12/2009 |
| Recorde Regional Jun | 7:58.03 | Clube Naval do Funchal | CNF | Felgueiras | 22/12/2013 |
| Recorde Regional Juv A | 8:03.78 | Clube Naval do Funchal | CNF | Tomar | 13/12/2012 |
| Recorde Regional Juv B | 8:21.03 | Clube Naval do Funchal | CNF | Funchal | 11/07/2009 |
| Recorde Regional Inf A | 8:35.79 | Clube Naval do Funchal | CNF | Funchal | 14/07/2007 |
| Recorde Regional Inf B | 9:21.64 | Clube Naval do Funchal | CNF | Funchal | 06/05/2006 |

TAC Nacionais Estafetas Juv: 8:28.24; Jun: 8:07.07; Sen: 7:50.60

Pontos: FINA 2019

| Lugar | | | | | | | Tempo final | Pts |
|-------|-------------------------|----|------------------|-------|-------|-------|-----------------|---------|
| 1. | Naval do Funchal 7 | | Naval do Funchal | | | | 10:51.79 | 243 |
| | PEREIRA, Lucas Santos | 07 | +0,67 | 37.01 | 41.33 | 42.81 | 40.08 | 2:41.23 |
| | NEVES, Tiago Brazao | 07 | +0,54 | 36.35 | 41.11 | 42.51 | 40.31 | 2:40.28 |
| | ARAUJO, Joao Caldeira | 07 | +0,64 | 36.35 | 42.25 | 42.65 | 39.78 | 2:41.03 |
| | ALMEIDA, Joao Francisco | 07 | +0,47 | 38.90 | 44.23 | 43.55 | 42.57 | 2:49.25 |

DSQ Desportivo Nacional 8 Desportivo Nacional 102
O último nadador da estafeta não completou o percurso.

VEIRA, Luis Henrique, BARBOSA, Joao Camacho, NUNES, Henrique Dias, MARTINS, Tomas Rodrigo

Prova 23, Masc., 4 x 200m Livres

Infantil A - 14 anos

| | | | | | | | | |
|------------------------|------------------|-------|-------|-------|-------|-------|-----------------|-----|
| 1. Naval do Funchal 16 | Naval do Funchal | | | | | | 10:14.04 | 290 |
| GARANITO, Simao Silva | 06 | +0,69 | 35.53 | 39.00 | 41.89 | 39.06 | 2:35.48 | |
| SILVA, Afonso Mar | 06 | +0,25 | 36.26 | 42.01 | 44.03 | 40.14 | 2:42.44 | |
| SETIM, Joao Oliveira | 06 | | 32.80 | 38.68 | 40.92 | 38.37 | 2:30.77 | |
| ABREU, Joao Francisco | 06 | | 33.21 | 37.54 | 38.86 | 35.74 | 2:25.35 | |
| 2. Naval do Funchal 6 | Naval do Funchal | | | | | | 10:20.21 | 282 |
| FERRAZ, Luis Afonso | 06 | +0,59 | 34.89 | 38.45 | 39.13 | 35.98 | 2:28.45 | |
| PAULOS, Joao Afonso | 06 | +0,10 | 31.81 | 37.59 | 38.93 | 38.16 | 2:26.49 | |
| PITA, Pedro Miguel | 06 | +0,04 | 32.20 | 37.42 | 37.74 | 36.82 | 2:24.18 | |
| VIEIRA, Tiago Pestana | 06 | +0,71 | 35.85 | 45.82 | 50.50 | 48.92 | 3:01.09 | |

Juvenil B - 15 anos

| | | | | | | | | |
|---------------------------|------------------|-------|-------|-------|-------|-------|----------------|-----|
| 1. Naval do Funchal 25 | Naval do Funchal | | | | | | 9:08.32 | 408 |
| OLIVEIRA, Diogo Alexandre | 05 | +0,72 | 29.45 | 33.03 | 34.09 | 33.71 | 2:10.28 | |
| VOLOZHENIN, Alexandre | 05 | +0,48 | 31.96 | 35.55 | 36.61 | 35.95 | 2:20.07 | |
| SOUSA, Lourenco Quintas | 05 | +0,41 | 30.99 | 35.72 | 36.62 | 35.40 | 2:18.73 | |
| LEITAO, Andre Freitas | 05 | +0,47 | 31.73 | 35.16 | 36.46 | 35.89 | 2:19.24 | |

Absoluto - 13 e mais velhos

| | | | | | | | | |
|-----------------------------|-----------------------|-------|-------|-------|-------|-------|-----------------|-----|
| 1. Desportivo Nacional 11 | Desportivo Nacional | | | | | | 8:19.59 | 539 |
| FERNANDES, Rui Afonso | 03 | +0,65 | 29.06 | 32.29 | 32.20 | 31.53 | 2:05.08 | |
| FERREIRA, Miguel Goncalves | 93 | +0,25 | 27.31 | 30.69 | 31.62 | 32.46 | 2:02.08 | |
| SANTOS, Diego Felipe | 87 | +0,27 | 28.01 | 30.97 | 31.56 | 32.11 | 2:02.65 | |
| DIAS, Andre Vicente | 05 | +0,86 | 29.54 | 32.63 | 33.72 | 33.89 | 2:09.78 | |
| 2. Naval do Funchal 24 | Naval do Funchal | | | | | | 8:47.10 | 459 |
| FERNANDES, Diogo Henrique | 04 | +0,69 | 28.58 | 31.90 | 33.31 | 32.75 | 2:06.54 | |
| BARRY, Rafael Francisco | 04 | +0,33 | 29.79 | 33.26 | 34.98 | 34.81 | 2:12.84 | |
| AGUIAR, Pedro Ferreira | 03 | +0,23 | 29.83 | 33.56 | 35.38 | 35.36 | 2:14.13 | |
| FERNANDES, Martim Pestana | 04 | | 30.29 | 34.00 | 34.80 | 34.50 | 2:13.59 | |
| 3. Salesianos do Funchal 1 | Salesianos do Funchal | | | | | | 9:28.13 | 367 |
| FREITAS, Joao Tomas | 02 | +0,64 | 29.45 | 33.21 | 35.44 | 34.12 | 2:12.22 | |
| MELIM, Bruno Pontes | 03 | +0,53 | 30.21 | 34.30 | 35.59 | 35.09 | 2:15.19 | |
| SILVA, Eduardo Rodrigues | 04 | +0,63 | 32.88 | 36.86 | 38.46 | 36.63 | 2:24.83 | |
| FERNANDEZ, Joao Guilherme | 04 | +0,37 | 33.82 | 40.07 | 41.10 | 40.90 | 2:35.89 | |
| 4. Desportivo Nacional 31 | Desportivo Nacional | | | | | | 10:05.92 | 302 |
| GONCALVES, Martim Luis | 06 | +0,72 | 34.60 | 38.34 | 38.42 | 37.04 | 2:28.40 | |
| ALVES, Pedro Miguel | 06 | +0,71 | 34.69 | 38.71 | 39.87 | 39.14 | 2:32.41 | |
| MACHADO, Bernardo Magalhaes | 06 | +0,66 | 32.62 | 37.00 | 38.56 | 37.89 | 2:26.07 | |
| SOUZA, Simao Henrique | 07 | +0,43 | 36.65 | 39.44 | 42.34 | 40.61 | 2:39.04 | |

Prova 24 Femin., 4 x 200m Livres Absoluto
23/11/2019 - 11:34 Resultados

| | | | | | |
|---------------------------|----------|---------------------------|-----|-----------------------|------------|
| Recorde Regional Absoluto | 8:53.55 | Clube Naval do Funchal | CNF | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Sen | 9:02.46 | Clube Naval do Funchal | CNF | Porto | 05/12/2010 |
| Recorde Regional Jun | 9:06.88 | Clube Desportivo Nacional | CDN | Funchal | 29/07/2016 |
| Recorde Regional Juv A | 9:05.39 | Clube Desportivo Nacional | CDN | Funchal | 09/07/2015 |
| Recorde Regional Juv B | 9:17.13 | Clube Desportivo Nacional | CDN | Funchal | 12/04/2014 |
| Recorde Regional Inf A | 9:30.46 | Clube Desportivo Nacional | CDN | Funchal | 24/07/2013 |
| Recorde Regional Inf B | 10:18.86 | Clube Naval do Funchal | CNF | Funchal | 09/07/2015 |

TAC Nacionais Estafetas Juv: 9:14.63; Jun: 8:58.78; Sen: 8:48.22

Pontos: FINA 2019

Lugar Tempo final Pts

Infantil B - 12 anos

| | | | | | | | | |
|--------------------------|---------------------|-------|-------|-------|-------|-------|-----------------|-----|
| 1. Desportivo Nacional 2 | Desportivo Nacional | | | | | | 12:20.44 | 228 |
| PEREIRA, Maria Clara | 08 | +0,77 | 41.12 | 49.41 | 49.17 | 45.28 | 3:04.98 | |
| ALVES, Juliana Rodrigues | 08 | +0,57 | 39.59 | 45.49 | 45.89 | 42.83 | 2:53.80 | |
| ALVES, Margarida Jesus | 08 | +0,33 | 46.59 | 55.41 | 55.50 | 52.45 | 3:29.95 | |
| BAPTISTA, Ines Sande | 08 | +0,25 | 39.35 | 44.47 | 45.23 | 42.66 | 2:51.71 | |

DSQ Naval do Funchal 8

Naval do Funchal

501 - Não tocou na parede na viragem aos 75 metros - SW 5.2, a primeira nadadora.

ANDRADE, Matilde Sousa, PEREIRA, Julia Freitas, SILVA, Carolina Pestana, QUINTAL, Madalena Saldanha

Infantil A - 13 anos

| | | | | | | | | |
|---------------------------|---------------------|-------|-------|-------|-------|-------|-----------------|-----|
| 1. Desportivo Nacional 5 | Desportivo Nacional | | | | | | 10:55.06 | 330 |
| GONCALVES, Valentina Jose | 07 | +0,74 | 36.60 | 41.76 | 43.19 | 41.77 | 2:43.32 | |
| MATEUS, Clarisse Vieira | 07 | +0,61 | 38.87 | 43.31 | 44.01 | 40.96 | 2:47.15 | |
| TEMTEM, Sara Maria | 07 | +0,29 | 39.78 | 44.31 | 45.53 | 41.87 | 2:51.49 | |
| CAMARA, Ines Cruz | 07 | +0,42 | 33.08 | 38.79 | 41.17 | 40.06 | 2:33.10 | |

DSQ Naval do Funchal 7

Naval do Funchal

111 - Rendição antecipada do(a) 2 nadador(a) - SW 10.11

| | | | | | | | |
|---------------------------|----|-------|-------|-------|-------|-------|---------|
| FIGUEIRA, Madalena Leonor | 07 | +0,71 | 37.81 | 43.55 | 44.07 | 41.14 | 2:46.57 |
| RODRIGUES, Beatriz Mendes | 07 | -0,11 | | | | | |
| NETO, Leonor Rodrigues | 07 | | | | | | |
| FREITAS, Maria Raquel | 07 | | | | | | |

Juvenil B - 14 anos

| | | | | | | | | |
|----------------------------|------------------|-------|-------|-------|-------|-------|----------------|-----|
| 1. Naval do Funchal 26 | Naval do Funchal | | | | | | 9:57.89 | 434 |
| DEUS, Ines Portugal | 06 | +0,62 | 33.96 | 37.26 | 37.85 | 36.28 | 2:25.35 | |
| JARDIM, Lara Filipa | 06 | +0,58 | 32.96 | 38.59 | 39.40 | 38.12 | 2:29.07 | |
| FERRO, Maria Leonor | 06 | +0,41 | 34.53 | 38.98 | 40.59 | 39.01 | 2:33.11 | |
| FREITAS, Beatriz Rodrigues | 06 | +0,22 | 34.29 | 37.81 | 39.43 | 38.83 | 2:30.36 | |

Absoluto - 12 e mais velhos

| | | | | | | | | |
|----------------------------|-----------------------|-------|-------|-------|-------|-------|-----------------|-----|
| 1. Naval do Funchal 25 | Naval do Funchal | | | | | | 10:14.94 | 399 |
| CAMACHO, Laura Fernandes | 04 | +0,51 | 33.95 | 37.88 | 39.38 | 37.27 | 2:28.48 | |
| GONCALVES, Maria Margarida | 04 | +0,22 | 34.61 | 39.60 | 40.36 | 38.71 | 2:33.28 | |
| ARAUJO, Maria Clara | 05 | +0,20 | 35.09 | 40.14 | 40.94 | 39.42 | 2:35.59 | |
| JARDIM, Teresa Vieira | 05 | +0,25 | 35.01 | 40.59 | 41.99 | 40.00 | 2:37.59 | |
| 2. Salesianos do Funchal 1 | Salesianos do Funchal | | | | | | 10:37.14 | 359 |
| OLIVEIRA, Sara Fernandes | 04 | +0,61 | 33.42 | 38.61 | 40.03 | 36.02 | 2:28.08 | |
| GOUVEIA, Susana Isabel | 04 | +0,48 | 35.71 | 39.73 | 41.59 | 37.60 | 2:34.63 | |
| LUIS, Mariana Capelo | 05 | +0,54 | 35.93 | 43.48 | 43.40 | 40.29 | 2:43.10 | |
| BARROS, Ana Carolina | 05 | +0,26 | 38.96 | 44.44 | 46.22 | 41.71 | 2:51.33 | |

3 - 2ª Jornada / 2ª Sessão

23/11/2019 - 16:30

Prova 25 Femin., 800m Livres Absoluto
23/11/2019 - 16:30 Resultados

| | | | | | |
|---------------------------|----------|-----------------------|-----|---------|------------|
| Recorde Regional Absoluto | 9:12.66 | ANDRADE, Rubina Amaro | CDN | Alges | 17/03/1995 |
| Recorde Regional Sen | 9:21.09 | ANDRADE, Rubina Amaro | CDN | Estoril | 07/03/1997 |
| Recorde Regional Jun17 | 9:13.81 | ANDRADE, Rubina Amaro | CDN | Funchal | 13/07/1996 |
| Recorde Regional Jun16 | 9:12.66 | ANDRADE, Rubina Amaro | CDN | Alges | 17/03/1995 |
| Recorde Regional Juv A | 9:14.78 | ANDRADE, Rubina Amaro | CDN | Braga | 04/03/1994 |
| Recorde Regional Juv B | 9:15.96 | ANDRADE, Rubina Amaro | CDN | Alges | 16/02/1993 |
| Recorde Regional Inf A | 9:40.30 | ANDRADE, Rubina Amaro | CDN | Funchal | 15/02/1992 |
| Recorde Regional Inf B | 10:13.00 | ANDRADE, Rubina Amaro | CDN | Funchal | 29/06/1991 |

TAC Regional Inf B: 12:44.28; Inf A: 12:10.09; Juv B: 12:02.02; Juv A: 11:53.10; Jun16: 11:40.74; Jun17: 11:37.85; Sen18: 11:23.25; 19 +: 11:20.44 / TAC Nacionais Inf B: 10:44.28; Inf A: 10:10.09; Juv B: 10:02.02; Juv A: 9:53.10; Jun16: 9:40.74; Jun17: 9:37.85; Sen18: 9:23.25; 19 +: 9:20.44 / TAC Zonais Inf B: 11:36.00; Inf A: 10:45.00; Juv B: 10:27.05; Juv A: 10:09.47

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts |
|-------|-----|-------------|-----|
|-------|-----|-------------|-----|

Infantil A - 13 anos

| | | | | |
|--|----------------|-----------------------|-----------------|---------------|
| 1. RODRIGUES, Laura Sofia | 07 | Salesianos do Funchal | 10:32.54 | 435 |
| <i>Minimos Campeonato Zonal - Ponte de Sôr</i> | | | | |
| 100m: 1:15.06 | 1:15.06 | 300m: 3:55.49 | 1:20.03 | 500m: 6:36.16 |
| 200m: 2:35.46 | 1:20.40 | 400m: 5:15.68 | 1:20.19 | 600m: 7:55.69 |
| 1:20.48 | 700m: 9:15.42 | 1:19.73 | 800m: 10:32.54 | 1:17.12 |
| 2. CAMARA, Ines Cruz | 07 | Desportivo Nacional | 10:43.62 | 413 |
| <i>Minimos Campeonato Zonal - Ponte de Sôr</i> | | | | |
| 100m: 1:14.52 | 1:14.52 | 300m: 3:57.10 | 1:21.34 | 500m: 6:41.63 |
| 200m: 2:35.76 | 1:21.24 | 400m: 5:19.14 | 1:22.04 | 600m: 8:03.33 |
| 1:21.70 | 700m: 9:24.94 | 1:21.61 | 800m: 10:43.62 | 1:18.68 |
| 3. GONCALVES, Valentina Jose | 07 | Desportivo Nacional | 11:29.04 | 336 |
| 100m: 1:18.97 | 1:18.97 | 300m: 4:14.28 | 1:28.19 | 500m: 7:10.51 |
| 200m: 2:46.09 | 1:27.12 | 400m: 5:42.68 | 1:28.40 | 600m: 8:38.09 |
| 1:27.58 | 700m: 10:06.69 | 1:28.60 | 800m: 11:29.04 | 1:22.35 |
| 4. MATEUS, Clarisse Vieira | 07 | Desportivo Nacional | 11:43.07 | 316 |
| 100m: 1:22.84 | 1:22.84 | 300m: 4:21.56 | 1:28.34 | 500m: 7:21.33 |
| 200m: 2:53.22 | 1:30.38 | 400m: 5:51.80 | 1:30.24 | 600m: 8:50.73 |
| 1:29.40 | 700m: 10:19.58 | 1:28.85 | 800m: 11:43.07 | 1:23.49 |
| 5. TEMTEM, Sara Maria | 07 | Desportivo Nacional | 12:15.14 | 277 |
| <i>FTL - Falta de Tempo Limite</i> | | | | |
| 100m: 1:25.76 | 1:25.76 | 300m: 4:29.88 | 1:32.36 | 500m: 7:38.90 |
| 200m: 2:57.52 | 1:31.76 | 400m: 6:04.03 | 1:34.15 | 600m: 9:13.79 |
| 1:34.89 | 700m: 10:46.39 | 1:32.60 | 800m: 12:15.14 | 1:28.75 |

Juvenil B - 14 anos

| | | | | |
|---|---------------|------------------|-----------------|---------------|
| 1. FREITAS, Beatriz Rodrigues | 06 | Naval do Funchal | 10:25.70 | 449 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | |
| 100m: 1:14.98 | 1:14.98 | 300m: 3:54.88 | 1:19.69 | 500m: 6:32.68 |
| 200m: 2:35.19 | 1:20.21 | 400m: 5:14.05 | 1:19.17 | 600m: 7:51.19 |
| 1:18.63 | 700m: 9:09.76 | 1:18.57 | 800m: 10:25.70 | 1:15.94 |

Juvenil A - 15 anos

| | | | | |
|-----------------------|---------------|---------------------|-----------------|---------------|
| 1. BELO, Bruna Raquel | 05 | Desportivo Nacional | 10:37.93 | 424 |
| 100m: 1:14.49 | 1:14.49 | 300m: 3:55.06 | 1:21.19 | 500m: 6:36.77 |
| 200m: 2:33.87 | 1:19.38 | 400m: 5:15.83 | 1:20.77 | 600m: 7:58.18 |
| 1:21.41 | 700m: 9:18.81 | 1:20.63 | 800m: 10:37.93 | 1:19.12 |

Juniores - 16, 17 anos

| | | | | |
|-----------------------------|---------------|------------------|-----------------|---------------|
| 1. CAMACHO, Laura Fernandes | 04 | Naval do Funchal | 10:03.76 | 500 |
| 100m: 1:12.99 | 1:12.99 | 300m: 3:47.74 | 1:17.49 | 500m: 6:21.79 |
| 200m: 2:30.25 | 1:17.26 | 400m: 5:05.36 | 1:17.62 | 600m: 7:37.81 |
| 1:16.02 | 700m: 8:52.57 | 1:14.76 | 800m: 10:03.76 | 1:11.19 |

Prova 25, Femin., 800m Livres, Juniores - 16, 17 anos

| Lugar | Ano | | | | | | | | Tempo final | Pts | | |
|-------|-----------------------|---------|---------|----------------------|---------|---------|-------|---------|-------------|-----------------|----------|---------|
| 2. | JESUS, Filipa Mafalda | | 03 | Desportivo Sao Roque | | | | | | 10:39.71 | 420 | |
| | 100m: | 1:14.46 | 1:14.46 | 300m: | 3:56.46 | 1:21.30 | 500m: | 6:38.28 | 1:20.67 | 700m: | 9:20.07 | 1:20.80 |
| | 200m: | 2:35.16 | 1:20.70 | 400m: | 5:17.61 | 1:21.15 | 600m: | 7:59.27 | 1:20.99 | 800m: | 10:39.71 | 1:19.64 |
| 3. | LECA, Natasha Maria | | 03 | Desportivo Nacional | | | | | | 11:29.48 | 336 | |
| | 100m: | 1:19.01 | 1:19.01 | 300m: | 4:14.42 | 1:27.88 | 500m: | 7:11.42 | 1:29.29 | 700m: | 10:07.18 | 1:28.19 |
| | 200m: | 2:46.54 | 1:27.53 | 400m: | 5:42.13 | 1:27.71 | 600m: | 8:38.99 | 1:27.57 | 800m: | 11:29.48 | 1:22.30 |

Seniores - 18 e mais velhos

| | | | | | | | | | | | | |
|----|--------------------------|---------|---------|----------------------|---------|---------|-------|---------|---------|-----------------|----------|---------|
| 1. | LUIS, Jessica Santos | | 00 | Desportivo Sao Roque | | | | | | 10:09.45 | 486 | |
| | 100m: | 1:10.03 | 1:10.03 | 300m: | 3:44.76 | 1:17.53 | 500m: | 6:19.87 | 1:17.63 | 700m: | 8:54.66 | 1:17.15 |
| | 200m: | 2:27.23 | 1:17.20 | 400m: | 5:02.24 | 1:17.48 | 600m: | 7:37.51 | 1:17.64 | 800m: | 10:09.45 | 1:14.79 |
| 2. | LUIS, Catarina Fernandes | | 97 | Desportivo Sao Roque | | | | | | 10:29.07 | 442 | |
| | 100m: | 1:11.61 | 1:11.61 | 300m: | 3:50.69 | 1:19.69 | 500m: | 6:31.21 | 1:20.20 | 700m: | 9:12.44 | 1:20.30 |
| | 200m: | 2:31.00 | 1:19.39 | 400m: | 5:11.01 | 1:20.32 | 600m: | 7:52.14 | 1:20.93 | 800m: | 10:29.07 | 1:16.63 |

Prova 26

Masc., 1500m Livres

Absoluto

23/11/2019 - 16:54

Resultados

| | | | | | |
|---------------------------|----------|---------------------------|------|----------|------------|
| Recorde Regional Absoluto | 15:05.68 | FRANCO, Paulo Fragueiro | CDN | Leiria | 06/12/2009 |
| Recorde Regional Sen | 15:05.68 | FRANCO, Paulo Fragueiro | CDN | Leiria | 06/12/2009 |
| Recorde Regional Jun18 | 15:38.98 | FRANCO, Paulo Fragueiro | CDN | Mealhada | 25/03/2000 |
| Recorde Regional Jun17 | 15:58.37 | DEUS, Andre Portugal | CNF | Funchal | 13/07/2019 |
| Recorde Regional Juv A | 16:31.31 | CASTRO, Joao Cruz | CDSR | Funchal | 29/07/2016 |
| Recorde Regional Juv B | 16:30.75 | ALMEIDA, Carlos Alexandre | CDN | Penafiel | 21/03/2004 |
| Recorde Regional Inf A | 16:57.52 | ALMEIDA, Carlos Alexandre | CDN | Funchal | 13/07/2003 |
| Recorde Regional Inf B | 17:40.06 | FREITAS, Tomas Miguel | CDN | Funchal | 31/05/2003 |

TAC Regional Inf B: 22:06.50; Inf A: 21:12.10; Juv B: 20:43.52; Juv A: 20:16.48; Jun17: 19:57.69; Jun18: 19:52.63; Sen19: 19:28.48; 20+: 19:23.57 / TAC Nacionais Inf B: 19:06.50; Inf A: 18:12.10; Juv B: 17:43.52; Juv A: 17:16.48; Jun17: 16:57.69; Jun18: 16:52.63; Sen19: 16:28.48; 20+: 16:23.57 / TAC Zonais Inf B: 20:08.00; Inf A: 19:22.00; Juv B: 18:44.12; Juv A: 18:23.49

Pontos: FINA 2019

| Lugar | Ano | | | | | | | | Tempo final | Pts | | |
|----------------------|-----------------------------|---------|---------|---------------------|----------|---------|--------|----------|-------------|-----------------|----------|---------|
| Infantil A - 14 anos | | | | | | | | | | | | |
| 1. | ABREU, Joao Francisco | | 06 | Naval do Funchal | | | | | | 19:42.15 | 369 | |
| | 100m: | 1:14.81 | 1:14.81 | 500m: | 6:31.83 | 1:19.34 | 900m: | 11:47.17 | 1:19.58 | 1300m: | 17:06.62 | 1:19.70 |
| | 200m: | 2:34.40 | 1:19.59 | 600m: | 7:50.43 | 1:18.60 | 1000m: | 13:07.80 | 1:20.63 | 1400m: | 18:24.42 | 1:17.80 |
| | 300m: | 3:53.28 | 1:18.88 | 700m: | 9:09.39 | 1:18.96 | 1100m: | 14:27.81 | 1:20.01 | 1500m: | 19:42.15 | 1:17.73 |
| | 400m: | 5:12.49 | 1:19.21 | 800m: | 10:27.59 | 1:18.20 | 1200m: | 15:46.92 | 1:19.11 | | | |
| 2. | GONCALVES, Martim Luis | | 06 | Desportivo Nacional | | | | | | 20:02.47 | 350 | |
| | 100m: | 1:14.98 | 1:14.98 | 500m: | 6:32.31 | 1:19.77 | 900m: | 11:52.72 | 1:22.22 | 1300m: | 17:19.30 | 1:22.30 |
| | 200m: | 2:34.43 | 1:19.45 | 600m: | 7:50.95 | 1:18.64 | 1000m: | 13:13.71 | 1:20.99 | 1400m: | 18:41.44 | 1:22.14 |
| | 300m: | 3:53.63 | 1:19.20 | 700m: | 9:10.54 | 1:19.59 | 1100m: | 14:35.18 | 1:21.47 | 1500m: | 20:02.47 | 1:21.03 |
| | 400m: | 5:12.54 | 1:18.91 | 800m: | 10:30.50 | 1:19.96 | 1200m: | 15:57.00 | 1:21.82 | | | |
| 3. | MACHADO, Bernardo Magalhaes | | 06 | Desportivo Nacional | | | | | | 20:36.99 | 322 | |
| | 100m: | 1:13.77 | 1:13.77 | 500m: | 6:43.03 | 1:23.69 | 900m: | 12:17.82 | 1:22.56 | 1300m: | 17:51.22 | 1:19.13 |
| | 200m: | 2:34.25 | 1:20.48 | 600m: | 8:06.06 | 1:23.03 | 1000m: | 13:42.67 | 1:24.85 | 1400m: | 19:15.00 | 1:23.78 |
| | 300m: | 3:55.34 | 1:21.09 | 700m: | 9:30.63 | 1:24.57 | 1100m: | 15:07.57 | 1:24.90 | 1500m: | 20:36.99 | 1:21.99 |
| | 400m: | 5:19.34 | 1:24.00 | 800m: | 10:55.26 | 1:24.63 | 1200m: | 16:32.09 | 1:24.52 | | | |
| 4. | ALVES, Pedro Miguel | | 06 | Desportivo Nacional | | | | | | 21:06.13 | 300 | |
| | 100m: | 1:16.33 | 1:16.33 | 500m: | 6:58.06 | 1:26.06 | 900m: | 12:35.92 | 1:24.51 | 1300m: | 18:18.49 | 1:25.95 |
| | 200m: | 2:40.36 | 1:24.03 | 600m: | 8:23.61 | 1:25.55 | 1000m: | 14:00.26 | 1:24.34 | 1400m: | 19:44.15 | 1:25.66 |
| | 300m: | 4:06.21 | 1:25.85 | 700m: | 9:46.83 | 1:23.22 | 1100m: | 15:26.55 | 1:26.29 | 1500m: | 21:06.13 | 1:21.98 |
| | 400m: | 5:32.00 | 1:25.79 | 800m: | 11:11.41 | 1:24.58 | 1200m: | 16:52.54 | 1:25.99 | | | |

Prova 26, Masc., 1500m Livres

Juvenil A - 16 anos

| | | | | | | | | | | | |
|---|---------|-----------------------|-----------------|---------|---------|--------|----------|---------|--------|----------|---------|
| 1. TELES, Artur Corte | 04 | Salesianos do Funchal | 18:22.11 | 455 | | | | | | | |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | | | | |
| 100m: | 1:08.14 | 1:08.14 | 500m: | 6:00.64 | 1:13.76 | 900m: | 10:58.31 | 1:13.93 | 1300m: | 15:55.72 | 1:14.02 |
| 200m: | 2:20.78 | 1:12.64 | 600m: | 7:15.38 | 1:14.74 | 1000m: | 12:12.95 | 1:14.64 | 1400m: | 17:10.05 | 1:14.33 |
| 300m: | 3:33.93 | 1:13.15 | 700m: | 8:29.97 | 1:14.59 | 1100m: | 13:27.69 | 1:14.74 | 1500m: | 18:22.11 | 1:12.06 |
| 400m: | 4:46.88 | 1:12.95 | 800m: | 9:44.38 | 1:14.41 | 1200m: | 14:41.70 | 1:14.01 | | | |
| 2. AGUILAR, Luis Santos | 04 | Desportivo Nacional | 18:42.10 | 431 | | | | | | | |
| 100m: | 1:06.00 | 1:06.00 | 500m: | 6:08.34 | 1:15.50 | 900m: | 11:11.03 | 1:16.04 | 1300m: | 16:14.61 | 1:15.45 |
| 200m: | 2:20.91 | 1:14.91 | 600m: | 7:23.68 | 1:15.34 | 1000m: | 12:26.97 | 1:15.94 | 1400m: | 17:30.37 | 1:15.76 |
| 300m: | 3:37.07 | 1:16.16 | 700m: | 8:39.26 | 1:15.58 | 1100m: | 13:42.63 | 1:15.66 | 1500m: | 18:42.10 | 1:11.73 |
| 400m: | 4:52.84 | 1:15.77 | 800m: | 9:54.99 | 1:15.73 | 1200m: | 14:59.16 | 1:16.53 | | | |

Seniores - 19 e mais velhos

| | | | | | | | | | | | |
|----------------------------|---------|------------------|-----------------|---------|---------|--------|----------|---------|--------|----------|---------|
| 1. FERRO, Henrique Martins | 01 | Naval do Funchal | 16:56.69 | 580 | | | | | | | |
| 100m: | 1:02.08 | 1:02.08 | 500m: | 5:29.63 | 1:07.16 | 900m: | 9:59.39 | 1:08.23 | 1300m: | 14:38.47 | 1:09.57 |
| 200m: | 2:07.75 | 1:05.67 | 600m: | 6:36.69 | 1:07.06 | 1000m: | 11:08.33 | 1:08.94 | 1400m: | 15:48.94 | 1:10.47 |
| 300m: | 3:14.95 | 1:07.20 | 700m: | 7:43.88 | 1:07.19 | 1100m: | 12:18.04 | 1:09.71 | 1500m: | 16:56.69 | 1:07.75 |
| 400m: | 4:22.47 | 1:07.52 | 800m: | 8:51.16 | 1:07.28 | 1200m: | 13:28.90 | 1:10.86 | | | |

Prova 27

Femin., 50m Mariposa

16 anos e mais velhos

23/11/2019 - 17:17

Resultados

| | | | | | |
|---------------------------|-------|--------------------------|-----|------------|------------|
| Recorde Regional Absoluto | 28.39 | BOULHOSA, Carolina Abreu | CNF | Funchal | 09/12/2016 |
| Recorde Regional Sen | 28.91 | OLIM, Carlota Freitas | CNF | Funchal | 22/03/2012 |
| Recorde Regional Sen | 28.91 | GOMES, Susana Clara | CNF | Felgueiras | 22/12/2013 |
| Recorde Regional Jun17 | 29.28 | OLIM, Carlota Freitas | CNF | Funchal | 24/10/2009 |
| Recorde Regional Jun16 | 28.39 | BOULHOSA, Carolina Abreu | CNF | Funchal | 09/12/2016 |

TAC Regional Jun16: 45.73; Jun17: 45.58; Sen18: 44.87; 19 +: 44.72 / TAC Nacionais Jun16: 30.73; Jun17: 30.58; Sen18: 29.87; 19 +: 29.72

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts |
|-------|-----|-------------|-----|
|-------|-----|-------------|-----|

Juniores - 16, 17 anos

| | | | | |
|------------------------------------|----|-----------------------|--------------|-----|
| 1. OLIVEIRA, Sara Fernandes | 04 | Salesianos do Funchal | 32.27 | 431 |
| 2. RAMOS, Barbara Emerick | 04 | Salesianos do Funchal | 33.43 | 387 |
| 3. BLANDY, Mischa Blue | 04 | Salesianos do Funchal | 48.86 | 124 |
| <i>FTL - Falta de Tempo Limite</i> | | | | |

Seniores - 18 e mais velhos

| | | | | |
|-----------------------------|----|-----------------------|--------------|-----|
| 1. ROSA, Beatriz Jong | 00 | Desportivo Nacional | 30.29 | 521 |
| 2. BOULHOSA, Carolina Abreu | 01 | Naval do Funchal | 30.46 | 512 |
| 3. AGUILAR, Vera Ines | 00 | Desportivo Nacional | 31.85 | 448 |
| 4. VICTOR, Joana Isabel | 91 | Salesianos do Funchal | 35.51 | 323 |

Prova 28 Masc., 50m Mariposa 17 anos e mais velhos
23/11/2019 - 17:18 Resultados

| | | | | | |
|---------------------------|-------|--------------------------|------|---------|------------|
| Recorde Regional Absoluto | 24.91 | MARQUES, Miguel Freitas | CEOL | Funchal | 26/03/2018 |
| Recorde Regional Sen | 24.91 | MARQUES, Miguel Freitas | CEOL | Funchal | 26/03/2018 |
| Recorde Regional Jun18 | 25.13 | SEQUEIRA, Afonso Meneses | CNF | Funchal | 09/12/2016 |
| Recorde Regional Jun17 | 25.56 | SEQUEIRA, Afonso Meneses | CNF | Porto | 13/12/2015 |

TAC Regional Jun17: 41.73; Jun18: 41.59; Sen19: 40.96; 20 +: 40.83 / TAC Nacionais Jun17: 26.73; Jun18: 26.59; Sen19: 25.96; 20 +: 25.83

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts |
|-------------------------------|---------------------------|--------------------------|------------------|
| Juniores - 17, 18 anos | | | |
| 1. | GRACA, Fernando Guerreiro | 02 Naval do Funchal | 27.43 498 |
| 2. | MATOS, Rodrigo Vieira | 03 Naval do Funchal | 27.70 484 |
| 3. | FREITAS, Joao Tomas | 02 Salesianos do Funchal | 28.74 433 |
| 4. | BAPTISTA, Tiago Ornelas | 03 Naval do Funchal | 29.82 388 |
| 5. | FARIA, Joao Pedro | 03 Naval do Funchal | 29.92 384 |
| 6. | MELIM, Bruno Pontes | 03 Salesianos do Funchal | 30.09 377 |
| 7. | RODRIGUES, Pedro Reis | 02 Desportivo Sao Roque | 30.12 376 |
| 8. | CALDEIRA, Rodolfo Morais | 02 Salesianos do Funchal | 30.67 356 |
| 9. | ABREU, Nuno Afonso | 03 Naval do Funchal | 31.94 315 |
| 10. | LUIS, Francisco Sousa | 03 Desportivo Nacional | 32.74 293 |
| 11. | KOVAL, Igor | 03 Desportivo Nacional | 35.36 232 |

Seniores - 19 e mais velhos

| | | | |
|----|----------------------------|--------------------------|------------------|
| 1. | FERREIRA, Miguel Goncalves | 93 Desportivo Nacional | 26.02 584 |
| 2. | SOUSA, Tiago Ferreira | 91 Desportivo Nacional | 27.59 489 |
| 3. | CAMACHO, Duarte Nuno | 69 Desportivo Nacional | 30.01 380 |
| 4. | NUNES, Goncalo Almada | 01 Salesianos do Funchal | 31.17 339 |

Prova 29 Femin., 100m Bru os Absoluto
23/11/2019 - 17:22 Resultados

| | | | | | |
|---------------------------|---------|------------------------|------|---------|------------|
| Recorde Regional Absoluto | 1:10.92 | QUINTAL, Fabiana Maria | CDN | Guarda | 11/12/2010 |
| Recorde Regional Sen | 1:10.92 | QUINTAL, Fabiana Maria | CDN | Guarda | 11/12/2010 |
| Recorde Regional Jun17 | 1:14.11 | ABREU, Laura Catarina | CDWT | Funchal | 09/12/2016 |
| Recorde Regional Jun16 | 1:14.28 | ABREU, Laura Catarina | CDN | Porto | 12/12/2015 |
| Recorde Regional Juv A | 1:13.75 | ABREU, Laura Catarina | CDN | Funchal | 09/07/2015 |
| Recorde Regional Juv B | 1:13.68 | ABREU, Laura Catarina | CDN | Tomar | 15/12/2013 |
| Recorde Regional Inf A | 1:17.24 | ABREU, Laura Catarina | CDN | Funchal | 24/07/2013 |
| Recorde Regional Inf B | 1:21.89 | RODRIGUES, Laura Sofia | JACL | Funchal | 12/07/2019 |

TAC Regional Inf B: 2:04.70; Inf A: 2:00.20; Juv B: 1:51.61; Juv A: 1:50.47; Jun16: 1:48.00; Jun17: 1:47.61; Sen18: 1:45.79; 19 +: 1:45.41 / TAC Nacionais Inf B: 1:34.70; Inf A: 1:30.20; Juv B: 1:21.61; Juv A: 1:20.47; Jun16: 1:18.00; Jun17: 1:17.61; Sen18: 1:15.79; 19 +: 1:15.41 / TAC Zonais Inf B: 1:35.00; Inf A: 1:30.50; Juv B: 1:24.57; Juv A: 1:22.99

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts | 50m | 100m |
|-----------------------------|----------------------------|--------------------------|--------------------|-------|---------|
| Infantil B - 12 anos | | | | | |
| 1. | ALVES, Juliana Rodrigues | 08 Desportivo Nacional | 1:36.59 269 | 46.05 | 50.54 |
| 2. | ROCHA, Vitoria Maria | 08 Salesianos do Funchal | 1:45.93 204 | 51.37 | 54.56 |
| 3. | PEREIRA, Julia Freitas | 08 Naval do Funchal | 1:46.47 200 | 50.19 | 56.28 |
| 4. | SOARES, Leonor Silva | 08 Desportivo Nacional | 1:49.34 185 | 51.79 | 57.55 |
| 5. | MAGALHAES, Julia Silva | 08 Salesianos do Funchal | 1:50.89 177 | 53.13 | 57.76 |
| 6. | MACEDO, Diana Camacho | 08 Naval do Funchal | 1:53.09 167 | 54.11 | 58.98 |
| 7. | PEREIRA, Sofia Jardim | 08 Desportivo Nacional | 1:57.07 151 | 55.96 | 1:01.11 |
| 8. | QUINTAL, Madalena Saldanha | 08 Naval do Funchal | 1:57.41 149 | 55.61 | 1:01.80 |

Prova 29, Femin., 100m Bruços

Infantil A - 13 anos

| | | | | | | | |
|---|---------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | GONCALVES, Valentina Jose | 07 | Desportivo Nacional | 1:25.83 | 383 | 40.28 | 45.55 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Ponte de Sôr</i> | | | | | | | |
| 2. | CAMARA, Ines Cruz | 07 | Desportivo Nacional | 1:29.42 | 339 | 41.84 | 47.58 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Ponte de Sôr</i> | | | | | | | |
| 3. | MATEUS, Clarisse Vieira | 07 | Desportivo Nacional | 1:33.43 | 297 | 44.44 | 48.99 |
| 4. | FREITAS, Maria Raquel | 07 | Naval do Funchal | 1:37.39 | 262 | 44.31 | 53.08 |
| 5. | TEMTEM, Sara Maria | 07 | Desportivo Nacional | 1:46.75 | 199 | 51.36 | 55.39 |
| 6. | RODRIGUES, Beatriz Mendes | 07 | Naval do Funchal | 1:50.41 | 180 | 52.30 | 58.11 |
| 7. | PERESTRELO, Laura Vascon | 07 | Salesianos do Funchal | 1:50.68 | 178 | 52.96 | 57.72 |

Juvenil B - 14 anos

| | | | | | | | |
|--|---------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | COSTA, Maria Jardim | 06 | Desportivo Nacional | 1:19.74 | 478 | 37.72 | 42.02 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | |
| 2. | DEUS, Ines Portugal | 06 | Naval do Funchal | 1:25.26 | 391 | 40.37 | 44.89 |
| 3. | SEQUEIRA, Beatriz Meneses | 06 | Naval do Funchal | 1:25.99 | 381 | 41.31 | 44.68 |
| 4. | PEREIRA, Joana Marques | 06 | Desportivo Nacional | 1:26.93 | 369 | 41.08 | 45.85 |
| 5. | ABREU, Ana Rodrigues | 06 | Naval do Funchal | 1:30.78 | 324 | 42.17 | 48.61 |
| 6. | FARIA, Laura Pereira | 06 | Salesianos do Funchal | 1:35.19 | 281 | 44.15 | 51.04 |

Juvenil A - 15 anos

| | | | | | | | |
|----|------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | LUIS, Mariana Capelo | 05 | Salesianos do Funchal | 1:32.57 | 305 | 42.99 | 49.58 |
| 2. | GOMES, Madalena Sousa | 05 | Naval do Funchal | 1:37.58 | 260 | 44.87 | 52.71 |
| 3. | SILVA, Maria Fabiana | 05 | Desportivo Nacional | 1:44.10 | 214 | 48.03 | 56.07 |
| 4. | ANDRADE, Maria Beatriz | 05 | Desportivo Nacional | 1:48.13 | 191 | 51.43 | 56.70 |

Juniores - 16, 17 anos

| | | | | | | | |
|----|---------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | FERNANDES, Ana Catarina | 03 | Naval do Funchal | 1:18.71 | 497 | 37.16 | 41.55 |
| 2. | FERREIRA, Maria Leonor | 04 | Desportivo Nacional | 1:21.08 | 454 | 38.72 | 42.36 |
| 3. | OLIVEIRA, Beatriz Camacho | 03 | Naval do Funchal | 1:31.23 | 319 | 42.07 | 49.16 |
| 4. | GOUVEIA, Susana Isabel | 04 | Salesianos do Funchal | 1:33.65 | 295 | 43.98 | 49.67 |
| 5. | ALVES, Carolina Alexandra | 04 | Naval do Funchal | 1:40.51 | 238 | 46.96 | 53.55 |

Prova 30

Masc., 100m Bruços

Absoluto

23/11/2019 - 17:31

Resultados

| | | | | | |
|---------------------------|---------|------------------------|-----|-----------------------|------------|
| Recorde Regional Absoluto | 1:03.47 | FIGUEIRA, Andre Temtem | CNF | Funchal | 11/07/2009 |
| Recorde Regional Sen | 1:04.47 | MOURA, Vitor Diogo | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Jun18 | 1:03.47 | FIGUEIRA, Andre Temtem | CNF | Funchal | 11/07/2009 |
| Recorde Regional Jun17 | 1:06.54 | SILVA, Tomas Antonio | CNF | Funchal | 10/06/2018 |
| Recorde Regional Juv A | 1:06.85 | DEUS, Andre Portugal | CNF | Funchal | 25/11/2017 |
| Recorde Regional Juv B | 1:06.23 | ALVES, Paulo Rodrigues | CDN | Funchal | 18/05/2019 |
| Recorde Regional Inf A | 1:09.94 | ALVES, Paulo Rodrigues | CDN | Funchal | 31/07/2018 |
| Recorde Regional Inf B | 1:11.63 | FREITAS, Tomas Miguel | CDN | Funchal | 19/07/2003 |

TAC Regional Inf B: 1:57.22; Inf A: 1:51.70; Juv B: 1:43.51; Juv A: 1:41.68; Jun17: 1:38.01; Jun18: 1:37.67; Sen19: 1:35.98; 20+: 1:35.66 / TAC Nacionais Inf B: 1:27.22; Inf A: 1:21.70; Juv B: 1:13.51; Juv A: 1:11.68; Jun17: 1:08.01; Jun18: 1:07.67; Sen19: 1:05.98; 20+: 1:05.66 / TAC Zonais Inf B: 1:27.50; Inf A: 1:22.00; Juv B: 1:15.54; Juv A: 1:14.16

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | |
|-----------------------------|---------------------------|----|-----------------------|----------------|-----|-------|-------|
| Infantil B - 13 anos | | | | | | | |
| 1. | ARAÚJO, Joao Caldeira | 07 | Naval do Funchal | 1:33.61 | 209 | 44.36 | 49.25 |
| 2. | OLIVEIRA, Afonso Miguel | 07 | Salesianos do Funchal | 1:35.03 | 200 | 45.31 | 49.72 |
| 3. | ALMEIDA, Joao Francisco | 07 | Naval do Funchal | 1:37.28 | 186 | 45.86 | 51.42 |
| 4. | SMIRNOV, Dmytro | 07 | Deportivo Sao Roque | 1:38.07 | 182 | 46.27 | 51.80 |
| 5. | CARVALHO, Joaquim Eduardo | 07 | Naval do Funchal | 1:41.48 | 164 | 48.53 | 52.95 |
| 6. | ALVES, Diogo Basilio | 07 | Salesianos do Funchal | 1:47.02 | 140 | 51.72 | 55.30 |

Prova 30, Masc., 100m Bru os, Infantil B - 13 anos

| Lugar | Ano | Tempo final | Pts | 50m | 100m | |
|-------|------------------------------------|----------------------|----------------|-----|-------|---------|
| 7. | GONCALVES, Gabriel Fiqueli 07 | Desportivo Sao Roque | 1:48.11 | 136 | 51.03 | 57.08 |
| 8. | NUNES, Henrique Dias 07 | Desportivo Nacional | 1:50.30 | 128 | 51.30 | 59.00 |
| 9. | GOUVEIA, Martim Jose 07 | Desportivo Sao Roque | 1:51.54 | 123 | 51.50 | 1:00.04 |
| 10. | VIEIRA, Luis Henrique 07 | Desportivo Nacional | 1:58.72 | 102 | 57.38 | 1:01.34 |
| | <i>FTL - Falta de Tempo Limite</i> | | | | | |
| 11. | MARTINS, Tomas Rodrigo 07 | Desportivo Nacional | 1:59.88 | 99 | 58.01 | 1:01.87 |
| | <i>FTL - Falta de Tempo Limite</i> | | | | | |

Infantil A - 14 anos

| | | | | | | |
|-----|------------------------------------|-----------------------|----------------|-----|-------|---------|
| 1. | SETIM, Joao Oliveira 06 | Naval do Funchal | 1:24.38 | 286 | 39.58 | 44.80 |
| 2. | MACHADO, Bernardo Magalhaes 06 | Desportivo Nacional | 1:24.65 | 283 | 39.46 | 45.19 |
| 3. | ALVES, Pedro Miguel 06 | Desportivo Nacional | 1:25.72 | 273 | 40.69 | 45.03 |
| 4. | SILVA, Afonso Mar 06 | Naval do Funchal | 1:25.89 | 271 | 40.65 | 45.24 |
| 5. | NACHYCHKO, Maximo 06 | Naval do Funchal | 1:35.66 | 196 | 44.25 | 51.41 |
| 6. | GONCALVES, Martim Luis 06 | Desportivo Nacional | 1:36.58 | 190 | 45.46 | 51.12 |
| 7. | GARANITO, Simao Silva 06 | Naval do Funchal | 1:37.80 | 183 | 46.99 | 50.81 |
| 8. | CAIRES, Joao Gomes 06 | Naval do Funchal | 1:41.40 | 164 | 44.21 | 57.19 |
| 9. | STEFLEA, Andre Sergio 06 | Desportivo Sao Roque | 1:45.31 | 147 | 49.76 | 55.55 |
| 10. | FERNANDES, Afonso Freitas 06 | Salesianos do Funchal | 1:46.83 | 141 | 51.14 | 55.69 |
| 11. | VIEIRA, Tiago Pestana 06 | Naval do Funchal | 1:54.90 | 113 | 51.98 | 1:02.92 |
| | <i>FTL - Falta de Tempo Limite</i> | | | | | |

Juvenil B - 15 anos

| | | | | | | |
|----|--|-----------------------|----------------|-----|-------|-------|
| 1. | GOUVEIA, Luis Galvao 05 | Desportivo Nacional | 1:12.87 | 444 | 34.69 | 38.18 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | |
| 2. | SILVA, Tony Stefano 05 | Naval do Funchal | 1:13.03 | 441 | 33.42 | 39.61 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | |
| 3. | VOLOZHENIN, Alexandre 05 | Naval do Funchal | 1:16.93 | 377 | 36.01 | 40.92 |
| 4. | ALVES, Afonso Pires 05 | Salesianos do Funchal | 1:17.19 | 373 | 35.74 | 41.45 |
| 5. | SOUSA, Lourenco Quintas 05 | Naval do Funchal | 1:19.06 | 348 | 37.76 | 41.30 |
| 6. | SOUSA, Luis Miguel 05 | Sport Maritimo | 1:41.27 | 165 | 47.98 | 53.29 |

Juvenil A - 16 anos

| | | | | | | |
|-----|--|-----------------------|--|-----|-------|-------|
| 1. | FERNANDES, Martim Pestana 04 | Naval do Funchal | 1:07.61 | 556 | 32.45 | 35.16 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | |
| 2. | ALVES, Paulo Rodrigues 04 | Desportivo Nacional | 1:08.42 | 536 | 32.26 | 36.16 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | |
| 3. | RODRIGUES, Rodrigo Reis 04 | Desportivo Sao Roque | 1:16.14 | 389 | 36.52 | 39.62 |
| 4. | AGUILAR, Luis Santos 04 | Desportivo Nacional | 1:19.54 | 341 | 37.17 | 42.37 |
| 5. | PEREIRA, Jordao Abreu 04 | Salesianos do Funchal | 1:25.20 | 278 | 39.91 | 45.29 |
| 6. | MACHADO, Tiago Magalhaes 04 | Desportivo Nacional | 1:25.32 | 276 | 38.04 | 47.28 |
| DSQ | GANANCA, Tiago Rodrigues 04 | Naval do Funchal | <i>721 - Na chegada n o tocou na parede com as m os separadas e simultaneamente - SW 7.6</i> | | | |

Juniores - 17, 18 anos

| | | | | | | |
|----|----------------------------|----------------------|----------------|-----|-------|-------|
| 1. | PAULOS, Francisco Silva 02 | Naval do Funchal | 1:09.58 | 510 | 32.52 | 37.06 |
| 2. | CASTRO, Martim Pereira 02 | Escola O Liceu | 1:10.95 | 481 | 33.21 | 37.74 |
| 3. | LOPES, Pedro Henrique 03 | Desportivo Sao Roque | 1:14.58 | 414 | 34.51 | 40.07 |
| 4. | AGUIAR, Pedro Ferreira 03 | Naval do Funchal | 1:16.50 | 384 | 35.25 | 41.25 |
| 5. | VIEIRA, Emanuel Eloi 03 | Desportivo Sao Roque | 1:21.61 | 316 | 37.34 | 44.27 |

Prova 30, Masc., 100m Bruços

Seniores - 19 e mais velhos

| | | | | | | | |
|----|----------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | SANTOS, Diego Felipe | 87 | Desportivo Nacional | 1:07.84 | 550 | 32.13 | 35.71 |
| 2. | SILVA, Luis Pedro | 98 | Desportivo Nacional | 1:08.89 | 526 | 31.51 | 37.38 |
| 3. | CAMARA, Joao Vieira | 97 | Escola O Liceu | 1:10.42 | 492 | 33.34 | 37.08 |
| 4. | VIEIRA, Duarte Nuno | 95 | Salesianos do Funchal | 1:22.00 | 311 | 38.55 | 43.45 |

Prova 31

23/11/2019 - 17:44

Femin., 200m Livres

Absoluto

Resultados

| | | | | | |
|---------------------------|---------|------------------------|------|---------|------------|
| Recorde Regional Absoluto | 2:07.77 | QUINTAL, Fabiana Maria | CDN | Funchal | 22/11/2009 |
| Recorde Regional Sen | 2:07.77 | QUINTAL, Fabiana Maria | CDN | Funchal | 22/11/2009 |
| Recorde Regional Jun17 | 2:10.62 | ABREU, Laura Catarina | CDWT | Funchal | 19/11/2016 |
| Recorde Regional Jun16 | 2:09.59 | AGUILAR, Vera Ines | CDN | Funchal | 29/07/2016 |
| Recorde Regional Juv A | 2:09.23 | ABREU, Laura Catarina | CDN | Funchal | 10/07/2015 |
| Recorde Regional Juv B | 2:11.89 | ANDRADE, Rubina Amaro | CDN | Algés | 26/02/1993 |
| Recorde Regional Inf A | 2:14.71 | CAIRES, Joana Costa | CNF | Sines | 13/03/2011 |
| Recorde Regional Inf B | 2:23.45 | ABREU, Laura Catarina | CDN | Funchal | 13/07/2012 |

TAC Regional Inf B: 3:33.75; Inf A: 3:21.88; Juv B: 3:17.82; Juv A: 3:15.71; Jun16: 3:11.97; Jun17: 3:11.32; Sen18: 3:08.45; 19+: 3:07.81 / TAC Nacionais Inf B: 2:33.75; Inf A: 2:21.88; Juv B: 2:17.82; Juv A: 2:15.71; Jun16: 2:11.97; Jun17: 2:11.32; Sen18: 2:08.45; 19+: 2:07.81 / TAC Zonais Inf B: 2:38.00; Inf A: 2:31.00; Juv B: 2:25.23; Juv A: 2:21.16

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts | 50m | 100m | 150m | 200m |
|-------|-----|-------------|-----|-----|------|------|------|
|-------|-----|-------------|-----|-----|------|------|------|

Infantil B - 12 anos

| | | | | | | | | |
|-----|----------------------------|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | ANDRADE, Matilde Sousa08 | Naval do Funchal | 2:44.45 | 302 | 37.41 | 41.85 | 44.31 | 40.88 |
| 2. | ALVES, Juliana Rodrigues08 | Desportivo Nacional | 2:49.89 | 274 | 39.06 | 42.76 | 45.14 | 42.93 |
| 3. | BAPTISTA, Ines Sande 08 | Desportivo Nacional | 2:51.89 | 265 | 39.00 | 43.91 | 46.03 | 42.95 |
| 4. | SILVA, Carolina Pestana 08 | Naval do Funchal | 3:01.75 | 224 | 39.52 | 46.41 | 48.01 | 47.81 |
| 5. | PEREIRA, Maria Clara 08 | Desportivo Nacional | 3:02.67 | 220 | 42.17 | 47.58 | 47.70 | 45.22 |
| 6. | PEREIRA, Julia Freitas 08 | Naval do Funchal | 3:05.87 | 209 | 42.29 | 47.98 | 48.80 | 46.80 |
| 7. | MAGALHAES, Julia Silva 08 | Salesianos do Funchal | 3:08.59 | 200 | 41.89 | 49.69 | 50.72 | 46.29 |
| 8. | SOARES, Leonor Silva 08 | Desportivo Nacional | 3:12.10 | 189 | 43.82 | 48.83 | 50.61 | 48.84 |
| 9. | ROCHA, Vitoria Maria 08 | Salesianos do Funchal | 3:13.62 | 185 | 45.45 | 51.57 | 50.78 | 45.82 |
| 10. | ALVES, Margarida Jesus 08 | Desportivo Nacional | 3:26.36 | 153 | 44.52 | 53.52 | 55.60 | 52.72 |
| 11. | QUINTAL, M. 08 | Naval do Funchal | 3:36.47 | 132 | 48.99 | 55.95 | 57.04 | 54.49 |

FTL - Falta de Tempo Limite

DSQ PEREIRA, Sofia Jardim 08 Desportivo Nacional
403 - Falsa partida - SW 4.4

Infantil A - 13 anos

| | | | | | | | | |
|----|---------------------------|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | NETO, Leonor Rodrigues 07 | Naval do Funchal | 2:35.19 | 360 | 35.32 | 39.29 | 41.18 | 39.40 |
| 2. | FIGUEIRA, Madalena Leor07 | Naval do Funchal | 2:39.75 | 330 | 35.75 | 41.81 | 42.18 | 40.01 |
| 3. | FREITAS, Maria Raquel 07 | Naval do Funchal | 3:06.18 | 208 | 42.46 | 48.80 | 47.25 | 47.67 |
| 4. | RODRIGUES, Beatriz Men07s | Naval do Funchal | 3:07.07 | 205 | 43.11 | 49.56 | 50.34 | 44.06 |
| 5. | RODRIGUES, Ines Costa 07 | Desportivo Nacional | 3:21.43 | 164 | 47.56 | 53.08 | 51.88 | 48.91 |

Juvenil B - 14 anos

| | | | | | | | | |
|---|-----------------------------|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | FREITAS, Margarida Ram06 | Desportivo Nacional | 2:23.08 | 459 | 32.43 | 36.26 | 37.46 | 36.93 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 2. | DIAS, Julia Alves 06 | Desportivo Nacional | 2:26.23 | 430 | 33.85 | 37.48 | 38.04 | 36.86 |
| 3. | SILVA, Silvana Suamade 06 | Deportivo Sao Roque | 2:27.29 | 421 | 33.86 | 37.52 | 38.19 | 37.72 |
| 4. | JARDIM, Lara Filipa 06 | Naval do Funchal | 2:28.39 | 412 | 33.41 | 38.01 | 39.39 | 37.58 |
| 5. | FERRO, Maria Leonor 06 | Naval do Funchal | 2:30.70 | 393 | 35.85 | 38.83 | 39.50 | 36.52 |
| 6. | FREITAS, Beatriz Rodrigui06 | Naval do Funchal | 2:31.76 | 385 | 35.08 | 38.99 | 40.12 | 37.57 |
| 7. | CANADA, Maria Elvira 06 | Desportivo Nacional | 2:33.44 | 372 | 35.67 | 39.53 | 40.06 | 38.18 |
| 8. | ROVERI, Isabel Vasconce06; | Naval do Funchal | 2:42.70 | 312 | 37.70 | 42.27 | 42.21 | 40.52 |
| 9. | SOUSA, Maria Beatriz 06 | Naval do Funchal | 2:43.00 | 310 | 37.04 | 41.07 | 43.27 | 41.62 |

Prova 31, Femin., 200m Livres, Juvenil B - 14 anos

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|-------|--------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 10. | BAPTISTA, C. | 06 | Naval do Funchal | 2:44.90 | 300 | 39.03 | 43.18 | 42.25 | 40.44 |
| 11. | TEMBE, Ines Afonso | 06 | Desportivo Nacional | 2:48.86 | 279 | 37.61 | 43.06 | 44.68 | 43.51 |

Juvenil A - 15 anos

| | | | | | | | | | |
|----|-------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | JARDIM, Teresa Vieira | 05 | Naval do Funchal | 2:32.91 | 376 | 34.20 | 39.25 | 40.46 | 39.00 |
| 2. | ABREU, Maria Eduarda | 05 | Desportivo Nacional | 2:40.65 | 324 | 36.97 | 41.51 | 41.99 | 40.18 |
| 3. | GOMES, Madalena Sousa | 05 | Naval do Funchal | 2:50.46 | 271 | 37.03 | 45.40 | | |
| 4. | BARROS, Ana Carolina | 05 | Salesianos do Funchal | 2:52.00 | 264 | 38.99 | 45.53 | 44.95 | 42.53 |
| 5. | FERNANDES, M. | 05 | Salesianos do Funchal | 3:07.42 | 204 | 44.15 | 49.04 | 49.33 | 44.90 |
| 6. | NOBREGA, Maria Trindade | 05 | Desportivo Nacional | 3:11.97 | 190 | 43.65 | 48.83 | 50.10 | 49.39 |
| 7. | VIEIRA, Sara Patricia | 05 | Sport Maritimo | 3:24.78 | 156 | 46.16 | 53.34 | 54.14 | 51.14 |

FTL - Falta de Tempo Limite

Juniores - 16, 17 anos

| | | | | | | | | | |
|----|-------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | SOUSA, Joana Francisca | 04 | Deportivo Sao Roque | 2:20.22 | 488 | 32.01 | 35.79 | 36.46 | 35.96 |
| 2. | RAMOS, Barbara Emerick | 04 | Salesianos do Funchal | 2:23.99 | 451 | 33.61 | 36.48 | 37.37 | 36.53 |
| 3. | JESUS, Filipa Mafalda | 03 | Deportivo Sao Roque | 2:30.87 | 392 | 34.59 | 38.96 | 39.91 | 37.41 |
| 4. | PEREIRA, Luisa Tovela | 03 | Desportivo Nacional | 2:39.97 | 328 | 37.15 | 41.29 | 42.15 | 39.38 |
| 5. | LECA, Natasha Maria | 03 | Desportivo Nacional | 2:43.49 | 308 | 34.49 | 40.64 | 44.46 | 43.90 |
| 6. | BAPTISTA, Rita Teixeira | 04 | Desportivo Nacional | 3:10.21 | 195 | 42.87 | 48.26 | 49.72 | 49.36 |

Seniores - 18 e mais velhos

| | | | | | | | | | |
|----|---------------|----|----------------|----------------|-----|-------|-------|-------|-------|
| 1. | HERNANDEZ, M. | 99 | Sport Maritimo | 2:37.37 | 345 | 34.90 | 39.07 | 41.29 | 42.11 |
|----|---------------|----|----------------|----------------|-----|-------|-------|-------|-------|

Prova 32

Masc., 200m Livres

Absoluto

23/11/2019 - 18:06

Resultados

| | | | | | |
|---------------------------|---------|-----------------------|------|-----------------|------------|
| Recorde Regional Absoluto | 1:46.65 | PINTO, Luis Marques | CDN | Stockholm (SWE) | 11/11/2009 |
| Recorde Regional Sen | 1:46.65 | PINTO, Luis Marques | CDN | Stockholm (SWE) | 11/11/2009 |
| Recorde Regional Jun18 | 1:50.17 | CASTRO, Joao Cruz | CDSR | Porto | 10/12/2017 |
| Recorde Regional Jun17 | 1:51.83 | CASTRO, Joao Cruz | CDSR | Funchal | 27/07/2017 |
| Recorde Regional Juv A | 1:54.07 | CASTRO, Joao Cruz | CDSR | Funchal | 28/07/2016 |
| Recorde Regional Juv B | 1:55.77 | CASTRO, Joao Cruz | CDSR | Funchal | 10/07/2015 |
| Recorde Regional Inf A | 1:59.62 | FERNANDES, Joao Vitor | CSM | Funchal | 09/07/2014 |
| Recorde Regional Inf B | 2:07.17 | FREITAS, Tomas Miguel | CDN | Funchal | 19/07/2003 |

TAC Regional Inf B: 3:20.33; Inf A: 3:11.45; Juv B: 3:05.62; Juv A: 3:01.83; Jun17: 2:57.46; Jun18: 2:56.88; Sen19: 2:54.97; 20+: 2:54.40 / TAC Nacionais Inf B: 2:20.33; Inf A: 2:11.45; Juv B: 2:05.62; Juv A: 2:01.83; Jun17: 1:57.46; Jun18: 1:56.88; Sen19: 1:54.97; 20+: 1:54.40 / TAC Zonais Inf B: 2:26.50; Inf A: 2:20.20; Juv B: 2:10.76; Juv A: 2:08.36

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m |
|-------|-----|--|-------------|-----|-----|------|------|------|
|-------|-----|--|-------------|-----|-----|------|------|------|

Infantil B - 13 anos

| | | | | | | | | | |
|-----|-------------------------|----|-----------------------|----------------|-----|-------|-------|---------|-------|
| 1. | NEVES, Tiago Brazao | 07 | Naval do Funchal | 2:32.95 | 274 | 35.13 | 39.79 | 40.23 | 37.80 |
| 2. | PEREIRA, Lucas Santos | 07 | Naval do Funchal | 2:37.01 | 253 | 36.23 | 40.96 | 42.15 | 37.67 |
| 3. | ALMEIDA, Joao Francisco | 07 | Naval do Funchal | 2:37.66 | 250 | 35.71 | 40.06 | 41.78 | 40.11 |
| 4. | SOUSA, Simao Henrique | 07 | Desportivo Nacional | 2:38.30 | 247 | 36.20 | 40.37 | 42.28 | 39.45 |
| 5. | ARAUJO, Joao Caldeira | 07 | Naval do Funchal | 2:40.79 | 236 | 37.10 | 41.77 | 42.21 | 39.71 |
| 6. | OLIVEIRA, Afonso Miguel | 07 | Salesianos do Funchal | 2:43.25 | 225 | 36.96 | 41.98 | 44.35 | 39.96 |
| 7. | COSTA, Guilherme Corte | 07 | Desportivo Nacional | 2:47.29 | 209 | 36.10 | 43.32 | 44.92 | 42.95 |
| 8. | ALVES, Diogo Basilio | 07 | Salesianos do Funchal | 2:49.04 | 203 | 39.09 | 44.20 | 43.66 | 42.09 |
| 9. | CARVALHO, J. | 07 | Naval do Funchal | 2:51.62 | 194 | 40.15 | 43.80 | 43.90 | 43.77 |
| 10. | BARBOSA, Joao Camacho | 07 | Desportivo Nacional | 3:01.72 | 163 | 41.11 | 49.19 | 48.37 | 43.05 |
| 11. | NUNES, Henrique Dias | 07 | Desportivo Nacional | 3:03.52 | 158 | 41.08 | 49.39 | 48.81 | 44.24 |
| 12. | VIEIRA, Luis Henrique | 07 | Desportivo Nacional | 3:17.07 | 128 | 45.46 | 50.58 | 52.00 | 49.03 |
| 13. | MARTINS, Tomas Rodrigoo | 07 | Desportivo Nacional | 3:48.38 | 82 | 51.57 | 58.95 | 1:00.71 | 57.15 |

FTL - Falta de Tempo Limite

Prova 32, Masc., 200m Livres

Infantil A - 14 anos

| | | | | | | | | | |
|-----|------------------------|----|----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | PITA, Pedro Miguel | 06 | Naval do Funchal | 2:21.50 | 346 | 32.05 | 36.72 | 36.60 | 36.13 |
| 2. | PAULOS, Joao Afonso | 06 | Naval do Funchal | 2:24.33 | 326 | 32.24 | 36.69 | 38.11 | 37.29 |
| 3. | FERRAZ, Luis Afonso | 06 | Naval do Funchal | 2:25.00 | 321 | 33.66 | 37.05 | 38.31 | 35.98 |
| 4. | SETIM, Joao Oliveira | 06 | Naval do Funchal | 2:25.86 | 316 | 33.25 | 37.40 | 38.59 | 36.62 |
| 5. | GARANITO, Simao Silva | 06 | Naval do Funchal | 2:31.37 | 282 | 36.06 | 39.89 | 40.20 | 35.22 |
| 6. | ABREU, Joao Francisco | 06 | Naval do Funchal | 2:32.37 | 277 | 34.65 | 38.68 | 39.93 | 39.11 |
| 7. | SILVA, Joao Luis | 06 | Escola O Liceu | 2:39.84 | 240 | 30.90 | 35.38 | 49.66 | 43.90 |
| 8. | CASTRO, Mateus Pereira | 06 | Escola O Liceu | 2:46.91 | 211 | 38.16 | 43.25 | 44.26 | 41.24 |
| 9. | NACHYCHKO, Maximo | 06 | Naval do Funchal | 2:55.74 | 180 | 38.09 | 45.53 | 48.15 | 43.97 |
| 10. | STEFLEA, Andre Sergio | 06 | Desportivo Sao Roque | 3:08.02 | 147 | 40.29 | 48.07 | 50.68 | 48.98 |

Juvenil B - 15 anos

| | | | | | | | | | |
|---|--------------------------|----|----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | DIAS, Andre Vicente | 05 | Desportivo Nacional | 2:07.35 | 475 | 29.45 | 32.42 | 33.26 | 32.22 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 2. | OLIVEIRA, Diogo Alexandr | 05 | Naval do Funchal | 2:07.37 | 474 | 29.09 | 32.20 | 33.42 | 32.66 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 3. | SANTOS, Nuno Goncalo | 05 | Desportivo Sao Roque | 2:14.91 | 399 | 30.66 | 33.79 | 35.28 | 35.18 |
| 4. | LEITAO, Andre Freitas | 05 | Naval do Funchal | 2:17.06 | 381 | 32.23 | 35.20 | 35.50 | 34.13 |
| 5. | SOUSA, Lourenco Quintas | 05 | Naval do Funchal | 2:18.09 | 372 | 31.70 | 35.37 | 36.26 | 34.76 |
| 6. | BOULHOSA, Rodrigo Abre | 05 | Naval do Funchal | 2:35.80 | 259 | 34.58 | 40.98 | 41.82 | 38.42 |
| 7. | NUNES, Andre Maltez | 05 | Desportivo Nacional | 2:48.21 | 206 | 37.87 | 44.12 | 44.01 | 42.21 |
| 8. | MENDES, Juan Diego | 05 | Desportivo Nacional | 2:49.35 | 202 | 37.49 | 44.09 | 45.02 | 42.75 |
| 9. | SOUSA, Luis Miguel | 05 | Sport Maritimo | 2:55.00 | 183 | 39.43 | 45.10 | 48.47 | 42.00 |

Juvenil A - 16 anos

| | | | | | | | | | |
|---|-------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | FERNANDES, Diogo Henri | 04 | Naval do Funchal | 2:05.35 | 498 | 28.44 | 31.93 | 32.97 | 32.01 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 2. | FERNANDES, Martim Pes | 04 | Naval do Funchal | 2:11.11 | 435 | 30.40 | 33.72 | 34.26 | 32.73 |
| 3. | BARRY, Rafael Francisco | 04 | Naval do Funchal | 2:13.26 | 414 | 29.82 | 33.28 | 35.21 | 34.95 |
| 4. | SILVA, Eduardo Rodrigue | 04 | Salesianos do Funchal | 2:20.09 | 356 | 31.91 | 35.78 | 36.42 | 35.98 |
| 5. | LEAL, Diogo Silva | 04 | Salesianos do Funchal | 2:21.88 | 343 | 31.68 | 36.28 | 37.78 | 36.14 |
| 6. | FERNANDEZ, Joao Guilhe | 04 | Salesianos do Funchal | 2:36.02 | 258 | 35.17 | 40.28 | 40.83 | 39.74 |
| 7. | URDANETA, Lisandro Albi | 04 | Desportivo Nacional | 2:51.14 | 195 | 36.40 | 43.33 | 47.11 | 44.30 |

Juniores - 17, 18 anos

| | | | | | | | | | |
|-----|-------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | DEUS, Andre Portugal | 02 | Naval do Funchal | 1:59.18 | 579 | 27.88 | 30.53 | 30.74 | 30.03 |
| 2. | GOMES, Goncalo Camara | 03 | Naval do Funchal | 1:59.30 | 577 | 28.15 | 30.52 | 30.91 | 29.72 |
| 3. | RODRIGUES, Pedro Reis | 02 | Desportivo Sao Roque | 1:59.91 | 569 | 27.71 | 29.91 | 31.13 | 31.16 |
| 4. | FERNANDES, Rui Afonso | 03 | Desportivo Nacional | 2:03.26 | 523 | 28.17 | 30.98 | 31.83 | 32.28 |
| 5. | OLIVEIRA, Pedro Freitas | 02 | Naval do Funchal | 2:06.15 | 488 | 27.93 | 30.83 | 34.38 | 33.01 |
| 6. | MELIM, Bruno Pontes | 03 | Salesianos do Funchal | 2:11.47 | 431 | 30.41 | 33.82 | 34.58 | 32.66 |
| 7. | FARIA, Joao Pedro | 03 | Naval do Funchal | 2:15.34 | 395 | 30.36 | 34.50 | 35.91 | 34.57 |
| 8. | ABREU, Nuno Afonso | 03 | Naval do Funchal | 2:16.35 | 387 | 30.50 | 34.56 | 35.97 | 35.32 |
| 9. | MAROTE, Joao Nuno | 03 | Desportivo Sao Roque | 2:16.82 | 383 | 29.81 | 33.85 | 36.24 | 36.92 |
| 10. | BELO, Francisco Miguel | 02 | Desportivo Nacional | 2:17.16 | 380 | 30.82 | 34.94 | 35.80 | 35.60 |
| 11. | LUIS, Francisco Sousa | 03 | Desportivo Nacional | 2:37.94 | 249 | 35.79 | 40.25 | 42.16 | 39.74 |
| 12. | KOVAL, Igor | 03 | Desportivo Nacional | 2:49.15 | 202 | 36.65 | 43.49 | 45.87 | 43.14 |

Prova 33 Femin., 100m Estilos 16 anos e mais velhos
23/11/2019 - 18:30 Resultados

| | | | | | |
|---------------------------|---------|-------------------------|-----|----------|------------|
| Recorde Regional Absoluto | 1:05.01 | QUINTAL, Fabiana Maria | CDN | Leiria | 06/12/2009 |
| Recorde Regional Sen | 1:05.01 | QUINTAL, Fabiana Maria | CDN | Leiria | 06/12/2009 |
| Recorde Regional Jun17 | 1:10.03 | SOUSA, Susana Margarida | CFU | M. Campo | 13/03/1994 |
| Recorde Regional Jun16 | 1:08.36 | ABREU, Laura Catarina | CDN | Funchal | 14/11/2015 |

TAC Regional Jun16: 1:40.66; Jun17: 1:40.31; Sen18: 1:38.66; 19 +: 1:38.32 / TAC Nacionais Jun16: 1:10.66; Jun17: 1:10.31;
Sen18: 1:08.66; 19 +: 1:08.32

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m |
|-------------------------------|-----|--------------------------|-------------|-----|-------|-------|
| Juniores - 16, 17 anos | | | | | | |
| 1. | 04 | OLIVEIRA, Sara Fernandes | 1:18.47 | 373 | 36.50 | 41.97 |
| 2. | 04 | GOUVEIA, Susana Isabel | 1:23.99 | 304 | 39.27 | 44.72 |

Seniores - 18 e mais velhos

| | | | | | | |
|----|----|-----------------------------|---------|-----|-------|-------|
| 1. | 00 | AGUILAR, Vera Ines | 1:16.19 | 408 | 33.87 | 42.32 |
| 2. | 99 | HERNANDEZ, Marcelis Nativid | 1:24.28 | 301 | 40.30 | 43.98 |
| 3. | 91 | VICTOR, Joana Isabel | 1:25.78 | 285 | 40.31 | 45.47 |

Prova 34 Masc., 100m Estilos 17 anos e mais velhos
23/11/2019 - 18:32 Resultados

| | | | | | |
|---------------------------|---------|-------------------------|------|------------|------------|
| Recorde Regional Absoluto | 57.76 | MARQUES, Miguel Freitas | JACL | Funchal | 29/07/2016 |
| Recorde Regional Sen | 57.76 | MARQUES, Miguel Freitas | JACL | Funchal | 29/07/2016 |
| Recorde Regional Jun18 | 58.92 | SILVA, Tomas Antonio | CNF | Felgueiras | 23/12/2018 |
| Recorde Regional Jun17 | 1:00.04 | SILVA, Tomas Antonio | CNF | Funchal | 26/03/2018 |

TAC Regional Jun17: 1:31.76; Jun18: 1:31.46; Sen19: 1:30.15; 20 +: 1:29.85 / TAC Nacionais Jun17: 1:01.76; Jun18: 1:01.46;
Sen19: 1:00.15; 20 +: 59.85

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m |
|-------------------------------|-----|------------------------|-------------|-----|-------|-------|
| Juniores - 17, 18 anos | | | | | | |
| 1. | 02 | SILVA, Joao Jesus | 1:02.49 | 520 | 27.74 | 34.75 |
| 2. | 03 | MATOS, Rodrigo Vieira | 1:03.39 | 498 | 29.92 | 33.47 |
| 3. | 02 | CASTRO, Martim Pereira | 1:05.52 | 451 | 30.99 | 34.53 |
| 4. | 02 | FREITAS, Joao Tomas | 1:06.29 | 435 | 29.76 | 36.53 |
| 5. | 03 | VIEIRA, Emanuel Eloi | 1:15.86 | 290 | 36.46 | 39.40 |

Seniores - 19 e mais velhos

| | | | | | | |
|----|----|-----------------------|---------|-----|-------|-------|
| 1. | 97 | CAMARA, Joao Vieira | 1:03.87 | 487 | 29.91 | 33.96 |
| 2. | 01 | NUNES, Goncalo Almada | 1:15.24 | 298 | 34.14 | 41.10 |

4 - 3^a Jornada / Sess o  nica

24/11/2019 - 9:15

Prova 35 Femin., 400m Estilos Absoluto
24/11/2019 - 9:15 Resultados

| | | | | | |
|---------------------------|---------|----------------------------|-----|---------|------------|
| Recorde Regional Absoluto | 5:00.24 | QUINTAL, Fabiana Maria | CDN | Funchal | 19/02/2009 |
| Recorde Regional Sen | 5:00.24 | QUINTAL, Fabiana Maria | CDN | Funchal | 19/02/2009 |
| Recorde Regional Jun17 | 5:20.63 | QUINTAL, Fabiana Maria | CDN | Funchal | 01/03/2001 |
| Recorde Regional Jun16 | 5:14.13 | FERNANDES, Isabel Catarina | CNF | Funchal | 17/06/2006 |
| Recorde Regional Juv A | 5:20.04 | FERREIRA, Maria Leonor | CDN | Funchal | 13/07/2019 |
| Recorde Regional Juv B | 5:19.80 | SOUSA, Susana Margarida | CFU | Funchal | 27/06/1991 |
| Recorde Regional Inf A | 5:18.10 | CAIRES, Joana Costa | CNF | Sines | 11/03/2011 |
| Recorde Regional Inf B | 5:36.11 | FERNANDES, Catarina Isabel | CNF | Funchal | 05/07/2002 |

TAC Regional Inf B: 7:33.61; Inf A: 7:16.71; Juv B: 7:00.74; Juv A: 6:53.44; Jun16: 6:47.82; Jun17: 6:46.24; Sen18: 6:37.90;
19+: 6:36.36 / TAC Nacionais Inf B: 6:03.61; Inf A: 5:46.71; Juv B: 5:30.74; Juv A: 5:23.44; Jun16: 5:17.82; Jun17: 5:16.24;
Sen18: 5:07.90; 19+: 5:06.36 / TAC Zonais Inf B: 6:23.00; Inf A: 6:03.50; Juv B: 5:47.14; Juv A: 5:37.41

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts |
|---|--------------------------|---------------------|---------------------|
| Infantil A - 13 anos | | | |
| 1. RODRIGUES, Laura Sofia | 07 Salesianos do Funchal | 5:44.22 | 425 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Ponte de S r</i> | | | |
| 50m: 37.89 37.89 | 150m: 2:06.29 44.79 | 250m: 3:36.95 48.28 | 350m: 5:05.72 40.87 |
| 100m: 1:21.50 43.61 | 200m: 2:48.67 42.38 | 300m: 4:24.85 47.90 | 400m: 5:44.22 38.50 |
| 2. CAMARA, Ines Cruz | 07 Desportivo Nacional | 5:52.31 | 397 |
| <i>Minimos Campeonato Zonal - Ponte de S r</i> | | | |
| 50m: 36.07 36.07 | 150m: 2:05.44 45.52 | 250m: 3:40.17 50.40 | 350m: 5:12.51 41.60 |
| 100m: 1:19.92 43.85 | 200m: 2:49.77 44.33 | 300m: 4:30.91 50.74 | 400m: 5:52.31 39.80 |
| 3. MATEUS, Clarisse Vieira | 07 Desportivo Nacional | 6:32.36 | 287 |
| 50m: 45.07 45.07 | 150m: 2:29.70 48.22 | 250m: 4:09.25 52.04 | 350m: 5:48.35 46.65 |
| 100m: 1:41.48 56.41 | 200m: 3:17.21 47.51 | 300m: 5:01.70 52.45 | 400m: 6:32.36 44.01 |

Juvenil B - 14 anos

| | | | |
|---------------------------|------------------------|---------------------|---------------------|
| 1. PEREIRA, Joana Marques | 06 Desportivo Nacional | 6:03.65 | 361 |
| 50m: 39.45 39.45 | 150m: 2:16.54 46.94 | 250m: 3:52.09 49.36 | 350m: 5:23.10 41.85 |
| 100m: 1:29.60 50.15 | 200m: 3:02.73 46.19 | 300m: 4:41.25 49.16 | 400m: 6:03.65 40.55 |

Prova 36 Masc., 400m Estilos Absoluto
24/11/2019 - 9:23 Resultados

| | | | | | |
|---------------------------|---------|---------------------------|-----|------------|------------|
| Recorde Regional Absoluto | 4:23.27 | FRANCO, Paulo Fragueiro | CDN | Felgueiras | 22/11/2002 |
| Recorde Regional Sen | 4:23.27 | FRANCO, Paulo Fragueiro | CDN | Felgueiras | 22/11/2002 |
| Recorde Regional Jun18 | 4:26.56 | SILVA, Tomas Antonio | CNF | Felgueiras | 21/12/2018 |
| Recorde Regional Jun17 | 4:32.64 | SILVA, Tomas Antonio | CNF | Funchal | 26/03/2018 |
| Recorde Regional Juv A | 4:41.24 | ALMEIDA, Carlos Alexandre | CDN | Funchal | 05/06/2005 |
| Recorde Regional Juv B | 4:37.30 | FREITAS, Tomas Miguel | CDN | Funchal | 16/07/2005 |
| Recorde Regional Inf A | 4:40.32 | FREITAS, Tomas Miguel | CDN | Funchal | 09/07/2004 |
| Recorde Regional Inf B | 4:53.36 | FREITAS, Tomas Miguel | CDN | Funchal | 11/07/2003 |

TAC Regional Inf B: 7:11.48; Inf A: 6:50.42; Juv B: 6:32.59; Juv A: 6:25.34; Jun17: 6:16.65; Jun18: 6:15.22; Sen19: 6:09.12;
20+: 6:07.73 / TAC Nacionais Inf B: 5:41.48; Inf A: 5:20.42; Juv B: 5:02.59; Juv A: 4:55.34; Jun17: 4:46.65; Jun18: 4:45.22;
Sen19: 4:39.12; 20+: 4:37.73 / TAC Zonais Inf B: 5:50.00; Inf A: 5:35.00; Juv B: 5:18.95; Juv A: 5:13.10

Pontos: FINA 2019

Lugar Ano Tempo final Pts

Infantil A - 14 anos

| | | | | | | | | | | | |
|--|---------|---------------------|----------------|---------|-------|-------|---------|-------|-------|---------|-------|
| 1. PITA, Pedro Miguel | 06 | Naval do Funchal | 5:29.28 | 365 | | | | | | | |
| <i>Minimos Campeonato Zonal - Ponte de S r</i> | | | | | | | | | | | |
| 50m: | 34.15 | 34.15 | 150m: | 1:56.12 | 41.78 | 250m: | 3:25.82 | 49.04 | 350m: | 4:52.45 | 37.59 |
| 100m: | 1:14.34 | 40.19 | 200m: | 2:36.78 | 40.66 | 300m: | 4:14.86 | 49.04 | 400m: | 5:29.28 | 36.83 |
| 2. GONCALVES, Martim Luis | 06 | Desportivo Nacional | 5:40.06 | 332 | | | | | | | |
| 50m: | 33.71 | 33.71 | 150m: | 1:58.26 | 43.56 | 250m: | 3:31.88 | 51.50 | 350m: | 5:02.64 | 39.45 |
| 100m: | 1:14.70 | 40.99 | 200m: | 2:40.38 | 42.12 | 300m: | 4:23.19 | 51.31 | 400m: | 5:40.06 | 37.42 |

Juvenil A - 16 anos

| | | | | | | | | | | | |
|--|---------|-----------------------|----------------|---------|-------|-------|---------|-------|-------|---------|-------|
| 1. ALVES, Paulo Rodrigues | 04 | Desportivo Nacional | 4:53.83 | 514 | | | | | | | |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | | | | |
| 50m: | 31.63 | 31.63 | 150m: | 1:48.94 | 39.30 | 250m: | 3:07.86 | 40.38 | 350m: | 4:20.98 | 32.48 |
| 100m: | 1:09.64 | 38.01 | 200m: | 2:27.48 | 38.54 | 300m: | 3:48.50 | 40.64 | 400m: | 4:53.83 | 32.85 |
| 2. NUNES, Afonso Miguel | 04 | Salesianos do Funchal | 5:13.44 | 424 | | | | | | | |
| 50m: | 31.97 | 31.97 | 150m: | 1:49.64 | 39.08 | 250m: | 3:14.14 | 45.98 | 350m: | 4:37.59 | 37.15 |
| 100m: | 1:10.56 | 38.59 | 200m: | 2:28.16 | 38.52 | 300m: | 4:00.44 | 46.30 | 400m: | 5:13.44 | 35.85 |

Juniores - 17, 18 anos

| | | | | | | | | | | | |
|--------------------------|---------|---------------------|----------------|---------|-------|-------|---------|-------|-------|---------|-------|
| 1. RODRIGUES, Pedro Reis | 02 | Deportivo Sao Roque | 4:48.90 | 541 | | | | | | | |
| 50m: | 31.44 | 31.44 | 150m: | 1:43.27 | 35.58 | 250m: | 3:01.82 | 42.69 | 350m: | 4:17.47 | 32.91 |
| 100m: | 1:07.69 | 36.25 | 200m: | 2:19.13 | 35.86 | 300m: | 3:44.56 | 42.74 | 400m: | 4:48.90 | 31.43 |

Prova 37 Femin., 100m Mariposa Absoluto
24/11/2019 - 9:29 Resultados

| | | | | | |
|---------------------------|---------|-----------------------|-----|-----------------------|------------|
| Recorde Regional Absoluto | 1:03.45 | OLIM, Carlota Freitas | CNF | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Sen | 1:03.70 | ROSA, Beatriz Jong | CDN | Porto | 09/12/2017 |
| Recorde Regional Jun17 | 1:03.45 | OLIM, Carlota Freitas | CNF | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Jun16 | 1:04.75 | ROSA, Beatriz Jong | CDN | Porto | 12/12/2015 |
| Recorde Regional Juv A | 1:05.15 | ROSA, Beatriz Jong | CDN | Funchal | 11/07/2015 |
| Recorde Regional Juv B | 1:07.65 | ROSA, Beatriz Jong | CDN | Tomar | 15/12/2013 |
| Recorde Regional Inf A | 1:09.65 | ROSA, Beatriz Jong | CDN | Funchal | 24/07/2013 |
| Recorde Regional Inf B | 1:11.10 | LOPES, Joana Cristina | CNF | Funchal | 18/07/1992 |

TAC Regional Inf B: 1:54.73; Inf A: 1:49.73; Juv B: 1:40.72; Juv A: 1:39.49; Jun16: 1:37.35; Jun17: 1:37.01; Sen18: 1:35.61; 19+: 1:35.28 / TAC Nacionais Inf B: 1:24.73; Inf A: 1:19.73; Juv B: 1:10.72; Juv A: 1:09.49; Jun16: 1:07.35; Jun17: 1:07.01; Sen18: 1:05.61; 19+: 1:05.28 / TAC Zonais Inf B: 1:25.00; Inf A: 1:20.00; Juv B: 1:12.70; Juv A: 1:11.34

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m |
|-------|-----|--|-------------|-----|-----|------|
|-------|-----|--|-------------|-----|-----|------|

Infantil A - 13 anos

| | | | | | | | |
|---|---------------------------|----|------------------|----------------|-----|-------|-------|
| 1. | NETO, Leonor Rodrigues | 07 | Naval do Funchal | 1:19.28 | 326 | 36.57 | 42.71 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Ponte de S r</i> | | | | | | | |
| 2. | FIGUEIRA, Madalena Leonor | 07 | Naval do Funchal | 1:31.82 | 210 | 42.34 | 49.48 |

Juvenil B - 14 anos

| | | | | | | | |
|-------------------------------------|-----------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | JARDIM, Lara Filipa | 06 | Naval do Funchal | 1:13.84 | 404 | 33.26 | 40.58 |
| 2. | SILVA, Silvana Suamade | 06 | Desportivo Sao Roque | 1:14.90 | 387 | 34.37 | 40.53 |
| 3. | SOUSA, Ivana Valentina | 06 | Desportivo Nacional | 1:16.64 | 361 | 36.58 | 40.06 |
| 4. | FERRO, Maria Leonor | 06 | Naval do Funchal | 1:19.90 | 319 | 37.15 | 42.75 |
| 5. | TEMBE, Ines Afonso | 06 | Desportivo Nacional | 1:20.22 | 315 | 37.71 | 42.51 |
| 6. | FREITAS, Beatriz Rodrigues | 06 | Naval do Funchal | 1:22.57 | 289 | 38.13 | 44.44 |
| 7. | FARIA, Laura Pereira | 06 | Salesianos do Funchal | 1:23.66 | 278 | 37.74 | 45.92 |
| DSQ | BAPTISTA, Constanca Ornelas | 06 | Naval do Funchal | | | | |
| <i>403 - Falsa partida - SW 4.4</i> | | | | | | | |

Juvenil A - 15 anos

| | | | | | | | |
|----|----------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | BARROS, Ana Carolina | 05 | Salesianos do Funchal | 1:39.07 | 167 | 45.74 | 53.33 |
|----|----------------------|----|-----------------------|----------------|-----|-------|-------|

Juniores - 16, 17 anos

| | | | | | | | |
|----|--------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | RAMOS, Barbara Emerick | 04 | Salesianos do Funchal | 1:15.57 | 377 | 36.22 | 39.35 |
| 2. | CAMACHO, Laura Fernandes | 04 | Naval do Funchal | 1:19.80 | 320 | 36.24 | 43.56 |

Seniores - 18 e mais velhos

| | | | | | | | |
|----|--------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | ROSA, Beatriz Jong | 00 | Desportivo Nacional | 1:07.97 | 518 | 31.90 | 36.07 |
| 2. | BOULHOSA, Carolina Abreu | 01 | Naval do Funchal | 1:09.72 | 480 | 32.08 | 37.64 |
| 3. | VICTOR, Joana Isabel | 91 | Salesianos do Funchal | 1:20.75 | 309 | 36.84 | 43.91 |

Prova 38 Masc., 100m Mariposa Absoluto
24/11/2019 - 9:36 Resultados

| | | | | | |
|---------------------------|---------|--------------------------|-----|-----------------------|------------|
| Recorde Regional Absoluto | 55.09 | SEQUEIRA, Afonso Meneses | CNF | Funchal | 10/12/2016 |
| Recorde Regional Sen | 55.34 | FRANCO, Joao Fragueiro | CNF | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Jun18 | 55.09 | SEQUEIRA, Afonso Meneses | CNF | Funchal | 10/12/2016 |
| Recorde Regional Jun17 | 56.11 | SEQUEIRA, Afonso Meneses | CNF | Porto | 12/12/2015 |
| Recorde Regional Juv A | 58.04 | SEQUEIRA, Afonso Meneses | CNF | Leiria | 13/12/2014 |
| Recorde Regional Juv B | 58.96 | VARGAS, Henrique Luis | CNF | Funchal | 24/07/2013 |
| Recorde Regional Inf A | 1:01.59 | CAIRES, Nuno Costa | CNF | Funchal | 12/07/2008 |
| Recorde Regional Inf B | 1:04.84 | CASTRO, Joao Cruz | CSM | Funchal | 24/07/2013 |

TAC Regional Inf B: 1:47.10; Inf A: 1:42.30; Juv B: 1:33.49; Juv A: 1:31.39; Jun17: 1:28.72; Jun18: 1:28.43; Sen19: 1:27.53;
20+: 1:27.24 / TAC Nacionais Inf B: 1:17.10; Inf A: 1:12.30; Juv B: 1:03.49; Juv A: 1:01.39; Jun17: 58.72; Jun18: 58.43;
Sen19: 57.53; 20+: 57.24 / TAC Zonais Inf B: 1:17.50; Inf A: 1:12.60; Juv B: 1:06.27; Juv A: 1:05.09

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m |
|-------|-----|--|-------------|-----|-----|------|
|-------|-----|--|-------------|-----|-----|------|

Infantil B - 13 anos

| | | | | | | | |
|----|-------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | OLIVEIRA, Afonso Miguel | 07 | Salesianos do Funchal | 1:23.87 | 188 | 37.91 | 45.96 |
| 2. | ALMEIDA, Joao Francisco | 07 | Naval do Funchal | 1:25.38 | 178 | 39.02 | 46.36 |
| 3. | PEREIRA, Lucas Santos | 07 | Naval do Funchal | 1:25.46 | 178 | 38.96 | 46.50 |

Infantil A - 14 anos

| | | | | | | | |
|----|------------------------|----|------------------|----------------|-----|-------|-------|
| 1. | PAULOS, Joao Afonso | 06 | Naval do Funchal | 1:12.63 | 290 | 32.66 | 39.97 |
| 2. | FERRAZ, Luis Afonso | 06 | Naval do Funchal | 1:16.83 | 245 | 35.82 | 41.01 |
| 3. | CAIRES, Joao Gomes | 06 | Naval do Funchal | 1:20.60 | 212 | 37.57 | 43.03 |
| 4. | SETIM, Joao Oliveira | 06 | Naval do Funchal | 1:20.78 | 210 | 37.22 | 43.56 |
| 5. | SILVA, Afonso Mar | 06 | Naval do Funchal | 1:22.77 | 196 | 37.49 | 45.28 |
| 6. | SILVA, Joao Luis | 06 | Escola O Liceu | 1:25.50 | 177 | 38.40 | 47.10 |
| 7. | CASTRO, Mateus Pereira | 06 | Escola O Liceu | 1:31.31 | 145 | 41.99 | 49.32 |

Juvenil B - 15 anos

| | | | | | | | |
|----|--|----|-----------------------|----------------|-----|-------|-------|
| 1. | GOUVEIA, Luis Galvao | 05 | Desportivo Nacional | 1:02.18 | 462 | 29.23 | 32.95 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | |
| 2. | DIAS, Andre Vicente | 05 | Desportivo Nacional | 1:02.83 | 448 | 29.51 | 33.32 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | |
| 3. | OLIVEIRA, Diogo Alexandre | 05 | Naval do Funchal | 1:03.18 | 440 | 29.28 | 33.90 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | |
| 4. | VOLOZHENIN, Alexandre | 05 | Naval do Funchal | 1:12.15 | 295 | 33.03 | 39.12 |
| 5. | ALVES, Afonso Pires | 05 | Salesianos do Funchal | 1:13.71 | 277 | 33.66 | 40.05 |

Juvenil A - 16 anos

| | | | | | | | |
|----|---|----|-----------------------|----------------|-----|-------|-------|
| 1. | BARRY, Rafael Francisco | 04 | Naval do Funchal | 1:03.14 | 441 | 29.12 | 34.02 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | |
| 2. | RODRIGUES, Rodrigo Reis | 04 | Deportivo Sao Roque | 1:06.43 | 379 | 31.79 | 34.64 |
| 3. | MACHADO, Tiago Magalhaes | 04 | Desportivo Nacional | 1:10.98 | 310 | 30.55 | 40.43 |
| 4. | SILVA, Eduardo Rodrigues | 04 | Salesianos do Funchal | 1:11.14 | 308 | 32.43 | 38.71 |
| 5. | FERNANDEZ, Joao Guilherme | 04 | Salesianos do Funchal | 1:19.08 | 224 | 36.61 | 42.47 |

Juniores - 17, 18 anos

| | | | | | | | |
|----|---------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | GRACA, Fernando Guerreiro | 02 | Naval do Funchal | 59.76 | 520 | 28.39 | 31.37 |
| 2. | MATOS, Rodrigo Vieira | 03 | Naval do Funchal | 1:01.62 | 475 | 28.97 | 32.65 |
| 3. | FREITAS, Joao Tomas | 02 | Salesianos do Funchal | 1:03.97 | 424 | 29.40 | 34.57 |
| 4. | DEUS, Andre Portugal | 02 | Naval do Funchal | 1:04.52 | 413 | 30.38 | 34.14 |
| 5. | BAPTISTA, Tiago Ornelas | 03 | Naval do Funchal | 1:05.02 | 404 | 30.58 | 34.44 |
| 6. | OLIVEIRA, Pedro Freitas | 02 | Naval do Funchal | 1:05.85 | 389 | 30.93 | 34.92 |
| 7. | MELIM, Bruno Pontes | 03 | Salesianos do Funchal | 1:07.12 | 367 | 31.08 | 36.04 |
| 8. | ABREU, Nuno Afonso | 03 | Naval do Funchal | 1:10.85 | 312 | 32.24 | 38.61 |

Prova 38, Masc., 100m Mariposa

Seniores - 19 e mais velhos

| | | | | | | | |
|----|----------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | FERREIRA, Miguel Goncalves | 93 | Desportivo Nacional | 58.13 | 565 | 26.84 | 31.29 |
| 2. | FERRO, Henrique Martins | 01 | Naval do Funchal | 1:01.18 | 485 | 28.63 | 32.55 |
| 3. | CASTRO, Joao Cruz | 00 | Deportivo Sao Roque | 1:03.73 | 429 | 29.07 | 34.66 |
| 4. | VIEIRA, Duarte Nuno | 95 | Salesianos do Funchal | 1:09.13 | 336 | 32.37 | 36.76 |

Prova 39

Femin., 50m Bruços

16 anos e mais velhos

24/11/2019 - 9:45

Resultados

| | | | | | |
|---------------------------|-------|------------------------|------|---------|------------|
| Recorde Regional Absoluto | 33.10 | QUINTAL, Fabiana Maria | CDN | Guarda | 12/12/2010 |
| Recorde Regional Sen | 33.10 | QUINTAL, Fabiana Maria | CDN | Guarda | 12/12/2010 |
| Recorde Regional Jun17 | 34.07 | ABREU, Laura Catarina | CDWT | Funchal | 11/12/2016 |
| Recorde Regional Jun16 | 33.71 | ABREU, Laura Catarina | CDN | Porto | 13/12/2015 |

TAC Regional Jun16: 51.45; Jun17: 51.27; Sen18: 50.23; 19 +: 50.06 / TAC Nacionais Jun16: 36.45; Jun17: 36.27; Sen18: 35.23; 19 +: 35.06

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts |
|-------|-----|-------------|-----|
|-------|-----|-------------|-----|

Juniores - 16, 17 anos

| | | | | | |
|----|------------------------------------|----|-----------------------|--------------|-----|
| 1. | FERNANDES, Ana Catarina | 03 | Naval do Funchal | 35.87 | 504 |
| | <i>Minimos Campeonato Nacional</i> | | | | |
| 2. | OLIVEIRA, Sara Fernandes | 04 | Salesianos do Funchal | 39.93 | 365 |
| 3. | GOUVEIA, Susana Isabel | 04 | Salesianos do Funchal | 41.69 | 321 |
| 4. | OLIVEIRA, Beatriz Camacho | 03 | Naval do Funchal | 42.13 | 311 |
| 5. | ALVES, Carolina Alexandra | 04 | Naval do Funchal | 46.02 | 239 |
| 6. | BLANDY, Mischa Blue | 04 | Salesianos do Funchal | 53.34 | 153 |
| | <i>FTL - Falta de Tempo Limite</i> | | | | |

Seniores - 18 e mais velhos

| | | | | | |
|----|--------------------------|----|---------------------|--------------|-----|
| 1. | NOBREGA, Valeria Cardoso | 02 | Desportivo Nacional | 50.17 | 184 |
|----|--------------------------|----|---------------------|--------------|-----|

Prova 40

Masc., 50m Bruços

17 anos e mais velhos

24/11/2019 - 9:47

Resultados

| | | | | | |
|---------------------------|-------|-------------------------|------|---------|------------|
| Recorde Regional Absoluto | 28.85 | MARQUES, Miguel Freitas | CEOL | Funchal | 26/03/2018 |
| Recorde Regional Sen | 28.85 | MARQUES, Miguel Freitas | CEOL | Funchal | 26/03/2018 |
| Recorde Regional Jun18 | 29.26 | FIGUEIRA, Andre Temtem | CNF | Funchal | 12/07/2009 |
| Recorde Regional Jun17 | 31.06 | SILVA, Tomas Antonio | CNF | Funchal | 10/06/2018 |

TAC Regional Jun17: 46.38; Jun18: 46.22; Sen19: 45.37; 20 +: 45.22 / TAC Nacionais Jun17: 31.38; Jun18: 31.22; Sen19: 30.37; 20 +: 30.22

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts |
|-------|-----|-------------|-----|
|-------|-----|-------------|-----|

Juniores - 17, 18 anos

| | | | | | |
|-----|---|----|---------------------|--------------|-----|
| 1. | PAULOS, Francisco Silva | 02 | Naval do Funchal | 32.31 | 477 |
| 2. | CASTRO, Martim Pereira | 02 | Escola O Liceu | 32.71 | 459 |
| 3. | MATOS, Rodrigo Vieira | 03 | Naval do Funchal | 33.26 | 437 |
| 4. | FARIA, Joao Pedro | 03 | Naval do Funchal | 37.44 | 306 |
| DSQ | LUIS, Francisco Sousa | 03 | Desportivo Nacional | | |
| | <i>722 - Tocou com uma mão na parede na viragem aos 25 m - SW 7.6</i> | | | | |
| DSQ | AGUIAR, Pedro Ferreira | 03 | Naval do Funchal | | |
| | <i>730 - Vários movimentos verticais de pernas após viragem aos 25 m - SW 7.1</i> | | | | |

Prova 40, Masc., 50m Bru os

Seniores - 19 e mais velhos

| | | | | |
|-------------------------|----|---------------------|--------------|-----|
| 1. CAMARA, Joao Vieira | 97 | Escola O Liceu | 31.07 | 536 |
| 2. SILVA, Luis Pedro | 98 | Desportivo Nacional | 31.10 | 535 |
| 3. SANTOS, Diego Felipe | 87 | Desportivo Nacional | 31.12 | 534 |

Prova 41

Femin., 200m Costas

Absoluto

24/11/2019 - 9:50

Resultados

| | | | | | |
|---------------------------|---------|---------------------------|-----|---------|------------|
| Recorde Regional Absoluto | 2:21.09 | QUINTAL, Fabiana Maria | CDN | Silves | 22/12/2007 |
| Recorde Regional Sen | 2:21.09 | QUINTAL, Fabiana Maria | CDN | Silves | 22/12/2007 |
| Recorde Regional Jun17 | 2:23.46 | QUINTAL, Fabiana Maria | CDN | Funchal | 03/02/2001 |
| Recorde Regional Jun16 | 2:25.65 | QUINTAL, Fabiana Maria | CDN | Funchal | 19/07/2000 |
| Recorde Regional Juv A | 2:24.92 | ROSA, Beatriz Jong | CDN | Funchal | 10/07/2015 |
| Recorde Regional Juv B | 2:27.90 | NUNES, Joannette Vilarejo | CNF | Funchal | 07/07/1994 |
| Recorde Regional Inf A | 2:33.29 | COSTA, Maria Jardim | CDN | Funchal | 08/06/2019 |
| Recorde Regional Inf B | 2:40.09 | REIS, Constantina Isabel | CDN | Funchal | 12/07/1996 |

TAC Regional Inf B: 3:50.16; Inf A: 3:41.55; Juv B: 3:34.23; Juv A: 3:32.42; Jun16: 3:28.04; Jun17: 3:27.30; Sen18: 3:25.06;
19+: 3:24.33 / TAC Nacionais Inf B: 2:50.16; Inf A: 2:41.55; Juv B: 2:34.23; Juv A: 2:32.42; Jun16: 2:28.04; Jun17: 2:27.30;
Sen18: 2:25.06; 19+: 2:24.33 / TAC Zonais Inf B: 3:00.00; Inf A: 2:50.00; Juv B: 2:43.15; Juv A: 2:38.58

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|-----------------------------|---|----|---------------------|----------------|-----|-------|-------|-------|-------|
| Infantil B - 12 anos | | | | | | | | | |
| 1. | ANDRADE, Matilde Sousa | 08 | Naval do Funchal | 2:59.62 | 292 | 42.20 | 45.55 | 46.92 | 44.95 |
| | <i>Minimos Campeonato Zonal - Ponte de S r</i> | | | | | | | | |
| 2. | BAPTISTA, Ines Sande | 08 | Desportivo Nacional | 2:59.78 | 291 | 42.72 | 46.30 | 46.59 | 44.17 |
| | <i>Minimos Campeonato Zonal - Ponte de S r</i> | | | | | | | | |
| 3. | SILVA, Carolina Pestana | 08 | Naval do Funchal | 3:01.54 | 283 | 42.50 | 46.36 | 48.18 | 44.50 |
| 4. | ALVES, Juliana Rodrigues | 08 | Desportivo Nacional | 3:04.63 | 269 | 44.85 | 47.89 | 47.47 | 44.42 |
| 5. | PEREIRA, Julia Freitas | 08 | Naval do Funchal | 3:06.36 | 261 | 44.65 | 46.93 | 48.33 | 46.45 |
| 6. | PEREIRA, Maria Clara | 08 | Desportivo Nacional | 3:27.82 | 188 | 48.61 | 54.02 | 53.57 | 51.62 |
| DSQ | PEREIRA, Sofia Jardim | 08 | Desportivo Nacional | | | | | | |
| | <i>403 - Falsa partida - SW 4.4</i> | | | | | | | | |
| DSQ | SOARES, Leonor Silva | 08 | Desportivo Nacional | | | | | | |
| | <i>613 - Efectuou deslizamento ap s conclus o da bra ada na viragem aos 25 m - SW 6.4</i> | | | | | | | | |

Infantil A - 13 anos

| | | | | | | | | | |
|----|--|-----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | RODRIGUES, Laura Sofia | 07 | Salesianos do Funchal | 2:45.74 | 372 | 40.26 | 42.99 | 42.62 | 39.87 |
| | <i>Minimos Campeonato Zonal - Ponte de S r</i> | | | | | | | | |
| 2. | GONCALVES, Valentina J | 07 | Desportivo Nacional | 2:48.48 | 354 | 39.35 | 42.51 | 43.89 | 42.73 |
| | <i>Minimos Campeonato Zonal - Ponte de S r</i> | | | | | | | | |
| 3. | NETO, Leonor Rodrigues | 07 | Naval do Funchal | 2:50.49 | 342 | 41.28 | 43.55 | 43.35 | 42.31 |
| 4. | TEMTEM, Sara Maria | 07 | Desportivo Nacional | 3:03.01 | 276 | 43.55 | 46.30 | 47.86 | 45.30 |
| 5. | RODRIGUES, Beatriz Men | 07s | Naval do Funchal | 3:20.32 | 210 | 46.27 | 51.14 | 53.11 | 49.80 |

Juvenil B - 14 anos

| | | | | | | | | | |
|----|--|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | COSTA, Maria Jardim | 06 | Desportivo Nacional | 2:32.63 | 476 | 35.27 | 38.99 | 39.27 | 39.10 |
| | <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 2. | DIAS, Julia Alves | 06 | Desportivo Nacional | 2:34.84 | 456 | 36.03 | 39.14 | 40.19 | 39.48 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 3. | DEUS, Ines Portugal | 06 | Naval do Funchal | 2:36.82 | 439 | 36.99 | 39.77 | 40.17 | 39.89 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |
| 4. | FREITAS, Margarida Ram | 06 | Desportivo Nacional | 2:40.74 | 408 | 37.82 | 40.29 | 41.66 | 40.97 |
| | <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | |

Prova 41, Femin., 200m Costas, Juvenil B - 14 anos

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|-------|--------------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 5. | SEQUEIRA, Beatriz Mene s | 06 | Naval do Funchal | 2:44.46 | 381 | 38.12 | 41.99 | 43.10 | 41.25 |
| 6. | SILVA, Silvana Suamade | 06 | Deportivo Sao Roque | 2:45.39 | 374 | 38.93 | 41.89 | 42.90 | 41.67 |
| 7. | JARDIM, Lara Filipa | 06 | Naval do Funchal | 2:45.42 | 374 | 39.11 | 42.10 | 42.53 | 41.68 |
| 8. | CANADA, Maria Elvira | 06 | Desportivo Nacional | 2:45.59 | 373 | 39.75 | 43.02 | 42.87 | 39.95 |
| 9. | SOUSA, Maria Beatriz | 06 | Naval do Funchal | 2:53.39 | 325 | 40.44 | 44.07 | 46.07 | 42.81 |
| 10. | PEREIRA, Joana Marques | 06 | Desportivo Nacional | 2:55.44 | 313 | 41.51 | 46.11 | 45.50 | 42.32 |
| 11. | SOUSA, Ivana Valentina | 06 | Desportivo Nacional | 2:56.68 | 307 | 42.29 | 44.72 | 46.28 | 43.39 |
| 12. | ABREU, Ana Rodrigues | 06 | Naval do Funchal | 2:57.95 | 300 | 42.46 | 45.35 | 45.73 | 44.41 |

Juvenil A - 15 anos

| | | | | | | | | | |
|----|-----------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | JARDIM, Teresa Vieira | 05 | Naval do Funchal | 2:46.90 | 364 | 37.11 | 42.33 | 44.54 | 42.92 |
| 2. | LUIS, Mariana Capelo | 05 | Salesianos do Funchal | 2:55.58 | 313 | 41.68 | 44.19 | 45.09 | 44.62 |
| 3. | ABREU, Maria Eduarda | 05 | Desportivo Nacional | 3:00.16 | 289 | 41.90 | 45.69 | 46.59 | 45.98 |
| 4. | CARDOSO, Isabel Maria | 05 | Sport Maritimo | 3:13.02 | 235 | 47.98 | 49.73 | 49.00 | 46.31 |

Juniores - 16, 17 anos

| | | | | | | | | | |
|------------------------------------|-------------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | FERREIRA, Maria Leonor | 04 | Desportivo Nacional | 2:25.66 | 548 | 33.58 | 36.18 | 37.97 | 37.93 |
| <i>Minimos Campeonato Nacional</i> | | | | | | | | | |
| 2. | SOUSA, Joana Francisca | 04 | Deportivo Sao Roque | 2:32.18 | 480 | 35.77 | 38.36 | 39.31 | 38.74 |
| 3. | GONCALVES, M. | 04 | Naval do Funchal | 2:35.29 | 452 | 36.24 | 39.06 | 40.42 | 39.57 |
| 4. | CAMACHO, Laura Fernan s | 04 | Naval do Funchal | 2:38.96 | 421 | 38.32 | 40.39 | 40.48 | 39.77 |
| 5. | PEREIRA, Luisa Tovela | 03 | Desportivo Nacional | 2:56.90 | 306 | 42.03 | 45.32 | 45.72 | 43.83 |

Seniores - 18 e mais velhos

| | | | | | | | | | |
|----|----------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | LUIS, Jessica Santos | 00 | Deportivo Sao Roque | 2:44.67 | 379 | 36.97 | 41.84 | 43.65 | 42.21 |
|----|----------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|

Prova 42

Masc., 200m Costas

Absoluto

24/11/2019 - 10:10

Resultados

| | | | | | |
|---------------------------|---------|------------------------|-----|-----------------------|------------|
| Recorde Regional Absoluto | 2:02.37 | MELIM, Oscar Ramos | CDN | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Sen | 2:02.37 | MELIM, Oscar Ramos | CDN | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Jun18 | 2:06.22 | MELIM, Oscar Ramos | CDN | Funchal | 10/07/2004 |
| Recorde Regional Jun17 | 2:08.60 | GOMES, Henrique Santos | CNF | Funchal | 28/07/2017 |
| Recorde Regional Juv A | 2:06.54 | FERNANDES, Rui Afonso | CDN | Tomar | 15/12/2018 |
| Recorde Regional Juv B | 2:08.37 | FERNANDES, Rui Afonso | CDN | Funchal | 01/08/2018 |
| Recorde Regional Inf A | 2:17.56 | FREITAS, Tomas Miguel | CDN | Funchal | 25/06/2004 |
| Recorde Regional Inf B | 2:23.91 | FREITAS, Tomas Miguel | CDN | Funchal | 28/06/2003 |

TAC Regional Inf B: 3:39.57; Inf A: 3:29.16; Juv B: 3:21.26; Juv A: 3:17.66; Jun17: 3:12.67; Jun18: 3:12.01; Sen19: 3:08.98; 20+: 3:08.34 / TAC Nacionais Inf B: 2:39.57; Inf A: 2:29.16; Juv B: 2:21.26; Juv A: 2:17.66; Jun17: 2:12.67; Jun18: 2:12.01; Sen19: 2:08.98; 20+: 2:08.34 / TAC Zonais Inf B: 2:45.00; Inf A: 2:36.00; Juv B: 2:27.99; Juv A: 2:25.28

Pontos: FINA 2019

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|------------------------------------|-------------------------|----|---------------------|----------------|-----|-------|---------|---------|-------|
| Infantil B - 13 anos | | | | | | | | | |
| 1. | NEVES, Tiago Brazao | 07 | Naval do Funchal | 2:48.06 | 248 | 40.89 | 42.77 | 43.03 | 41.37 |
| 2. | ARAUJO, Joao Caldeira | 07 | Naval do Funchal | 2:49.99 | 239 | 40.53 | 44.40 | 43.34 | 41.72 |
| 3. | SOUSA, Simao Henrique | 07 | Desportivo Nacional | 3:01.18 | 198 | 42.10 | 46.78 | 47.56 | 44.74 |
| 4. | COSTA, Guilherme Corte | 07 | Desportivo Nacional | 3:06.68 | 181 | 42.94 | 47.66 | 48.47 | 47.61 |
| 5. | SMIRNOV, Dmytro | 07 | Deportivo Sao Roque | 3:13.93 | 161 | 46.64 | 50.06 | 51.05 | 46.18 |
| 6. | NUNES, Henrique Dias | 07 | Desportivo Nacional | 3:21.81 | 143 | 47.70 | 52.85 | 51.81 | 49.45 |
| 7. | GOUVEIA, Martim Jose | 07 | Deportivo Sao Roque | 3:27.00 | 132 | 50.45 | 55.17 | 53.63 | 47.75 |
| 8. | VIEIRA, Luis Henrique | 07 | Desportivo Nacional | 3:27.71 | 131 | 49.29 | 53.86 | 54.10 | 50.46 |
| 9. | MARTINS, Tomas Rodrigoc | 07 | Desportivo Nacional | 4:03.40 | 81 | 58.71 | 1:02.91 | 1:02.25 | 59.53 |
| <i>FTL - Falta de Tempo Limite</i> | | | | | | | | | |

Prova 42, Masc., 200m Costas

Infantil A - 14 anos

| | | | | | | | | | |
|----|-----------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | MACHADO, B. | 06 | Desportivo Nacional | 2:38.40 | 296 | 36.59 | 39.90 | 41.72 | 40.19 |
| 2. | ABREU, Joao Francisco | 06 | Naval do Funchal | 2:40.39 | 285 | 37.47 | 41.30 | 41.45 | 40.17 |
| 3. | ALVES, Pedro Miguel | 06 | Desportivo Nacional | 2:40.71 | 283 | 37.76 | 41.27 | 41.88 | 39.80 |
| 4. | FERRAZ, Luis Afonso | 06 | Naval do Funchal | 2:44.80 | 263 | 39.84 | 42.27 | 42.25 | 40.44 |
| 5. | GARANITO, Simao Silva | 06 | Naval do Funchal | 2:56.86 | 213 | 41.85 | 45.49 | 45.21 | 44.31 |
| 6. | NACHYCHKO, Maximo | 06 | Naval do Funchal | 3:09.45 | 173 | 44.04 | 49.23 | 51.08 | 45.10 |
| 7. | STEFLEA, Andre Sergio | 06 | Deportivo Sao Roque | 3:17.52 | 152 | 47.07 | 50.57 | 53.35 | 46.53 |

Juvenil B - 15 anos

| | | | | | | | | | |
|--|------------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. | LEITAO, Andre Freitas | 05 | Naval do Funchal | 2:19.60 | 433 | 32.49 | 35.57 | 36.47 | 35.07 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 2. | DIAS, Andre Vicente | 05 | Desportivo Nacional | 2:20.87 | 421 | 33.32 | 35.41 | 36.06 | 36.08 |
| <i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 3. | GOUVEIA, Luis Galvao | 05 | Desportivo Nacional | 2:22.11 | 410 | 32.41 | 36.50 | 37.65 | 35.55 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 4. | SOUSA, Lourenco Quinta | 05 | Naval do Funchal | 2:38.55 | 295 | 37.01 | 40.65 | 40.95 | 39.94 |
| 5. | BOULHOSA, Rodrigo Abre | 05 | Naval do Funchal | 2:45.09 | 261 | 38.40 | 42.21 | 43.50 | 40.98 |

Juvenil A - 16 anos

| | | | | | | | | | |
|---|-----------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | RODRIGUES, Rodrigo Re | 04 | Deportivo Sao Roque | 2:22.89 | 403 | 33.95 | 36.34 | 36.80 | 35.80 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 2. | PEREIRA, Jordao Abreu | 04 | Salesianos do Funchal | 2:24.25 | 392 | 34.47 | 37.30 | 37.05 | 35.43 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | | | | | | |
| 3. | NUNES, Afonso Miguel | 04 | Salesianos do Funchal | 2:27.50 | 367 | 34.87 | 37.99 | 38.36 | 36.28 |
| 4. | LEAL, Diogo Silva | 04 | Salesianos do Funchal | 2:29.96 | 349 | 34.61 | 37.94 | 39.13 | 38.28 |
| 5. | AGUILAR, Luis Santos | 04 | Desportivo Nacional | 2:35.40 | 314 | 34.82 | 39.67 | 41.08 | 39.83 |

Juniores - 17, 18 anos

| | | | | | | | | | |
|------------------------------------|-----------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | FERNANDES, Rui Afonso | 03 | Desportivo Nacional | 2:10.22 | 533 | 30.06 | 32.98 | 33.72 | 33.46 |
| <i>Minimos Campeonato Nacional</i> | | | | | | | | | |
| 2. | SILVA, Joao Jesus | 02 | Salesianos do Funchal | 2:12.63 | 505 | 30.22 | 33.43 | 34.71 | 34.27 |
| 3. | GOMES, Goncalo Camara | 03 | Naval do Funchal | 2:16.62 | 462 | 31.35 | 34.28 | 35.73 | 35.26 |
| 4. | NASCIMENTO, Diogo And | 02 | Naval do Funchal | 2:25.19 | 385 | 32.99 | 36.31 | 37.77 | 38.12 |
| 5. | VIEIRA, Emanuel Eloi | 03 | Deportivo Sao Roque | 2:41.99 | 277 | 37.51 | 40.77 | 42.36 | 41.35 |

Seniores - 19 e mais velhos

| | | | | | | | | | |
|----|-----------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | NUNES, Goncalo Almada | 01 | Salesianos do Funchal | 2:46.32 | 256 | 37.95 | 42.42 | 43.27 | 42.68 |
|----|-----------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|

Prova 43 Femin., 1500m Livres 16 anos e mais velhos
24/11/2019 - 10:29 Resultados

| | | | | | |
|---------------------------|----------|------------------------|-----|---------|------------|
| Recorde Regional Absoluto | 17:37.10 | ANDRADE, Rubina Amaro | CDN | Funchal | 22/07/1995 |
| Recorde Regional Sen | 17:55.74 | ANDRADE, Rubina Amaro | CDN | Funchal | 13/06/1997 |
| Recorde Regional Jun17 | 18:32.01 | HENRIQUES, Luisa Costa | CNF | Funchal | 29/05/2010 |
| Recorde Regional Jun16 | 17:37.10 | ANDRADE, Rubina Amaro | CDN | Funchal | 22/07/1995 |

TAC Regional Jun16: 21:07.39; Jun17: 21:01.98; Sen18: 20:36.53; 19 +: 20:31.28 / TAC Nacionais Jun16: 18:07.39; Jun17: 18:01.98; Sen18: 17:36.53; 19 +: 17:31.28

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts |
|-------|-----|-------------|-----|
|-------|-----|-------------|-----|

Juniores - 16, 17 anos

| | | | | |
|---------------------------|------------------------|-------------------------|-------------------------|-----|
| 1. RAMOS, Barbara Emerick | 04 | Salesianos do Funchal | 19:52.72 | 458 |
| 100m: 1:14.02 1:14.02 | 500m: 6:32.91 1:20.59 | 900m: 11:54.82 1:20.49 | 1300m: 17:16.04 1:19.73 | |
| 200m: 2:33.04 1:19.02 | 600m: 7:53.13 1:20.22 | 1000m: 13:15.63 1:20.81 | 1400m: 18:36.06 1:20.02 | |
| 300m: 3:52.39 1:19.35 | 700m: 9:13.65 1:20.52 | 1100m: 14:35.93 1:20.30 | 1500m: 19:52.72 1:16.66 | |
| 400m: 5:12.32 1:19.93 | 800m: 10:34.33 1:20.68 | 1200m: 15:56.31 1:20.38 | | |

Prova 44 Masc., 800m Livres 17 anos e mais velhos
24/11/2019 - 10:51 Resultados

| | | | | | |
|---------------------------|---------|-------------------------|-----|---------|------------|
| Recorde Regional Absoluto | 7:59.51 | FRANCO, Paulo Fragueiro | CDN | Leiria | 06/12/2009 |
| Recorde Regional Sen | 7:59.51 | FRANCO, Paulo Fragueiro | CDN | Leiria | 06/12/2009 |
| Recorde Regional Jun18 | 8:16.27 | GOUVEIA, Pedro Galvao | CDN | Funchal | 09/12/2016 |
| Recorde Regional Jun17 | 8:26.03 | GOUVEIA, Pedro Galvao | CDN | Funchal | 05/03/2016 |

TAC Regional Jun17: 10:28.76; Jun18: 10:26.23; Sen19: 10:17.69; 20 +: 10:15.21 / TAC Nacionais Jun17: 8:28.76; Jun18: 8:26.23; Sen19: 8:17.69; 20 +: 8:15.21

Pontos: FINA 2019

| Lugar | Ano | Tempo final | Pts |
|-------|-----|-------------|-----|
|-------|-----|-------------|-----|

Juniores - 17, 18 anos

| | | | | |
|---------------------------|-----------------------|-----------------------|-----------------------|-----|
| 1. CASTRO, Martim Pereira | 02 | Escola O Liceu | 9:17.20 | 503 |
| 100m: 1:04.97 1:04.97 | 300m: 3:26.16 1:10.88 | 500m: 5:47.35 1:10.73 | 700m: 8:09.65 1:11.12 | |
| 200m: 2:15.28 1:10.31 | 400m: 4:36.62 1:10.46 | 600m: 6:58.53 1:11.18 | 800m: 9:17.20 1:07.55 | |
| 2. LOPES, Pedro Henrique | 03 | Desportivo Sao Roque | 9:24.64 | 484 |
| 100m: 1:04.48 1:04.48 | 300m: 3:25.29 1:10.96 | 500m: 5:47.25 1:10.97 | 700m: 8:13.80 1:13.94 | |
| 200m: 2:14.33 1:09.85 | 400m: 4:36.28 1:10.99 | 600m: 6:59.86 1:12.61 | 800m: 9:24.64 1:10.84 | |

Prova 45 Femin., 4 x 100m Livres Absoluto
24/11/2019 - 11:06 Resultados

| | | | | | |
|---------------------------|---------|---------------------------|-----|-----------------------|------------|
| Recorde Regional Absoluto | 4:03.77 | Clube Naval do Funchal | CNF | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Sen | 4:06.46 | Clube Naval do Funchal | CNF | Porto | 04/12/2010 |
| Recorde Regional Jun | 4:10.74 | Clube Desportivo Nacional | CDN | Funchal | 27/07/2016 |
| Recorde Regional Juv A | 4:11.49 | Clube Desportivo Nacional | CDN | Leiria | 14/12/2014 |
| Recorde Regional Juv B | 4:12.63 | Clube Desportivo Nacional | CDN | Tomar | 15/12/2013 |
| Recorde Regional Inf A | 4:14.93 | Clube Desportivo Nacional | CDN | Funchal | 25/07/2013 |
| Recorde Regional Inf B | 4:41.49 | Clube Naval do Funchal | CNF | Funchal | 10/07/2015 |

TAC Nacionais Estafetas Juv: 4:16.14; Jun: 4:08.82; Sen: 4:03.94

Pontos: FINA 2019

| Lugar | Tempo final | Pts |
|-------|-------------|-----|
|-------|-------------|-----|

Infantil B - 12 anos

| | | | |
|--|--|----------------|-----|
| 1. Desportivo Nacional 3 | Desportivo Nacional | 5:44.63 | 215 |
| ALVES, Juliana Rodrigues +0,79 37.71 1:18.15 | SOARES, Leonor Silva +0,49 43.36 1:30.78 | | |
| BAPTISTA, Ines Sande +0,43 38.70 1:20.92 | PEREIRA, Sofia Jardim 43.66 1:34.78 | | |

DSQ Naval do Funchal 8 Naval do Funchal

111 - Rendição antecipada do(a) 4 nadador(a) - SW 10.11

| | |
|---|------------------------------|
| SILVA, Carolina Pestana +0,64 37.46 1:21.31 | PEREIRA, Julia Freitas +0,64 |
|---|------------------------------|

Prova 45, Femin., 4 x 100m Livres, Infantil B - 12 anos

| Lugar | | | | | Tempo final | Pts |
|-------|----------------------------|-------|--|------------------------|-------------|-----|
| | QUINTAL, Madalena Saldanha | +0,78 | | ANDRADE, Matilde Sousa | -0,05 | |

Infantil A - 13 anos

| | | | | | | | |
|----|---------------------------|-------|-------|---------------------|---------------------------|----------------|-------|
| 1. | Desportivo Nacional 6 | | | Desportivo Nacional | | 4:59.02 | 329 |
| | MATEUS, Clarisse Vieira | +0,69 | 36.37 | 1:15.34 | GONCALVES, Valentina Jose | +0,46 | 35.05 |
| | CAMARA, Ines Cruz | +0,55 | 32.62 | 1:10.03 | TEMTEM, Sara Maria | +0,50 | 38.97 |
| 2. | Naval do Funchal 7 | | | Naval do Funchal | | 5:08.57 | 299 |
| | FIGUEIRA, Madalena Leonor | +0,75 | 35.01 | 1:13.26 | FREITAS, Maria Raquel | +0,63 | 37.22 |
| | RODRIGUES, Beatriz Mendes | +0,50 | 38.96 | 1:23.11 | NETO, Leonor Rodrigues | +0,24 | 33.05 |

Juvenil B - 14 anos

| | | | | | | | |
|----|----------------------------|-------|-------|------------------|---------------------------|----------------|-------|
| 1. | Naval do Funchal 26 | | | Naval do Funchal | | 4:34.48 | 426 |
| | FREITAS, Beatriz Rodrigues | +0,51 | 33.40 | 1:09.06 | SEQUEIRA, Beatriz Meneses | +0,41 | 32.59 |
| | FERRO, Maria Leonor | +0,40 | 33.19 | 1:09.91 | DEUS, Ines Portugal | +0,12 | 31.78 |

Juvenil A - 15 anos

| | | | | | | | |
|-----|---|--|--|---------------------|--|--|--|
| DSQ | Desportivo Nacional 35 | | | Desportivo Nacional | | | |
| | <i>403 - Falsa partida - SW 4.4</i> | | | | | | |
| | SILVA, Maria Fabiana, ANDRADE, Maria Beatriz, DINIS, Maria Antonia, NOBREGA, Maria Trindade | | | | | | |

Absoluto - 12 e mais velhos

| | | | | | | | |
|----|--------------------------|-------|-------|-----------------------|----------------------------|----------------|-------|
| 1. | Desportivo Nacional 14 | | | Desportivo Nacional | | 4:14.88 | 532 |
| | AGUILAR, Vera Ines | +0,64 | 28.67 | 1:01.13 | COSTA, Maria Jardim | +0,08 | 29.43 |
| | FERREIRA, Maria Leonor | +0,59 | 31.16 | 1:04.48 | ROSA, Beatriz Jong | +0,44 | 30.76 |
| 2. | Naval do Funchal 1 | | | Naval do Funchal | | 4:21.74 | 491 |
| | BOULHOSA, Carolina Abreu | +0,65 | 30.37 | 1:03.54 | CAMACHO, Laura Fernandes | +0,20 | 32.18 |
| | FERNANDES, Ana Catarina | +0,02 | 30.00 | 1:03.73 | GONCALVES, Maria Margarida | +0,18 | 31.19 |
| 3. | Salesianos do Funchal 1 | | | Salesianos do Funchal | | 4:31.91 | 438 |
| | OLIVEIRA, Sara Fernandes | +0,73 | 30.56 | 1:04.42 | GOUVEIA, Susana Isabel | +0,27 | 32.69 |
| | RODRIGUES, Laura Sofia | +0,52 | 33.83 | 1:10.35 | RAMOS, Barbara Emerick | +0,05 | 33.47 |
| 4. | Deportivo Sao Roque 1 | | | Deportivo Sao Roque | | 4:32.34 | 436 |
| | LUIS, Jessica Santos | +0,69 | 31.47 | 1:06.83 | SILVA, Silvana Suamade | +0,41 | 33.59 |
| | SOUSA, Joana Francisca | +0,27 | 31.61 | 1:06.77 | JESUS, Filipa Mafalda | +0,33 | 32.79 |
| 5. | Desportivo Nacional 32 | | | Desportivo Nacional | | 4:45.75 | 377 |
| | DIAS, Julia Alves | +0,79 | 33.01 | 1:08.90 | CANADA, Maria Elvira | +0,34 | 34.96 |
| | FREITAS, Margarida Ramos | +0,28 | 32.47 | 1:08.26 | ABREU, Maria Eduarda | +0,52 | 36.37 |
| 6. | Naval do Funchal 25 | | | Naval do Funchal | | 4:47.58 | 370 |
| | ABREU, Ana Rodrigues | +0,73 | 33.62 | 1:11.13 | SOUSA, Maria Beatriz | +0,03 | 36.42 |
| | JARDIM, Lara Filipa | +0,32 | 32.20 | 1:08.84 | JARDIM, Teresa Vieira | +0,06 | 32.11 |
| 7. | Salesianos do Funchal 2 | | | Salesianos do Funchal | | 5:04.59 | 311 |
| | VICTOR, Joana Isabel | +0,72 | 36.72 | 1:16.50 | BARROS, Ana Carolina | +0,67 | 37.04 |
| | FARIA, Laura Pereira | +0,47 | 35.20 | 1:13.59 | LUIS, Mariana Capelo | +0,55 | 35.90 |
| 8. | Desportivo Nacional 28 | | | Desportivo Nacional | | 6:14.05 | 168 |
| | TEMBE, Ines Afonso | +0,72 | 36.23 | 1:16.79 | ALVES, Margarida Jesus | +0,29 | 46.43 |
| | BAPTISTA, Rita Teixeira | +0,73 | 41.23 | 1:29.36 | PERNETA, Mariana Rodrigues | +0,40 | 52.48 |

Prova 46 Masc., 4 x 100m Livres Absoluto
24/11/2019 - 11:19 Resultados

| | | | | | |
|---------------------------|---------|---------------------------|-----|-----------------------|------------|
| Recorde Regional Absoluto | 3:25.10 | Clube Desportivo Nacional | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Sen | 3:25.10 | Clube Desportivo Nacional | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Jun | 3:34.51 | Clube Naval do Funchal | CNF | Felgueiras | 22/12/2013 |
| Recorde Regional Juv A | 3:34.94 | Clube Naval do Funchal | CNF | Funchal | 11/07/2014 |
| Recorde Regional Juv B | 3:46.97 | Clube Naval do Funchal | CNF | Funchal | 11/07/2009 |
| Recorde Regional Inf A | 3:54.59 | Clube Naval do Funchal | CNF | Funchal | 23/06/2007 |
| Recorde Regional Inf B | 4:12.91 | Clube Naval do Funchal | CNF | Funchal | 14/07/2007 |

TAC Nacionais Estafetas Juv: 3:51.30; Jun: 3:41.67; Sen: 3:34.17

Pontos: FINA 2019

| Lugar | | | | | Tempo final | Pts |
|------------------------------------|----------------------------|-------------|-----------------------|----------------------------|----------------|---------|
| Infantil B - 13 anos | | | | | | |
| 1. | Naval do Funchal 7 | | Naval do Funchal | | 4:55.76 | 237 |
| | NEVES, Tiago Brazao | +0,64 33.61 | 1:09.39 | ARAUJO, Joao Caldeira | +0,50 34.71 | 1:13.52 |
| | PEREIRA, Lucas Santos | +0,56 35.08 | 1:11.50 | CARVALHO, Joaquim Eduardo | +0,54 39.16 | 1:21.35 |
| 2. | Desportivo Nacional 9 | | Desportivo Nacional | | 5:40.69 | 155 |
| | SOUZA, Simao Henrique | +0,88 36.08 | 1:13.59 | BARBOSA, Joao Camacho | +0,49 39.81 | 1:23.92 |
| | COSTA, Guilherme Corte | +0,47 35.72 | 1:15.71 | MARTINS, Tomas Rodrigo | +0,54 51.43 | 1:47.47 |
| Infantil A - 14 anos | | | | | | |
| 1. | Naval do Funchal 16 | | Naval do Funchal | | 4:28.11 | 318 |
| | ABREU, Joao Francisco | +0,62 32.19 | 1:07.41 | PITA, Pedro Miguel | +0,18 30.61 | 1:04.34 |
| | SILVA, Afonso Mar | +0,18 32.61 | 1:08.57 | FERRAZ, Luis Afonso | +0,40 32.90 | 1:07.79 |
| 2. | Naval do Funchal 6 | | Naval do Funchal | | 4:33.89 | 298 |
| | CAIRES, Joao Gomes | +0,60 35.99 | 1:15.42 | GARANITO, Simao Silva | +0,48 31.78 | 1:06.22 |
| | PAULOS, Joao Afonso | +0,31 30.75 | 1:06.13 | SETIM, Joao Oliveira | +0,35 31.64 | 1:06.12 |
| Juvenil B - 15 anos | | | | | | |
| 1. | Naval do Funchal 25 | | Naval do Funchal | | 4:06.25 | 410 |
| | VOLOZHENIN, Alexandre | +0,67 29.74 | 1:00.81 | LEITAO, Andre Freitas | +0,48 29.08 | 1:02.39 |
| | SOUZA, Lourenco Quintas | +0,42 30.57 | 1:04.49 | OLIVEIRA, Diogo Alexandre | +0,39 28.20 | 58.56 |
| Absoluto - 13 e mais velhos | | | | | | |
| 1. | Desportivo Nacional 12 | | Desportivo Nacional | | 3:42.71 | 555 |
| | ALVES, Paulo Rodrigues | +0,72 27.36 | 57.50 | FERREIRA, Miguel Goncalves | +0,17 25.64 | 54.59 |
| | FERNANDES, Rui Afonso | +0,18 26.39 | 55.13 | SANTOS, Diego Felipe | +0,28 25.54 | 55.49 |
| 2. | Naval do Funchal 24 | | Naval do Funchal | | 3:52.74 | 486 |
| | FERNANDES, Martim Pestana | +0,60 28.63 | 59.19 | BARRY, Rafael Francisco | +0,11 27.98 | 59.50 |
| | MATOS, Rodrigo Vieira | +0,54 27.48 | 57.63 | FERNANDES, Diogo Henrique | +0,19 26.41 | 56.42 |
| 3. | Desportivo Sao Roque 2 | | Desportivo Sao Roque | | 3:59.06 | 448 |
| | RODRIGUES, Pedro Reis | +0,76 27.15 | 57.03 | LOPES, Pedro Henrique | +0,43 28.29 | 59.79 |
| | VIEIRA, Emanuel Eloi | +0,48 30.03 | 1:02.48 | RODRIGUES, Rodrigo Reis | +0,15 28.61 | 59.76 |
| 4. | Salesianos do Funchal 1 | | Salesianos do Funchal | | 4:00.04 | 443 |
| | LEAL, Diogo Silva | +0,70 29.92 | 1:02.37 | FREITAS, Joao Tomas | +0,27 28.17 | 1:00.20 |
| | VIEIRA, Duarte Nuno | +0,21 28.93 | 1:01.21 | SILVA, Joao Jesus | +0,30 26.45 | 56.26 |
| 5. | Salesianos do Funchal 2 | | Salesianos do Funchal | | 4:13.56 | 376 |
| | NUNES, Goncalo Almada | +0,68 30.62 | 1:04.14 | NUNES, Afonso Miguel | +0,53 30.44 | 1:03.93 |
| | PEREIRA, Jordao Abreu | +0,36 30.83 | 1:05.13 | MELIM, Bruno Pontes | +0,48 28.81 | 1:00.36 |
| 6. | Salesianos do Funchal 3 | | Salesianos do Funchal | | 4:34.33 | 296 |
| | SILVA, Eduardo Rodrigues | +0,73 32.12 | 1:07.62 | FERNANDEZ, Joao Guilherme | +0,40 32.65 | 1:09.91 |
| | ALVES, Afonso Pires | +0,26 29.88 | 1:03.91 | OLIVEIRA, Afonso Miguel | +0,46 34.32 | 1:12.89 |
| 7. | Desportivo Nacional 24 | | Desportivo Nacional | | 4:37.69 | 286 |
| | AGUILAR, Luis Santos | +0,69 30.50 | 1:05.04 | KOVAL, Igor | +0,69 34.82 | 1:14.77 |
| | URDANETA, Lisandro Alberto | +0,34 32.17 | 1:10.27 | LUIS, Francisco Sousa | +0,14 30.74 | 1:07.61 |

Prova 46, Masc., 4 x 100m Livres, Absoluto - 13 e mais velhos

| Lugar | | | | | Tempo final | Pts |
|-------|--|-------------|---------------------|-------------------------|----------------|---------|
| 8. | Desportivo Nacional 36 | | Desportivo Nacional | | 4:54.50 | 240 |
| | MACHADO, Bernardo Magalhaes | +0,68 32.55 | 1:08.26 | GONCALVES, Martim Luis | +0,43 32.58 | 1:09.75 |
| | ALVES, Pedro Miguel | +0,18 33.20 | 1:09.78 | VIEIRA, Luis Henrique | +0,67 41.63 | 1:26.71 |
| 9. | Desportivo Nacional 18 | | Desportivo Nacional | | 4:58.90 | 229 |
| | MACHADO, Tiago Magalhaes | +0,73 28.93 | 1:00.82 | NUNES, Andre Maltez | +0,70 37.79 | 1:19.99 |
| | MENDES, Juan Diego | 35.76 | 1:14.94 | NUNES, Henrique Dias | +0,65 37.39 | 1:23.15 |
| 10. | Deportivo Sao Roque 1 | | Deportivo Sao Roque | | 5:11.03 | 203 |
| | CASTRO, Joao Cruz | +0,68 27.20 | 57.47 | STEFLEA, Andre Sergio | +0,46 39.99 | 1:25.82 |
| | SMIRNOV, Dmytro | +0,41 36.83 | 1:18.57 | GOUVEIA, Martim Jose | +0,21 41.06 | 1:29.17 |
| DSQ | Naval do Funchal 1 | | Naval do Funchal | | | |
| | <i>111 - Rendição antecipada do(a) 4 nadador(a) - SW 10.11</i> | | | | | |
| | GOMES, Goncalo Camara | +0,61 26.84 | 55.31 | OLIVEIRA, Pedro Freitas | +0,13 | |
| | FERRO, Henrique Martins | 0.00 | | DEUS, Andre Portugal | -0,04 | |