



Prova 1 Femin., 400m Estilos Infantil A, 13 anos (2006)
18/05/2019 - 9:15 Resultados

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Inf A	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011

TAC Nacional : 5:46.71

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. COSTA, Maria Jardim <i>Minimo Campeonato Nacional - Infantis</i>	06 Nacional	5:33.12	469
50m: 33.36 33.36 150m: 1:56.88 43.36 250m: 3:26.58 47.51 350m: 4:55.47 40.19			
100m: 1:13.52 40.16 200m: 2:39.07 42.19 300m: 4:15.28 48.70 400m: 5:33.12 37.65			
2. SILVA, Silvana Suamade <i>Minimo Campeonato Nacional - Infantis</i>	06 Sao Roque	5:40.03	441
50m: 35.34 35.34 150m: 2:00.39 43.95 250m: 3:31.96 48.83 350m: 5:01.37 39.27			
100m: 1:16.44 41.10 200m: 2:43.13 42.74 300m: 4:22.10 50.14 400m: 5:40.03 38.66			
3. SEQUEIRA, Beatriz Meneses <i>Minimo Campeonato Nacional - Infantis</i>	06 Naval do Funchal	5:41.15	437
50m: 37.06 37.06 150m: 2:07.94 44.88 250m: 3:37.35 47.28 350m: 5:03.97 38.84			
100m: 1:23.06 46.00 200m: 2:50.07 42.13 300m: 4:25.13 47.78 400m: 5:41.15 37.18			
4. FERRO, Maria Leonor <i>Minimo Campeonato Nacional - Infantis</i>	06 Naval do Funchal	5:41.33	436
50m: 36.61 36.61 150m: 2:03.92 45.54 250m: 3:37.08 48.80 350m: 5:05.08 39.00			
100m: 1:18.38 41.77 200m: 2:48.28 44.36 300m: 4:26.08 49.00 400m: 5:41.33 36.25			
5. DEUS, Ines Portugal <i>Minimo Campeonato Nacional - Infantis</i>	06 Naval do Funchal	5:45.55	420
50m: 38.48 38.48 150m: 2:07.93 44.13 250m: 3:39.51 48.99 350m: 5:08.01 38.76			
100m: 1:23.80 45.32 200m: 2:50.52 42.59 300m: 4:29.25 49.74 400m: 5:45.55 37.54			
6. FREITAS, Beatriz Rodrigues	06 Naval do Funchal	5:48.76	409
50m: 37.80 37.80 150m: 2:08.29 45.13 250m: 3:42.05 50.27 350m: 5:10.57 38.41			
100m: 1:23.16 45.36 200m: 2:51.78 43.49 300m: 4:32.16 50.11 400m: 5:48.76 38.19			
7. JARDIM, Lara Filipa	06 Naval do Funchal	5:53.31	393
50m: 36.12 36.12 150m: 2:04.09 44.34 250m: 3:40.33 53.95 350m: 5:13.85 40.20			
100m: 1:19.75 43.63 200m: 2:46.38 42.29 300m: 4:33.65 53.32 400m: 5:53.31 39.46			
8. FREITAS, Margarida Ramos	06 Nacional	5:54.26	390
50m: 37.92 37.92 150m: 2:09.85 45.75 250m: 3:44.12 50.05 350m: 5:15.71 39.85			
100m: 1:24.10 46.18 200m: 2:54.07 44.22 300m: 4:35.86 51.74 400m: 5:54.26 38.55			
9. PEREIRA, Joana Marques	06 Nacional	6:00.70	369
50m: 38.48 38.48 150m: 2:13.75 47.24 250m: 3:48.88 48.18 350m: 5:21.80 43.45			
100m: 1:26.51 48.03 200m: 3:00.70 46.95 300m: 4:38.35 49.47 400m: 6:00.70 38.90			
10. ABREU, Ana Rodrigues	06 Naval do Funchal	6:02.38	364
50m: 39.20 39.20 150m: 2:14.80 46.99 250m: 3:50.77 50.37 350m: 5:23.17 40.46			
100m: 1:27.81 48.61 200m: 3:00.40 45.60 300m: 4:42.71 51.94 400m: 6:02.38 39.21			
11. SOUSA, Ivana Valentina	06 Nacional	6:12.22	336
50m: 36.99 36.99 150m: 2:08.57 47.47 250m: 3:50.82 56.04 350m: 5:31.10 43.04			
100m: 1:21.10 44.11 200m: 2:54.78 46.21 300m: 4:48.06 57.24 400m: 6:12.22 41.12			
12. CANADA, Maria Elvira	06 Nacional	6:14.57	330
50m: 39.03 39.03 150m: 2:13.76 47.44 250m: 3:56.24 56.04 350m: 5:34.41 41.16			
100m: 1:26.32 47.29 200m: 3:00.20 46.44 300m: 4:53.25 57.01 400m: 6:14.57 40.16			
13. CARICHAS, Joana Medeiros	06 Salesianos do Funchal	6:22.89	309
50m: 41.60 41.60 150m: 2:21.08 46.91 250m: 4:02.02 54.59 350m: 5:41.90 43.90			
100m: 1:34.17 52.57 200m: 3:07.43 46.35 300m: 4:58.00 55.98 400m: 6:22.89 40.99			
14. FARIA, Laura Pereira	06 Salesianos do Funchal	6:26.90	299
50m: 40.81 40.81 150m: 2:22.29 51.25 250m: 4:06.21 55.10 350m: 5:46.02 45.47			
100m: 1:31.04 50.23 200m: 3:11.11 48.82 300m: 5:00.55 54.34 400m: 6:26.90 40.88			

Prova 1, Femin., 400m Estilos, Infantil A, 13 anos (2006)

Lugar			Ano					Tempo final	Pts
15.	TEMBE, Ines Afonso		06	Nacional				6:57.88	237
	50m:	37.54 37.54	150m:	2:22.42	58.20	250m:	4:19.10 1:01.14	350m:	6:11.27 48.17
	100m:	1:24.22 46.68	200m:	3:17.96	55.54	300m:	5:23.10 1:04.00	400m:	6:57.88 46.61

Prova 2
18/05/2019 - 9:30
Femin., 400m Estilos
Infantil B, 12 anos (2007)
Resultados

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Inf B	5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

TAC Nacional : 6:03.61

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts
1.	CAMARA, Ines Cruz		07	Nacional				5:46.52	417
	<i>Minimo Campeonato Nacional - Infantis</i>								
	50m:	35.64 35.64	150m:	2:04.52	45.46	250m:	3:37.36 47.59	350m:	5:07.52 41.00
	100m:	1:19.06 43.42	200m:	2:49.77	45.25	300m:	4:26.52 49.16	400m:	5:46.52 39.00
2.	RODRIGUES, Laura Sofia		07	Salesianos do Funchal				5:49.31	407
	<i>Minimo Campeonato Nacional - Infantis</i>								
	50m:	40.35 40.35	150m:	2:11.27	45.30	250m:	3:40.79 45.42	350m:	5:09.05 40.88
	100m:	1:25.97 45.62	200m:	2:55.37	44.10	300m:	4:28.17 47.38	400m:	5:49.31 40.26
3.	NETO, Leonor Rodrigues		07	Naval do Funchal				6:01.14	368
	<i>Minimo Campeonato Nacional - Infantis</i>								
	50m:	37.94 37.94	150m:	2:09.62	45.83	250m:	3:47.16 52.16	350m:	5:20.73 41.05
	100m:	1:23.79 45.85	200m:	2:55.00	45.38	300m:	4:39.68 52.52	400m:	6:01.14 40.41
4.	GONCALVES, Valentina Jose		07	Nacional				6:08.47	347
	50m:	39.95 39.95	150m:	2:17.27	48.19	250m:	3:52.36 49.81	350m:	5:27.26 43.80
	100m:	1:29.08 49.13	200m:	3:02.55	45.28	300m:	4:43.46 51.10	400m:	6:08.47 41.21
5.	FRANCA, Ines Matos		07	Salesianos do Funchal				6:15.27	328
	50m:	40.37 40.37	150m:	2:18.53	46.88	250m:	3:57.78 52.47	350m:	5:33.69 43.14
	100m:	1:31.65 51.28	200m:	3:05.31	46.78	300m:	4:50.55 52.77	400m:	6:15.27 41.58
6.	TEMTEM, Sara Maria		07	Nacional				6:18.99	318
	50m:	42.23 42.23	150m:	2:21.16	47.77	250m:	4:02.04 54.16	350m:	5:38.10 42.47
	100m:	1:33.39 51.16	200m:	3:07.88	46.72	300m:	4:55.63 53.59	400m:	6:18.99 40.89
7.	FIGUEIRA, Madalena Leonor		07	Naval do Funchal				6:35.88	279
	50m:	42.72 42.72	150m:	2:30.59	54.37	250m:	4:15.08 53.32	350m:	5:54.80 46.52
	100m:	1:36.22 53.50	200m:	3:21.76	51.17	300m:	5:08.28 53.20	400m:	6:35.88 41.08
8.	MATEUS, Clarisse Vieira		07	Nacional				6:38.69	273
	50m:	44.38 44.38	150m:	2:27.64	50.62	250m:	4:10.49 54.12	350m:	5:52.95 49.00
	100m:	1:37.02 52.64	200m:	3:16.37	48.73	300m:	5:03.95 53.46	400m:	6:38.69 45.74
9.	PERESTRELO, Laura Vasconcelos		07	Salesianos do Funchal				7:36.78	182
	50m:	49.58 49.58	150m:	2:52.27	1:00.07	250m:	4:47.47 1:01.55	350m:	6:46.06 55.73
	100m:	1:52.20 1:02.62	200m:	3:45.92	53.65	300m:	5:50.33 1:02.86	400m:	7:36.78 50.72
10.	GOUVEIA, Ines Mendes		07	Salesianos do Funchal				8:22.27	137
	50m:	1:00.55 1:00.55	150m:	3:09.37	58.11	250m:	5:19.58 1:13.44	350m:	7:30.30 56.34
	100m:	2:11.26 1:10.71	200m:	4:06.14	56.77	300m:	6:33.96 1:14.38	400m:	8:22.27 51.97



Prova 3 Femin., 400m Estilos Absolutos
18/05/2019 - 9:46 Resultados

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Sen	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Jun17	5:20.63	QUINTAL, Fabiana Maria	CDN	Funchal	01/03/2001
Recorde Regional Jun16	5:14.13	FERNANDES, Isabel Catarina	GNF	Funchal	17/06/2006
Recorde Regional Juv A	5:21.90	ANDRADE, Rubina Amaro	CDN	Funchal	08/12/1993
Recorde Regional Juv B	5:19.80	SOUSA, Susana Margarida	CFU	Funchal	27/06/1991

TAC Nacional Juv B: 5:32.00; Juv A: 5:26.20; Jun: 5:19.73; Sen: 5:09.44

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts
Seniores, 18 anos e mais velhas					
1.	TELES, Anabela Corte		01	Individual ANMAD	6:27.62 298
	50m: 43.79	43.79	150m:	250m:	350m:
	100m: 1:36.20	52.41	200m: 3:07.48	300m: 5:10.12	400m: 6:27.62

Prova 4 Masc., 1500m Livres Infantil A, 14 anos (2005)
18/05/2019 - 9:54 Resultados

Recorde Regional Absoluto	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Inf A	16:57.52	ALMEIDA, Carlos Alexandre	CDN	Funchal	13/07/2003

TAC Nacional : 18:12.10

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts
1.	OLIVEIRA, Diogo Alexandre		05	Naval do Funchal	17:44.08 506
	<i>Minimo Campeonato Nacional - Infantis</i>				
	100m: 1:05.09	1:05.09	500m: 5:49.87	1:11.77	900m: 10:38.71
	200m: 2:15.28	1:10.19	600m: 7:01.68	1:11.81	1000m: 11:50.49
	300m: 3:26.50	1:11.22	700m: 8:13.83	1:12.15	1100m: 13:02.78
	400m: 4:38.10	1:11.60	800m: 9:26.15	1:12.32	1200m: 14:13.80
					1:12.56
					1300m: 15:24.98
					1:11.18
					1400m: 16:35.50
					1:10.52
					1500m: 17:44.08
					1:08.58
2.	GOUVEIA, Luis Galvao		05	Nacional	18:08.88 472
	<i>Minimo Campeonato Nacional - Infantis</i>				
	100m: 1:07.63	1:07.63	500m: 6:01.13	1:13.89	900m: 10:54.51
	200m: 2:20.66	1:13.03	600m: 7:14.03	1:12.90	1000m: 12:07.58
	300m: 3:34.00	1:13.34	700m: 8:27.82	1:13.79	1100m: 13:20.70
	400m: 4:47.24	1:13.24	800m: 9:40.76	1:12.94	1200m: 14:34.76
					1:14.06
					1:13.75
					1300m: 15:47.79
					1:13.03
					1400m: 17:01.34
					1:13.55
					1500m: 18:08.88
					1:07.54
3.	DIAS, Andre Vicente		05	Nacional	18:16.80 462
	100m: 1:08.00	1:08.00	500m: 6:01.41	1:13.59	900m: 10:54.85
	200m: 2:20.63	1:12.63	600m: 7:14.77	1:13.36	1000m: 12:08.14
	300m: 3:33.91	1:13.28	700m: 8:28.00	1:13.23	1100m: 13:21.98
	400m: 4:47.82	1:13.91	800m: 9:41.07	1:13.07	1200m: 14:35.64
					1:13.66
					1:13.78
					1300m: 15:50.01
					1:14.37
					1400m: 17:04.44
					1:14.43
					1500m: 18:16.80
					1:12.36
4.	RODRIGUES, Joao Luis		05	Naval do Funchal	18:31.13 444
	100m: 1:08.17	1:08.17	500m: 6:02.92	1:14.49	900m: 11:01.95
	200m: 2:20.70	1:12.53	600m: 7:17.60	1:14.68	1000m: 12:16.62
	300m: 3:34.37	1:13.67	700m: 8:32.52	1:14.92	1100m: 13:31.84
	400m: 4:48.43	1:14.06	800m: 9:47.30	1:14.78	1200m: 14:46.71
					1:14.87
					1:14.65
					1300m: 16:02.48
					1:15.77
					1400m: 17:18.06
					1:15.58
					1500m: 18:31.13
					1:13.07
5.	LEITAO, Andre Freitas		05	Naval do Funchal	18:48.72 424
	100m: 1:10.51	1:10.51	500m: 6:11.70	1:15.61	900m: 11:16.50
	200m: 2:24.95	1:14.44	600m: 7:27.86	1:16.16	1000m: 12:33.05
	300m: 3:40.31	1:15.36	700m: 8:44.27	1:16.41	1100m: 13:47.61
	400m: 4:56.09	1:15.78	800m: 10:00.35	1:16.08	1200m: 15:04.49
					1:16.88
					1:16.15
					1300m: 16:20.88
					1:16.39
					1400m: 17:35.50
					1:14.62
					1500m: 18:48.72
					1:13.22
6.	VOLOZHENIN, Alexandre		05	Naval do Funchal	20:42.42 318
	100m: 1:14.65	1:14.65	500m: 6:43.28	1:23.06	900m: 12:21.54
	200m: 2:35.49	1:20.84	600m: 8:06.90	1:23.62	1000m: 13:46.64
	300m: 3:57.97	1:22.48	700m: 9:32.02	1:25.12	1100m: 15:12.18
	400m: 5:20.22	1:22.25	800m: 10:56.54	1:24.52	1200m: 16:36.83
					1:24.65
					1:25.00
					1300m: 18:00.30
					1:23.47
					1400m: 19:23.76
					1:23.46
					1500m: 20:42.42
					1:18.66

Prova 4, Masc., 1500m Livres, Infantil A, 14 anos (2005)

Lugar			Ano					Tempo final	Pts
7.	ALVES, Tiago Pires		05	Salesianos do Funchal				20:42.91	317
	100m:	1:17.26 1:17.26	500m:	6:51.90 1:24.85	900m:	12:29.53 1:24.11	1300m:	18:04.77 1:22.52	
	200m:	2:39.13 1:21.87	600m:	8:16.38 1:24.48	1000m:	13:53.87 1:24.34	1400m:	19:26.25 1:21.48	
	300m:	4:02.77 1:23.64	700m:	9:41.11 1:24.73	1100m:	15:17.99 1:24.12	1500m:	20:42.91 1:16.66	
	400m:	5:27.05 1:24.28	800m:	11:05.42 1:24.31	1200m:	16:42.25 1:24.26			
8.	ALVES, Afonso Pires		05	Salesianos do Funchal				20:51.88	310
	100m:	1:18.72 1:18.72	500m:	6:54.00 1:24.57	900m:	12:32.63 1:24.51	1300m:	18:08.56 1:23.78	
	200m:	2:41.06 1:22.34	600m:	8:18.57 1:24.57	1000m:	13:56.95 1:24.32	1400m:	19:32.04 1:23.48	
	300m:	4:05.08 1:24.02	700m:	9:43.64 1:25.07	1100m:	15:21.35 1:24.40	1500m:	20:51.88 1:19.84	
	400m:	5:29.43 1:24.35	800m:	11:08.12 1:24.48	1200m:	16:44.78 1:23.43			
9.	ALVES, Andre Camara		05	Nacional				21:13.03	295
	100m:	1:18.51 1:18.51	500m:	7:00.57 1:26.12	900m:	12:44.26 1:26.47	1300m:	18:27.83 1:26.23	
	200m:	2:43.32 1:24.81	600m:	8:25.63 1:25.06	1000m:	14:10.21 1:25.95	1400m:	19:52.47 1:24.64	
	300m:	4:08.89 1:25.57	700m:	9:51.80 1:26.17	1100m:	15:36.10 1:25.89	1500m:	21:13.03 1:20.56	
	400m:	5:34.45 1:25.56	800m:	11:17.79 1:25.99	1200m:	17:01.60 1:25.50			
10.	FREITAS, Diogo Jesus		05	Nacional				21:35.40	280
	100m:	1:15.18 1:15.18	500m:	6:59.99 1:27.74	900m:	12:52.07 1:26.73	1300m:	18:40.17 1:26.25	
	200m:	2:39.53 1:24.35	600m:	8:28.59 1:28.60	1000m:	14:19.57 1:27.50	1400m:	20:06.38 1:26.21	
	300m:	4:06.03 1:26.50	700m:	9:56.84 1:28.25	1100m:	15:47.44 1:27.87	1500m:	21:35.40 1:29.02	
	400m:	5:32.25 1:26.22	800m:	11:25.34 1:28.50	1200m:	17:13.92 1:26.48			
11.	JESUS, Pedro Miguel		05	Salesianos do Funchal				22:49.35	237
	100m:	1:22.87 1:22.87	500m:	7:30.26 1:33.32	900m:	13:39.11 1:31.97	1300m:	19:52.65 1:33.19	
	200m:	2:52.37 1:29.50	600m:	9:02.17 1:31.91	1000m:	15:12.93 1:33.82	1400m:	21:24.88 1:32.23	
	300m:	4:25.23 1:32.86	700m:	10:33.86 1:31.69	1100m:	16:46.76 1:33.83	1500m:	22:49.35 1:24.47	
	400m:	5:56.94 1:31.71	800m:	12:07.14 1:33.28	1200m:	18:19.46 1:32.70			
12.	ALVES, Luis Fernandez		05	Nacional				23:35.52	215
	100m:	1:25.28 1:25.28	500m:	7:40.92 1:33.76	900m:	13:59.16 1:38.27	1300m:	20:31.53 1:38.10	
	200m:	2:58.90 1:33.62	600m:	9:11.80 1:30.88	1000m:	15:36.52 1:37.36	1400m:	22:06.23 1:34.70	
	300m:	4:32.09 1:33.19	700m:	10:45.44 1:33.64	1100m:	17:15.15 1:38.63	1500m:	23:35.52 1:29.29	
	400m:	6:07.16 1:35.07	800m:	12:20.89 1:35.45	1200m:	18:53.43 1:38.28			
13.	NUNES, Andre Maltez		05	Nacional				24:18.53	196
	100m:	1:28.78 1:28.78	500m:	7:53.55 1:37.00	900m:	14:33.40 1:42.07	1300m:	21:10.51 1:39.17	
	200m:	3:03.27 1:34.49	600m:	9:32.27 1:38.72	1000m:	16:12.13 1:38.73	1400m:	22:47.23 1:36.72	
	300m:	4:39.60 1:36.33	700m:	11:11.93 1:39.66	1100m:	17:51.83 1:39.70	1500m:	24:18.53 1:31.30	
	400m:	6:16.55 1:36.95	800m:	12:51.33 1:39.40	1200m:	19:31.34 1:39.51			
14.	MENDES, Juan Diego		05	Nacional				24:52.99	183
	100m:	1:28.56 1:28.56	500m:	8:02.85 1:39.72	900m:	14:49.78 1:43.77	1300m:	21:36.68 1:41.42	
	200m:	3:03.86 1:35.30	600m:	9:42.32 1:39.47	1000m:	16:30.28 1:40.50	1400m:	23:17.48 1:40.80	
	300m:	4:43.22 1:39.36	700m:	11:24.30 1:41.98	1100m:	18:12.61 1:42.33	1500m:	24:52.99 1:35.51	
	400m:	6:23.13 1:39.91	800m:	13:06.01 1:41.71	1200m:	19:55.26 1:42.65			
15.	CORREIA, Rodrigo Ramos		05	Nacional				25:34.92	168
	100m:	1:29.03 1:29.03	500m:	8:24.64 1:44.21	900m:	15:28.67 1:46.83	1300m:	22:18.90 1:39.43	
	200m:	3:10.97 1:41.94	600m:	10:11.62 1:46.98	1000m:	17:16.02 1:47.35	1400m:	23:58.13 1:39.23	
	300m:	4:54.26 1:43.29	700m:	11:57.28 1:45.66	1100m:	18:57.31 1:41.29	1500m:	25:34.92 1:36.79	
	400m:	6:40.43 1:46.17	800m:	13:41.84 1:44.56	1200m:	20:39.47 1:42.16			



Prova 5 Masc., 1500m Livres Infantil B, 13 anos (2006)
18/05/2019 - 11:08 Resultados

Recorde Regional Absoluto 15:05.68 FRANCO, Paulo Fragueiro CDN Leiria 06/12/2009
Recorde Regional Inf B 17:40.06 FREITAS, Tomas Miguel CDN Funchal 31/05/2003

TAC Nacional : 19:06.50

Pontos: FINA 2018

Lugar			Ano			Tempo final	Pts	
1.	PITA, Pedro Miguel		06	Naval do Funchal		19:08.61	402	
	100m: 1:12.92	1:12.92	500m: 6:21.32	1:17.57	900m: 11:29.47	1:16.72	1300m: 16:38.67	1:17.73
	200m: 2:29.96	1:17.04	600m: 7:38.51	1:17.19	1000m: 12:46.51	1:17.04	1400m: 17:56.30	1:17.63
	300m: 3:47.36	1:17.40	700m: 8:55.53	1:17.02	1100m: 14:03.64	1:17.13	1500m: 19:08.61	1:12.31
	400m: 5:03.75	1:16.39	800m: 10:12.75	1:17.22	1200m: 15:20.94	1:17.30		
2.	PAULOS, Joao Afonso		06	Naval do Funchal		19:08.66	402	
	100m: 1:11.05	1:11.05	500m: 6:18.58	1:17.16	900m: 11:28.98	1:17.51	1300m: 16:38.33	1:17.48
	200m: 2:27.32	1:16.27	600m: 7:36.14	1:17.56	1000m: 12:46.29	1:17.31	1400m: 17:55.68	1:17.35
	300m: 3:44.52	1:17.20	700m: 8:53.47	1:17.33	1100m: 14:03.43	1:17.14	1500m: 19:08.66	1:12.98
	400m: 5:01.42	1:16.90	800m: 10:11.47	1:18.00	1200m: 15:20.85	1:17.42		
3.	ABREU, Joao Francisco		06	Naval do Funchal		19:46.89	364	
	100m: 1:15.22	1:15.22	500m: 6:32.85	1:18.19	900m: 11:47.77	1:20.66	1300m: 17:09.94	1:20.45
	200m: 2:34.32	1:19.10	600m: 7:49.32	1:16.47	1000m: 13:08.13	1:20.36	1400m: 18:30.41	1:20.47
	300m: 3:54.04	1:19.72	700m: 9:07.81	1:18.49	1100m: 14:28.54	1:20.41	1500m: 19:46.89	1:16.48
	400m: 5:14.66	1:20.62	800m: 10:27.11	1:19.30	1200m: 15:49.49	1:20.95		
4.	MACHADO, Bernardo Magalhaes		06	Nacional		20:20.55	335	
	100m: 1:14.20	1:14.20	500m: 6:32.34	1:19.69	900m: 12:00.60	1:23.45	1300m: 17:38.34	1:25.39
	200m: 2:32.90	1:18.70	600m: 7:52.09	1:19.75	1000m: 13:24.27	1:23.67	1400m: 19:00.39	1:22.05
	300m: 3:52.66	1:19.76	700m: 9:14.00	1:21.91	1100m: 14:48.03	1:23.76	1500m: 20:20.55	1:20.16
	400m: 5:12.65	1:19.99	800m: 10:37.15	1:23.15	1200m: 16:12.95	1:24.92		
5.	GONCALVES, Martim Luis		06	Nacional		20:57.34	306	
	100m: 1:16.86	1:16.86	500m: 6:52.65	1:25.74	900m: 12:30.64	1:24.50	1300m: 18:10.83	1:26.08
	200m: 2:38.91	1:22.05	600m: 8:16.11	1:23.46	1000m: 13:55.70	1:25.06	1400m: 19:35.68	1:24.85
	300m: 4:02.32	1:23.41	700m: 9:41.26	1:25.15	1100m: 15:20.63	1:24.93	1500m: 20:57.34	1:21.66
	400m: 5:26.91	1:24.59	800m: 11:06.14	1:24.88	1200m: 16:44.75	1:24.12		
6.	GARANITO, Simao Silva		06	Naval do Funchal		21:01.32	303	
	100m: 1:17.32	1:17.32	500m: 6:57.40	1:25.29	900m: 12:37.20	1:24.55	1300m: 18:16.33	1:23.74
	200m: 2:43.27	1:25.95	600m: 8:21.81	1:24.41	1000m: 14:02.65	1:25.45	1400m: 19:45.78	1:29.45
	300m: 4:06.15	1:22.88	700m: 9:47.66	1:25.85	1100m: 15:26.95	1:24.30	1500m: 21:01.32	1:15.54
	400m: 5:32.11	1:25.96	800m: 11:12.65	1:24.99	1200m: 16:52.59	1:25.64		
7.	ALVES, Pedro Miguel		06	Nacional		21:41.59	276	
	100m: 1:20.26	1:20.26	500m: 7:03.45	1:26.90	900m: 12:53.85	1:27.66	1300m: 18:49.47	1:29.19
	200m: 2:45.32	1:25.06	600m: 8:30.71	1:27.26	1000m: 14:22.28	1:28.43	1400m: 20:18.58	1:29.11
	300m: 4:10.01	1:24.69	700m: 9:59.01	1:28.30	1100m: 15:51.28	1:29.00	1500m: 21:41.59	1:23.01
	400m: 5:36.55	1:26.54	800m: 11:26.19	1:27.18	1200m: 17:20.28	1:29.00		
8.	SILVA, Joao Luis		06	Liceu		23:04.57	229	
	100m: 1:17.83	1:17.83	500m: 7:13.48	1:32.47	900m: 13:28.27	1:30.48	1300m: 19:55.88	1:35.33
	200m: 2:42.55	1:24.72	600m: 8:47.62	1:34.14	1000m: 15:06.75	1:38.48	1400m: 21:32.46	1:36.58
	300m: 4:10.85	1:28.30	700m: 10:20.04	1:32.42	1100m: 16:44.44	1:37.69	1500m: 23:04.57	1:32.11
	400m: 5:41.01	1:30.16	800m: 11:57.79	1:37.75	1200m: 18:20.55	1:36.11		
9.	TEMES, Joao Caires		06	Salesianos do Funchal		25:11.81	176	
	100m: 1:36.73	1:36.73	500m: 8:29.26	1:39.45	900m: 15:22.70	1:44.08	1300m: 22:05.68	1:38.61
	200m: 3:17.00	1:40.27	600m: 10:13.85	1:44.59	1000m: 17:03.15	1:40.45	1400m: 23:40.54	1:34.86
	300m: 5:01.34	1:44.34	700m: 11:55.55	1:41.70	1100m: 18:45.40	1:42.25	1500m: 25:11.81	1:31.27
	400m: 6:49.81	1:48.47	800m: 13:38.62	1:43.07	1200m: 20:27.07	1:41.67		
10.	FERNANDES, Afonso Freitas		06	Salesianos do Funchal		25:15.97	175	
	100m: 1:38.43	1:38.43	500m: 8:32.61	1:42.62	900m: 15:23.91	1:41.00	1300m: 22:04.54	1:39.26
	200m: 3:21.57	1:43.14	600m: 10:17.37	1:44.76	1000m: 17:04.64	1:40.73	1400m: 23:41.98	1:37.44
	300m: 5:06.20	1:44.63	700m: 11:59.79	1:42.42	1100m: 18:45.09	1:40.45	1500m: 25:15.97	1:33.99
	400m: 6:49.99	1:43.79	800m: 13:42.91	1:43.12	1200m: 20:25.28	1:40.19		



Prova 6 Masc., 1500m Livres 17 anos e mais velhos
18/05/2019 - 12:01 Resultados

Recorde Regional Absoluto	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	15:38.98	FRANCO, Paulo Fragueiro	CDN	Mealhada	25/03/2000
Recorde Regional Jun17	16:11.50	GOUVEIA, Pedro Galvao	CDN	Funchal	09/07/2016

TAC Nacional Jun: 16:50.32; Sen: 16:24.57

Pontos: FINA 2018

Lugar Ano Tempo final Pts

Juniores, 17 e 18 anos

1. RODRIGUES, Pedro Reis	02	Sao Roque	16:39.09	611
<i>Minimo Campeonato Nacional - JUV / ABS</i>				
100m: 1:02.08 1:02.08	500m: 5:31.71 1:07.55	900m: 10:01.56 1:07.38	1300m: 14:30.21 1:06.69	
200m: 2:09.02 1:06.94	600m: 6:39.02 1:07.31	1000m: 11:09.14 1:07.58	1400m: 15:36.38 1:06.17	
300m: 3:16.17 1:07.15	700m: 7:47.07 1:08.05	1100m: 12:16.85 1:07.71	1500m: 16:39.09 1:02.71	
400m: 4:24.16 1:07.99	800m: 8:54.18 1:07.11	1200m: 13:23.52 1:06.67		
2. MARCOS, Joao Freitas	01	Individual ANMAD	17:47.40	501
100m: 1:02.84 1:02.84	500m: 5:44.50 1:11.87	900m: 10:34.45 1:13.14	1300m: 15:28.22 1:12.47	
200m: 2:11.18 1:08.34	600m: 6:56.19 1:11.69	1000m: 11:48.13 1:13.68	1400m: 16:38.79 1:10.57	
300m: 3:20.80 1:09.62	700m: 8:08.60 1:12.41	1100m: 13:02.41 1:14.28	1500m: 17:47.40 1:08.61	
400m: 4:32.63 1:11.83	800m: 9:21.31 1:12.71	1200m: 14:15.75 1:13.34		
3. CASTRO, Martim Pereira	02	Liceu	18:05.16	477
100m: 1:06.39 1:06.39	500m: 5:56.37 1:13.38	900m: 10:49.68 1:13.21	1300m: 15:43.40 1:12.87	
200m: 2:17.30 1:10.91	600m: 7:09.57 1:13.20	1000m: 12:03.19 1:13.51	1400m: 16:55.08 1:11.68	
300m: 3:29.78 1:12.48	700m: 8:22.68 1:13.11	1100m: 13:16.96 1:13.77	1500m: 18:05.16 1:10.08	
400m: 4:42.99 1:13.21	800m: 9:36.47 1:13.79	1200m: 14:30.53 1:13.57		



Prova 7 Masc., 400m Estilos Infantil A, 14 anos (2005)
19/05/2019 - 9:15 Resultados

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004

TAC Nacional : 5:20.42

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. GOUVEIA, Luis Galvao	05 Nacional	4:57.96	493
<i>Minimo Campeonato Nacional - Infantis</i>			
50m: 30.07 30.07	150m: 1:45.98 40.11	250m: 3:05.70 41.75	350m: 4:24.38 36.02
100m: 1:05.87 35.80	200m: 2:23.95 37.97	300m: 3:48.36 42.66	400m: 4:57.96 33.58
2. OLIVEIRA, Diogo Alexandre	05 Naval do Funchal	5:04.80	461
<i>Minimo Campeonato Nacional - Infantis</i>			
50m: 30.51 30.51	150m: 1:46.89 40.16	250m: 3:10.39 44.27	350m: 4:30.91 34.82
100m: 1:06.73 36.22	200m: 2:26.12 39.23	300m: 3:56.09 45.70	400m: 5:04.80 33.89
3. RODRIGUES, Joao Luis	05 Naval do Funchal	5:09.69	439
<i>Minimo Campeonato Nacional - Infantis</i>			
50m: 31.58 31.58	150m: 1:49.73 40.89	250m: 3:14.67 45.33	350m: 4:36.36 35.96
100m: 1:08.84 37.26	200m: 2:29.34 39.61	300m: 4:00.40 45.73	400m: 5:09.69 33.33
4. LEITAO, Andre Freitas	05 Naval do Funchal	5:10.22	437
<i>Minimo Campeonato Nacional - Infantis</i>			
50m: 32.94 32.94	150m: 1:48.48 37.96	250m: 3:11.22 44.97	350m: 4:32.99 36.93
100m: 1:10.52 37.58	200m: 2:26.25 37.77	300m: 3:56.06 44.84	400m: 5:10.22 37.23
5. DIAS, Andre Vicente	05 Nacional	5:11.24	433
<i>Minimo Campeonato Nacional - Infantis</i>			
50m: 30.66 30.66	150m: 1:45.67 39.43	250m: 3:10.95 46.81	350m: 4:36.55 37.29
100m: 1:06.24 35.58	200m: 2:24.14 38.47	300m: 3:59.26 48.31	400m: 5:11.24 34.69
6. VOLOZHENIN, Alexandre	05 Naval do Funchal	5:32.67	354
50m: 34.40 34.40	150m: 2:00.66 44.98	250m: 3:30.47 46.59	350m: 4:55.75 39.18
100m: 1:15.68 41.28	200m: 2:43.88 43.22	300m: 4:16.57 46.10	400m: 5:32.67 36.92
7. ALVES, Tiago Pires	05 Salesianos do Funchal	5:42.55	324
50m: 35.06 35.06	150m: 2:02.59 46.01	250m: 3:33.65 46.11	350m: 5:03.29 41.12
100m: 1:16.58 41.52	200m: 2:47.54 44.95	300m: 4:22.17 48.52	400m: 5:42.55 39.26
8. ALVES, Afonso Pires	05 Salesianos do Funchal	5:46.41	314
50m: 37.89 37.89	150m: 2:08.21 46.52	250m: 3:38.93 45.51	350m: 5:08.12 41.83
100m: 1:21.69 43.80	200m: 2:53.42 45.21	300m: 4:26.29 47.36	400m: 5:46.41 38.29
9. ALVES, Andre Camara	05 Nacional	5:55.11	291
50m: 36.43 36.43	150m: 2:05.21 46.72	250m: 3:40.93 50.53	350m: 5:14.34 42.70
100m: 1:18.49 42.06	200m: 2:50.40 45.19	300m: 4:31.64 50.71	400m: 5:55.11 40.77
10. FREITAS, Diogo Jesus	05 Nacional	6:07.83	262
50m: 35.26 35.26	150m: 2:10.06 51.46	250m: 3:50.14 51.37	350m: 5:26.54 43.66
100m: 1:18.60 43.34	200m: 2:58.77 48.71	300m: 4:42.88 52.74	400m: 6:07.83 41.29
11. JESUS, Pedro Miguel	05 Salesianos do Funchal	6:32.98	215
50m: 44.71 44.71	150m: 2:27.50 47.45	250m: 4:10.89 54.95	350m: 5:51.45 44.27
100m: 1:40.05 55.34	200m: 3:15.94 48.44	300m: 5:07.18 56.29	400m: 6:32.98 41.53
12. ALVES, Luis Fernandez	05 Nacional	6:50.39	188
50m: 44.49 44.49	150m: 2:30.54 53.84	250m: 4:23.26 57.51	350m: 6:08.41 45.59
100m: 1:36.70 52.21	200m: 3:25.75 55.21	300m: 5:22.82 59.56	400m: 6:50.39 41.98
13. CORREIA, Rodrigo Ramos	05 Nacional	7:08.94	165
50m: 39.85 39.85	150m: 2:34.26 1:03.45	250m: 4:33.45 57.30	350m: 6:22.27 49.87
100m: 1:30.81 50.96	200m: 3:36.15 1:01.89	300m: 5:32.40 58.95	400m: 7:08.94 46.67
14. MENDES, Juan Diego	05 Nacional	7:18.80	154
50m: 46.35 46.35	150m: 2:39.59 57.45	250m: 4:39.51 1:03.47	350m: 6:31.84 49.36
100m: 1:42.14 55.79	200m: 3:36.04 56.45	300m: 5:42.48 1:02.97	400m: 7:18.80 46.96

Prova 7, Masc., 400m Estilos, Infantil A, 14 anos (2005)

Lugar			Ano					Tempo final	Pts
15.	NUNES, Andre Maltez		05	Nacional				7:28.17	145
	50m:	48.83 48.83	150m:	2:52.65	1:03.13	250m:	4:51.11 59.89	350m:	6:42.85 50.03
	100m:	1:49.52 1:00.69	200m:	3:51.22	58.57	300m:	5:52.82 1:01.71	400m:	7:28.17 45.32

Prova 8 Masc., 400m Estilos Infantil B, 13 anos (2006)
19/05/2019 - 9:39 Resultados

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

TAC Nacional : 5:41.48

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts
1.	PAULOS, Joao Afonso		06	Naval do Funchal				5:26.49	375
	<i>Minimo Campeonato Nacional - Infantis</i>								
	50m:	33.71 33.71	150m:	1:56.86	43.21	250m:	3:25.55 45.37	350m:	4:49.93 37.53
	100m:	1:13.65 39.94	200m:	2:40.18	43.32	300m:	4:12.40 46.85	400m:	5:26.49 36.56
2.	PITA, Pedro Miguel		06	Naval do Funchal				5:31.83	357
	<i>Minimo Campeonato Nacional - Infantis</i>								
	50m:	33.43 33.43	150m:	1:55.27	42.07	250m:	3:26.10 50.01	350m:	4:54.44 38.82
	100m:	1:13.20 39.77	200m:	2:36.09	40.82	300m:	4:15.62 49.52	400m:	5:31.83 37.39
3.	ABREU, Joao Francisco		06	Naval do Funchal				5:34.57	348
	<i>Minimo Campeonato Nacional - Infantis</i>								
	50m:	36.49 36.49	150m:	2:01.02	42.64	250m:	3:30.90 48.32	350m:	4:57.75 38.75
	100m:	1:18.38 41.89	200m:	2:42.58	41.56	300m:	4:19.00 48.10	400m:	5:34.57 36.82
4.	MACHADO, Bernardo Magalhaes		06	Nacional				5:39.27	334
	<i>Minimo Campeonato Nacional - Infantis</i>								
	50m:	34.32 34.32	150m:	1:59.66	44.16	250m:	3:29.83 47.61	350m:	4:58.75 40.05
	100m:	1:15.50 41.18	200m:	2:42.22	42.56	300m:	4:18.70 48.87	400m:	5:39.27 40.52
5.	GONCALVES, Martim Luis		06	Nacional				5:58.31	283
	50m:	36.07 36.07	150m:	2:05.87	45.84	250m:	3:44.01 54.06	350m:	5:18.14 41.32
	100m:	1:20.03 43.96	200m:	2:49.95	44.08	300m:	4:36.82 52.81	400m:	5:58.31 40.17
6.	ALVES, Pedro Miguel		06	Nacional				6:13.44	250
	50m:	43.52 43.52	150m:	2:23.27	47.27	250m:	4:00.48 49.86	350m:	5:33.99 41.81
	100m:	1:36.00 52.48	200m:	3:10.62	47.35	300m:	4:52.18 51.70	400m:	6:13.44 39.45
7.	GARANITO, Simao Silva		06	Naval do Funchal				6:27.28	224
	50m:	42.83 42.83	150m:	2:23.96	48.76	250m:	4:07.48 55.44	350m:	5:46.49 41.86
	100m:	1:35.20 52.37	200m:	3:12.04	48.08	300m:	5:04.63 57.15	400m:	6:27.28 40.79
8.	SILVA, Joao Luis		06	Liceu				6:47.22	193
	50m:	44.68 44.68	150m:	2:30.50	49.66	250m:	4:23.87 1:02.69	350m:	6:06.56 43.01
	100m:	1:40.84 56.16	200m:	3:21.18	50.68	300m:	5:23.55 59.68	400m:	6:47.22 40.66
9.	FERNANDES, Afonso Freitas		06	Salesianos do Funchal				7:39.90	134
	50m:	54.97 54.97	150m:	3:00.77	54.21	250m:	4:56.46 1:01.48	350m:	6:51.07 52.25
	100m:	2:06.56 1:11.59	200m:	3:54.98	54.21	300m:	5:58.82 1:02.36	400m:	7:39.90 48.83
DSQ	TEMES, Joao Caires		06	Salesianos do Funchal					
	<i>722 - Tocou com uma mão na parede na viragem aos 250 m - SW 7.6</i>								

Prova 9 Masc., 400m Estilos Absolutos
19/05/2019 - 9:55 Resultados

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	4:41.24	ALMEIDA, Carlos Alexandre	CDN	Funchal	05/06/2005
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005

TAC Nacional Juv B: 5:03.73; Juv A: 4:56.53; Jun: 4:45.97; Sen: 4:39.69

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts
Juniores, 17 e 18 anos					
1.	RODRIGUES, Pedro Reis	02	Sao Roque	4:49.00	541
	50m: 31.25 31.25	150m: 1:45.07	36.90	250m: 3:02.99	41.85
	100m: 1:08.17	36.92	200m: 2:21.14	36.07	300m: 3:44.95
				41.96	400m: 4:49.00
					31.64
EXH	ALVES, Paulo Rodrigues	04	Nacional	4:42.22	581
	<i>Minimo Campeonato Nacional - JUV / ABS</i>				
	50m: 28.85 28.85	150m: 1:40.03	37.12	250m: 2:55.59	39.50
	100m: 1:02.91	34.06	200m: 2:16.09	36.06	300m: 3:35.53
				39.94	400m: 4:42.22
					33.75
					32.94
EXH	MATOS, Rodrigo Vieira	03	Individual ANMAD	4:53.15	518
	<i>Minimo Campeonato Nacional - JUV / ABS</i>				
	50m: 30.32 30.32	150m: 1:45.82	40.80	250m: 3:05.93	40.24
	100m: 1:05.02	34.70	200m: 2:25.69	39.87	300m: 3:47.43
				41.50	400m: 4:53.15
					33.38
					32.34

Prova 10 Femin., 800m Livres Infantil A, 13 anos (2006)
19/05/2019 - 10:01 Resultados

Recorde Regional Absoluto	9:12.66	ANDRADE, Rubina Amaro	CDN	Algés	17/03/1995
Recorde Regional Inf A	9:40.30	ANDRADE, Rubina Amaro	CDN	Funchal	15/02/1992

TAC Nacional : 10:10.09

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts
1.	COSTA, Maria Jardim	06	Nacional	9:58.25	514
	<i>Minimo Campeonato Nacional - Infantis</i>				
	100m: 1:13.72	1:13.72	300m: 3:44.84	1:15.25	500m: 6:14.64
	200m: 2:29.59	1:15.87	400m: 4:59.76	1:14.92	600m: 7:29.91
				1:15.27	700m: 8:46.02
					1:16.11
					1:12.23
2.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	10:18.34	465
	100m: 1:16.64	1:16.64	300m: 3:52.24	1:17.66	500m: 6:27.84
	200m: 2:34.58	1:17.94	400m: 5:10.21	1:17.97	600m: 7:45.24
				1:17.40	700m: 9:03.26
					1:18.02
					1:15.08
3.	DEUS, Ines Portugal	06	Naval do Funchal	10:21.13	459
	100m: 1:15.10	1:15.10	300m: 3:49.74	1:17.71	500m: 6:27.85
	200m: 2:32.03	1:16.93	400m: 5:08.52	1:18.78	600m: 7:48.16
				1:20.31	700m: 9:07.29
					1:19.13
					1:13.84
4.	FERRO, Maria Leonor	06	Naval do Funchal	10:21.36	459
	100m: 1:17.66	1:17.66	300m: 3:56.17	1:19.33	500m: 6:34.04
	200m: 2:36.84	1:19.18	400m: 5:15.18	1:19.01	600m: 7:52.27
				1:18.23	700m: 9:09.17
					1:16.90
					1:12.19
5.	SILVA, Silvana Suamade	06	Sao Roque	10:25.25	450
	100m: 1:17.01	1:17.01	300m: 3:54.32	1:18.36	500m: 6:31.83
	200m: 2:35.96	1:18.95	400m: 5:13.45	1:19.13	600m: 7:50.57
				1:18.74	700m: 9:08.73
					1:18.16
					1:16.52
6.	SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	10:32.99	434
	100m: 1:16.49	1:16.49	300m: 3:54.69	1:19.26	500m: 6:34.78
	200m: 2:35.43	1:18.94	400m: 5:14.99	1:20.30	600m: 7:55.70
				1:20.92	700m: 9:15.51
					1:19.81
					1:17.48
7.	FREITAS, Margarida Ramos	06	Nacional	10:33.05	434
	100m: 1:14.67	1:14.67	300m: 3:53.04	1:18.57	500m: 6:32.02
	200m: 2:34.47	1:19.80	400m: 5:12.52	1:19.48	600m: 7:52.33
				1:20.31	700m: 9:13.70
					1:21.37
					1:19.35



Prova 10, Femin., 800m Livres, Infantil A, 13 anos (2006)

Lugar			Ano				Tempo final				Pts
8.	JARDIM, Lara Filipa		06	Naval do Funchal			10:35.01				430
	100m: 1:17.84	1:17.84	300m: 3:57.17	1:19.80	500m: 6:37.20	1:20.21	700m: 9:18.77	1:20.54	800m: 10:35.01	1:16.24	
	200m: 2:37.37	1:19.53	400m: 5:16.99	1:19.82	600m: 7:58.23	1:21.03					
9.	ABREU, Ana Rodrigues		06	Naval do Funchal			10:39.25				421
	100m: 1:16.97	1:16.97	300m: 3:56.70	1:20.61	500m: 6:39.42	1:22.09	700m: 9:22.09	1:20.00	800m: 10:39.25	1:17.16	
	200m: 2:36.09	1:19.12	400m: 5:17.33	1:20.63	600m: 8:02.09	1:22.67					
10.	CANADA, Maria Elvira		06	Nacional			10:57.49				387
	100m: 1:19.18	1:19.18	300m: 4:06.66	1:24.86	500m: 6:51.83	1:22.23	700m: 9:37.58	1:23.47	800m: 10:57.49	1:19.91	
	200m: 2:41.80	1:22.62	400m: 5:29.60	1:22.94	600m: 8:14.11	1:22.28					
11.	PEREIRA, Joana Marques		06	Nacional			11:07.64				370
	100m: 1:17.01	1:17.01	300m: 4:00.64	1:23.71	500m: 6:50.76	1:24.11	700m: 9:45.17	1:26.59	800m: 11:07.64	1:22.47	
	200m: 2:36.93	1:19.92	400m: 5:26.65	1:26.01	600m: 8:18.58	1:27.82					
12.	CARICHAS, Joana Medeiros		06	Salesianos do Funchal			11:17.80				353
	100m: 1:19.72	1:19.72	300m: 4:11.37	1:26.65	500m: 7:03.69	1:26.62	700m: 9:56.26	1:25.91	800m: 11:17.80	1:21.54	
	200m: 2:44.72	1:25.00	400m: 5:37.07	1:25.70	600m: 8:30.35	1:26.66					
13.	SOUSA, Ivana Valentina		06	Nacional			11:25.37				342
	100m: 1:21.22	1:21.22	300m: 4:12.36	1:25.35	500m: 7:05.23	1:27.76	700m: 10:00.75	1:28.33	800m: 11:25.37	1:24.62	
	200m: 2:47.01	1:25.79	400m: 5:37.47	1:25.11	600m: 8:32.42	1:27.19					
14.	FARIA, Laura Pereira		06	Salesianos do Funchal			11:49.61				308
	100m: 1:21.87	1:21.87	300m: 4:21.51	1:30.79	500m: 7:23.10	1:30.93	700m: 10:24.13	1:30.13	800m: 11:49.61	1:25.48	
	200m: 2:50.72	1:28.85	400m: 5:52.17	1:30.66	600m: 8:54.00	1:30.90					
15.	TEMBE, Ines Afonso		06	Nacional			12:01.19				293
	100m: 1:21.48	1:21.48	300m: 4:24.18	1:32.38	500m: 7:28.74	1:32.75	700m: 10:33.70	1:30.75	800m: 12:01.19	1:27.49	
	200m: 2:51.80	1:30.32	400m: 5:55.99	1:31.81	600m: 9:02.95	1:34.21					

Prova 11
19/05/2019 - 10:27
Femin., 800m Livres
Infantil B, 12 anos (2007)
Resultados

Recorde Regional Absoluto	9:12.66	ANDRADE, Rubina Amaro	CDN	Algés	17/03/1995
Recorde Regional Inf B	10:13.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/06/1991

TAC Nacional : 10:44.28

Pontos: FINA 2018

Lugar			Ano				Tempo final				Pts
1.	NETO, Leonor Rodrigues		07	Naval do Funchal			10:42.69				414
	<i>Minimo Campeonato Nacional - Infantis</i>										
	100m: 1:17.59	1:17.59	300m: 3:59.03	1:20.89	500m: 6:43.03	1:21.93	700m: 9:25.67	1:20.57	800m: 10:42.69	1:17.02	
	200m: 2:38.14	1:20.55	400m: 5:21.10	1:22.07	600m: 8:05.10	1:22.07					
2.	RODRIGUES, Laura Sofia		07	Salesianos do Funchal			10:43.23				413
	<i>Minimo Campeonato Nacional - Infantis</i>										
	100m: 1:16.68	1:16.68	300m: 3:57.90	1:20.93	500m: 6:41.45	1:21.55	700m: 9:24.84	1:21.20	800m: 10:43.23	1:18.39	
	200m: 2:36.97	1:20.29	400m: 5:19.90	1:22.00	600m: 8:03.64	1:22.19					
3.	CAMARA, Ines Cruz		07	Nacional			11:07.71				369
	100m: 1:17.70	1:17.70	300m: 4:03.11	1:23.73	500m: 6:53.66	1:25.77	700m: 9:45.89	1:26.48	800m: 11:07.71	1:21.82	
	200m: 2:39.38	1:21.68	400m: 5:27.89	1:24.78	600m: 8:19.41	1:25.75					
4.	GONCALVES, Valentina Jose		07	Nacional			11:37.83				324
	100m: 1:21.69	1:21.69	300m: 4:19.15	1:28.19	500m: 7:18.12	1:28.54	700m: 10:13.80	1:27.43	800m: 11:37.83	1:24.03	
	200m: 2:50.96	1:29.27	400m: 5:49.58	1:30.43	600m: 8:46.37	1:28.25					
5.	TEMTEM, Sara Maria		07	Nacional			11:40.85				319
	100m: 1:24.60	1:24.60	300m: 4:22.93	1:29.73	500m: 7:19.94	1:28.36	700m: 10:16.15	1:27.79	800m: 11:40.85	1:24.70	
	200m: 2:53.20	1:28.60	400m: 5:51.58	1:28.65	600m: 8:48.36	1:28.42					
6.	FRANCA, Ines Matos		07	Salesianos do Funchal			11:41.61				318
	100m: 1:24.99	1:24.99	300m: 4:22.47	1:28.85	500m: 7:20.75	1:29.34	700m: 10:17.93	1:27.80	800m: 11:41.61	1:23.68	
	200m: 2:53.62	1:28.63	400m: 5:51.41	1:28.94	600m: 8:50.13	1:29.38					

Prova 11, Femin., 800m Livres, Infantil B, 12 anos (2007)

Lugar			Ano					Tempo final	Pts			
7.	FIGUEIRA, Madalena Leonor		07	Naval do Funchal				12:05.10	288			
	100m:	1:26.03	1:26.03	300m:	4:28.54	1:31.28	500m:	7:32.36	1:32.63	700m:	10:37.76	1:32.97
	200m:	2:57.26	1:31.23	400m:	5:59.73	1:31.19	600m:	9:04.79	1:32.43	800m:	12:05.10	1:27.34
8.	MATEUS, Clarisse Vieira		07	Nacional				12:09.61	283			
	100m:	1:26.14	1:26.14	300m:	4:28.24	1:31.15	500m:	7:34.47	1:32.58	700m:	10:40.86	1:32.70
	200m:	2:57.09	1:30.95	400m:	6:01.89	1:33.65	600m:	9:08.16	1:33.69	800m:	12:09.61	1:28.75
9.	PERESTRELO, Laura Vasconcelos		07	Salesianos do Funchal				14:26.98	169			
	100m:	1:42.18	1:42.18	300m:	5:16.78	1:47.47	500m:	8:58.05	1:51.48	700m:	12:43.48	1:53.01
	200m:	3:29.31	1:47.13	400m:	7:06.57	1:49.79	600m:	10:50.47	1:52.42	800m:	14:26.98	1:43.50
10.	GOUVEIA, Ines Mendes		07	Salesianos do Funchal				15:01.87	150			
	100m:	1:45.45	1:45.45	300m:	5:31.19	1:53.01	500m:	9:20.01	1:54.47	700m:	13:11.02	1:55.67
	200m:	3:38.18	1:52.73	400m:	7:25.54	1:54.35	600m:	11:15.35	1:55.34	800m:	15:01.87	1:50.85

Prova 12
19/05/2019 - 10:58

Femin., 800m Livres

16 anos e mais velhos
Resultados

Recorde Regional Absoluto	9:12.66	ANDRADE, Rubina Amaro	CDN	Algés	17/03/1995
Recorde Regional Sen	9:21.09	ANDRADE, Rubina Amaro	CDN	Estoril	07/03/1997
Recorde Regional Jun17	9:13.81	ANDRADE, Rubina Amaro	CDN	Funchal	13/07/1996
Recorde Regional Jun16	9:12.66	ANDRADE, Rubina Amaro	CDN	Algés	17/03/1995

TAC Nacional Jun: 9:40.82; Sen: 9:24.06

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts			
Juniore, 16 e 17 anos												
1.	JESUS, Filipa Mafalda		03	Sao Roque				10:37.57	424			
	100m:	1:14.54	1:14.54	300m:	3:56.01	1:21.16	500m:	6:36.79	1:20.23	700m:	9:18.94	1:21.37
	200m:	2:34.85	1:20.31	400m:	5:16.56	1:20.55	600m:	7:57.57	1:20.78	800m:	10:37.57	1:18.63
2.	SILVA, Gabriela Suamade		02	Sao Roque				12:08.90	284			
	100m:	1:23.50	1:23.50	300m:	4:29.12	1:33.25	500m:	7:35.29	1:32.61	700m:	10:38.50	1:31.69
	200m:	2:55.87	1:32.37	400m:	6:02.68	1:33.56	600m:	9:06.81	1:31.52	800m:	12:08.90	1:30.40

Seniores, 18 anos e mais velhas

1.	LUIS, Jessica Santos		00	Sao Roque				10:17.92	466			
	100m:	1:10.98	1:10.98	300m:	3:48.84	1:18.91	500m:	6:25.62	1:18.46	700m:	9:02.95	1:18.35
	200m:	2:29.93	1:18.95	400m:	5:07.16	1:18.32	600m:	7:44.60	1:18.98	800m:	10:17.92	1:14.97
2.	TELES, Anabela Corte		01	Individual ANMAD				10:41.72	416			
	100m:	1:14.06	1:14.06	300m:	3:54.62	1:20.99	500m:	6:37.88	1:21.32	700m:	9:21.59	1:21.86
	200m:	2:33.63	1:19.57	400m:	5:16.56	1:21.94	600m:	7:59.73	1:21.85	800m:	10:41.72	1:20.13